

AS PUPILS RETURN TO CLASS...

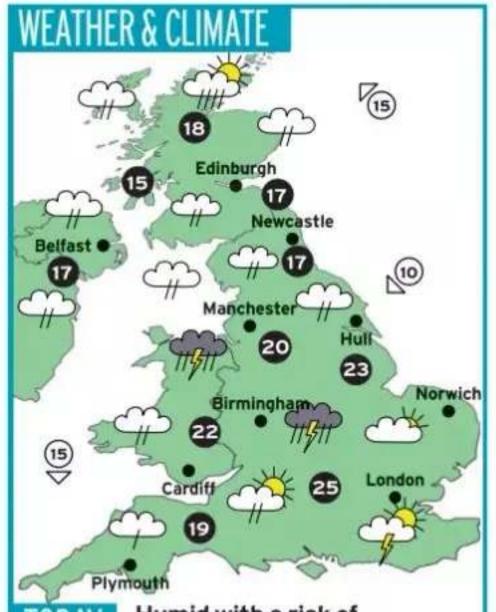


Call for action after 25% rise in kids sent home for racist behaviour

As the new term begins,

campaigners are calling for FULL STORY: PAGE 5

that has become normalised."



TODAY

Humid with a risk of thunder in the North

Thundery rain clears north-eastwards across Northern England and Scotland leaving bright spells and showers elsewhere. Turning fresher from the west through the day but muggy in the east with sunshine for Northern Ireland.

5-day forecast

			riind							
	Tue		Wed		Thu		Fri		Sat	
London	4	21c	4	22c	4	22c	0	24c	0	25c
Newcastle	4	18c	0	17c	1	17c	0	19c	4	18c
Leeds	4	17c	1	17c	-	17c	4	20c	0	20c
M'chester	43	18c	0	18c	1	19c	*	22c	1	22c
Liverpool	4	17c	3	18c	100	19c		22c	*	22c
B'ham	43	20c	0	19c	43	19c	*	22c	0	23c
Cardiff	43	20c	1	20c		20c	4	22c	*	22c
Plymouth	4	19c	0	19c	0	19c	0	21c	1	21c
Belfast	4	16c	(3	16c	4	18c		20c	4	19c

BIGGER PICTURE

Today's historical average high: 19.1
August 2024 average high: 21.4 (+1.3 anomaly)
September historical average high: 17.6
All averages based on CET Mean Max Temp. Historical info from 1961-1990 (Source: Met Office)

CLIMATE FACT: Power is flowing from the Shetland Isles to mainland Britain for the first time as the UK's most productive onshore windfarm comes on stream.

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0		19		6				

DOWN

1 Old Testament book (8)

2 Capital of France (5)

3 Queen of Tyre (4)

5 Knowledgeable (8)

10 Undergarment (4)

17 _ Sayer, singer (3)

4 Conflict (3)

8 Doorway (4)

13 Pastime (5)

15 Grunt (4)

ACROSS

- 1 Stop talking (4,4)
- 6 Paddle (3) 7 Took a risk (5)
- 9 _ Novello, entertainer (4)
- 11 Otherwise (4) 12 Stylish (4)
- 12 Stylish (4) 14 Central Londo
- 14 Central London area (4) 16 Indian dish (5)
- 18 Except (3)
- 19 Awkward (8)

SATURDAY'S SOLUTIONS

Across: 1 Enough, 5 Oats, 6 Omission, 11 Zeppelin, 14 USSR, 15 Travel. Down: 1 Epsom, 2 Uses, 3 Holi, 4 Stan, 7 Ike, 8 Sop, 9 Owl, 10 Snail, 11 Zest, 12 Port, 13 Elba.

THELOTTERY

SATURDAY'S LOTTO: 2, 3, 29, 45, 48, 52. Bonus: 54. No winner of £10.7m jackpot. THUNDERBALL: 11, 19, 27, 33, 36.

Thunderball: 12. No winner of £500k top prize.

HEALTH LOTTERY: 1, 6, 20, 23, 34. Bonus: 30.

FRIDAY'S EUROMILLIONS: 3, 24, 27, 33, 42.

Lucky Stars: 4 & 6. No winner of £100m jackpot.

THURSDAY'S SET FOR LIFE: 4, 8, 21, 25, 43.

Life Ball: 9. No winner of £10k a month for 30yrs.



SUICIDE Headteacher Ruth Perry

BY **SOPHIE HUSKISSON** Political Correspondent

ONE-word ratings used by school regulator Ofsted have been scrapped.

Teachers and parents have welcomed Labour's decision, which is being announced today.

Inspectors will instead give grades in four existing categories: quality of education, behaviour and attitudes, personal development, and leadership and management.

It paves the way for report cards, which will be introduced from September 2025 and are designed to give parents a full picture of how schools are doing.

For years, Ofsted has awarded one of four headline grades to schools it inspects: outstanding, good, requires improvement, or inade-

"

Ofsted's reign of terror has caused untold harm to headteachers and school staff

PROFESSOR JULIA WATERS SISTER OF RUTH PERRY WHO TOOK HER OWN LIFE

quate. Teachers wanted the system to be replaced as they said it created a toxic environment for staff.

Paul Whiteman, general secretary of the National Association of Head Teachers, said: "Simplistic one-word judgments are harmful and we are pleased the government has taken swift action to remove them."

There have been growing tensions between Ofsted and schools since headteacher Ruth Perry, 53, took her own life in 2023 while waiting for the publication of an Ofsted report that downgraded her school in Reading, Berks, to "inadequate".

An inquest concluded the inspection contributed to her death.

Her sister, Professor Julia Waters, has welcomed the Ofsted changes. She said: "Singleword judgments are just the most visible feature of a fundamentally flawed inspection system. Ofsted's reign of terror has

SUPPORT Union boss Paul Whiteman ho

The final word on Ofsted ratings

Single-term school reviews are scrapped amid overhaul



caused untold harm to headteachers and school staff, with a negative impact on education.

"We're delighted the government has [taken] this long-overdue step." The Education Secretary Bridget

Phillipson said: "The removal of headline grades is a landmark moment. Single headline grades are low information for parents and high stakes for schools.

"Parents deserve a much clearer, broader picture of how schools are performing – that's what our report cards will provide." Jason Elsom, chief of charity Parentkind, said mums and dads had called for changes to the rating system, adding: "It is welcome to see a clear timetable being set out for moving towards a report card that will give parents greater clarity of the performance of [schools]."

From 2025, Labour will also introduce regional improvement teams to work with struggling schools. Ofsted declined to comment.

CLASS HATRED: PAGE 5



BLOW Pensioners will be hit

'Run on £ risk if winter fuel cash stayed'

A LABOUR minister yesterday defended cutting pensioners' winter fuel payments as she said the UK risked an economic crash if they did not.

The government faces pressure over the decision to means-test the payments, which are worth up to £300 to millions of pensioners.

Commons Leader Lucy Powell said there was "no alternative" after Labour inherited a £22billion black hole in the public finances.

She told Times Radio: "We could have seen a run on the pound, interest rates up and crashing the economy. We were left with no alternative."



ON ATTACK Wes Streeting

Going private plan for many on NHS waits

MOST people expect to put cash aside to pay for private healthcare due to NHS waits, a study shows.

A record number have spent thousands of pounds on procedures such as hip replacements.

Charity the Joseph Rowntree Foundation found adults are forced to budget £200 a year in case of private health costs.

A man told the charity's focus group: "You need to be able to have the choice to not go with the NHS and see yourself on a waiting list for years."

Health Secretary Wes Streeting said: "This is the two-tier healthcare system left to us by the Tories."

CORRECTIONS & COMPLAINTS (ipso.) Regulated

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DMIST



lots of butter, cheese, cakes and pastries - for 24 days showed a 20% increase in fat stored in the liver.

Their cholesterol also rose by 10%, raising their risk of type 2 diabetes and heart disease even though they did not put on weight.

Participants on a diet high in polyunsaturated fats ate more fish, nuts and vegetable oils and lowered their cholesterol by 10%.

The study results were presented at the European Society of Cardiology congress in London.

Fatty diet is a risk even for the thin Dy MARTIN BAGOT SLIM people who can eat a lot of junk food without putting on weight are storing up hidden health dangers, research suggests. In triats, people fed a diet high in saturated fat - with

Dentists also offer vital check-up

BY MARTIN BAGOT Health Editor

DENTISTS and opticians will check people's blood pressure to identify those at risk of heart attacks.

More than 4.5 million Brits are estimated to have high blood pressure, also known as hypertension.

It often has no symptoms but is linked to a higher risk of conditions such as stroke, heart attacks, kidney disease and vascular dementia.

More than 60 dental practices and opticians will conduct 100,000 extra checks across England in the next 12

months. On Friday, the Mirror revealed appointments means we 130,000 NHS health checks will be carried out in workplaces.

Helen Williams, from NHS England, told the European Society of Cardiology congress in London: "Many otherwise healthy people

> they're feeling unwell. "But offering these checks as part of routine dentist or eye test

> > **HELPED** Ellen Davison was found to have hypertension

can identify and support more people at risk.

"High blood pressure is a significant factor in many cardiovascular diseases. I would urge anyone offered over 40 only visit their GP when a check to come forward."

The NHS has already piloted the scheme in London

and Yorkshire. In Humber and North Yorkshire, around one in 10 of those tested had hypertension. NHS staff member Ellen Davison, 53, found out her blood pressure was high. She said: "I am grateful this potentially saved me from a serious outcome."

> Most dentists are no longer taking on new adult NHS patients.

The Mirror has launched the NHS Dentists for All campaign and our online petition on the 38 Degrees platform, in partnership with the British Dental Association,

has now hit 223,000 signatures.

Millions of Brits who are

estimated to have high

blood pressure

martin.bagot@mirror.co.uk **X** @MartinBagot

All kids have a bé safe

By Patrick Roach

AS schools reopen, these shocking figures remind us of the need for vigilance in dealing with racism, prejudice and hatred.

Every child has a right to be safe in their school environment, and that means they should not be subject to racist behaviour including verbal abuse, bullying or threats.

Parents should not be left feeling anxious that their children will be subject to abuse when they are going to and from school or when they enter the school gates.

After the shocking events in towns and cities this summer, it is vital parents, pupils and school staff are provided reassurance by the government that all appropriate action is being taken to keep schools safe for everyone.

ROBUST

There will be many families of all faiths and backgrounds who will be especially anxious for their children's safety at this time, and we are asking the government to make school security a top priority.

Wherever racism exists, wherever the conditions exist which enable racism to flourish, we must be ready to act and to call it out.

The government must do everything it can to support teachers in taking a robust stance against racism.

We need to start a national conversation on the steps needed to build community cohesion, tackle racial hatred and keep our children safe, secure and able to thrive.



EXCLUSIVE BY SASKIA ROWLANDS and **MATTHEW DAVIS**

THOUSANDS of pupils, some as young as four, were sent home for racism last year.

With schools reopening this week, campaigners want action to stem the tide of hatred in classrooms, amid fears bigotry has become "normalised".

They say impressionable youngsters are repeating in the classroom what they hear from their parents and from right-wing figures in the media.

In all, 11,619 children were suspended for racist behaviour in 2023 - up 25% on the previous 12 months, and equivalent to almost 60 suspensions a day.

Shockingly, 1,413 were still at primary school, with seven incidents logged against kids as young as four.

racism think-tank the Runnymede Trust, said: "The fact that children and young people are picking up and articulating racism in schools feels entirely predictable in this current climate.

"Recent years have seen media and politicians legitimise hateful language and violent policy that would once have been scorned.

"Children are reflecting the hatred that has become a normalised feature of our political conversation."

Daniel Kebede, general secretary of the National Education Union, added: "These figures should be a wake-up call. We have had years now of divisive, hateful language and negative, racist stereotypes from some politicians and in sections of the media.

"Their irresponsibility has helped create a climate where the social cohesion of this country is threatened.

"The government is about to review Dr Shabna Begum, who heads the school curriculum in England -

this review should consider how we build an anti-racist curriculum."

One devastated mum said her 11-year-old son was subjected to bullying at school due to his colour.

what's going to happen on Monday that it ruins our whole weekend."

The National Police Chiefs' Council said 145 juveniles - aged 10 to 17 have been arrested in relation to the recent right-wing disorder following their parents and caregivers. the Southport stabbings.

Last week, the Mirror joined police who arrested an alleged rioter aged 11.

The Department for Education said: "Racism and discrimination have absolutely no place in our schools, nor in society. These figures show the massive scale of disruptive behaviour that has developed in schools across the country in recent years.

"We will always support our hardworking and dedicated teachers to

provide a safe and calm classroom. We have already committed to providing access to specialist mental health professionals in every school.

"Children should learn how She said: "He gets so worried about respectful relationships work, in person and online, and understand the importance of valuing difference."

Jo Studholme, a teacher and parenting expert, said: "Too often, children pick up racist views from

"This can have a devastating impact on their well-being and their ability to form healthy relationships.

"Parents have a responsibility to instil positive values in their children and to teach them about tolerance."

For tips on how to curb unwanted behaviour in children, visit www. parentingexpert.co.uk

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VOICE OF THE MIRROR: PAGE 8

Kids a day – some as young as four - are sent

home for racism

Primary school pupils

were suspended for

racism last year

Juveniles aged 10-17 arrested in wake of the recent far-right riots

Parents have a responsibility to instil positive values and teach children about tolerance

JO STUDHOLME, TEACHER AND PARENTING EXPERT



AN aunt of a girl who died in the Grenfell Tower fire has said she will not accept justice has been done until people are behind bars.

Sandra Ruiz's niece Jessica Urbano Ramirez, 12, was among the 72 people killed when a fire ripped through the West London block of flats in 2017.

With the second and final report on the disaster due to be published by the Grenfell Tower Inquiry on Wednesday, she said: "Our lives were shattered on that night, people need to be held accountable. They know what part they played. The inquiry knows what part they played.

"The police know what part they played. Now they just need to take some action. People who have made decisions putting profit above people's safety need to be behind bars."

The inquiry heard in 2018 that Jessica begged firefighters to come faster in a 999 call as the blaze engulfed the building.

The schoolgirl, who was waiting to be rescued with a group of people on the top floor, repeatedly asked London Fire Brigade control room officer Sarah Russell: "Please can you hurry up?"

The call lasted nearly an hour before Ms Russell ended it when the line went silent.

LEGACY

Commons Leader Lucy
Powell reassured families
that the inquiry's findings
will be taken "incredibly
seriously" by the government. She said: "We want to
see the truth of what happened
and lessons learned."

Deputy Prime Minister Angela Rayner will be tasked with responding to the report.

Since it was set up in 2017, the Grenfell Tower Inquiry has held more than 300 public hearings, received more than 1,600 witness statements and disclosed more than 320,000 documents to core participants.

Chairman Sir Martin Moore-Bick's final report is expected to lay bare findings on the actions of corporate firms in the construction industry, the local authority, London Fire Brigade and the government.

Former tower resident and Grenfell United member Edward Daffarn escaped from his 16th floor flat and had previously raised concerns about a fire risk.

Mr Daffarn said he hopes the report will "highlight the institutionalised indifference that saw private companies put profit before people" and "create a legacy" that will stay "at the forefront" of the minds of anyone working in those areas.

Those found guilty of wrongdoing may not face justice until as late as 2027. The Metropolitan Police, which is undertaking a criminal investigation, is not due to reach its conclusion until the end of 2025. Prosecutors will then need a year to decide whether charges can be brought.

Mr Daffarn said: "This report needs to be the catalyst for significant

Justice for Grenfell? Not until those who put profit before people are in jail

Jessica's aunt

and, below, the

Sandra Ruiz,

burned tower

FIRE VICTIM
Jessica was
just 12 when
she was killed
along with 71
other people
d

Ingela
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ahead of final inquiry report

movement forward from the Met Police in bringing charges."

A total of 58 individuals and 19 companies and organisations are under investigation for potential criminal offences, and more than 300 hours of interviews have taken place.

Potential offences being considered include corporate manslaughter, gross negligence manslaughter, perverting the course of justice,

misconduct in public office, health and s a f e t y offences, fraud, and fire safety and building regulations offences.

Dame Judith Hackitt, who chaired Review of Building Regulations and Fire Safety which reported back in 2018, demanded "a sense of urgency" from politicians.

She said "none of us

the Independent can say" we feel confident the tragedy won't be repeated after a fire in a tower block in Dagenham, East London, saw more than 80 people evacuated last week.

She said: "The remediation of the buildings of concern could and should have been done much faster."

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VOICE OF THE MIRROR: PAGE 8

QUESTIONS THAT MUST BE ANSWERED

The second phase of the inquiry examined how a kitchen fire in a flat spread around Grenfell Tower so rapidly. Its report will reveal its conclusions on four key areas...

1 Why and how it was decided to fit "a highly combustible

cladding system on a high-rise residential building".

2 What were the regulations and guidance given to the construction industry, the testing of materials and

whether fire doors, windows and lifts contributed to risks.

3 The actions of London Fire Brigade, including its preparations for fighting fires in high-rise blocks of flats.

Whether warnings from residents were ignored in the lead-up to the disaster, as well as whether adequate support was provided by the authorities after the fire.



APOLOGY Jas Athwal

MP fires his agent over 'mouldy flats'

BY DAVID HUGHES

LABOUR MP Jas Athwal says he has fired the agent who runs his properties after tenants claimed they lived with black mould and ant infestations.

Mr Athwal said he was "shocked and sickened" and "furious" not to have been made aware of problems earlier.

The MP for Ilford South in East London co-owns 15 residential and three commercial properties in the capital, says the register of MPs' interests.

The BBC found black mould, dirty communal areas, fire alarms hanging loose and ant infestations.

Mr Athwal admitted some flats may not have licences required under a scheme he introduced, says the BBC.

Mr Athwal said: "I unreservedly apologise."



BIOPSY Roger O'Donnell

Cure star: My battle with blood cancer

BY CHARLOTTE McLAUGHLIN

THE Cure keyboardist Roger O'Donnell has been diagnosed with an "aggressive" blood cancer.

Roger, 68, says he "ignored the symptoms for a few months" before a biopsy in 2023 showed a rare type of lymphoma.

The London-born musician posted: "September is **Blood Cancer Awareness** Month so it's a good opportunity to have a dialogue."

He added that he has "completed 11 months of treatment under some of the finest specialists".

Roger, who shaped The Cure's massive 1989 album Disintegration, said he is "fine and the prognosis is amazing", and urged people: "Go get tested."

He joined the iconic band, led by singer Robert Smith, 65, in 1987.



is second favourite to win with odds of 4/1

DMIST

BY NICOLA METHVEN TV Editor

LUCKY for some... Strictly contestant Nick Knowles holds a number one and a number three to show 13 days till the start of the show, which is now confirmed as September 14.

For the first time in four years, there will be no same-sex pairings in the ballroom dance contest and there are nine male competitors to just six females.

The decision to have only malefemale pairings for 2024 comes after West End performer Layton Williams, 29, last year reached the final with his pro partner Nikita Kuzmin, 26 - the furthest a same-sex partnership had got in the show.

One source told the Mail on Sunday the BBC wanted to be "inclusive and progressive" but some executives felt "not everyone" liked same-sex pairings.

It has also been reported that popular pro Kai Widdrington, 29, will remain as a dancer for the group numbers but will not have his own celebrity partner.

Love Island's Tasha Ghouri, 26, is the bookies' current favourite to win.

She has a dance background and is

rumoured to be partnered with returning favourite Aljaz Skorjanec, 34.

Despite not having seen any of the stars dance, the bookies are offering odds of 3/1 on Tasha lifting the Glitterball.

Ladbrokes have SNUBBED Kai put EastEnders actor Widdrington Jamie Borthwick, 30.

as second favourite at 4/1 with comic Chris McCausland, 47, at 16/1.

The outsiders in the competition are currently TV doctor Punam Krishan and opera singer Wynne "Go Compare" Evans, who are both at 33/1.

However, all this is likely to change when the stars perform their first group number on September 14.

The launch show will also feature a routine celebrating the return of pro dancer Amy Dowden, 34, following her breast cancer treatment.

The show is running a countdown to the start on social media, with celebrity contestants holding up paddles

> showing the number of days to go. It began with Towie's Pete Wicks, 36, holding a one and a five, and the words: "There are only 15 days till Pete puts the tan in Tango."

Pete is close friends with last year's contestant Zara McDermott, 27. Speaking on the podcast he does with Zara's boyfriend Sam Thompson, Pete said he went on Strictly because he was "semi-forced" by his management.

But after a try-out, he had caught the dancing bug. He said: "I did the taster and I loved it. I genuinely loved it."

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Mirror

Teach kids tolerance

SCHOOLS should be places where children learn in a friendly and safe space.

So it is deeply troubling that an increasing number of pupils are suffering discrimination and abuse in the classroom or playground.

A Freedom of Information request by the Mirror reveals that nearly 60 children a day are being sent home for racist behaviour.

Many will be repeating language and opinions picked up from home.

But the responsibility of teaching children to treat others with respect does not lie just with parents and guardians.

Young people will also be reflecting the hatred and racism which is rife on social media and too often features in political debate.

This summer's riots were a reminder that more needs to be done to promote tolerance and understanding. That duty falls on parents, teachers, tech firms and politicians.

Time for truth

SEVEN years ago 72 people lost their lives in the Grenfell fire tragedy.

This week the final report into what happened will be published.

Survivors and families of victims have waited too long for this and too long for justice. Despite significant loss of life, not a single

person or organisation has faced prosecution. It is essential that the report holds those

responsible to account and its recommendations are implemented in full.

The residents of Grenfell were failed by austerity, a culture of cost-cutting, the consequences of out-sourcing, the Tory fixation with reducing "red tape" and shoddy practices in the building industry.

They don't just deserve to know the truth, they deserve fundamental change.

Rock rip-off

A LOT of Oasis fans are looking back in anger after paying more than double the advertised cost for tickets.

The practice of dynamic pricing may be legal but music lovers shouldn't have to roll with it.





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KEVINAGUIRE

Taxing the elite? It's a

fair fight Keir can win

gains on assets including businesses,

second homes and shares are

currently taxed at between 10 and 28%

while Income Tax on hard work

Inheritance Tax breaks and

The same affluent sliver who

permitted scams pour cash into the

deep pockets of a very affluent sliver.

can win the public battle for hearts

and minds by presenting October 30's

Budget tax increases on the well-off as

fairness while painting a vivid picture

jobless on benefits as scroungers.

ranges from 20 to 45%.

Stalking the corridors of power

POINTS OF DISORDER #1

Shake that charity tin for the rich as Eton ups fees to £63,000 from £52,000 to cover VAT imposed to improve education for 19 out of 20 pupils at free schools.

I doubt many yachts will be sold and the tax is a downpayment on the fortune this bastion of privilege owes Britain.

The payback bill for old boys David Cameron and Boris Johnson must be billions.

>>> The future of new MP Jas Athwal is already behind him after he rented mouldy, ant-infested flats to unhappy tenants.

Westminster's biggest landlord sacking the letting agent won't wash. We wouldn't buy that from a Conservative slum landlord so mustn't from the Ilford South Labour MP.

GOING UP Labour axing a TB cull that killed 230,000 badgers is a win for Brian May.

GOING DOWN

Esther McVey's use of a Holocaust poem to criticise anti-smoking plans showed zero decency.

POINTS OF DISORDER #2

Say what you like about Gordon Brown, but he made the trains run on time. Punctuality was 90.5%, higher than any Conservative PM since.

This gives renationalising Transport Secretary Lou Haigh a target for Keir Starmer to beat.



Hapless Theresa May bombed badly

while incompetent Liz Truss was beaten by a lettuce as she suffered a similar if swifter fate.

BEWARE Kemi should avoid tag

holidaying instead of campaigning, could ever be PM, but that Maggie tarnished tag is an albatross.

The lady not for returning into a No10 prominent position after Keir Starmer moved her portrait into a Downing Street side room is

those 55 or older could have voted for her. Chief fawner Laura Trott is 39, Badenoch 44. Tories manacled to a divisive, nasty history will never win over voters in the future.

Blaming the country's current poor state on the Conservatives is fine but scything the Winter Fuel Allowance is a political disaster. There's a glaring hope hole to be filled with an optimistic destination.

Labour MPs returning to Parliament after the summer recess want the government to quickly return to the front foot.

Starmer and Reeves are resisting pressure to U-turn on fuel and to replace austerity with change, not

Yet filling a £22billion Tory black hole with higher taxes on the rich is one thing. Chucking shivering pensioners into the financial void is an unforced political error.

Tony Blair sensibly advised Starmer not to read social media abuse from keyboard warriors.

Ignoring the howls of Labour voting denounce anybody disabled, sick or betrayed pensioners who live on as little as £220 a week, however, would be the comfort of ignorance. PM Starmer and Chancellor Reeves

> Britain's wealthy kings and queens are amplifying the pain of the elderly to protect their own interests.

Tories are expert at dividing and of how Britain will be transformed. ruling. Labour should learn fast.

As well as replacing single-word Ofsted school ratings with report cards, busy Education Secretary Bridget Phillipson's drive to get 150,000 kids who are missing half of lessons back into classrooms is a life-changing goal. But with so many absent pupils living in disadvantaged homes it'll take more than fines and lectures to give them a chance.



'NEW THATCHERS' FAIL

Margaret Thatcher by a gushing supporter, Kemi Badenoch should beware what happened to the last pair crowned the Rusted

AGAINST stronger protection

from unfair sacking for the

majority and in favour of generous

tax gifts for themselves, Britain's

wealthy elite is mobilising against

Twin targets of this privileged class

Pursuing naked self-interest, the

monied clique pretends it acts for the

national good which just so happens

We see propaganda blitzes against

Labour plans to protect employees

against unfair dismissal, ban

exploitative zero-hours contracts and

end fire and rehire that cuts pay and

We hear bleating that raising

unfairly low Capital Gains Tax rates

and shutting Inheritance Tax

loopholes would strangle economic

growth... as if entrepreneurs depend

entirely on state wealthfare handouts.

in the Conservative and Reform

parties plus Fleet Street cheerleaders

defend the indefensible because they

How could it be fair that capital

benefit at the public's expense.

The loaded and their mouthpieces

to be their power and riches.

are improved rights at work and next

the new Labour government.

month's first Budget.

worsens conditions.

and was ditched by her own side, as was Thatcher, I doubt brusque Badenoch, rude

and sniped at by rivals for

no longer relevant when only

Snobbery, sexism and political hypocrisy stank in attacks on Labour Deputy PM Angela Rayner for raving in an Ibiza club with Denise van Outen and Australian DJ Fisher.

Boris Johnson superfan and ex-Tory Cabinet Minister Nadine Dorries really should have thought twice before claiming Rayner "demeans her office".

Is she the same ostrich's anuseating Dorries punished by Tory whips for skipping without permission into the I'm a Celebrity jungle then forced to apologise to MPs for failing to declare an £82,000 profit? You can bet your last lamb's testicle she is.



aWn.

"It matters enormously to us that Trump shouldn't get elected." Harriet Harman echoing Sadiq Khan in voicing a public truth is important when Keir Starmer and David Lammy dodge the bleedin' obvious for tactical reasons.



PROBE Matthew Griffiths

Yacht's crew 'tried to save all we could'

BY ADAM ASPINALL

A UK crew member on the Bayesian superyacht has described the moments before disaster struck.

Matthew Griffiths, 22, told of "walking on walls of the tilted ship "to try to rescue passengers" before it sank in a storm off Sicily.

Griffiths, who was on watch and fell into the sea, reportedly told prosecutors: "We were able to climb back on and tried to save those we could."

He alerted skipper James Cutfield, who said to wake passengers, and closed windows and hatches.

British tech tycoon Mike Lynch and his daughter Hannah, 18, were among seven killed on August 19.

Fifteen of 22 onboard survived. Griffiths is one of three crew under investigation, along with Brit Tim Parker Eaton and Cutfield.



NAZI SLOGAN Bjorn Hocke

Far-right set for Germany state poll win

BY KEITH PERRY

FAR-RIGHT Alternative for Germany looks likely to be the biggest party in the state of Thuringia.

The anti-immigration party is set to win 30.5% of the vote in the state poll.

While unlikely to be able to form a state government, it would be the biggest win for the German far-right since the Second World War.

The AfD is close behind the conservative CDU in the election for a state parliament in Saxony.

Voter Michael, in Thuringia's state capital Erfurt, said: "Politicians have promised a lot. But nothing happened. Nothing."

AfD's top candidate in Thuringia, Bjorn Hocke, has been fined for using a Nazi slogan, although the former history teacher denies knowingly doing so.



BY JOHN KELLY

MPs yesterday accused concert ticket sellers of fleecing Oasis fans after many had to pay more than double the advertised cost.

Tens of thousands queued online for hours from 9am on Saturday only to be told "dynamic pricing" meant they had to lay out £355 or more instead of £158.

Dynamic pricing is when a seller does not set a fixed price and adjusts charges in response to demand.

Glitches also kicked fans off booking sites after they got through.

David Baines, Labour MP for St Helens North, said: "After rightly criticising those who got presale tickets and then immediately tried to resell them for huge profits, it's shocking to hear Ticketmaster UK is using dynamic pricing to fleece fans and rake in the cash. Especially insulting CRITICAL MPs Lucy Powell & David Baines

for those who queued all day." About 1.4 million tickets were sold for the shows in Manchester, Cardiff, London, Edinburgh and Dublin.

Just after 7pm, Oasis and Ticketmaster announced it was a sell-out.

Resale websites then began asking between £537 to as much as £14,104.

Oasis, whose hits include Rock 'n' Roll Star, last week announced 17 gigs in the UK and Ireland next summer, 15 years after splitting when Noel and Liam Gallagher had a backstage brawl in Paris. Cabinet minister Lucy Powell

said she was not sure how clear the pricing was after managing to bag herself two tickets for £350 each.

LABOUR MP FOR ST HELENS NORTH

using 'dynamic

DAVID BAINES

pricing' to fleece

fans & rake in cash

Asked about dynamic pricing by BBC Radio 5 Live, she said: "I don't particularly like it, I'm sure many people don't.

"You've absolutely got to be transparent so that when people are arriving after hours of waiting, they understand the ticket's going to cost more."

Irish MEP Regina Doherty called for an investigation into the pricing structure for tickets sold for the two shows at Croke Park, Dublin.

One fan added: "Ticketmaster are

absolute jokers. Bumped standing tickets for Cardiff Oasis gig to £356.

"Even they are sold out and only ones I can add to basket after 3 hours of queuing is nearly £1k for 2."

One Direction singer Louis Tomlinson was gutted after losing out. He said: "I never got a number. I did try, I did try."

Ticketmaster said the extra money created by dynamic pricing will go to the band, which had railed against people trying to make money on the black market selling tickets yet seem-

ingly condoned the in-demand pricing. Dan Johnston bought four tickets at £350 each. He said: "If a company says a ticket will be £151 and that these cannot be sold for anything more than face value or the tickets will be cancelled, how can they then justify themselves upping the price £200 extra before they even sell out of the tickets?"

> john.kelly@mirror.co.uk **X**@DailyMirror

VOICE OF THE MIRROR: P8



hygiene poverty*, struggling to afford everyday essentials such as toothbrushes and toothpaste.

The rising cost of living has meant that, for many families, basic items have had to be sacrificed as they stretch their budgets to pay bills and buy food.

For Liza**, having to let her two children go without toothpaste made her feel like a failure.

"I felt I was letting them down, not being able to provide them with something so basic," she says, "but the cost of everything kept going up and up, and even though I was working, my wages never seemed to be enough."

Liza, 34, began struggling financially last year when her circumstances changed and she found herself bringing up her two daughters, aged five and 10, alone.

"I've always tried to give the children a healthy diet, so even when money was tight, I made sure they had fresh fruit and vegetables, and I'd batch cook meals

to keep the costs down," she explains.

"But I'd get to the till and wonder how I would make the food I'd bought last a week.

"Then one week it got to point the where not buyI couldn't bear the thought that my kids might resort. be made fun of

for what I felt paste we had, I told the kids was my fault I'd forgotten to buy it. **RAISING SMILES** The Hygiene Bank partners with Boots WE DOW'TE

toothpaste seemed like the only way to save some money. It felt wrong, but it was a last

/200000000000000000

"When we ran out of the tooth-

worse or their breath smelled. At night and in the mornings I'd get them to rinse their mouths with water to freshen them up. "I didn't want them to get out of

might have on her girls.

that routine they'd had since they were little, and I found myself trying to check when I gave them a kiss. I couldn't bear the thought of them being made fun of for something that

Then the next week I made up

another excuse. I couldn't tell them

Liza says she didn't just feel guilty;

"I thought they might feel self-con-

scious if their teeth started to get

she also worried about the impact it

felt like my fault."

the real reason."

Liza is not alone, according to a new report by grassroots charity The Hygiene Bank*.

While good oral health can help boost children's ability to learn, thrive and develop, three in 10 parents experiencing hygiene poverty say the choice of dental care products used by their children has been affected due to financial pressures.

Children's dentist and Colgate ambassador Dr Julia Hurry says, "I've

seen families with multiple children who are sharing one toothbrush between them. In some areas of England almost one in two five-year-olds have obvious holes in their teeth. With reduced access to basic toothbrushing

AS ORAL HYGIENE POVERTY RISES, ONE MUM SHARES

HER HEARTBREAK AT MAKING DIFFICULT CHOICES

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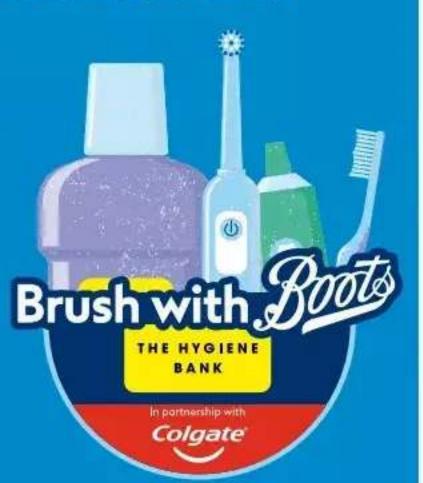
tools, this is likely to get even higher."

"Most of us take having toothpaste and toothbrushes for granted," Liza adds. "It seems like such a little thing, but when you can't afford those items, it's huge."

BRUSH WITH BOOTS -HOW YOU CAN HELP

Boots, in partnership with Colgate and The Hygiene Bank, has launched the Brush with Boots campaign, and is donating 175,000 toothbrushes and tubes of toothpaste to be given to children and families who need it most.

And you can help: pop in and buy dental hygiene items at any of the 500+ Boots stores with donation points. For every kilo of products donated, Boots will add one full-size product. You can also donate online - see below.



Find a Boots donation point or donate online at boots.com/the-hygiene-bank



This Morning Cat praises 'classy' Holly



GRATEFUL ITV's Cat Deeley

THIS Morning presenter Cat Deeley has praised predecessor Holly Willoughby for her support as she took over the role earlier this year.

Willoughby, 43, quit the ITV daytime programme after a plot to kidnap and murder her emerged.

Deeley joined the show in March alongside Good Morning Britain presenter Ben Shephard, who replaced Phillip Schofield.

Recalling Willoughby's support, Deeley, 47, said: "Holly sent me a beautiful bunch of flowers and a handwritten card. It was a really classy move, it really touched me.

"At some stage, once the



QUIT ROLE Holly Willoughby

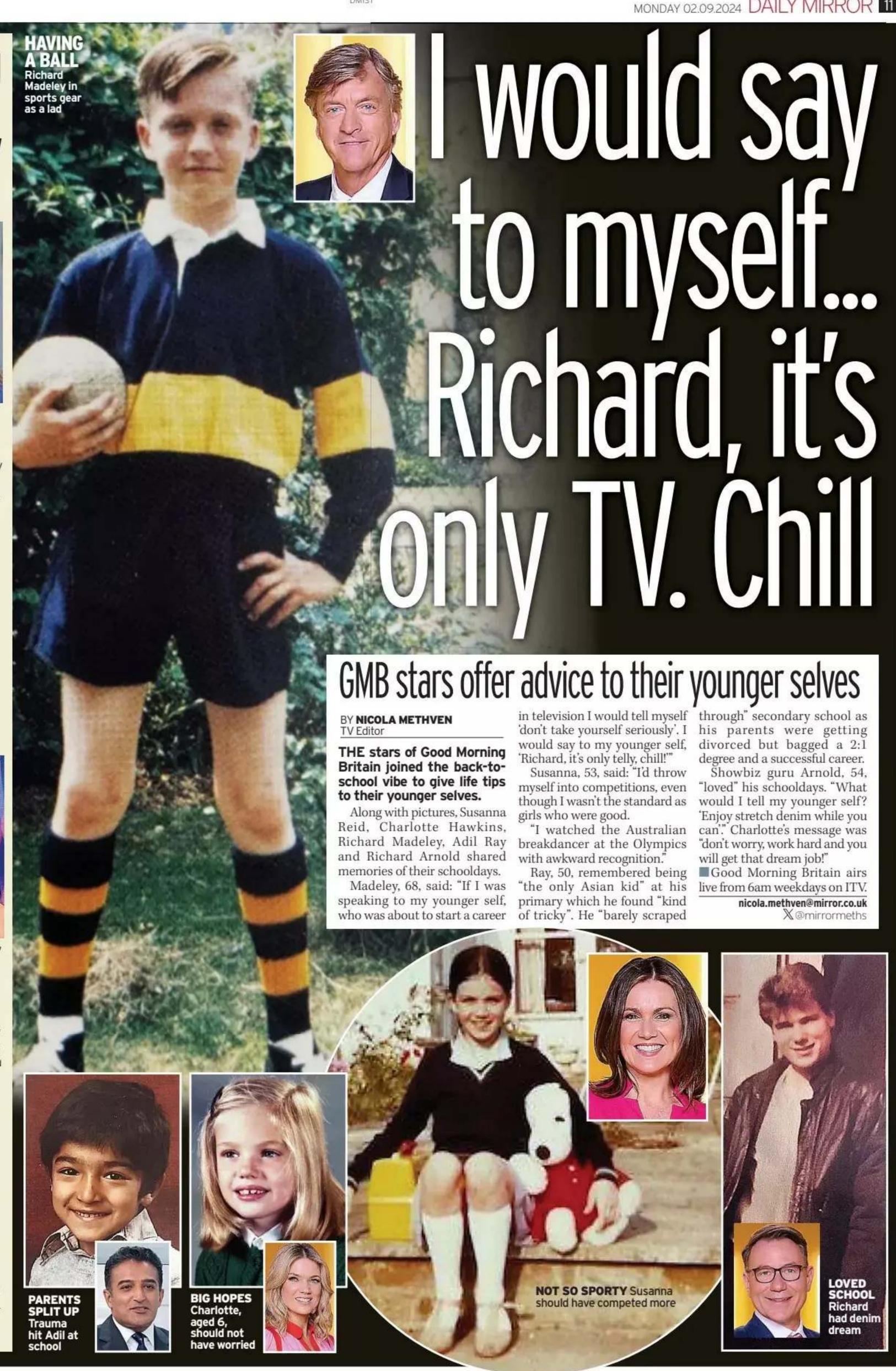
dust settles, I'm sure we will get together. People always talk about women being pitted against other women, but actually it's just not true."

Deeley, who has hosted US talent show So You Think You Can Dance for most of its 18 seasons, admitted the level of interest in her and This Morning since she joined

have shocked her. The star, who has two young sons with comedian husband Patrick Kielty, said: "Everyone keeps checking in with me, 'Are you OK?, Are you handling this all right?' I don't care. If it gets too much for me I'm going to quit.

"I don't need to do it. I could stop and be a mum for most of the year, and then go and do the shows in America.

"There is no ulterior motive for me doing this."



Harry's 'advice from old pals as he plots return to royal duties'

BY JEREMY ARMSTRONG

PRINCE Harry has been asking former aides for advice about resuming his royal duties in a bid to end his exile in the US, it has been claimed.

Sources say he may spend more time in Britain to repair his relationship with the King, with a view to a partial return to the fold.

A source reportedly said: "Harry is turning away from all sorts of Hollywood publicists and is **OUT IN THE COLD Prince Harry**

seeking counsel from his old friends and associates. He is clearly thinking, I need to do something different'."

Harry, 39, and wife Meghan, 43, stepped down as working royals four years ago and moved to the US. It is thought father Charles is not keen for him to return to official duties. Harry's 30-minute visit to see His Majesty in February following

their relationship.

his cancer diagnosis sparked rumours they were set to rebuild

Teens held as boy, 13, killed

TWO teenage boys have been held on suspicion of murder after a 13-year-old boy was stabbed to death.

The youngster died after he was attacked at his home on Thursday.

Flowers and candles were laid at the home in Oldbury, West Midlands, to pay tribute to the lad, who has not been named.

The two teenagers were arrested yesterday and taken into custody for questioning by police, who said the victim's family were aware of the arrests.

PARIS 2024



historic day for the British team in Paris yesterday.

Neil Fachie, 40, collected silver in the B 1,000m time trial, which was won by fellow Brit James Ball.

And Neil's wife Lora, 35, hugged their 20-month-old son Fraser after scooping her bronze in the B 3,000m pursuit.

Three years ago in Tokyo, they both won golds in the space of 16 minutes.

Visually impaired Lora, who raced with pilot Corrine Hall, said: "To get a medal and get a piece of the Eiffel Tower is pretty special. There were a few tears with Fraser - tears of joy.

"It's great to go out and do this whilst being a mum. When we were watching the Olympics, we were telling him all about it and he learned to say 'Go, Team GB'. So we've been trying to teach him 'ParalympicsGB'. He knew gold, silver, bronze medals and that's it, really.

"For me, to see him happy and thriving, that's the important thing."

Aberdeen-born Neil and Lora, from Liverpool, are now based in Cheshire to

train in Manchester with the British cycling team. Neil, who rode with pilot Matt Rotherham, said he was "proud" of their performance and said of possible retirement: "We'll keep going and see what happens."

The B 1,000m time trial delivered a first Paralympic gold for James, 33, who won

silver in the event at Tokyo and was with his new pilot Steffan Lloyd, coaxed over from rugby by British Cycling.

And Kadeena Cox, 33, from Leeds, picked herself up four days after a devastating fall to win team gold.

It was one of three in two hours which took GB to the top of the medal table from four days of track cycling.

Great Britain leaves the track with 15 medals - five gold, six silver and three bronze - and will begin competition on the road on Wednesday.

Britain still stands second in the medals table, with China on top after four days of competition.

On the water, Lauren Rowles made history as we celebrated our greatest day of Paralympic rowing with three golds and a silver.

Benjamin Pritchard launched a domi-

VICTORY Rowers Gregg and Lauren

This is the best one yet, to do it a third time in a row... the journey was incredible LAUREN ROWLES ON BECOMING THE FIRST FEMALE TRIPLE CHAMP ROWER

> sculls glory before Rowles became the sport's first female triple champion, with victory alongside Gregg Stevenson in the PR2 mixed doubles.

> Breast cancer survivor Erin Kennedy steered home the mixed coxed four team of Frankie Allen, Giedre Rakauskaite, Josh O'Brien and Ed Fuller.





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Lauren, a champion in Rio and Tokyo, and ex-Army Commando Stevenson powered past China in the final 500 metres to win by almost 2.5 seconds.

best one yet, to do it a third time in a graft, it is the cherry on top." row," said Lauren, 26. "The journey has

double leg amputation after standing on an improvised explosive device Afghanistan in 2009, memorably marked his Games debut at 39. "It's just "It's amazing, this is definitely the epic," said the dad-of-two. "After all the

Britain's coxed fours stretched a been incredible." Gregg, who had a remarkable 14-year unbeaten run with a commanding success in the final race of the day at Vaires-sur-

Marne stadium.

Victory came 18 years to the day of the car crash which prompted Giedre's journey into para sport and was a triumph for Erin, who was diagnosed in October 2022.

"I had 15 rounds of chemo

said. "Credit to my teammates, because they allowed me to race while I was on chemo.

"Without them, the belief in myself might have run out at some point but they never let it happen.

"This is the end of a chapter and the start of a new one and we're just looking forward."

Lithuania-born Giedre added: "Every year this is going to be a golden moment, no longer a car accident. I've always wanted to be an athlete. When I was a kid I thought that chance was taken away from me."

Benjamin, a 32-year-old Welshman, topped the podium by winning an event mired in controversy. Roman Polianskyi, of Ukraine, clinched silver, with and a double mastectomy," she Australian Erik Horrie upgraded to

bronze after a complaint that Italy's Giacomo Perini had a communication device in his boat. For everything to pay off like that and to win in style is pretty special," said Benjamin, of Swansea.

Meanwhile, swimmer Maisie Summers-Newton won her second gold, in the 100m SB6 breaststroke, after victory in the SM6 200m individual medley.

The 22-year-old from Northampton, who won two golds in the same events in Tokyo, said: "It's what dreams are made of. "Watching Ellie Simmonds

in 2012, never, ever would I have thought I would come away with one Paralympic medal, let alone four."

BEST WISHES

hug after gold win

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SAS embassy hero John dies

siege in 1980, has died aged 82.

John, from Liverpool, began his military career with the Royal Electrical Mechanical Engineers in 1964.

In 1978, he did his SAS training and was posted to Boat Troop, "A" Squadron.

In May 1980, he took part in Operation Nimrod to help free hostages being held by terrorists inside the embassy.

SAS hero John Thompson, who helped end the Iranian embassy siege in 1980, has died aged 82.

John was in the 55-strong SAS team lands, gathering intelliwho were flown in to London by helicopter and then stormed the building troop movements and by abseiling from the roof.

Five of the six terrorists and one hostage died in the 17-minute raid. The from the Army and worked as a next year, John moved to Boat Troop, "G" Squadron and went to the Falk-

gence on Argentinian taking out enemy patrols.

After the war, he retired bodyguard in the Middle East.

He also raised money for charity by

RESCUE At

running marathons and climbing to Everest base camp for Help the Heroes. In 2013, he auctioned his medals for £17,000 on Dickinson's Real Deal on TV.

He said at the time: "I had a really great day although the auction was more nerveracking than being in the Army."

mirrornews@mirror.co.uk



MISSIONS John Thompson



Dam marvellous marbles of WW2

TWO marbles used to calculate the trajectory of the bouncing bombs used in the famous Dambuster raids are set to fetch more than £5,000 at auction.

The marbles are part of a collection of artefacts from the Second World War attacks on three German dams, using the bouncing bombs designed by inventor Barnes Wallis. The sale is at Auctioneum Ltd in Bristol on September 16. Auctioneer Andrew Stowe said: "These are amazing pieces."



HISTORIC Binoculars said to have been used by Barnes Wallis to watch tests on bouncing bombs at Reculver, Kent



LEGEND A set of RAF wings believed to be from Squadron Leader Guy Gibson, who led Dambuster raids in 1943



ATTACK Lancaster drops one of the bouncing bombs over the Ruhr



Half can't pay driving costs

MORE than half of drivers risk being priced off the road due to soaring costs.

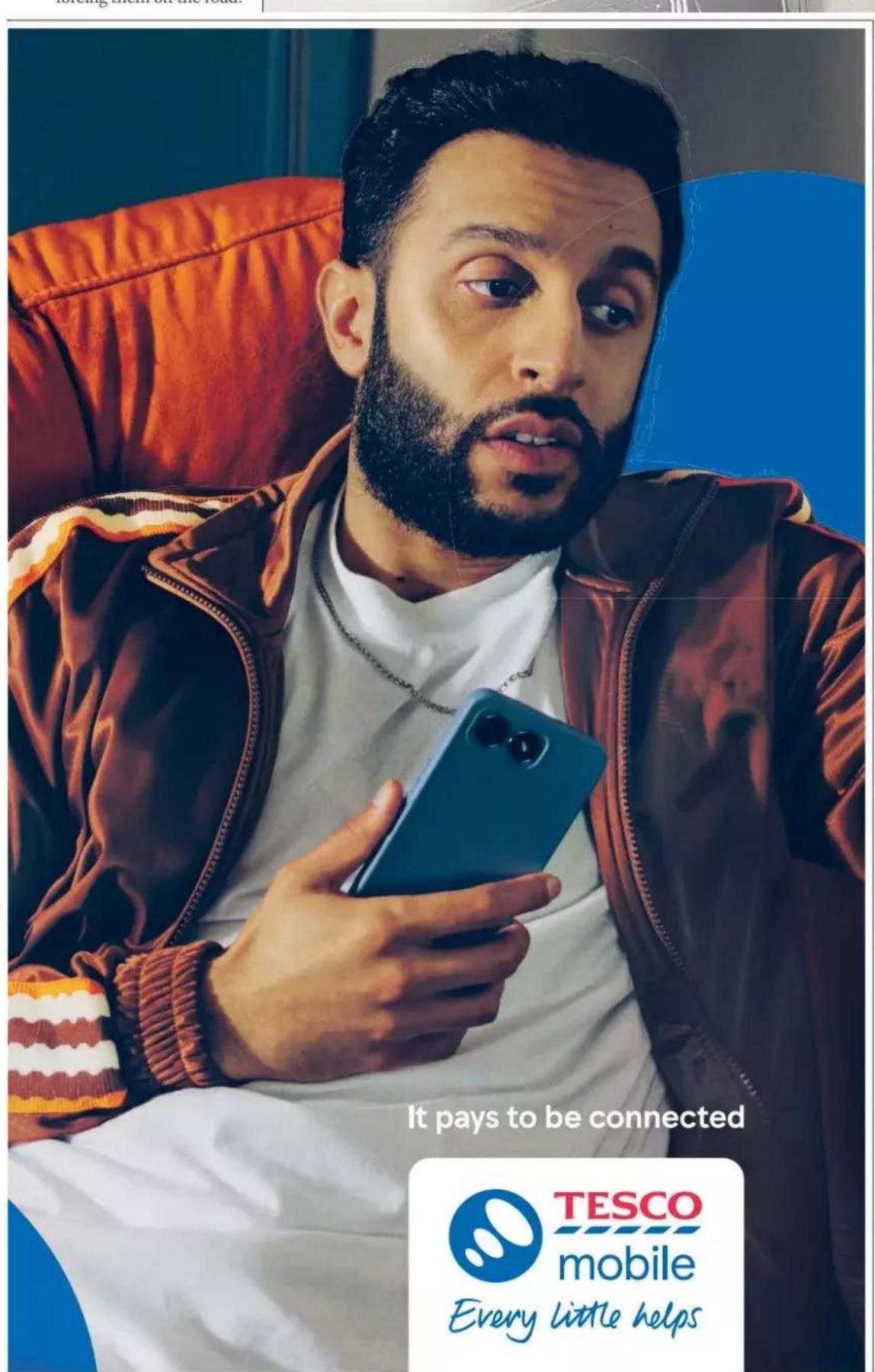
A study said 56% cannot afford to continue running their car, with 49% seriously worried about car tax, fuel and insurance.

Train firm TransPennine Express added 5% have stopped driving this year as they cannot pay bills.

TPE's Kathryn O'Brien said: "Car running costs are increasing year on year, faster than inflation, and they're that high that it's forcing them off the road."

GRIMSHAW GAS GANG SUSPECTS ARRESTED

DJ targeted in Ibiza villa raid





BY ADAM ASPINALL and **GERARD COUZENS**

A GANG of burglars suspected of gassing radio DJ Nick Grimshaw and his mother while they slept in an Ibizan villa have been arrested.

Spanish police yesterday said knockout gas could have been used by the masked criminals, as they linked them to at least 22 raids across the island and released chilling footage of a break-in. Three people accused of the

burglaries, with more than £420,000 worth of items stolen, are thought to have been operating

in Ibiza since 2019. The revelation opens up the possibility a number of millionaire stars were victims.

Celebrity Gogglebox's Grimshaw was targeted after he rented the villa for his 40th birthday **SWOOP** Duo held by police

last month. His mum Eileen, 81, and arrested last week as part of Operation Nick's dancer fiance Meshach Henry, 27. Fonseca. A source said the men are were also present.

They were said to be unhurt but lost some valuables and have since returned home.

Sources suggested they were targeted by a gang who have used a sedative gas pumped through air conditioning to render victims unconscious.

Two men and a woman have been arrested. Police released footage

showing one brave victim confronting a gang member after discovering them rifling through his valuables in a villa.

The man, wearing black shorts and a T-shirt, fights with the masked intruder before the robber manages to flee.

Separate footage showed intruders in the grounds of a villa with stolen items before driving off.

Binoculars and other tools used for the break-ins, as well as stolen designer watches and phones, were exhibited by

police. It was not clear if any of the stolen items belonged to Grimshaw and his family.

The raids, and others targeting tourists, have tarnished the holiday isle's reputation. Sources said: "Detectives believe the two men remanded in prison were the same ones who targeted the property the British DJ had rented."

The three suspects were

Albanian and the woman is Romanian. The woman is thought to have been released on bail after the trio, who have not been named, appeared in court.

They have not been formally charged but are under official investigation as part of a judicial inquiry likely to take months to complete.

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DEAD Clockwise from top left, hostages Almog, Alexander, Carmel, Ori, Eden and Hersh

BY JEREMY ARMSTRONG

HOSTAGE support groups condemned the Israeli government yesterday for not doing enough to save six found dead in Gaza.

Israel Defence Forces troops recovered their bodies in an underground tunnel in Rafah.

Hamas seized Hersh Goldberg-Polin, 23, Ori Danino, 25, Eden Yerushalmi, 24, Almog Sarusi, 27, and Alexander Lobanov, 33, at a music festival in southern Israel during the October 7 attacks.

Goldberg-Polin, a US citizen, lost part of his left arm to a grenade in the attack.

The sixth, Carmel Gat, 40, was taken in farming community Be'eri.

Israeli Prime Minister Benjamin Netanyahu said he would not rest until those responsible for their deaths are

DELAYS Netanyahu is blamed by families

Families furious at 'abandoned' captives

Protesters in deal plea for remaining 97

said his Government was committed to a the hostages. deal to free captives. found

Netanyahu

accused leaders of abandoning

The Hostages Families But some of the Forum said they were "murdfamilies of the six ered in the last few days, after de a d surviving almost 11 months of demanded Mr abuse, torture and starvation".

They added: "The delay in Palestinian prisoners. signing the deal led to their

brought to justice. He address the nation. They deaths." US, Egyptian and Qatari mediators are trying to broker a ceasefire agreement for Hamas to free the 97 hostages it still holds in exchange for

US President Joe Biden said

and outraged" by Goldberg-Polin.

Senior Hamas

official Izzat al-Rishq insisted Israel was **OUTRAGED** Biden responsible for the deaths, claiming it has refused

to sign a ceasefire deal.

he was "devastated Protests were held in Jerusalem, Tel Aviv and across the the death of Mr country to call for a hostage release deal.

> It comes as a UN-led multiday campaign to vaccinate 640,000 children against polio began in Gaza.

> > jeremy.armstrong@mirror.co.uk X@jeremyatmirror

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Selected lines only, T&Cs apply, Discount off original selling price - Selected lines only and subject to availability. Now on in stores, online & app. Excludes Matalan Clearance Stores, cafe and totally toys. We are happy to exchange or refund in vouchers for sale stems returned within 28 days. of purchase if they are returned with the original receipt, are unwarm and in the condition they were purchased including all packaging. Without a receipt we will exchange or refund in vouchers at the last known selling price.









Straight Fit Jeans Now £10.50 Was £21

Co-ord Shirt

£10.50

Now

Was £15













SCENE Rooms are exposed

Man hurt as gas blast rips house apart

BY JOHN KELLY

A MAN was seriously injured in a gas explosion which destroyed a house.

He was found badly burned when emergency services arrived just after 10.30am yesterday.

The man was taken to hospital in a serious condition, while two others were treated for minor injuries.

Pictures show the front of the house in Longridge, Lancs, blown apart.

A neighbour said: "I was in the front room on the computer and there was a hell of a bang. It went on for three or four seconds.

"The whole house shook. All the neighbours came out to see what had happened - I hope everyone is OK."

Lancashire Police said it will investigate the cause, along with the fire and rescue service.



IN SHOCK Sam Farrow

Brit smashes Lake Geneva swim record

BY AISLING GRACE

A BRITISH endurance swimmer is believed to have broken a world record for the fastest swim across Lake Geneva.

Sam Farrow, 31, continuously swam the length of the lake, on the north side of the Alps between France and Switzerland, in 22 hours and 48 minutes, covering 45.2 miles.

Ms Farrow, from Wigan, Gtr Manchester, whose record will not be ratified until the end of the month. was in "complete shock".

She added: "I don't think it's quite sunk in yet."

The infant feeding practitioner endured fatigue, back aches and cramps and had to tread water when taking breaks for food and drink.

She said: "They put snacks in bottles on a rope and threw it out to me."



Unbelievable & traumatic

BY ADAM ASPINALL

A NEIGHBOUR has told how he heard a woman's "horrific screams" shortly before a dad and three children were found dead in a house.

The father, named locally as Piotr Swiderski, from Poland, was found with his sons, who were all under four, at the house on Saturday afternoon.

Shehr Sikandari, 48, moved in next months ago.

He said: "It is unbelievable and traumatic what we have heard. We are still

Tributes pour in after dad and 3 children found dead at home

in shock. Just before the police came, we were not at home. Usually they take heard loud screams. The woman was screaming. They were quite horrific thought they may be out and about." screams and everyone came out to see

Mr Sikandari, a telecommunications consultant, said: "We didn't hear anything before that. We thought they

their children out on their bikes, so we

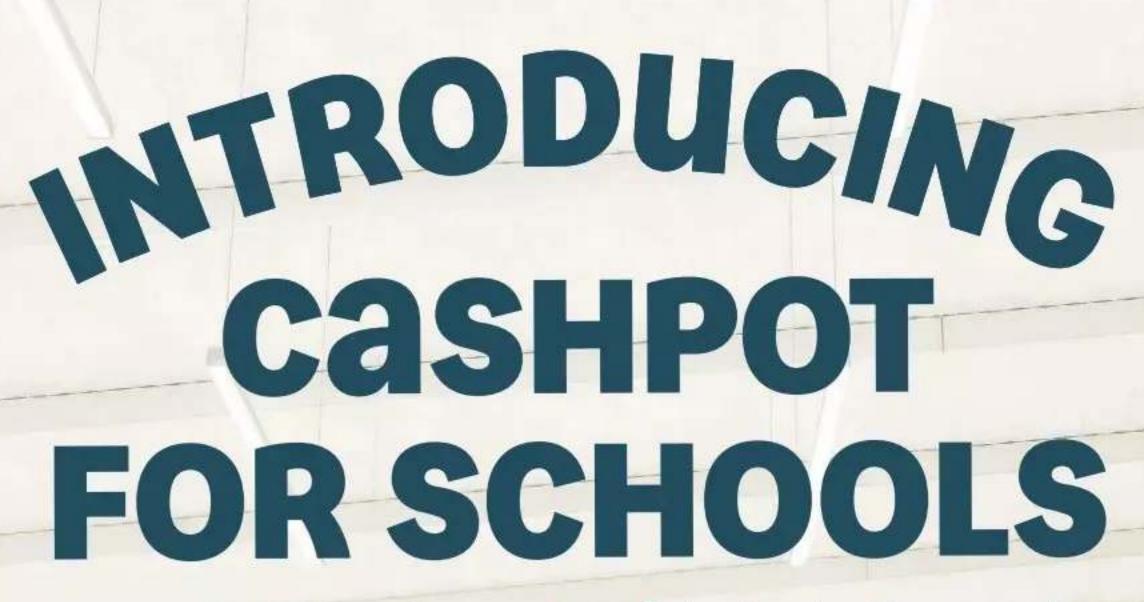
He paid tribute to a "lovely family". He door to the house in Staines, Surrey, two what was happening." said: "We haven't known them for long but it is just devastating. Three lovely children. I haven't met the dad much but the children and mum were lively, quite

jolly. The children used to play in the back all the time, making noises of joy, jumping around, playing and being very happy. Full of life."

Police said no third party was involved, and specialist officers are supporting the next of kin. Surrey Police have completed a mandatory referral to the Independent Office for Police Conduct due to previous police contact with those involved.

A spokesman for Surrey Police said: "This is a tragic loss of life."

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THAT'S MORE LIKE IT

JUNGLE NO-GO **FOR LIV**



Love Islander Olivia Attwood has ruled out a return to Oz this winter to resume her thwarted stint on I'm A Celebrity.

Olivia, 33, was forced to leave the show in 2022 when medical examinations just days into the series showed she was dangerously anaemic and she has always vowed to go back.

But the presenter, whose new series Bad **Boyfriends airs Sundays** at 9pm on ITV2, says: "It'll be tough this year. From a purely logistical point of view, it would be almost impossible.

"I'm hosting. I'm leading my shows.

"And being a contestant is not like something I'm prioritising because I think I just want to really focus on this right now.

"The jungle will be getting finished at some point. One thousand percent. I can't rest until I've finished it. But probably not this year."

Grab your fancy hat and some biodegradable confetti: Married at First Sight UK is headed back to our TV screens this month.

The fourth series of the reversedating reality show has been dubbed "an emotional rollercoaster" and will see seven men and nine women be paired up by the professional matchmakers and marry a complete stranger in a bid to find everlasting love.

In a world of evermore terrible dating apps, it's got to be worth a shot, right?

Tune into the nine-week show on E4.

It was basically just eating steaks like Henry VIII. I did it for a couple of months but everything ached, I got kidney stones and ended up smelling like rotting flesh.

Not a fan of the keto diet, then, Daisy May Cooper?

with Laura Martin



selfie of her with her bum out.

Divorce, what divorce? J-Lo's spiritual order has been restored, and the man she once called "my beautiful love" is simply nowhere in her orbit.

Trigger warning: actor Matt Smith has questioned the need for trigger warnings for screen dramas. Smith - who most

recently played Prince Daemon Targaryen in House of the Dragon - told The Sunday Times that he liked to play polarising people.

"That's the f***ing point," he said. "We should be telling morally difficult stories, nowadays in particular.

"It's OK to feel uncomfortable or provoked... but I worry everything's being dialled and dumbed down.

"We're telling audiences they're going to be scared before they've watched something. Isn't being shocked the point?... I'm not sure I'm on board with trigger warnings."

Divorce, what divorce? J-Lo's spiritual order has been restored

Everything is unfolding in divine order.

BOTTOMS UP Jennifer

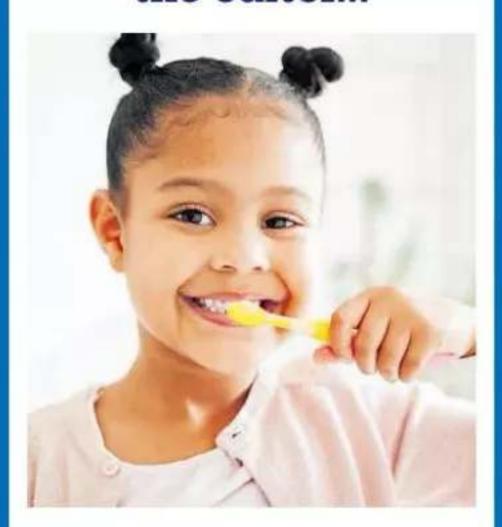
Lopez takes selfie and,

below, one of her selfmotivational quotes

> The amount, in dollars, that Brad Pitt and George Clooney's film Wolfs cost, making it reportedly the most TAKE A LICKING J-Lo enjoys an ice expensive TV movie cream in one of her ever made. snaps about summer

Mirror

A message from the editor...



Dear readers,

As kids head back to school, many parents will admit to giving up a few family luxuries this summer, thanks to the ongoing cost of living crisis.

But for some, those "luxuries" include basic dental products, like toothbrushes and toothpaste.

For children who can't brush their teeth before school, it's not just their appearance or breath that is affected; it will have a knock-on effect on their confidence and diminish their ability to learn, thrive and develop.

And the risk of tooth decay or gum disease could make things even harder in the future.

It's a devastating decision no parent should have to make, so once again we've partnered with Boots to support its campaign with The Hygiene Bank. This time, in partnership with Colgate, the focus is on getting dental products to the children who need them most.

Boots is donating 175,000 toothbrushes and toothpastes to the charity, and we're encouraging you to do the same.

Products donated to The Hygiene Bank via drop-off points in 500 Boots

stores will be distributed to struggling families in the most deprived areas in the country.



Caroline Waterston, Editor-in-Chief

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DAVINA BACK FOR 2ND



BY NICOLA METHVEN

TV Editor

avina McCall watched the opening episode of the new series of matchmaking show My Mum, Your Dad several times as she recorded her finding a new relationship. voice-over, but she still could not stop herself from sobbing during one scene where a mother and son share a tender moment.

Watching 19-year-old Malachi tell his mum Jenny, 51, how much he appreciated all she had done for him over the years was too five years Michael Douglas. much for Davina, the show's presenter.

Afterwards, she said: "I did get caught to help other 50-somethings having a big cry. And I've seen it already. find love a second time around, There's something very moving.

"It was like I said to the parents about their kids, they're not here for a laugh. They're not we are the first of the new taking the mickey out of you."

ITV last year. It again kicks off with eight were at illegal raves, taking

single midlifers who have been put forward by their children to go into the £8million retreat in Sussex in the hope of

Davina, 56, who got divorced from Matthew Robertson, the father of her three children, in 2017, is now happily settled with partner of

Maria's

daughter

stop her

begs me to

talking sex

DAVINA MCCALL ON CONTESTANT MARIA, TOP

She now relishes the chance having done the same herself.

Davina said: "Our age group, generation of mid-lifers The show was a hit when it launched on because we are the people that drugs. We are pioneers. We were naughty, we were fun, we were outrageous. Then we had kids, we settled down. We were good people for 15 years, maybe 18 years if you're lucky.

"Then your kids are 18, you're thinking, 'Right, let's go again'. It's like having a second chance at life, and here we're making the kids watch that second chance."

Unfortunately for the kids, that means having to watch parents discussing sex or getting intimate.

Davina said: "The cringe is obviously the intimacy. It never gets boring. I mean, seeing kids die as their parents are getting frisky is really funny. You are in the retreat

SERIES OF MY MUM, YOUR DAD



Janey & Rog's true romance



TOGETHER Janey and Roger

THE stand-out couple from the first series, Roger Hawes and Janey Smith, are still together.

Janey, 48, who was nominated by son Will, said neither she nor Roger had really believed they would find lasting love on the show.

She said: "Definitely not. In the kindest way possible, it's the most ridiculous thing ever. You go on a TV show and this happens. The past year has been the most unusual, amazing, unbelievable year."

Roger, 58, who appeared on the show with daughter Jess, said: "It's been brilliant."

Davina first thought he had signed up to the show too soon after the death of his wife. But Roger said: "Me and Janey just collided."

The couple, who divide their time between Janey's home in Sussex and his in Derbyshire, are planning a camping trip.

But they are only going a mile from Janey's house. She said: "It's so we can walk to the pub, then stay in a tent after."

second chance at life

to meet people and if you don't kiss someone, how do you know if you're going to get the fire in your pants?

"That's where the magic happens. The kiss. So you could really fancy someone and think they're hot, but you could kiss them and they might be awful.

"They've got to try it, but oh my God, the kids. It's always funny."

One daughter Livia, 19, is horrified when her mother Maria, 51, starts talking about her sexploits during her very first date.

Davina said: "Obviously Maria's daughter, basically she's begging me, 'Please stop my mum from talking about sex'. I'm going, 'I can't do that. It's a reality show. It's got to be real. This is who your mum is."



the couples can get cosy and, if they choose, hit a switch so their children cannot see what is going on.

But Davina said one of the show's strengths was that it delved into far more than just physical attraction.

She said: "This is why dating apps

on looks and looks mean nothing. It's who is that person? We're always talking about a connection. Looks is lust, but a connection is getting to know someone good, bad, all of it."

Davina was particularly moved by one of the dads, Danny, who always FaceTimed his son Ellis when he was making his dinner at night.

Davina said: "Because cooking's lonely. Maria talks a lot about being lonely and these are things that are a bit embarrassing I think, as an exuberant mid-lifer, attractive, fun. But you have to say, 'Look, yeah, I feel a bit lonely'. It's hard saying that."

But Maria would rather be lonely than stay in the wrong relationship.

Maria said: "You get to that age where you think, why would I want my nerves?" Davina admitted being absolutely hopeless at working out which contestants would couple up.

She said: "I take all the people that are going into the retreat and I look at where they live, where they're from, what their interests are. I matchmake everybody and I write down the names and I put it into an envelope.

"Every single one wrong this time. And that was what was interesting about it, there's a lot of connecting happening. There's a couple of people who fancy the same person.

"There's a couple of people who kind of think they like this person and then they move on to someone else.

"We like to call it a relationship show rather than a dating show because it's more than that. It's multi-This series there is a snug where are so funny because you're just going to put up with somebody that gets on layered." This series differs from the

first, of course, because the parents now know that behind the scenes their children are pulling the strings from a bunker down the road.

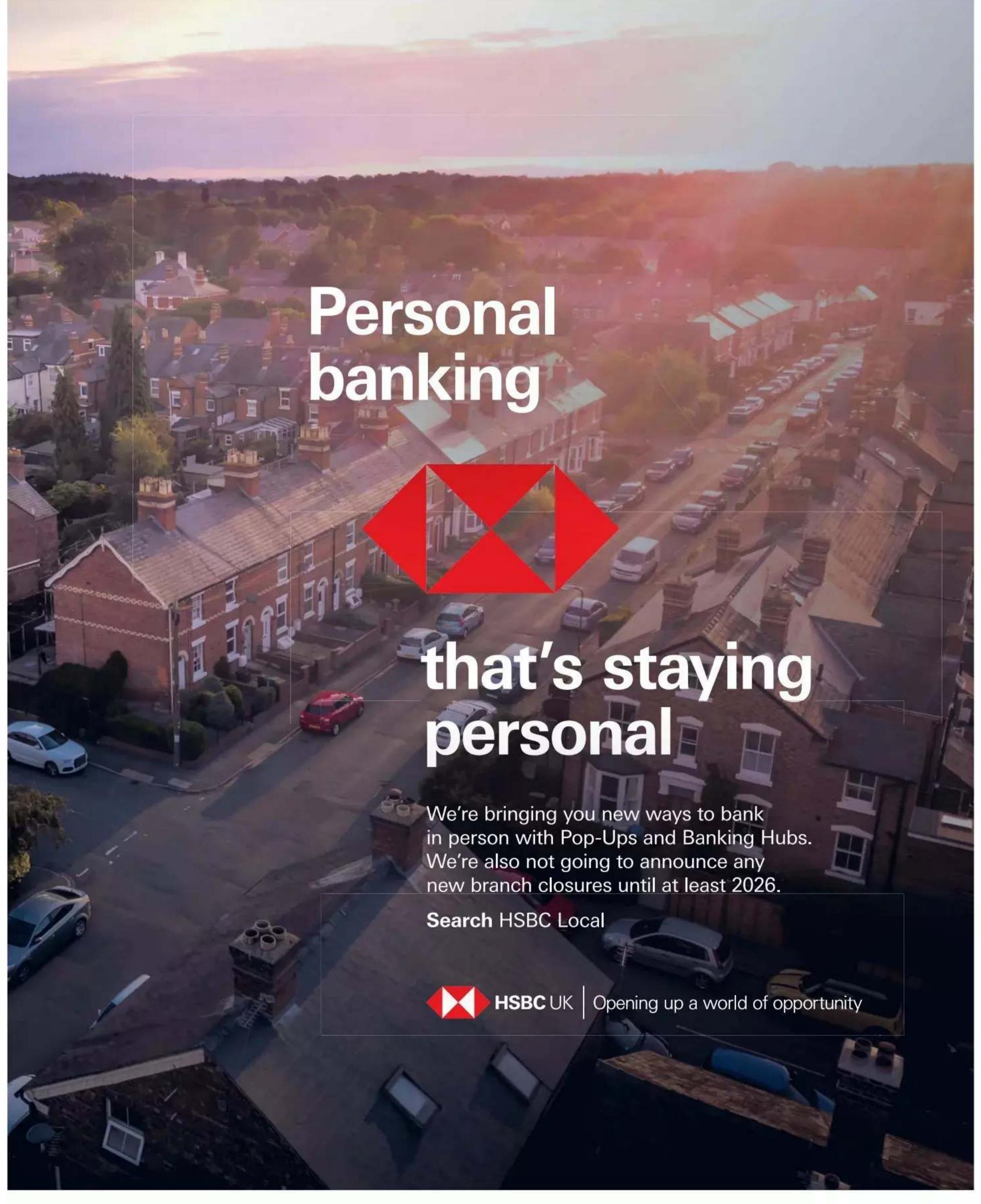
Davina said: "This causes a really nice kind of trust between the parent and child. Messages can get sent on a date from the child to the parent and they read it. Immediately the tears will flow. It's from your kid, it's not from a relationship expert."

She said that despite the competition, the show kept a feelgood vibe.

Davina said: "Everybody wants to help everybody in there. It's a very supportive place, but you cannot hide anything. You are stripped bare."

My Mum, Your Dad starts on ITV on Monday, September 16.

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Sol's cancer fight was hard but we still found joy and laughter

Wife's heartbreaking tribute as Leeds and Cardiff footie star dies aged 39

OUR DAILY PUB QUIZ

Who starred opposite
Day Aykroyd in The
Great Outdoors?

Which modern-day country was home to the civilisation of Mesopotamia?

3Which ancient wonder was a towering statue on the island of Rhodes?

What home colours do Blackburn Rovers play in?

5Which car-maker produced the Countach?

ANSWERS: PAGE 38

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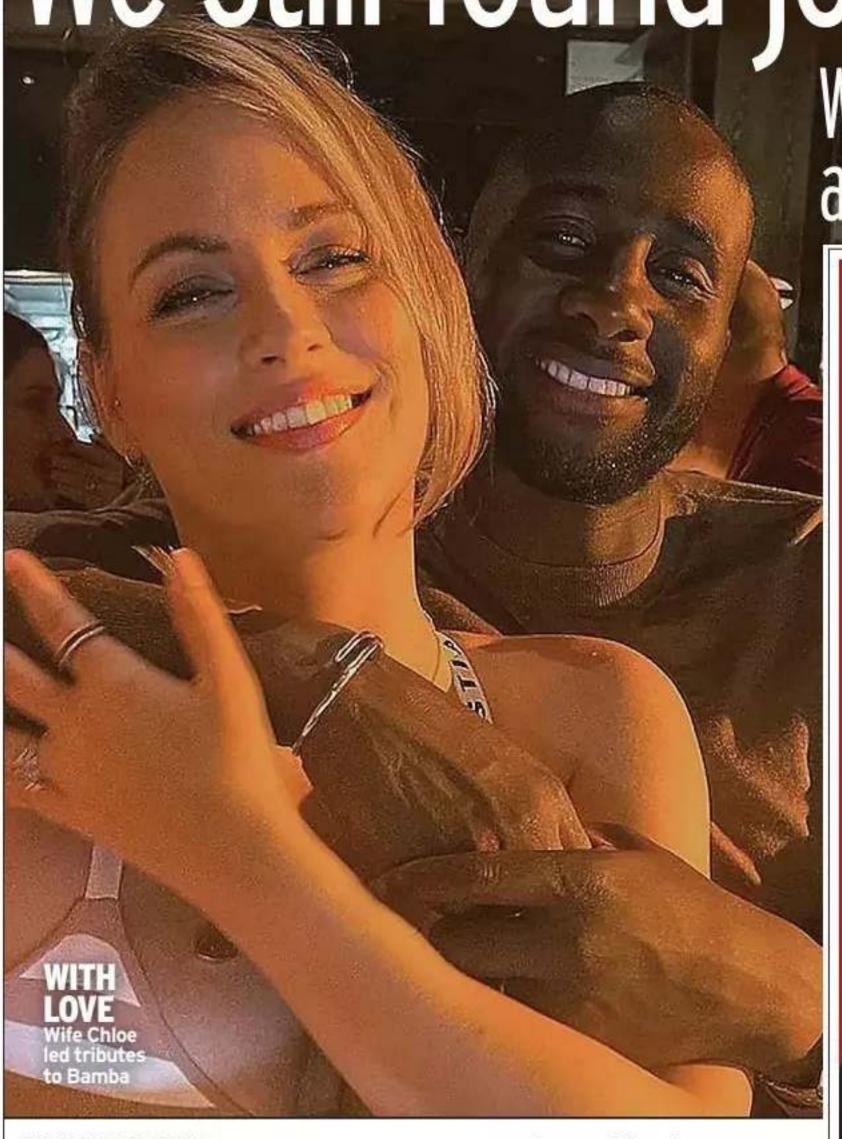




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BY ADAM ASPINALL

FORMER Premier League star Sol Bamba has been hailed for his strength and courage after he died aged 39 following a cancer fight.

The popular former Cardiff City, Leeds, Leicester and Ivory Coast defender was diagnosed with non-Hodgkin lymphoma in 2021.

He fought off the disease and returned to playing that same year but fell ill again and died on Saturday.

Wife Chloe said: "I have watched Sol fight his cancer head-on with an astounding mental and physical strength and stoicism.

"Unfortunately, it was never a fair

HERO Sol Bamba

starred for Cardiff

fight. Just when things were looking up, he took a downturn and finally succumbed.

"These years have been indescribably difficult but we still managed to find joy and laughter. I've experienced my

"Sol accepted his fate as God's will and left this earth knowing, without a shadow of a doubt, that he was loved. I made sure of that." Bamba was

born in France to Ivorian

worst days but also

parents and started his playing career with Paris Saint-Germain.

He played in Scotland for Dunfermline and Hibernian before moving to Leicester in 2011.

It was there he met Chloe and the couple went on to have children Roonea, Lily and Amy.

After spells in Turkey with Trabzonspor, and Italy with Palermo, Bamba returned to England with Leeds before a successful five-year spell at Cardiff.

He ended his playing career with Middlesbrough in 2022 and joined Turkish side Adanaspor this summer after a spell on Cardiff's coaching staff.

director, Souleymane Bamba, unfortunately lost his battle for life. "Our condolences to his family and our community."

Adanaspor said: "Our technical

Cardiff City said: "As a player and coach, Sol's impact on our football club was immeasurable.

"He was a hero to all of us, a leader and a true gentleman. Our thoughts are with his friends, family and everyone lucky enough to know and love Sol."

adam.aspinall@ mirror.co.uk %@MirrorAsp SPORT: P49

QUIZ

I've been busy doing nothing...

"MORNIN', all!" as Dixon of Dock Green might have said, except his show went out at prime time.

It's been six long weeks since the last diary entry. And my, have I been busy. Busy doing nothing, as the song says, working the whole day through, trying to find lots of things not to do...

I sometimes hear from people who have retired that they can't understand how they ever had time to go to work, they're so occupied.

Me? I found time lay heavy on my hands, with only one column a week to write. There's plenty of life in the

PAUL ROUTLEDGE LIFE GOES ON

old scribbler yet, so I'm happy to be back at the word lathe, with news from a snapper-up of unconsidered trifles, as the bard put it.

And Mrs R is here again too, with the mysteries of her pantry under the stone stairs and the exploding kitchen, the one I promise not to mention, but forget to do so.

Then there's the allotment a mile or so away, where I have a running, and mostly losing, battle with greedy

WIN: A SHARE

WITH TODAY'S Mirror

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insects and slugs. It's not a hectic life. There are no celebrities, unless you count the regulars at the Old White Bear, but it goes on.

I'm now the proud owner of Lizzie, a pacemaker named after the surgeon who implanted it, and yesterday I took her for a walk in Glusburn Park. It's a steep hill up but worth it for the views over the Aire Valley to Kildwick church and the moors above likley.

We didn't have TV when Dixon first aired in the 1950s but he's back on Talking Pictures. I wonder what PC49 would have made of the riots?



Make your autumn breezy with a cool £250 in cash to be won

WITH the summer holidays coming to an end, we're giving 20 lucky readers the opportunity to win £250 for all the things you need for the rest of the year.

If you love socialising, want to get prepped for Christmas or even put a deposit on next year's summer holiday, then this is the perfect time to invest your winning cash.

We've all felt the pinch of rising costs, but we're here to help ease the burcen and add a crisp to your autumn days with a cool £250 in cash to be won.

We don't want the rest of your 2024 to take a backseat, and an extra £250 popped straight into your bank account will ensure the good times roll. Whether it's a big adventure or life's simple pleasures, let's make you a winner by entering our competition today. Good luck!

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EXCLUSIVE BY CLAIRE O'BOYLE

t is one of telly's toughest quiz shows, where 99 out of 100 contestants are outwitted by six super-brains. And to join the elite team on ITV's The Chase is near impossible as Jenny Ryan, AKA The Vixen, knows too well.

She went through a year of tests and tryouts before landing the Chaser title.

The reward, though, is starring on one of Britain's best-loved shows, which is today celebrating 15 years on TV with a special anniversary episode.

Since the show began in 2009, thousands have tried to take on the Chasers across more than 2,200 episodes, with £12,249,852 given away so far to the rare winners.

favourite, she explains: "It's like casting a new landlady for the Rover's Return in Corrie. You're not just going to drop any old person in there."

It was Anne "The Governess" Hegerty who recommended Jenny for the show. "It wasn't like there was a vacancy," she says. "If nobody was right for it, nobody was going to get the gig. I quizzed on a quiz league and I was Anne's captain!"

Through more than a year of tests and tryouts, the Bolton-born quizzer went from job to job. "I was a PA, I sold radiators, I was working admin at a tip.

"Until a couple of years before that I was a writer in TV, but the work is so seasonal I couldn't sustain it," she says.

It was her late grandad Kevin, a devoted quizzer, who instilled in Jenny Lifelong quizzer Jenny, 42, wrote a thirst for general knowledge. "I always questions for the pilot series but did wanted to learn new things. He taught not secure her place as one of the me reading, writing and maths, then

THE CHASE'S JENNY RYAN

Growing wanted to ne a quizzer aream job





realised. Twe got to teach her everything else about the world.

"So, in the mornings, we would read laughed me out of the room." the paper and look things up in books watch quiz shows together."

where her University of Leeds team reached the semi-finals, The Chase that gave her a taste of TV.

popular quiz show is

produced by Potato,

part of ITV

Studios.

Mastermind's black chair followed three years later, where her special subject was Buffy the Vampire Slayer. She lost.

"The only quiz I've won on TV was Only Connect, series three, with my teammates.

We only got one trophy, so we swap it every year! When The Chase appeared I thought, 'This is my dream job, isn't down the street, I'm off duty!" it?' I would have loved as a little girl to go to a careers adviser and say, 'I want

to be a professional quizzer, or 'I want to work in TV' - but they'd have

Along with fellow Chasers Mark and then in the afternoons we would Labbett (The Beast), Shaun Wallace (The Dark Destroyer), Paul Sinha (The It was University Challenge in 2003, Sinnerman), Darragh Ennis (The Menace) and ex-teammate The

Governess, Jenny is a star of a show that attracts up to five 15th Anniversary million viewers, with Special airs on ITV1 at questions asked by the 5pm tonight. The legendary Bradley Walsh.

Jenny adds: "The vast majority of fans are a delight. A lot are quite overwhelmed to see you.

"Only occasionally do they have general knowledge questions for me, which is a relief because if I'm walking

features@mirror.co.uk **X**@DailyMirror

Bike shops in Team GB lift

DEMAND for bikes has soared since Team GB's cycling success at the Olympics, figures suggest.

Halfords says interest in its road bikes is up 17% and for BMXes it is 27%.

Katie Begley, head of cycling at the retailer, said: "It's clear the increase was down to the Games, as the categories we saw the largest rises in were those prominently featured in TV coverage over the period."

Halfords added demand for women's bikes is up 10% more than for men's.

Three thin muscles that do the heavy lifting for Eddie

BY NILIMA MARSHALL

THE secret to strongman Eddie Hall's power may lie in three long, thin leg muscles, scientists have discovered.

Known as "guy ropes" muscles, the sartorius, gracilis and semitendinosus stabilise the pelvis and thighs.

Tests on Eddie, 36, at Loughborough University showed his guy ropes muscles were 140% to 202% larger than those of men who did not strength train. Jona-

POWERHOUSE Eddie Hall

than Folland, of Loughborough's School of Sport, Exercise and Health Sciences, said: "These muscles have had very little attention scientifically. They are more important for lifting and carrying very heavy loads than previously thought."

Eddie, who is best known for his world-record 500kg deadlift in 2016, said: "It's been very interesting to learn how your muscles react and the tendons react to the forces I've been putting through my body."



AS the nights draw in and we look forward to enjoying cooler but crisp autumn days, Dobbies Garden Centres across the UK have everything you need to help transform your home into a cosy haven.

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ILE live it well

n autism diagnosis can be life-changing, helping a neurodivergent child understand why they struggle with aspects of school, friendship and their home life. While, for adults it can provide a huge sense of relief and insight into years of burnout, sensory overload and meltdowns.

Yet waiting lists for autism diagnoses are soaring with a staggering 187,000 people waiting for an NHS assessment in England – a 22 per cent increase on last year.

But these delays in diagnosis can mean a life of difficulty for people with autism, like TV personality Christine McGuinness, who has spoken about her own diagnosis at 33, saying it helped her to understand "why I am the way I am".

TV and radio presenter Melanie Sykes also described her relief at discovering she was autistic at the age of 51.

"I am wired a completely different way and I'm only just understanding it," she said recently.

"Where I used to think 'what's wrong with me?' Now I know it's everything that's right with me."

Autism is a neurological disorder on a spectrum of severity which affects

I now realise

that I often

took things

the wrong

way. I take

very literally

things

how people interact with others, communicate and learn.

A diagnosis
helps people to
access the tools
they need to cope,
according to Mel
Merritt, Head of
Policy and
Campaigns at the

National Autistic Society.

"An autism assessment can be the first step to understanding people's needs and although they shouldn't be, people are often told they can't get support without a diagnosis," she says.

The British Medical Association estimates that 700,000 people in the UK have a diagnosis of autism, with one in 100 being children.

But there are many more out there, of all ages, who are undiagnosed.

We spoke to three people who were only assessed as adults, all of whom say they wish it had happened sooner.

Melanie Sykes

and Christine

McGuinness



With waiting lists autism diagnose soaring, Lydia Veljanovski me neurodivergent who wish they'd learned why the 'different' earlier

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Science journalist Sue Nelson, 63, who lives with her husband in Hertfordshire, was 60 when she was finally diagnosed as autistic

The doctor told me at the time I was the oldest person he'd ever met with that belated diagnosis," says Sue.

It was during the pandemic, while spending days at home that things finally came to a

head. A successful broadcaster with a physics degree, she says her sensory processing issues became unbearably acute.

"I'm very sensitive to sounds. There was a shower fan I could hear through the wall of the bedroom, and it hurt my ears. At one point it made me cry and lie on the bed in a foetal position.

"All my sensitivities went crazy. I was Su worse in daylight. The sun was too bright temp and I was wearing sunglasses all the time.



adm litera "I still t thing "I boyf the s Plan Su



particular about certain foods, colours, clothing textures. I still won't eat orange and yellow on the same plate," she said,

itting she can also take things too ally, or offend people unintentionally. now realise that I often took - and can ake - things the wrong way. I do take as very literally," she says.

think my diagnosis explains why three riends during my 20s all bought me same book, Difficult Women by David te," she says.

ue also struggled to control her per growing up, "Things can whelm me and when things get too obsessively and collecting stamps."

She feels her obsessive traits have made her an excellent researcher, which has been an asset in her job.

"I do get what's called hyperfocus, where, quite literally, three hours can go past, and it's like a dream. It's like entering a magical kingdom of the brain."

Long waiting lists meant Sue had her assessment privately, but she feels the diagnosis has helped her enormously, as she started having therapy.

"That helped with the anxiety side of things," she says. "I really feel for anybody who thinks they might be autistic and can't get an autism assessment, because it's so important for their mental health.

The Ultimate Guide to ADHD, Autism and Neurodivergence. Although Ellie struggled as a young child, it was at her all-girls high school that things really became hard

There were all of these silent rules that exist in social groups and I never knew what they

were. I need direct communication," she says. She bounced from

friendship group to friendship group, after things inevitably turned sour when she said something wrong.

"From about 15, I started having what I was told were panic attacks. I'd get really

struggled and was bed-bound for about six months," she says.

This prevented her from going to university and saw her suffering burnout in jobs.

Keen to fix her issues, Ellie worked on self-help.

"I was doing all these different types of therapy

You get to a

thinking you

are an awful

point of

person

genuinely

that they'd suggested to me, reading selfhelp books,

and doing

everything I

possibly could, but still, no matter what I did, I always ended up back crashing and

"You get to a point of genuinely thinking, 'I must be an awful person. I must just not be nice to be around. I must be unlovable.' This is because you don't have any explanation for why

> When she was diagnosed with autism at 24, Ellie, who has another book, How To Be You, out this autumn, says it was a game-changer.

"You just have the context of what operating system you're working on. You can find ways to be more kind to yourself and to like working and living in a way better suited to the way

GAME-CHANGER Author Ellie is kinder to herself

you function.



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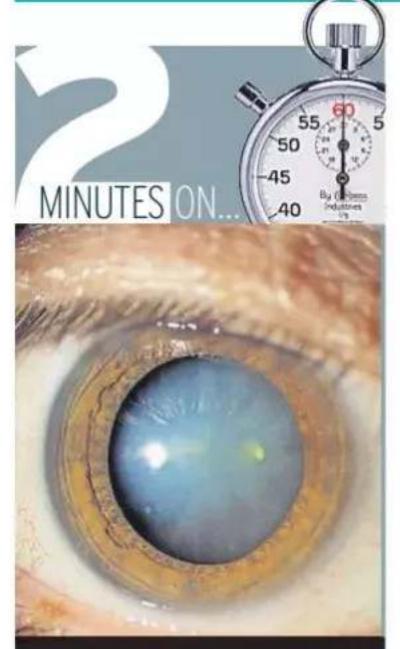
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DR MIRIAM STOPPARD





Cataract surgery

What is it?

Cataracts make the lenses in our eyes cloudy, making vision blurry. They're almost inevitable with age and are small crystal opacities that form in the lens. You can have a cloudy lens inside your eye removed and an artificial one inserted with very simple surgery, even while you're awake.

After assessment, a specialist eye doctor (ophthalmologist) will discuss whether you'd like near sight or long sight, the risks and benefits of surgery, if you'll need glasses after surgery, and how long you'll take to fully recover.

The operation

Under local anaesthetic, cataract surgery usually takes 30 to 45 minutes as a day patient. The surgeon makes a tiny cut in your eye to remove the cloudy lens and replace it with a clear plastic one.

Both eyes can be treated on the same day or a few weeks apart.

Post op

At home you'll wear a pad and plastic shield over your eye for 24 hours.

Feeling should start to return to your eye within a few hours, but it may take a few days for your vision to return fully. You may experience grittiness of the eye, watering, blurred vision, double vision, and a red or bloodshot eye which usually gets better within days. If you need new glasses, you'll get them after your eye has completely healed.

Before you leave hospital, you'll be given eye drops to help your eye heal and prevent infection.

Saving lives spotting heart failuré in females faster

ll the initial research on heart disease was done on men. It took a long time for women to catch up. This latest research from East Anglia University is a further catch up, helping to diagnose heart failure in women - meaning more female patients can be treated at an earlier stage.

Research teams from the Universities of East Anglia (UEA), Sheffield and Leeds, have fine-tuned how MRI scans (magnetic resonance imaging) can be used to detect heart failure in women's hearts, making it more accurate.

This result in 16.5% more diagnoses. "This improved method will increase early detection, meaning more women can get life-saving treatment sooner," says lead author Dr Pankaj Garg of UEA.

"This could have huge impact in the NHS, which diagnoses around 200,000 patients with heart failure each year."

When a heart starts to fail, it is unable to pump blood out effectively, and so the pressure in the heart rises. So one of the best ways of diagnosing heart failure is to measure pressures inside the heart with a tube called a catheter. It's accurate but carries a risk.

So doctors use echocardiograms, based on ultrasound, to assess heart

function, though they are inaccurate in up to 50% of cases. quite accurate enough to diagnose

MRI is much more accurate but not heart failure in women, especially in early or borderline disease.

According to co-author Professor Andy Swift of Sheffield's School of Medicine: "Women's hearts are biologically different to men's.

"Our work suggests that in heart failure, women's hearts may respond differently in response to increases in pressure."

Heart failure is classed differently, depending on the amount of blood pumped out of the main chamber of the heart with every beat, known as the heart's ejection fraction.

Women suffer disproportionately from a type of heart failure where the

Women's hearts

are biologically

different to

those of men

pumping function of the heart is preserved but the ability of the heart to relax between beats and fill with blood is impaired.

Co-author Dr Peter Swoboda, of Leeds'

Faculty of Medicine, said: "This research will help diagnose heart failure in women more quickly and get them established on life-saving treatments sooner."

Experts agree this research is very positive because it paves the way for thousands of people to get diagnosed and treated at an earlier stage. For some time the Women's Health Strategy for England has been asking for more research that looks at the differences between how conditions affect men and women.

About time that the inadequacies between genders is corrected.

I'm putting on a lot of weight and I've always been a bad sleeper. I've heard that poor sleep can lead to piling on the pounds. Is that true?

Yes, it is. Sleep and appetite are connected. We've known for some time that getting a good night's sleep of around seven hours helps to control our weight.

This is because sound sleep regulates two hormones integral to hunger and appetite - leptin and ghrelin. Ghrelin makes you feel hungry and leptin makes you feel full. Poor sleep can raise ghrelin levels

and increase the number of calories you consume. There's a recent study that demonstrates this.

For the study, 80 overweight adults (BMI

25-30) who slept less than 6.5 hours a night got individualised sleep counselling or nothing at all as a control, then two weeks of sleep monitoring.

The more they slept, the less they ate. Sleep duration increased by around 1.2 hours in the intervention group compared to the control group and food intake fell by 270 calories a day.

There you have it.

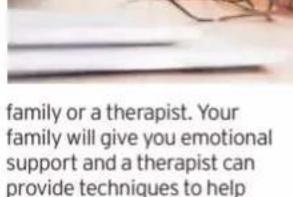
FOR BURNOUT

What is it?

It's when you feel so exhausted physically and mentally that you can't go on and it affects your daily life and relationships. So is there anything you can do?

Yes, there is! But first you have to realise and recognise that is what's happening to you. It's difficult to admit as it makes you feel like you have failed. But you haven't. Recognising and actively doing something about it actually shows you're strong.

Talking should be your next step, whether it's with your



Next, talk to your manager or HR department and together come up with new goals and objectives, making sure to incorporate breaks

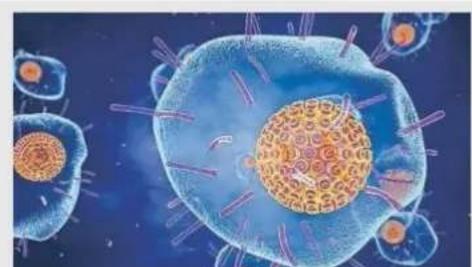
you overcome your burnout.

into your schedule.

If you're constantly under stress, then consider daily exercise.

It doesn't have to be strenuous - a half-an-hour walk a day will do wonders.

And finally, make time for yourself when you can to relax and recharge.



Ramsay

Ramsay Hunt syndrome (RHS) is a cause of facial paralysis, where the nerve that supplies the muscles in the face stops working properly.

It's caused by the shingles virus (varicella zoster), and can potentially happen to anyone who has had chicken pox. The face

becomes paralysed and sometimes the whole of one side of the face can't move.

The condition will get better though.

If antiviral drugs, steroids, or painkillers are given within three days of symptoms first appearing, around 70% of patients make a full recovery.



Assisted by Hajni Domokos



syndrome

Hunt



A FATHER'S SECRET SHAME, A DAUGHTER'S LIVING HELL...

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'What mattered was that someone listened to me. Someone believed me after 25 years. That means everything.'





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DEAR COLEEN



Dear Coleen

I'd been seeing my girlfriend for six months when she told me she was pregnant. It wasn't part of our plan - I'm 21 and she is only 19.

When I found out, I was scared out of my mind and also worried about what my parents and mates would think. It was a lot to get my head around, but my mum and dad have been supportive, and so have my grandparents. Once my family got past the shock, they were excited about the baby.

Now, though, everything is destroyed as my girlfriend's ex-best friend told me the baby isn't mine. She had a big fight with my girlfriend and to get back at her, she told me about the baby.

and she admitted it was true. Apparently, the dates mean there's no way the baby can be mine. But instead of thinking about me and my family, and showing some remorse for the baby isn't mine cheating and lying, she went off on one about what a cow her together any more." friend is for telling me!

I'm done with her. I can't be saying it is worse with someone who can lie so easily about something this big. I haven't had the guts to tell my family yet, as I know it's going to upset them. I need some advice.

Coleen says

Please tell your family and let them be there for you. You're not responsible for your

ex-girlfriend's behaviour or her baby - your ex cheated and I confronted my girlfriend lies. Your family might be shocked (again) and lot to process. disappointed, but they won't be angry with you. All you have to say is: "I'm sorry, I've got bad told you because your ex might news; my girlfriend admitted have kept the lie going, only for

and we're not

Thinking about My family than just saying it and, when you do, it'll be a huge relief. Your parents might

worried about you having such a lot of responsibility at 21.

I know this is horrible for you and it's not only about the

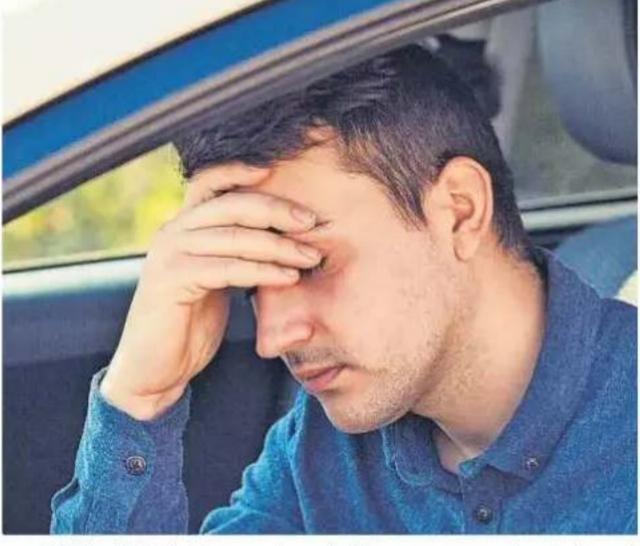
your relationship is over. It's a

But I think you'll look back on this time and be glad this friend

you to find out the truth years down the line. You know now what kind of person she is and that you're better off without her.

Your family have been fantastic, but

even be secretly pleased you haven't let them down because I'm sure they were this is on your ex. One day you will meet someone special who loves you and you might have a baby together, and your family will be thrilled for you.



were so

the baby

excited about

dearcoleen@mirror.co.uk

Sitting around overthinking things can lead to unhappiness, anxiety and even panic. On the other hand, taking action and doing things will improve your mood and give you a sense of purpose and control. Don't get stuck in your head!

TODLLIVIO: Tell Coleen Nolan about them and she'll give you an honest answer... every weekday in the Daily Mirror

EMAIL: dearcoleen@mirror.co.uk - sorry, but Coleen can't reply personally WRITE TO: Coleen Nolan, The Daily Mirror, One Canada Square, London E14 5AP

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Tiny Rechargeable Hearing Device SO EASY TO USE!

If you struggle to hear people on the phone, think people are mumbling, have difficulty keeping up with conversations, or turn up the TV louder than others then help is at hand!

Using the latest digital technology you can enhance your hearing and live life to the full with the new **MICRO Infini-Ear**.

DISCREET DESIGN

This amazing new super small device fits in your ear - in fact it's so discreet you can hardly notice it. Simply slip it in your ear and adjust the volume to suit your hearing needs and away you go! The design is so compact and comfortable you'll soon forget you're wearing it.

ADVANCED DIGITAL TECHNOLOGY

The advanced microelectronic amplification circuitry will give you enhanced hearing without any whistles or interference that you find with cheaper imitations. And because we are selling direct to customers we are able to offer the **MICRO** Infini-Ear at an affordable price. Other companies like you to believe that improved hearing costs a fortune, but not with MICRO Infini-Ear.

NO MORE BATTERIES!

And what's more you'll never have to worry about the cost or having to replace batteries. The MICRO Infini-Ear is fully rechargeable! All you need to do is pop it into the charger and turn it on. You can charge it while you sleep. It's so much more convenient than having to fiddle about with batteries. As it doesn't need to carry batteries it's smaller than other devices. Ditch your old-fashioned fiddly device and try the new MICRO Infini-Ear.

RECHARGEABLE

Buying direct you can be 100% confident

that you are paying the lowest price. Order

today, try it at home, talk to friends, watch TV,

go to the cinema, and hear for yourself the

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As part of our introductory launch we are selling the MICRO Infini-Ear at half price, saving £49.95. What's more you can save a further £20.00 when you order 2 MICRO Infini-Ears. The MICRO Infini-Ear comes complete with charging unit which also doubles up as a storage case.

difference. You'll be amazed at the superior quality sound amplification.

**** 5-STAR REVIEWS ****

66 I've tried so many hearing devices, but this is the BEST! And no batteries to buy! ??

James Hare



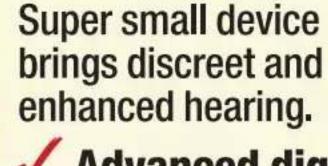
66The MICRO Infini's are so small you hardly notice them, -I'm just so glad I tried them. I would highly recommend them to anyone with hearing problems. 99 Fiona Johnson



66 My hearing is now crystal clear thanks to MICRO Infini-Ear, and it's so discreet and comfortable. 99 Jenny Martin







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- **Best Price Promise**

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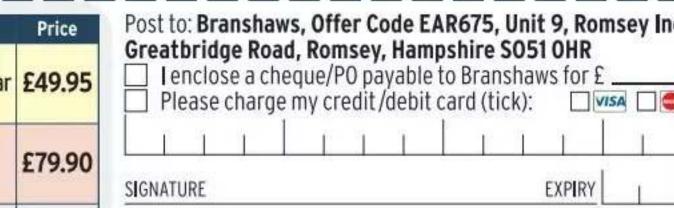
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TODAY'S TV

with SARA WALLIS

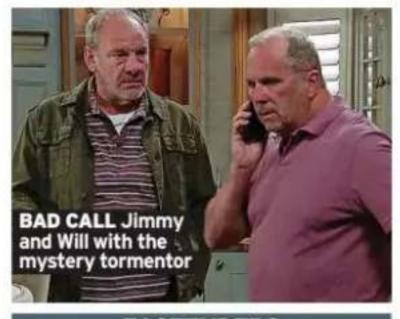
EMMERDALE

ITV1, 7.30pm

Satisfied his tormentor can only be Rose, Will decides to call the mystery number. Jimmy is aghast at Will's brazen approach as he shouts down the phone to 'Rose'.

Then Will sees a video of her in Ibiza and realises the phone didn't ring with an international dial tone.

Nate is torn over the Scotland job offer. Belle is devastated to find out there'll be no disclosure after her Clare's Law application. Tom is watching and enjoys her distress.



EASTENDERS

BBC1, 7.30pm

It's the day of Dean's trial. Sharon is accosted by Bernie and protests her innocence again. Linda tries to support Sharon, who is also upset to be missing Albie's first day at school.

In court, Sharon crumbles under the pressure of her cross-examination when information about her past is dredged up.

A situation quickly escalates that could have huge repercussions for The Six.

Mo gives Stacey some pearls of wisdom before Stacey has to give her witness statement.

CORONATION STREET

ITV1, 8pm

While visiting Lauren in hospital and discovering Dee-Dee there, Joel issues another threat. Reporting it to Lisa,



Dee-Dee learns that Joel used to work for a firm that helped vulnerable young people.

Meanwhile, Jack prepares for his day in court. With the plea hearing over, Kevin chats to him while Abi watches

Stefan and a woman having a heated row. Paul is delighted as Gemma calls at the flat with Joseph and the quads are ready for their first day at school.

In the **DAILY MIRROR** Saturday



All the new shows, soap news and 7-day listings

More TV and film news online at mirror.co.uk/tv





ITV1, 9pm

GRITTY, hard-hitting and very timely, The Tower returns for a third series.

It starts with the late-night stabbing of a teenage boy. As the 15-year-old bleeds to death, his friend screams for help – neither of them has a phone.

An off-duty paramedic does what he can, but can't stop the bleeding. He then rounds on our heroine, DS Sarah Collins (Gemma Whelan): "I told him 'you're gonna be OK'. When are you going to stop this?"

The series taps straight into the issue of knife crime on our streets.

In another scene, news on a radio blares: "This is the 14th fatal stabbing this year amid a rising tide of gang violence. Why are the police so helpless to stop it?"

COVERT

There's another case where a young lad is arrested on suspicion of assault after punching someone at a shopping mall and hospitalising him.

Everything is linked and there's something much bigger going on.

As huge pressure and dissatisfaction with the police grows, Collins is determined to crack the case. But why is no one giving her any information?

Her investigation soon finds itself at cross purposes with a covert operation led by Kieran Shaw (Emmett J Scanlan), who is working with Sarah's old partner, Steve Bradshaw (Jimmy Akingbola), now deep undercover.

Meanwhile Lizzie Adama (Tahirah Sharif), is back at Farlow trying to balance her new role as a detective with family life. Her path and Kieran's are about to cross.



WITH MUM & DAD

More 4, 9pm

Matt's mum Janice is giving Stanley the cockerel a blowdry. He is getting spruced up for the Northumberland County Show and needs to look his best.

Meanwhile, Matt's dad Mike squeezes the newest member of their family, puppy Archie, into the back seat, who will now come along for the ride.

The premise of this show is Matt joins his parents, who have barely ever left their Durham hill farm due to farming demands, to go on excursions close to home.

Matt has secured the keys to world-class landmarks on their doorstep, all revealing the secrets of their beloved North East.

The best bits are when they're driving along with Janice offering random snacks from the back seat.

"Extra Strong Mint, anyone?"

This time they head to the Northumberland County Show -North East England's biggest annual celebration of all things countryside - going behind the scenes and helping prep some of the award-winning animals.

CAN WE LIVE WITHOUT OUR PHONES?

BBC1, 8pm

We've all thought about it - and possibly shudder at the prospect... but imagine life without our phones.

Smartphones are fast becoming our lifelines, with access to our banking, credit cards, shopping, emails, contacts, not to mention our social lives and unlimited time-eating nonsense.

But being permanently attached to a smartphone, addicted to a device, is not good - and certainly not for kids.

So what happens when they are taken away from children for a whole week? With the help of two families and lots of remote cameras, Panorama finds out here.

Does having their phones taken away mean they talk to their parents more and sleep better, or are they missing out on vital conversations with friends and the chance to discover something new?

With calls for smartphones to be banned for children, journalist Marianna Spring speaks to parents, teenagers and social media company insiders to investigate whether the content pushed to their feeds is harming them.

This is one experiment you may wish to try at home.



programmes are listed in British Summer Time (BST).

film ratings

**** Brilliant **** Very Good Good ** Average

(R) Repeat

Bad

BBC ONE

6.00am Breakfast News headlines. 9.30 Morning Live Magazine.

10.45 Maximum Security previews 11.15 Homes Under the Hammer Properties in Carlisle, Rosyth and Shepherd's Bush. (R)

> 12.15pm Bargain Hunt 1.00 BBC News at One; Weather

2.00 Doctors Ruhma's night out with Rob puts her in a potentially dangerous position.

2.30 Make It at Market Dominic Chinea helps an upholsterer from Huddersfield and a blacksmith from Edinburgh. (R)

3.00 Escape to the Country Jules helps a couple from Kent to find a property in Cornwall.

3.45 Antiques Road Trip Auctioneer Hettie Jago takes on dealer Tim Medhurst.

4.30 The Answer Run Jason Manford hosts the guiz show the where three couples face a series of 50/50 questions.

5.15 Pointless Quiz show. Alexander Armstrong is joined by co-host Desiree Burch.

6.00 BBC News at Six; Weather 6.30 Regional News; Weather

BBC TWO

6.30am Bargain Hunt (R) 7.15 Antiques Road Trip (R) 8.00 Sign Zone: The Repair Shop Restoring a broken ring. (R)

9.00 BBC News

12.15pm Politics Live Reports. 1.00 Head Hunters Quiz. (R)

1.45 Bridge of Lies Quiz show. (R)

2.30 My Unique B&B (R) 3.00 MasterChef: The Professionals (R)

4.00 Home Away from Home (R)

4.45 More Creatures Great and Small Following the lives and work of rural vets. (R)

5.15 Flog It! The team visit Blackpool Tower Circus. (R)

6.00 Richard Osman's House of Games Kirsten O'Brien. Christine Ohuruogu, Mike

Bubbins and Kai Widdrington

take part in the quiz show. (R) 6.30 Great British Railway Journeys Michael Portillo begins a journey from the Midlands to the West Country, visiting Derby's famous 19th-century railway works and the Walkers crisps factory in Leicester. (R)

6.00am Good Morning Britain A lively mix of news, current

affairs and lifestyle features. 9.00 Lorraine Entertainment news.

10.00 This Morning Topical daily magazine, featuring a mix of celebrity chat, showbusiness news, advice and discussion.

12.30pm Loose Women Debate.

1.30 ITV News; Weather

1.55 Regional News; Weather 2.00 Dickinson's Real Deal David

Dickinson and his team assess items brought in by members of the public in Swindon. (R)

3.00 Lingo Adil Ray hosts as contestants try to work out words that appear in the grids.

3.59 Regional Weather

4.00 Tipping Point Quiz show.

5.00 The Chase: 15th

Anniversary Special Bradley Walsh hosts as the programme celebrates its 15th anniversary with a special episode in which the four contestants take on not one but two Chasers.

6.00 Regional News; Weather 6.30 ITV Evening News; Weather

CHANNEL 4

6.10am Everybody Loves Raymond Double bill. (R)

7.00 Paralympics Paris Breakfast Billy Monger and Vick Hope present live coverage of day five from the French capital, including the start of the day's para triathlon action at Pont Alexandre III, where ParalympicsGB's Alison Peasgood is medal hunting in the PTVI class.

10.55 Channel 4 News Summary 11.00 Paralympics Paris

2024 JJ Chalmers presents further coverage of day five, including boccia, wheelchair rugby and wheelchair tennis.

1.00pm IVE Paralympics Paris

2024 JJ Chalmers presents further live coverage from Paris, as the wheelchair rugby and wheelchair tennis events continue on day five.

3.00 Paralympics Paris 2024 Clare Balding and Rose Ayling-Ellis presents more coverage of day five of the Games, including para swimming at Paris La Defense.

6.00 Channel 4 News

CHANNEL 5

6.00am Milkshake! Children's TV. 9.15 Jeremy Vine Discussion.

11.30 Storm Huntley Debate.

12.45pm Friends Double bill. (R) 1.40 5 News at Lunchtime

1.45 Home and Away Harper unpacks her news and Dana's true feelings emerge. (R)

2.15 [IIM] Three Bedrooms, One Corpse: An Aurora Teagarden Mystery (2016, PG) The former librarian turns her talents to the real estate business, but a grim discovery plunges her into another murder mystery. Drama, starring Candace Cameron Bure and Peter Benson. ***

4.00 NEW Bargain-Loving Brits in the Sun Documentary following Brits who moved to Spain, with Shane's mum visiting him 14 weeks after he and partner Chrissy opened their pool-side bar.

5.00 5 News at 5

6.00 Dogs Behaving (Very) Badly Graeme Hall calms down a Great Dane with a not-so-great

attitude. (R); 5 News Update

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midnight

7.00 The One Show Live magazine show with celebrity interviews.

7.30 EastEnders On the day of Dean's trial, Sharon continues to protest her innocence to Bernie and chaos in the court room could have huge repercussions for The Six.

8.00 Can We Live Without Our Phones? - Panorama An experiment in which two families live without their

smartphones for a week. 8.30 Scam Interceptors Jim Browning looks into who is behind scam call centres. (R)

9.00 Sherwood Out of options, the police and the Sparrows must work together to try and bring down the Bransons. Ryan takes advantage of the new power vacuum by setting up his own operation. Drama, starring David Morrissey.

10.00 BBC News at Ten 10.30 Regional News; Weather 10.40 In My Own Words: Billy

Connolly The legendary comedian looks back on his life, reflecting on the joys of growing older and wiser and his triumphs and failings as an entertainer, husband and dad,

11.25 Have I Got News for You Alexander Armstrong hosts, as Maisie Adam and Camilla Long join in the fun on the satirical current affairs quiz, alongside team captains lan Hislop and Paul Merton. (R)

11.55 The Repair Shop Experts restore a ring from the Second World War, a pair of curling stones from 1979, a damaged wooden figurine of a chef and a vintage film poster. (R)

12.55am Weather for the Week Ahead 1.00-6.00am BBC News

7.00 Today at the Test England v Sri Lanka, Highlights of the fifth and final day of the Second Test in the threematch series, held at Lord's. London. The last five contests between the teams here in this format had ended in draws.

8.00 Only Connect Victoria Coren Mitchell hosts another firstround match as the Harmonics take on the Cat Cows.

8.30 University Challenge Amol Rajan hosts as the University of Warwick takes on the University of East Anglia.

9.00 Forensics: The Real CSI Investigators examine the home of a man covered in blood who hands himself into the police declaring he has murdered his wife, but who also claims to have no memory of the incident. (R)

10.00 We Might Regret This

Freya is initially thrilled when her new powerchair arrives, but her mood suddenly darkens after her first go in it, while Abe suggests that he and Jane attend therapy.

10.30 Newsnight Headline analysis.

11.05 FILM Waves (2019, 15) A high-school student's life spirals out of control after he suffers an injury and his girlfriend falls pregnant. Drama, starring Kelvin Harrison Jr, Lucas Hedges and Taylor Russell. ***

1.15am Sign Zone: Countryfile. The results of this year's Countryfile Photographic Competition. (R) 2.10 Sign Zone: Celebrity MasterChef. Christine McGuinness, Tamer Hassan and Emma Thynn compete. (R) 3.10 Sign Zone: Clean It, Fix It (R) 3.55-6.30am This Is BBC Two

7.30 Emmerdale Long-running soap following the ups and downs of village life amid the rolling scenery of the Yorkshire Dales. In tonight's episode, Will and Jimmy are left baffled. Meanwhile, Nate is torn, and Belle is devastated.

8.00 Coronation Street Dee-Dee digs for dirt on Joel with his former employer, a nervous Jack appears in court, Betsy puts Dylan in the friend-zone, the guads have their first day at school, and Stefan's wife Coral introduces herself to Abi.

9.00 NEW The Tower DS Sarah Collins is called to the brutal stabbing of a teenager, but her investigation soon finds itself at cross purposes with a covert operation led by Kieran Shaw, who is working with her old partner Steve Bradshaw.

10.00 ITV News at Ten; Weather 10.30 Regional News; Weather

10.45 Heathrow: Britain's Busiest Airport Staff at the airport deal with one of the UK's worst winter storms, and a rookie passenger experience manager finds himself dealing with his first emergency fire. (R)

11.15 Olivia Attwood's Bad Boyfriends The eight men are

sent to Olivia's brutal caravan park Brozone, where they must go back to basics as part of the first phase of the project, Separation and Reflection. (R)

12.05am Shop on TV 3.00 The Best of Saint & Greavsie. Jimmy Greaves visits his former club AC Milan, there is a profile of a stock car racing football director, and Dean Saunders swaps life as a Liverpool striker for life as a jockey (R) 3.50 Unwind with ITV 5.05-6.00am | 4.55 Frasier (R) 5.45-6.10am Lingo. Quiz hosted by Adil Ray. (R)

6.30 Paralympics Paris

2024 Ade Adepitan is joined by Clare Balding for more coverage from day five of the Games in the French capital. On the Stade de France track. Jonnie Peacock looks to reclaim his Paralympic title, as he sprints for gold in the men's T64 100m final, Peacock was one of the key figures at the London 2012 Paralympics and he took gold in Rio in 2016 too. In Tokyo, he clinched a bronze, but this fierce competitor is sure to come out all guns blazing for the win.

9.30 The Last Leg in Paris Adam Hills, Alex Brooker and Josh Widdicombe are live in Paris throughout the Games to reflect and give their unique take on the day's events - all with their usual comedic twist. Live studio guests on day five include comedian Matt Lucas and presenter Gabby Logan.

10.30 Paralympics Paris

Highlights Action from day five in the French capital. Boccia great David Smith went for a fourth Paralympic gold medal, while on the Stade de France track, sprinter Jonnie Peacock looked to regain his 100m title after earning a still-excellent bronze in Tokyo.

11.35 8 Out of 10 Cats Does Countdown Jimmy Carr hosts as Jon Richardson and Harriet Kemsley take on Lee Mack and Munya Chawawa. (R)

12.30am 24 Hours in A&E (R) 1.25 Ramsay's Kitchen Nightmares USA (R) 2.15 The Secret Life of the Zoo (R) 3.10 The Dog House (R) 4.05 Kirstie and Phil's Love It or List It: Brilliant Builds (R) 4.30 Food Unwrapped (R) Everybody Loves Raymond (R)

7.00 Traffic Cops A busy bank holiday weekend for North Yorkshire's officers sees a day trip to Scarborough turn into a high-speed pursuit, and for two women caught up in the chase, it's an unexpected nightmare. (R); 5 News Update

8.00 NEW Police Interceptors The return of the documentary following the work of high-

speed police interception units. In Rushden, Leigh Goodwin revisits two cannabis factories with a combined total of nearly 2,000 plants.

9.00 Gang Wars - Police: Suspect No 1 Special In this edition, detectives are tasked with bringing down the Norfolkbased Lewis drugs gang, and in particular the man at the top who oversees the selling and dealing of crack cocaine and heroin at street level. Can they stop the gang in their tracks before someone is killed? (R)

10.30 999: Critical Condition Documentary following staff at Stoke's Royal University Hospital. A one-punch attack leaves a man with a potentially devastating brain injury. (R)

11.25 Police: Night Shift 999 The police mobilise a large-scale manhunt with a firearms team, eight response cars, dog units and a helicopter after a woman has her car stolen. Elsewhere, a man is arrested for drunk and disorderly. (R)

12.25am Traffic Cops. Documentary. (R) 1.20 PlayOJO Live Casino Show 3.20 Being Freddie Mercury: Under Pressure (R) 4.25 Great Scientists (R) 4.50 Wildlife SOS (R) 5.15 Divine Designs (R) 5.40 Entertainment News on 5 5.50-6.00am Thomas & Friends: Big World! Big Adventures! (R)

ITV2 Freeview 6

- 6.00am CITV 9.00 Totally Bonkers Guinness World Records 10.00 Secret Crush 12.00noon Dress to Impress 1.00 Ant & Dec's Limitless Win 2.00 Celebrity Supermarket Sweep 3.00 Charmed 4.00 Dawson's Creek 5.00 Dress to Impress
- 6.00 Celebrity Catchphrase With Charlotte Church, Melvin Odoom and Katherine Ryan. Stephen Mulhern hosts.
- 7.00 Ant & Dec's Limitless Win Married couple Paul and Ellie continue their game. 8.00 Bob's Burgers Double bill.
- 9.00 Olivia Attwood's Bad Boyfriends The eight bad boyfriends go back to basics in the brutal Brozone.
- 10.00 Family Guy Meg agrees to be a surrogate for Bruce and Jeffrey.
- 10.30 American Dad! Double bill. 11.30 Family Guy Joe takes revenge.
- 12.00m't American Dad! 12.30 Bob's Burgers. Double bill. 1.30 Totally Bonkers Guinness World Records 2.35 Unwind with ITV 3.00-6.00am Teleshopping

Freeview 19 U&DAVE

- 6.00am Teleshopping 7.10 Whose Line Is It Anyway? USA 8.00 Cop Car Workshop 10.00 Extreme Fishing with Robson Green 12.00noon Storage Hunters UK: four episodes 2.00 Robson's Extreme Fishing Challenge 3.00 Top Gear: double bill. 5.00 Rick Stein's Long Weekends
- 6.00 Rick Stein's Long Weekends Rick visits the home of New Nordic cuisine.
- 7.00 Would I Lie to You? With Kevin Bishop, Brian Blessed, Josh Widdicombe and Kate Williams. Rob Brydon hosts.
- 7.40 Richard Osman's House of Games 9.00 QI XL With guests Liza Tarbuck,
- Susan Calman and Sandi Toksvig. 10.00 Have I Got a Bit More News for You David Mitchell guest hosts the quiz.
- 11.00 Taskmaster: Champion of Champions Two-part special.
- 12.00m't Mock the Week 12.40 Dave Gorman: Modern Life Is Goodish 1.40 Whose Line Is It Anyway? USA: four episodes 4.00-6.00am Teleshopping

E4 Freeview 13

- 6.00am Hollyoaks 7.00 Ramsay's Kitchen Nightmares USA 9.00 The Goldbergs 10.00 Young Sheldon 11.00 Modern Family 12.00noon The Big Bang Theory: four episodes 2.00 The Goldbergs 3.00 Modern Family 4.00 Young Sheldon 5.00 The Big Bang Theory: double bill
- 6.00 The Big Bang Theory Double bill. 7.00 Hollyoaks Mercedes is in good spirits. 7.30 Second-Hand Showdown with Vicky Pattison Stylists Sabrina Grant
- and Joey Bevan help single mum Katie. 8.00 Below Deck: Mediterranean
- 9.00 Celebs Go Dating Helen opens up about her relationship with David Haye.
- 10.00 Gogglebox Reviews of Celebrity Hunted, Britain's Got Talent and Citadel. 11.05 First Dates Dating series.
- 12.05am The Big Bang Theory: double bill 1.05 Brooklyn Nine-Nine: double bill 2.05 Celebs Go Dating 3.00 Ramsay's Kitchen Nightmares USA 3.55 Modern

Family 4.45-6.00am Black-ish

ITVBe Freeview 28

- 7.00am Unwind with ITV 7.20 Be Beautiful 7.35 Billie and Greg: The Family Diaries 8.35 Masters of Flip 9.35 Buying and Selling 10.35 Billie and Greg: The Family Diaries 11.35 The Real Housewives of New York City 12.30pm The Real Housewives of Atlanta 1.20 The Only Way Is Essex 2.05 Dinner Date 3.00 Million Dollar Listing: NYC 4.05 The Real Housewives of New York City 5.00 The Real Housewives of Potomac
- 6.00 Masters of Flip The team works on a house in need of more square footage.
- 7.00 Million Dollar Listing: NYC Fredrik is thrilled by his latest listing in SoHo.
- 8.00 Dinner Date Sara from Port Talbot. 9.00 Botched A fitness enthusiast asks Doctor Paul Nassif to fix her nose.
- 10.00 Love Island USA The Islanders play a messy comments-based game.
- 11.35 My Mum, Your Dad Dating show. 12.40am Unwind with ITV. Daily escape for the mind. 1.00-7.00am Teleshopping

U&DRAMAFreeview 20

- 6.00am Teleshopping 7.10 London's Burning 8.00 Doctors 9.15 Classic Holby City 10.35 Classic Casualty 11.40 The Bill 12.40pm Classic EastEnders 2.00 London's Burning 3.00 Soldier, Soldier 4.10 Howards' Way 5.20 One Foot in the Grave. Victor faces up to retirement.
- 6.00 'Allo 'Allo! Comedy series. Communist partisans capture the disguised airmen.
- 6.40 Last of the Summer Wine Double bill. 8.00 The Brokenwood Mysteries The charred remains of a body are found in a burned out rural shed. Mike and Kristin are tasked with identifying the body.
- 10.00 New Tricks The team tracks down members of a witches' coven while trying to solve a 10-year-old murder.
- 11.20 Waking the Dead Part one of two. Boyd investigates a disturbing case of abuse and murder at a children's home.
- 12.40am Waking the Dead 2.00 Strike -Lethal White 3.00 Classic Holby City 4.00-6.00am Teleshopping

MORE4 Freeview 18

- 9.00am LIVE Paralympics Paris 2024. Coverage of day five including table tennis and wheelchair rugby. 12.00noon UVE Paralympics Paris 2024. Further coverage of day five. 3.00 LIVE Paralympics Paris 2024. More coverage from day five.
- 6.00 Paralympics Paris 2024 Arthur Williams presents coverage of team sports on day five, including the mixed gold-medal match in the wheelchair rugby at Champ de Mars Arena and Great Britain v France in men's wheelchair basketball.
- 9.00 Maw Matt Baker: Travels with Mum & Dad Matt, Janice, Mike and Archie head to the Northumberland County Show.
- 10.00 999: What's Your Emergency? A burglar is stealing food from a freezer.
- 11.05 24 Hours in A&E An man who fell out of bed may have incurred brain injuries.
- 12.10am Matt Baker: Travels with Mum & Dad. Documentary. 1.15 999: What's Your Emergency? 2.20 24 Hours in A&E 3.25-4.00am A Place in the Sun

NS & S4C

WALES As BBC1 except: 1.35-1.45pm BBC Wales Today; Weather 6.30-7.00 BBC Wales Today; Weather 8.30-9.00 Kiri's TV Flashback. A look at Wales on the global stage. 10.30-10.40pm BBC Wales Today; Weather

MERIDIAN As ITV1 except: 1.55-2.00pm ITV News Meridian 6.00-6.30 ITV News Meridian 10.30-10.45pm ITV News Meridian

CENTRAL As ITV1 except: 1.55-2.00pm ITV News Central 6.00-6.30 ITV News Central 10.30-10.45pm ITV News Central

ITV WALES As ITV1 except: 1.55-2.00pm ITV News Cymru Wales 6.00-6.30 ITV News Wales at Six 10.30-10.45pm ITV News Cymru Wales

WEST As ITV1 except: 1.55-2.00pm ITV News West Country 6.00-6.30 ITV News West Country 10.30-10.45pm ITV News West Country

ANGLIA As ITV1 except: 1.55-2.00pm ITV News Anglia 6.00-6.30 ITV News Anglia 10.30-10.45pm ITV News Anglia

WESTCOUNTRY As ITV1 except: 1.55-2.00pm ITV News West Country 6.00-6.30 ITV News West Country. Latest headlines. 10.30-10.45pm ITV News West Country

S4C 6.00am Cyw 12.00noon Newyddion S4C a'r Tywydd 12.05pm Sgwrs Dan y Lloer 12.30 Heno 1.00 Y 'Sgubor Flodau 2.00 Newyddion S4C a'r Tywydd 2.05 Prynhawn Da 3.00 Newyddion S4C a'r Tywydd 3.05 Priodas Pum Mil 4.00 Awr Fawr 5.00 Stwnsh 6.00 Cegin Bryn. A selection of recipes featuring pork. 6.30 Bywyd y Fet. The owner of a one-year-old sheepdog receives bad news. 6.57 Newyddion S4C 7.00 Heno. Nightly magazine. 7.30 Newyddion S4C a'r Tywydd 8.00 Trefi Gwyllt lolo. A grey wagtail makes a nest in a cage over the Taff in Merthyr Tydfil, while gulls visit gardens in Gorseinon and Dolgellau. Iolo also goes in search of urban mice and rats. 8.25 Garddio a Mwy. Sioned Edwards visits the Cardigan County Agricultural Show, while Meinir Gwilym builds a brand-new pergola at Pant-y-Wennol. 8.55 Newyddion S4C a'r Tywydd 9.00 Cefn Gwlad. Revisiting the family featured in 2002 documentary Byd Mari, to discover how their children are all still involved in farming, and passing on their passion to the next generation. 10.00 Sgorio. Action from the Cymru Premier. 10.30 Sawrs Dan y Lloer. With Rhian Lois. 11.00-11.35pm Y Sin. With Leila Navabi.

BBC3 Freeview 23

- 7.00pm Planet Earth II Wildlife that inhabit remote islands, including three-toed sloths and penguins on the Antarctic island of Zavodovski.
- 8.00 Top Gear Chris and Matt race across the Arabian peninsula.
- 9.00 America's New Female Right Female social-media influencers posting offensive content online.
- 10.00 Kidnapped: The Chloe Ayling Story Double bill. Chloe tries to change the public's opinion of her: Chloe considers an alternate career move. Last in series.
- 11.00 High: Surviving a Dubai Drugs Bust Double bill. Karl and his friends are taken to Port Rashid: Karl tries to make a life for himself in prison.
- 12.00m't Him & Her 12.30 Him & Her: The Christmas Special 1.00 Top Gear 2.00 High: Surviving a Dubai Drugs Bust: double bill 3.00-
- 4.00am America's New Female Right

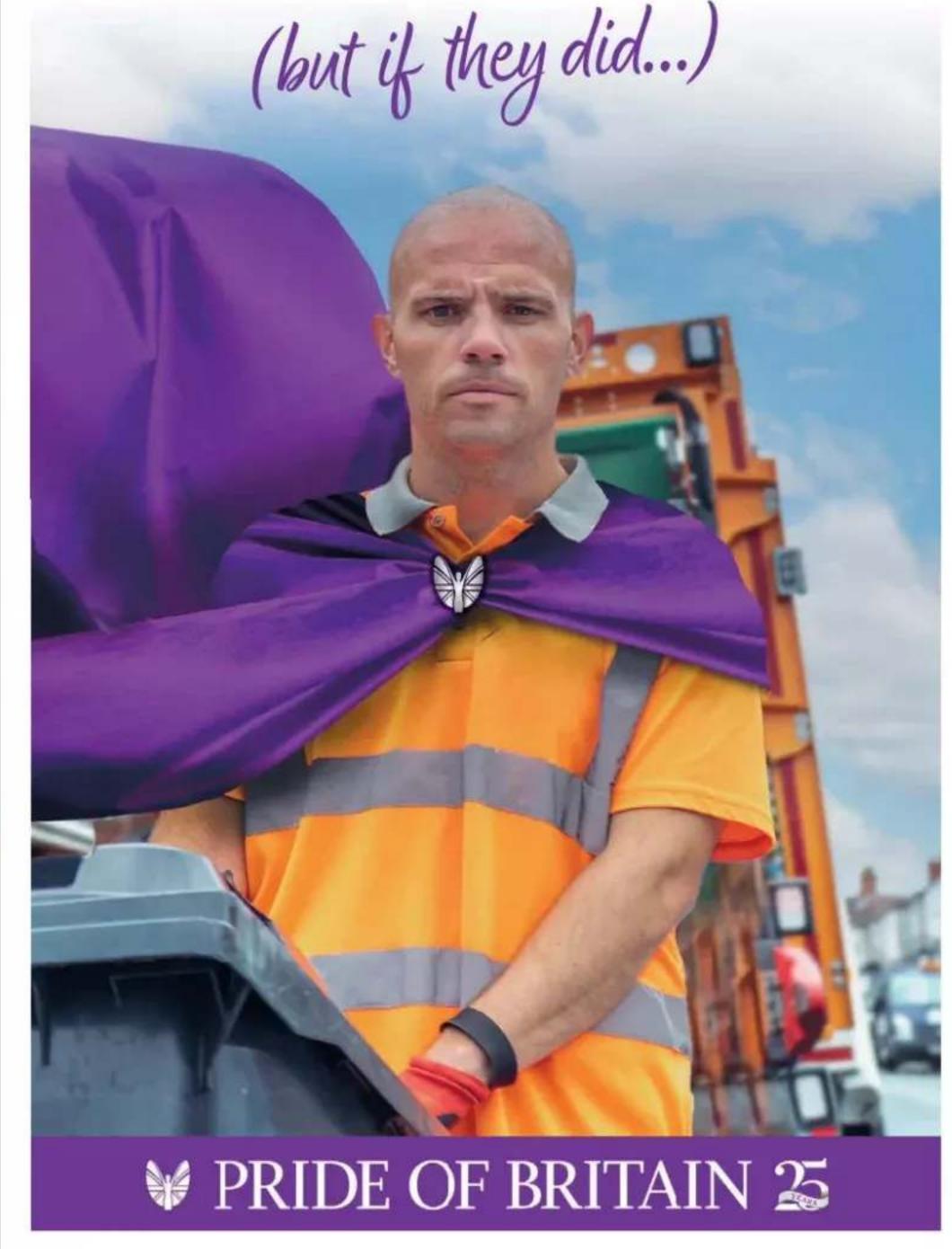
BBC4 Freeview 9

- 7.00pm Great American Railroad Journeys Michael Portillo travels from St Louis to Jefferson City.
- 8.00 The Impressionists Painting and Revolution Examining the movement's last years. Last in series.
- 9.00 Call My Bluff Featuring Felicity Kendal, Simon Ward and Frank Muir.
- 9.30 Going for a Song With Ian Harris, Harry Fowler and Angela Rippon.
- 10.00 Corridors of Power: Should America Police the World? The Sudanese ethnic cleansing campaign.
- 11.00 Thatcher & Reagan: A Very Special Relationship Examining the alliance between the prime minister and the US president.
- 12.00m't Andy Warhol's America 1.00 Great American Railroad Journeys. 2.00 Corridors of Power: Should America Police the World? 3.00-4.00am The Impressionists Painting and Revolution

Freeview 21

- 6.00am Home Shopping 9.00 NCIS 10.55 Entertainment News on 5 11.00 NCIS 12.00noon Law & Order
 - 6.00 NCIS Triple bill. Vance's brotherin-law is linked to the murder of a petty officer: Ziva and Tony try to rescue a US Navy chaplain who was kidnapped by Colombian rebels; Gibbs and the team track an arsonist.
 - 9.00 NCIS: Hawai'i NCIS crosses paths with Whistler's team while investigating a shipping container filled with contraband weapons.
 - 10.00 Law & Order: Special Victims Unit Double bill. A columnist is given access to the New York Police Department: A single mother faces charges of child neglect after her daughter is discovered home alone.
 - 12.00m't Law & Order: Special Victims Unit: double bill 1.55 The Blacklist 3.35 999: Criminals Caught on Camera 4.00-6.00am Teleshopping

NOTALLHEROES WEAR CAPES





CELEBRATING ORDINARY PEOPLE WHO
DO EXTRAORDINARY THINGS SINCE 1999



Sport

SKY SPORTS MAIN EVENT

6.00am Sky Sports News 7.00 Good Morning Sports Fans 10.00 Test Cricket Bitesize 10.15 Test Cricket England v Sri Lanka. Coverage of the fifth and final day of the second Test in the three-match series from Lord's, London. England will be looking to confirm another series win in this match, having already beaten West Indies 3-0 in a three-match series in July. Despite some criticism from some about 'Bazball', England have only lost one Test series since Brendon McCullum and Ben Stokes came in as coach and captain.

7.00pm UVE US Open Tennis Coverage of day eight of the Grand Slam at USTA Billie Jean King National Tennis Centre in New York, featuring the men's and women's singles round of 16. 5.00-6.00am Sky Sports News. Headlines.

SKY SPORTS CRICKET 6.00am Captain's Log 7.00 Test Cricket 8.00 Test Cricket Bitesize 8.15 My Icon 8.30 Test Cricket 9.30 Talking Cricket 10.00 Test Cricket Bitesize

10.15 Test Cricket England v Sri Lanka. 7.00pm Talking Cricket 7.30 Captain's Log. Former England cricket captain Alec Stewart sits down with commentator Charles Colvile to discuss the highs and lows of his time leading the national side. 8.00 Test Cricket. England v Sri Lanka. 9.00 Captain's Log. Richie Richardson opens up about his time as West Indies captain. 10.00 Test Cricket 11.00 Test Cricket Bitesize 11.15 Talking Cricket 11.45 Test Cricket Bitesize 12.00m't Test Cricket 1.00 Vitality T20 Blast Cricket 4.30 Talking Cricket 5.00-6.00am Best of England v Sri Lanka

SKY SPORTS FOOTBALL

6.00am Championship Retro 8.00 EFL Greatest Games 9.00 Scottish Premiership Round-Up 9.15 SPFL Highlights 9.45 EFL Greatest Games 10.00 EFL Cup Final 17 11.00 EFL 12.00noon SPFL 2.00 EFL Highlights 3.00 Scottish Premiership Round-Up 3.15 SPFL Highlights 3.45 EFL Highlights 5.30 Scottish Premiership Round-Up 5.45 SPFL Highlights 6.15 EFL Highlights 6.30 Bundesliga Highlights Show

7.30 LIVE EFL Salford City v Milton Keynes Dons (kick-off 8.00pm). Coverage of the League Two match at Peninsula Stadium. These two sides faced each other for the first time ever last season, as the visitors won both league meetings. Their first ever match in November 2023 saw the visiting side win 4-2 at the Peninsula Stadium, before the reverse fixture ended in a 3-1 home victory for the Dons.

10.30 Bundesliga Highlights Show 11.30 SPFL Highlights 12.00m't EFL 3.00 EFL Greatest Games 4.00-6.00am EFL Cup Retro

TNT SPORTS 1

2.00pm CPL 3.00 Max 60 Cricket 3.30 The WRC Magazine 4.00 European Rally Championship Highlights 4.30 Premier League Review 5.30 Fight Night 6.00 MLB Highlights

7.00 WE MLB Milwaukee Brewers v St Louis Cardinals (Start time 7.10pm). The National League Central match from American Family Field 10.15 Fight Night 10.45 The Pioneers. The story of Egypt and Liverpool icon Mo Salah. 11.00

WWE Raw 12.00m't WWE SmackDown 1.00 WWE Monday Night Raw Watch CM Punk, Drew McIntyre, Seth Rollins, Rhea Ripley, Becky Lynch and more of your favourite WWE Superstars face-off inside the ring.

4.15 WNBA 5.15 Ariel Helwani Meets 5.30-6.00am Andrew Mensah's Stand Up Kickabout

TNT SPORTS 2

6.00am MotoGP 9.30 MotoGP Chequered Flag 10.15 Pacific Nations Cup Rugby 11.15 TNT Sports Cricket Reload 12.00noon WNBA 1.00 NWSL 2.00 MotoGP 5.30 MotoGP Cheauered Flag 6.15 TNT Sports Cricket Reload

6.30 Ultimate Pool Group 12 of the Ultimate Pool Pairs Cup, which takes place at the Players Pool & Snooker Lounge in Newcastle-under-Lyme. 9.30 Test Cricket Highlights 10.30 Serie A 11.30 Serie A 12.30am NWSL 2.30 WSL: Inside Pro

Surfing 3.30 CPL 4.30 Test Cricket Highlights 5.30-2.00pm Test Cricket Pakistan v Bangladesh. Coverage of day five of the final Test in the series at National Bank Cricket Arena.

EUROSPORT 1

6.30am Vuelta a Espana - The Breakaway 7.00 Sailing: America's Cup 7.30 Climbing: European Championship 10.00 Cycling: Vuelta a Espana 11.00 Vuelta a Espana - The Breakaway 11.30 Climbing: European Championship 1.00pm Mountain Bike World Championships 3.00 Climbing Show 3.30 E Sports World Cup 4.00 Cycling: Vuelta a Espana 5.00 Vuelta a Espana - The Breakaway 5.30 Porsche Supercup 6.30 British Speedway

7.30 IIVI British Speedway Ipswich Witches v Belle Vue Aces. Coverage of the Premiership

match from Foxhall Heath Stadium. 10.00 Speedway Grand Prix. From Wroclaw, Poland. 11.00 Cycling: Vuelta a Espana 12.00m't Vuelta a Espana - The Breakaway 12.30 Porsche Supercup 1.30 E Sports World Cup 2.00 Cycling: Vuelta a Espana 3.00 Vuelta a Espana - The Breakaway 3.30 Porsche Supercup 4.30 Bennetts British Superbikes 5.30-6.30am Cycling: Vuelta a Espana

Entertainment & Factual

ITV3 Freeview 10

6.00am Classic Emmerdale 7.00 Classic Coronation Street 8.05 Wild at Heart 10.25 The Royal 11.30 Heartbeat 1.40pm Classic Emmerdale 2.40 Classic Coronation Street 3.50 A Touch of Frost 5.55 Heartbeat 8.00 Agatha Christie's Poirot. A psychiatrist is murdered. 10.00 Payback. Crime drama, starring Morven Christie. 12.05am A Touch of Frost 2.00-2.30am Unwind with ITV

ITV4

6.00am Hot Shots 6.05 Minder 7.05 The Professionals 8.10 Robin of Sherwood 9.15 Kojak 11.30 BattleBots 12.30pm Robin of Sherwood 1.40 Kojak 3.50 Minder 4.55 The Professionals 6.00 The Motorbike Show 7.00 Junk and Disorderly 8.00 MotoGP Highlights 9.00 [IIIII] Unstoppable (2010/12) Tony Scott's action thriller, with Denzel Washington and Chris Pine. *** 11.05 [IIIII] Coogan's Bluff (1968/15) *** 12.50 Motorsport UK 1.50 From Dusk Till Dawn 2.40-3.00am Unwind with ITV

5STAR Freeview 32

8.00am Rich Kids Go Skint 9.00 Dogs Behaving (Very) Badly 10.00 Shoplifters & Scammers: At War with the Law 11.00 Traffic Cops 2.00pm Police Interceptors 5.00 Nightmare Tenants, Slum Landlords 6.00 Home and Away 7.00 GPs: Behind Closed Doors 8.00 Casualty 24/7: Every Second Counts 9.00 Ambulance: Code Red. A 64-year-old has collapsed at work with a suspected cardiac arrest. 10.00 999: Critical Condition. A man is admitted after falling down a flight of stairs. 11.00 Sleeping with My Murderer 12.00m't Cold Case Killers 1.00 Skin A&E 2.00 Casualty 24/7: Every Second Counts 2.50 GPs: Behind Closed Doors 3.35-4.00am Home and Away

REALLY

6.00am Fantasy Homes by the Sea 7.00 Cruise TV with LoveitBookit 8.00 Salvage Hunters 10.00 A Place in the Sun 12.00noon Money for Nothing 2.00 The Repair Shop 3.00 Celebrity Antiques Road Trip 5.00 The Yorkshire Auction House 7.00 Antiques Road Trip 9.00 The Derbyshire Auction House. An old portrait painting could be worth a fortune. 10.00 The Yorkshire Auction House 11.00 Celebrity Help! My House Is Haunted 1.00am Unexplained: Caught on Camera 2.00 Teleshopping 4.00-6.00am Salvage Hunters

5ACTION

9.00am Entertainment News on 5 9.10 Outback Truckers 10.10 Traffic Cops 11.10 Police Interceptors 12.10pm Zeppelin (1971/PG) ** 2.20 TIM The Yellow Mountain (1954/PG) ** 4.00 Outback Truckers 5.00 Traffic Cops 6.00 Police Interceptors 8.00 Motorway Cops: Catching Britain's Speeders 9.00 FILM xXx: The Return of Xander Cage (2017/12) Action thriller, starring Vin Diesel. *** 11.10 Out for Justice (1991/18) ** 1.00 Night Crime UK: Caught on Camera 2.00 Trucking | Private Investigators 5.00 Father Brown Hell 3.55-4.00am Entertainment News on 5

SKY ARTS Freeview 36

6.00am Peter and the Wolf 7.30 Inside Art: Barbara Hepworth 8.00 The Joy of Painting

BBC RADIO 1

Radio 1 Breakfast with Greg James 10.30

Newsbeat 10.32 Rickie, Melvin and Charlie

3.30 Newsbeat 3.32 Going Home with Vick,

Katie and Jamie on Radio 1 5.45 Newsbeat

12.45pm Newsbeat 1.00 Matt and Mollie

6.00 Radio 1's New Music Show with

Jack Saunders 8.00 Future Artists with

Sian Eleri 10.00 Power Down Playlist with

Sian Eleri 11.00 Rock Show with Daniel P

Carter 1.00am BBC Introducing Rock on

Future Alternative 3.00 Workout Anthems

4.00 Pop Anthems 5.00-6.57am Early

Breakfast with Dean McCullough

Radio 1 with Alyx Holcombe 2.00 Radio 1's

BBC RADIO 2

88-91MHz 6.30am The Zoe Ball Breakfast

Show 9.30 Vernon Kay 12.00noon Jeremy

Vine 2.00 Scott Mills 4.00 Sara Cox 6.30

Sara Cox's Half Wower 7.00 Jo Whiley's

Shiny Happy Playlist 7.30 Jo Whiley 9.00

12.00m't OJ Borg 2.30 One Hit Wonders

BBC RADIO 3

The Blues Show with Cerys Matthews

10.00 Trevor Nelson's Rhythm Nation

with OJ Borg 3.00 Pick of the Pops

90.2-92.4MHz 6.30am Breakfast 9.30

Essential Classics 1.00pm Classical Live

4.00 Composer of the Week 5.00 In Tune

7.00 Classical Mixtape 7.30 BBC Proms

Midnight 12.30-6.30am Through the Night

2024 10.00 Night Tracks 11.30 'Round

4.00-6.30am Owain Wyn Evans

97.6-99.8MHz 6.57am Newsbeat 7.00

The Cleaning Lady Sky Witness, 9pm Thony and Jorge set out to reunite Fiona (Martha Millan, left) with her family. Plus, Nadia continues to investigate Arman's disappearance and finds herself face-to-face with Ramona.

9.00 Tales of the Unexpected 10.00 Alfred Hitchcock Presents 11.00 Discovering: Claudia Cardinale 12.00noon Portrait Artist of the Year 2013 1.00 Tales of the Unexpected 2.00 Sky Arts Book Club 3.00 Discovering: Walter Matthau 4.00 Watercolour Challenge 5.00 Portrait Artist of the Year 2013 6.00 Tales of the Unexpected 7.00 Alfred Hitchcock Presents 8.00 Andre Rieu: Live in Vienna 10.50 [IIIII] Janine Jansen: Falling for Stradivari (2021/U) The musician plays 12 of the world's greatest violins in 10 days. *** 11.50 Janine and the 12 Stradivari 1.00am Golden Age: Milos at Blenheim Palace 2.00 Alec Guinness: A Class Act 4.00 Cheltenham Literature Festival 5.00-6.00am Auction

GOLD

7.20am Keeping Up Appearances 7.50 Last of the Summer Wine 9.40 Hi-de-Hi! 10.20 Open All Hours 11.00 Last of the Summer Wine 2.20pm Open All Hours 3.00 Dad's Army 3.40 Hi-de-Hil 4.20 Last of the Summer Wine 5.40 Open All Hours 6.20 Keeping Up Appearances 7.00 Dad's Army 8.20 The Thin Blue Line 9.00 Gavin & Stacey 9.40 Not Going Out 10.20 The Cleaner 11.00 Inside No 9 11.40 Toast of London 12.15am Gavin & Stacey 12.50 Not Going Out 1.30 The Cleaner 2.15 Inside No 9 2.50 Toast of London 3.15-4.00am The Fosters

U&YESTERDAY Freeview 27

6.10am Great British Railway Journeys 8.00 Abandoned Engineering 10.00 War Factories 11.00 Nazi Murder Mysteries 12.00noon WW2 - Battles for Europe 1.00 Antiques Roadshow 2.00 Bangers & Cash 4.00 War Factories 5.00 Nazi Murder Mysteries 6.00 Antiques Roadshow 7.00 Make It at Market 8.00 Trawlermen: Hunting the Catch 9.00 Train Truckers 10.00 Bangers & Cash 11.00 Abandoned Engineering 12.00m't Great American Railroad Journeys 1.00-3.00am The Architecture the Railways Built

ALIBI

7.10am Murdoch Mysteries 9.00 The Doctor Blake Mysteries 10.00 Shakespeare & Hathaway: Private Investigators 11.00 Hudson & Rex 12.00noon Father Brown 1.00 Death in Paradise 2.00 Murdoch Mysteries 4.00 Shakespeare & Hathaway: 6.00 Hudson & Rex 7.00 Elementary 8.00 Death in Paradise 9.00 Father Brown 10.00 Pretty Hard Cases 11.00 Elementary 12.00m't Hudson & Rex 12.55 Justified 1.55-4.00am Murdoch Mysteries

Radio

Jo is joined by a very special co-host in

the studio - Australian musician, writer

and actor Nick Cave. Following the

Bad Seeds' new album, Wild God,

picks some tracks for Jo to play.

recent release of Nick Cave And The

art school and family, and Nick hand

the pair chat about love, life, childhood,

BBC RADIO 4

FM 92.4-94.6MHz 6.00am Today 9.00 The

Artificial Human 9.30 How to Play 10.00

Woman's Hour 11.00 Complex 11.45 The

Lowball Tapes 12.00noon News 12.04 You

and Yours 12.57 Weather 1.00 The World

at One 1.45 More Wow 2.00 The Archers

2.15 Drama: Plum House 2.45 Wolverine

Blues 3.00 Great Lives 3.30 Extreme 4.00

Off-Peak Performance 4.30 The Kitchen

6.30 The Unbelievable Truth 7.00 The

Room 8.30 BBC Inside Science 9.00

Book at Bedtime 11.00 The System

Cabinet 5.00 PM 5.57 Weather 6.00 News

Archers 7.15 Front Row 8.00 The Briefing

History's Secret Heroes 9.30 To Catch a

Scorpion 10.00 The World Tonight 10.45

11.30 Today in Parliament 12.00m't News

12.30 The Lowball Tapes 12.48 Shipping

Forecast 1.00 As BBC World Service 5.20

Shipping Forecast 5.30 News 5.43 Prayer

for the Day 5.45-6.00am Farming Today

CHOICE

Jo Whiley

Radio 2, 7.30pm

SKY MAX

6.00am DC's Legends of Tomorrow 7.00 SEAL Team 8.00 Supergirl 9.00 Stargate SG-1 11.00 DC's Legends of Tomorrow 12.00noon Supergirl 1.00 Magnum P.I 3.00 Hawaii Five-0 4.00 S.W.A.T 5.00 SEAL Team 6.00 Stargate SG-1 8.00 Freddie Fries Again 9.00 The Walking Dead: Dead City 10.00 The Walking Dead 11.00 Warrior 12.00m't The Force: North East 2.00 S.W.A.T 3.00 Hawaii Five-0 4.00 S.W.A.T 5.00-6.00am Highway Patrol

SKY ATLANTIC

6.00am Fish Town 8.00 Boardwalk Empire 10.05 Westworld 12.40pm Game of Thrones 1.45 The Sopranos 3.45 Boardwalk Empire 5.50 Westworld 8.00 Game of Thrones 9.00 Mare of Easttown. Crime drama. 10.10 The Last of Us 11.15 Succession 12.30am Euphoria 1.40 The Outsider 2.45 Game of Thrones 3.55-6.00am Fish Town

SKY WITNESS

6.00am Highway Patrol 7.00 The Real A&E 8.00 Border Patrol 9.00 Brit Cops: Rapid Response 10.00 Caught on Dashcam 11.00 Bull 12.00noon The Rookie 1.00 Chicago Fire 2.00 The Equalizer 3.00 Caught on Dashcam 4.00 Nothing to Declare 8.00 The Equalizer 9.00 The Cleaning Lady 10.00 Coroner 11.00 Chicago Fire 12.00m't The Good Doctor 1.00 Elsbeth 3.00 Departure 4.00 The Force: Manchester 5.00-6.00am Bondi Rescue

SKY COMEDY

8.00am Will & Grace 9.00 The Conners 10.00 Crashing 10.40 Mr Mayor 11.40 Veep 12.55pm Insecure 2.10 Mr Mayor 3.05 Veep 4.20 Crashing 5.00 Will & Grace 6.00 The Office (US) 7.00 The Conners 8.00 Will & Grace 9.00 Pete Holmes: Dirty Clean 10.10 Silicon Valley 11.30 Veep 12.50am Real Time with Bill Maher 2.00 Amy Schumer: Live at the Apollo 3.10 Insecure 4.25-5.00am Betty

DISCOVERY

6.00am How It's Made 7.00 How Do They Do It? 8.00 Blowing Up History 9.00 Insane Pools: Off the Deep End 10.00 How Do They Do It? 11.00 Wheeler Dealers 1.00pm Alaska: Homestead Rescue 3.00 Hoffman Family Gold 4.00 Edge of Alaska 5.00 Salvage Hunters 6.00 How Do They Do It? 7.00 Gold Rush 8.00 Wheeler Dealers 9.00 Shorty's Dream Shop 10.00 Last Chance Garage 11.00 Supertruckers 12.00m't Expedition Bigfoot 1.00 Shorty's Dream Shop 2.00 Last Chance Garage 3.00 Gold Divers 4.00-5.00am Moonshiners

NATIONAL GEOGRAPHIC

8.00am Food Factory 9.00 Air Crash Investigation 10.00 World's Greatest Train Journeys from Above 11.00 Ice Road Rescue 12.00noon Car S.O.S 1.00 Air Crash Investigation 3.00 Spanish Empire: Rise and Fall 4.00 Drain the Oceans 5.00 Car S.O.S 6.00 Nazi Megastructures 7.00 Air Crash Investigation 8.00 WW2: Hell Under the Sea 9.00 Seconds from Disaster 10.00 Ice Road Rescue: Highway Havoc 11.00 Air Crash Investigation 12.00m't Situation Critical 1.00 Wicked Tuna 2.00 Abandoned 2.30 Made in a Day 3.20 Food Factory USA 4.10-8.00am Exotic Animal ER: Double Dose

Movies

FILM4

11.00am Nicholas Nickleby (1947/U) Charles Dickens adaptation, starring Derek Bond and Cedric Hardwicke. **** 1.10pm Dead Reckoning (1947/U) Murder mystery, starring Humphrey Bogart. **** 3.20 3:10 to Yuma (1957/PG) Western, starring Van Heflin and Glenn Ford, ****

5.10 Daleks' Invasion Earth: 2150 AD (1966/U) Sci-fi adventure seguel, starring Peter Cushing and Bernard Cribbins. *** 6.55 The Nanny Diaries (2007/12) Comedy,

starring Scarlett Johansson. *** 9.00 Gemini Man (2019/12) Action drama. starring Will Smith and Clive Owen. *** 11.15 Mean Girls (2004/12) Comedy, starring Lindsay Lohan and Rachel McAdams. **** 1.10-3.25am Rocketman (2019/15) Elton John biopic, starring Taron Egerton. ****

6.45am The Inventor (2023/PG) Animated

SKY CINEMA PREMIERE

adventure, with the voice of Daisy Ridley. *** 8.30 Scarygirl (2023/PG) Animated fantasy adventure, with the voice of Anna Torv. *** 10.05 Under the Boardwalk (2023/PG) Animated musical comedy, with the voices of Keke Palmer and Michael Cera. ***

11.40 Migration (2023/U) See 6.35pm. **** 1.15pm Madame Web (2024/12) See 8.00pm for detail. ** 3.15 He Went That Way (2023/15) See 10.00pm for detail. *** 5.00 Lovely, Dark, and Deep (2023/15)

Drama, starring Georgina Campbell. *** 6.35 Migration (2023/U) Animated comedy, featuring the voice of Kumail Nanjiani, *** 8.00 Madame Web (2024/12) Fantasy adventure, starring Dakota Johnson. ** 10.00 He Went That Way (2023/15) Crime drama, starring Zachary Quinto. *** 11.40 Daddio (2024/18) Drama, starring Dakota Johnson and Sean Penn. *** 1.25am Barber (2023/15) Mystery drama, with Aidan Gillen and Aisling Kearns. *** 3.05 Lovely, Dark, and Deep (2023/15)

See 5.00pm for detail. *** 4.40-6.20am Night Swim (2024/15) Horror, with Wyatt Russell and Kerry Condon. ***

SKY CINEMA DRAMA

6.05pm Eternal Sunshine of the Spotless Mind (2004/15) Drama, with Jim Carrey, Kate Winslet and Elijah Wood. ★★★★ 8.00 Lost in Translation (2003/15) Comedy drama, starring Bill Murray. **** 9.50 Dallas Buyers Club (2013/15) Drama, with Matthew McConaughey. **** 11.55 Golda (2023/12) Drama, starring Helen Mirren and Zed Josef. *** 1.50am Miss Potter (2006/PG) *** 3.30 Eternal Sunshine of the Spotless Mind (2004/15) See 6.05pm. **** 5.25-7.35am Monday (2020/15) ***

SKY CINEMA KIDS BOOKS

4.00pm The Lord of the Rings: The Fellowship of the Ring (2001/12) Fantasy adventure, starring Elijah Wood. **** 7.00 Matilda (1996/PG) Children's fantasy comedy, starring Mara Wilson. *** 8.45 Annie (1982/U) John Huston's musical, with Alleen Quinn and Albert Finney. *** 10.55 A Dog's Purpose (2017/PG) Comedy drama, starring Josh Gad. **** 12.40am The Pirates! In an Adventure with Scientists! (2012/U) Animated comedy, featuring the voice of Hugh Grant. ***

2.15 Curious George (2006/U) Animated adventure, with the voice of Will Ferrell. *** 3.50 The Canterville Ghost (2023/PG) Animated adventure, with the voices of Stephen Fry and Emily Carey. ***

5.25-7.10am Mary and the Witch's Flower (2017/U) Animated adventure, with the voices of Kate Winslet and Jim Broadbent, ***

TALKING PICTURES TV

4.10pm I Only Arsked! (1958/U) Comedy,

starring Bernard Bresslaw. *** 7.00 The Footage Detectives 8.00 Enemy at the Door Drama series. 9.05 The Siege of Sidney Street (1960/PG) Fact-based period crime drama, with Peter Wyngarde and Donald Sinden. *** 11.00pm The Light at the Edge of the World (1971) Adventure, with Kirk Douglas. 2.00am Maigret Mystery, with Bruno Cremer. 3.50-5.00am A Gunman Has Escaped (1948/ PG) Crime drama, with John Harvey. ***

thriller, starring Rachel Hunter, *** Murders (2018/PG) Mystery, starring Lori Loughlin and Sarah Strange. **** Denzel Washington and Jodie Foster. *** thriller, starring Jai Courtney. ***

BBC RADIO 5 LIVE

693/909kHz 6.00am 5 Live Breakfast 9.00 Nicky Campbell 11.00 Naga Munchetty 2.00pm Matt Chorley 4.00 5 Live Drive. News, sport and travel. 7.00 5 Live Sport: The Monday Night Club 8.30 5 Live Paralympics 9.00 5 Live Sport: 5 Live Tennis 10.00 Gordon Smart 1.00am Dotun Adebayo 5.00-6.00am Wake Up to Money

BBC RADIO WALES

FM: 94.6MHz 6.00am Radio Wales News Update 6.05 Wake Up with Radio Wales 6.30 Sing it Loud!: 40 Years of the National Youth Choir of Wales 7.00 Radio Wales Breakfast 9.00 Bronwen Lewis 12.00noon The Phone In 2.00 Behnaz Akhgar 5.00 Radio Wales Drive 6.30 The Showbiz Revolutionaries 7.00 Huw Stephens 10.00 Eleri Sion 12.00m't Relax with Radio Wales 1.00-6.00am As BBC Radio 5 Live

CLASSIC FM

100-102MHz 7.00am Classic FM Breakfast with Dan Walker 9.00 The Classic FM Hall of Fame Hour with Dan Walker 10.00 Alexander Armstrong 1.00pm Anne-Marie Minhall 4.00 Margherita Taylor 7.00 Relaxing Evenings 10.00 Calm Classics 1.00am Bill Overton 4.00-6.30am Early Breakfast

ABSOLUTE RADIO

DAB 6.00am Ben Burrell 10.00 Leona Graham 1.00pm Jay Lawrence 4.00 Bush and Richie 7.00 Danielle Perry 10.00 Ben Coley 1.00-6.00am Dan Noble

GREAT! MOVIES

5.05pm Miami Magma (2011/PG) Disaster 7.05 Garage Sale Mysteries: Pandora Box 9.00 Inside Man (2006/15) Thriller, starring 11.45 Brothers in Arms (2019/15) Action 1.55am Acts of Violence (2018/15) Crime

4.00-6.00am Death By Friendship (2020/12)

drama, starring Bruce Willis. ***

Thriller, starring Natalie Brown. ***

ADVERTISING FEATURE

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YOUR VOICE AMANDA FVANS



RMEMORIES

I think this photo of my sister and I was taken at Thornwick Bay holiday camp. My early memories of holidays are there in the early 1950s in the caravan, which had a hissing gas supply for cooking and lighting. There was no fridge or TV, and we had an outside toilet. How on earth Mam and Dad managed our holidays I can only guess. Did they do without themselves because we never went short as kids?

Edward Deighton, Leeds

If you'd like to send us a photo of a cherished loved one, please email us at the address below with a picture and some information about who they are and where it was taken. Please do not send original photos as we cannot guarantee they will be returned.

BIG



Every day we'll be asking your opinion on one of Britain's big talking points. You can have your say and vote at mirror.co.uk

Just weeks after moving into Number 10, Keir Starmer is said to have had Margaret Thatcher's Downing Street portrait pulled down after finding it "unsettling".

Was Keir Starmer right to take down Thatcher's portrait?

YES 38%

No. A grown man that is

supposed to be running

the country, is unsettled

Yes. This painting

was an indulgence.

Starmer shouldn't be

by a portrait?

HAMLET

Act now to ban trophy hunting

■Anyone who gets their kicks from slaughtering endangered animals and then gloating about it, like big game hunter Cameron Hopkins, is beneath contempt. We need to ban bringing hunting trophies into Britain immediately.

However, until we stop persecuting our own wild animals, halt the pollution of our rivers, land and air, and reverse the destruction of our natural spaces and habitats, we are in no place to criticise what happens in other countries.

Every year, millions of game birds and wild fowl are slaughtered in Britain and so-called pest control by gamekeepers is a significant element in Britain's own biodiversity crisis.

Brett Grainger, Rugeley, Staffs

It sickened me to read of the despicable hunter Cameron Hopkins who boasted about shooting endangered animals dead in the wild. These people obviously have no feelings of compassion for their prey and treat them as merely participants in their sport. Will our newly elected government do the right thing and ban the import of hunting trophies?

Michael Smith, Chatham, Kent

Killing any animal for fun is absolutely disgusting and the new Labour government really needs to take a stand and ban hunters from bringing their hunting trophies back here.

Animals are quickly disappearing because of the actions of humans so it's about time that we all say enough is enough!

Owen Hollifield, Caerphilly

No. It is not Keir

disrespect to a

predecessor.

RUSTY53A

Yes. Before Thatcher, I lived in Great Britain. From Thatcher's era onwards I've only lived in Britain, as, since her, it has not been great. I'd get rid of her portrait too.

LYNXVEGAS

No. Disgraceful. No matter what you think of her. She had more backbone than

Yes. Good move. This nation is still suffering from her time in office. **MATTBUSBYSACES**

Starmer's place to take down a portrait of any Prime Minister in that I am pleased the building because by doing that he is showing

Royal Mail has issued a series of eight stamps to celebrate

sitcom ran for three series until 1977 and was later made into a feature

film starring Ronnie Barker as the Iovable lag Norman Stanley Fletcher and Richard Beckinsale as his young cellmate Lennie Godber.

Every episode was faultless comedy gold.

THE **BIG** ISSUE

Campaigners are pleading for an immediate ban on trophy hunting after Cameron Hopkins shamelessly posted images of three cheetah cubs he killed in Namibia, despite there being just

7,000 of the big cats left in the African wild. He boasted: "My name is Cameron Hopkins and I proudly killed three cheetah cubs... I'd do it again under the same circumstances. Hunters who obscure their faces are moral cowards." You say...

■ Privileged, uneducated people ■ Shame on Cameron Hopkins for punished for these cowardly acts.

These animals will be extinct before long and all because these disgusting hunters think nothing of killing them. Eduardo Goncalves from the Campaign to Ban Trophy Hunting was correct when he said that Britain should "hang its head in shame" and a ban on hunting trophies needs to be put in place. John Harris, Warrington, Cheshire

■ Before these animals are wiped out completely something needs to be done to outlaw these barbaric acts. I was appalled to read that Britain allows hunters to bring back their kill to put out on display.

This should not be allowed to happen anymore. It would send a clear signal that the UK does not condone trophy hunting. So hurry up Keir Starmer and sort this out. Steven Wallis, York

seem to think there's nothing being pictured next to the animals wrong in slaughtering these beau- he has shot. Bragging about his tiful animals and should be kills, he has no moral compass. He even boasts about doing it again. What is wrong with these people?

Those poor little cubs were just one year old. It's utterly disgusting and seeing the picture of him grinning made me feel sick.

There are only 7,000 of these big cats left in the African wild and he thinks nothing of murdering them. Paula Wilson, Durham

Only an American loaded with a powerful rifle would boast about killing three cheetah cubs in Africa where these animals are at risk of being wiped out thanks to these stupid trophy hunters.

If he thinks he's so brave, let him go into the bush without his rifle and see how long he lasts without a powerful weapon.

After all, humans are not on the endangered list yet.

victories -

Tony Howard, Salford

Staring into a black hole

■ The Tories are to blame for creating the massive financial black hole in the country's economy.

They were almost certainly aware of what they were doing, safe in the knowledge that they would lose the election and this would be Labour's problem.

If, by some nightmare, they had won another term in office, they would have continued to add to the black hole and we would not have been any wiser. Being honest with the electorate, and among themselves, is not in their DNA.

Sheila Fox, Crawley **West Sussex**

Tweet of the day

UK opera star Jennifer Johnston isn't impressed with actress Angelina Jolie, who has been practising singing opera for her role as Maria Callas in a new film...

@ijohnstonmezzo - Oh get lost, Angelina Jolie. A mere 7-months training does not an opera singer make. Get back to us when you've sung a whole Italian opera unamplified on the stage of La Scala and been applauded...

Experience has taught me that after arriving at an airport there's only time to enjoy a couple of pints before making your way to the gate.

Problems arise when flights are delayed leaving passengers with little else to do other than sit and drink. Maybe the airlines should address their own shortcomings before blaming the bars and the passengers? Stuart Magrath, Wigan

Why does GMB insist on inviting Kwasi Kwarteng on as a guest commentator when he was partly responsible for helping to crash the economy and ruin people's lives? He has no shame and ITV really ought to know better.

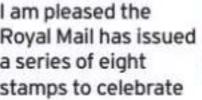
Steve Cox, Neath Port Talbot

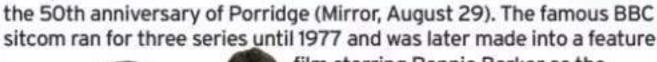
Pub quiz answers

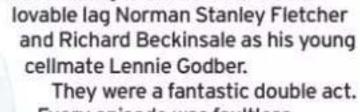
How many of our daily pub quiz brainteasers did you manage to get right?

- 1. John Candy
- 2. Iraq
- 3. The Colossus
- Blue and White
- Lamborghini

gets our stamp of







Steve Goulding, Sheffield

forced to live with it, if he prefers otherwise. any recent PM. PUFFEIFFER BUDDYG

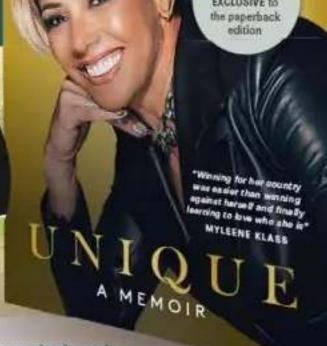
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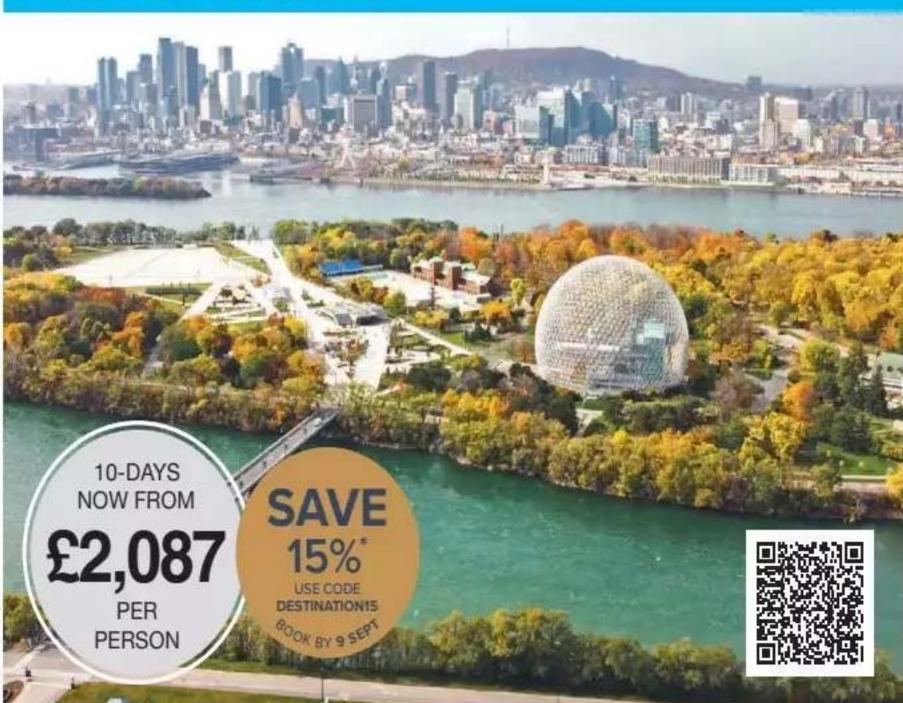
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2.10: GETTHEPOT (K Woods 14-1) 1: Get With It (5-2f) 2; Pawpaw (16-1) 3, 11 ran, 11/2, ID Killahena & G McPherson). Tote: £15.00; £4.00, £1.50, £4.60. Tote Exacta: £71.40. Tricast: £589.87. Trifecta: £903.50. CSF: £51.32. NRs: Grand Du Nord, Into The Sunset, The

2.40: NEXT LEFT (H Skelton 4-1) 1; A Definite Getaway (7-2) 2; Climbing (4-1) 3. 7 ran. 11-4f Police Academy. 15l, 1/2. (D Skelton). Tote: £5.00; £2.60, £2.10. Tote Exacta: £18.80. Trifecta: £68.50. CSF: £18.56.

3.10: ROLL WITH IT (J Bowen 4-1)t-f) 1; Almazhar Garde (13-2) 2; Ajp Kingdom (7-1) 9 ran. 4-1jt-f Happy Du Mesnil. 10l, 21/2. (P & M Bowen). Tote: £5.00; £1.70, £2.20, £2.90. Tote Exacta: £31.70. Tricast: £175.81. Trifecta: £256.30. CSF: £30.26.

3.40: PEACE MOTIVATOR (Beau Morgan 7-2) 1; Fiskardo (evenst) 2; Lion City (11-4) 3. 5 ran. 1/2, 13/4. (O Murphy). Tota: £4.50; £1.70, £1.20. Tote Exacta: £8.10. Trifecta: £13.60. CSF: £7.39. NRs: Blackwater Lilly, Caramelo

4.10: BRILLIANT LIGHT (Paddy Hanlon 11-8f) 1; Scintillante (33-1) 2; Don Virginia (13-2) 3. 11 ran. hd, 9L (J J Hanlon (IRE)). Tote: £2.38; £1.20, £6.40, £2.60. Tote Exacta: £43.10. Trifecta: £300.40. CSF: £56.58. NR: Light Dragoon.

4.40: SHIBUYA SONG (F Lambert 33-1) 1; Magical Arthur (5-1) 2; Absolutely Fine (11-10f) 3. 11 ran. 4¼, shd. (R Phillips). Tote: £34.60; £5.30, £1.90, £1.20. Tote Exacta: £207.70. Tricast: £347.80. Trifecta: £1380.10. CSF: £180.25. NR: Joker Du Chenet.

5.10: SANTA CLARITA (H Skelton 5-2f) 1; Sefton Warrior (28-1) 2; Best Mate Dave (8- 3. 11 ran. 4%, 4l. (D Skelton). Tote: £3.50; £1.40, £5.70, £2.90. Tote Exacta: £63.40. Tricast: £510.41. Trifecta: £890.90. CSF: £69.21. NRs: Bergentown, Outback Frontiers, Silent

Placepot: £24.20. Quadpot: £4.40.

BRIGHTON

2.22: PRIDE OF NEPAL (Miss S Bowen 11-4jt-f) 1; French Martini (15-2) 2; The Resdev Way (3-1) 3. 6 ran. 11-4jt-f Fen Tiger. 2l, 11/2. (A Carroll). Tota: £3.75; £1.60, £2.80. Tote Exacta: £19.90. Tricast: £60.81. Trifecta: £59.50. CSF: £22.33. NRs: Foinix, V Power.

2.52: ACRISIUS (B Garritty evensf) 1: Rory Rocket (11-1) 2; One For Harvey (4-1) 3. 4 ran. 1¼, 2½. (M & D Easterby). Tote: £2.00; Tote Exacta: £9.50. Trifecta: £18.60. CSF: £11.05.

3.22: SPRING (F Marsh 100-30) 1; Cassandraalexandra (11-4f) 2; Lift Lady (8-1) 3. 8 ran. 115, 114. (R Hughes). Tote: £4.34; £1.40, £1.50, £2.80. Tote Exacta: £15.50. Tricast: £65.83. Trifecta: £94.00. CSF: £12.72.

3.52: OJ LIFESTYLE (T P Queally 13-8f) Ten Commitments (9-4) 2: Marsh Benham (11-2) 3. 6 ran. 21/2, 1l. (G & J Moore). Tote: £2.63; £1.50, £1.70. Tote Exacta: £5.70. Tricast: £12.62. Trifecta: £14.90. CSF: £5.23.

NRs: Celebrating Ethel, Silver Nightfall. 4.22: FORGOTTEN TREASURE (C Shepherd 15-2) 1; Otago (11-2) 2; Heer's Sadie (12-1) 3. 6 ran. 5-2f Ceilidh. nk, 1¾. (W Knight). Tote: £8.50; £3.60, £2.90. Tote Exacta: £38.40. Trifecta: £162.40. CSF: £46.52.

4.52: MART (R Clutterbuck 16-1) 1; Nogo's Dream (13-8f) 2: The Waiting Game (7-2) 3. 6 ran. 16, 16. (D Cunha). Tote: £17.00; Ω6.10, Ω1.30. Tote Exacta: Ω40.20. Trifecta:

£155,70, CSF: £41,71, NR: Warriors Dream. 5.22: BERNARD SPIERPOINT (Jason Watson 13-8f) 1; Nordic Glory (3-1) 2; Hi Hoh Tonto (10-1) 3. 6 ran. 1l, 4l. (Darryll Holland). Tote: £2.63; £1.60, £1.80. Tote Exacta: £6.10. Trifecta: £32.30. CSF: £6.73. NR: Storm Ven-

Jackpot: Not won. Placepot: £61.80. Quadpot: £12.80.

TIPPERARY

2.00: TENNESSEE STUD (D McDonogh 5-1) 1; Shackleton (4-9f) 2; You Are Mine (80-1) 3. 6 ran. 214, 81/2. (J.P. O'Brien). Tote: €6.00; €1.90, €1.02. Tote Exacta: €8.30. Trifecta: €94.40. CSF: €7.70. NR: Wackestone.

2.30: DIGNAM (D McDonogh 4-9f) 1; Slick (8-1) 2; No Return (4-1) 3, 13 ran. 1%, (J P O'Brien). Tota: €1.45; €1.02, €2.90. €1.30. Tote Exacts: €7.80. Trifects: €24.50. CSF: €5.28. NRs: Cercene, Corazon Blanco, Episodic, Fivefortwo, Ranting And Raven,

3.00: MALEX (David Egan 4-1) 1; Star Galaxy (5-2) 2; Warrior Brave (evensf) 3. 4 ran. 1¼, ¾. (A Murray). Tote: €5.00; Tote Exacta: €11.80. Trifecta: €25.70. CSF: €13.63. NRs: Follow Me, Karsavina, Self Belief.

3.30: WITHOUT WORDS (MP Sheehy 40- 1) 1; Matilda Picotte (5-2) 2; Super Sox (5-6f) 8 ran. 1l, 2¾, (J P O'Brien). Tote: €41.00; €6.60, €1.10, €1.10. Tota Exacta: €247.20. Titfecta: €887.60. CSF: €140.05.

4.00: SHE'S QUALITY (W J Lee 85-40f) 1; Jakajaro (7-1) 2; Ano Syra (15-2) 3. 10 ran. 3l, 1l. (J Davison). Tote: €3.13; €1.10, €2.30, €1.40. Tote Exacta: €18.50. Trifecta: €103.90.

CSF: €17.83. NR: Go Athletico. 4.30: DANCING STEVE (Adam Caffrey 5-1) 1; Simple Endeavour (7-2f) 2; Bizarre Dreams (4-1) 3. 13 ran. 1/2, hd. (A McGuinness). Tote: €6.00; €1.90, €1.20, €1.70. Tote Exacta: €27.60. Tricast: €82.95. Trifecta: €54.50. CSF: €22.63. NRs: Del Posto, Mary

5.00: SPECIAL ANGEL (R Whearty 25-1) 1; Finsceal Annie (9-4f) 2; Little Lady Lucy (10-1) 3. 15 ran. hd, 2¼. (A Murray). Tote: €26.00; €4.80, €1.50, €3.10. Tote Exacta: €92.10. Tricast: €669.78. Trifecta: €623.20. CSF: €79.57. NR: Pandion Power.

5.30: POLEMON (D King 9-1) 1; Lady Christa (100-30 f) 2; Steps In The Sand (16-1) 3; Bigz Belief (22-1) 4. 16 ran. 3%, 1¼, 1/2. (D Hogan). Tote: €10.60; €3.20, €1.02, €5.30, €6.20. Tote Exacta: €49.30. Tricast: €504.67. Trifecta: €377.00. CSF: €40.28. NRs: Kings Prince, Palo Duro, Sir Allen, Spy.

Placepot: €391.70.

GREYHOUND RESULTS

YARMOUTH. - 11.01 Old Fort Buddy 5-4f (2-1-6, £6.06, TC: £10.55). 11.18 Quacks 11-4jt (2-6-1, £21.15, TC: £72.72). 11.34 Glideaway Hugo 10-3 (2-1-5, £16.58, TC: £53.10), 11.52 Brynoffa Samuel 7-4f (3-5-6, £9.38, TC: £31.47). 12.09 September Dream 6-4f (2-4-6, £5.15, TC: £11.07). 12.26 Wicked Freebie 5-1 (2-1-6, £33.80, TC; £0.00), 12.42 Smiling Dore 7-2 (4-6-3, £41.78, TC: £110.24), 12.59 Dasoundoffreedom 11-4 (6-2-3, £14.14, TC) £46.26). 1.17 Scotchrath Blake 7-4f (2-4-1. £9.71, TC: £21.18). 1.33 Zippady Doo Dah 5-2 (5-4-3, £25.12, TC: £58.30). 1.51 Kereight Sarah 11-10f (DH 2nd 6-2-1, £1.88, TC: £0.00, 6-1-2, £4.39, TC: £0.00). 2.07 Somersham Sox 2-5f (6-2-1, £5.57, TC: £12.00).

SUNDERLAND. - 11.09 Helicopter Lotty 2-11 (2-1-4, £12.94, TC: £42.38), 11.27 My Friend John 4-5f (5-2-1, £4.75, TC: £0.00). 11.43 Jaguar Emma 7-2 (3-6-5, £41.09, TC £209.21). 12.01 Bumblebee Terms 3-1 (2-6-3, £20.69, TC: £50.61). **12.18 Fawn Cuchulainn 7-2** (2-3-6, £17.18, TC: £56.90). **12.34 Olwinn** Patch 16-1 (2-3-6, £64.26, TC: £132.92). 12.51 Jamaica Justso 2-1f (6-2-5, £22.80, TC: £52.23). 1.06 Tullymurry Day Evensf (3-6-4, £5.40, TC: £19.43). 1.26 Light Traveller 4-1 (5-6-1, £13.75, TC: £52.78). 1.42 Classy Incharge 9-4 (5-3-6, £8.69, TC: £21.27). 1.59 Lady of Rivendel 12-1 (5-6-3, £130.36, TC: £402.46). 2.14 Imokilly Madam 4-1 (5-1-2, £23.60, TC: £39.87).

HOVE. - 2.23 Antigua Magic 9-4 (3-1-4, £3.75, TC: £0.00). 2.41 Joes Sagar 15-8 (3-4-2, £5.21, TC: £0.00). 3.01 Baran Wildtrak 9-2 (4-3-1, £15.28, TC: £0.00). 3.19 Pocket Penny 5-2 (6-2-3, £21.67, TC: £0.00). 3.38 Broadstrand Noah 12-1 (2-3-1, £98.83, TC: £0.00). 4.16 Anticipation 2-1jt (6-5-2, £6.94, TC £0.00). 4.34 Mollys Diva 7-1 (1-2-3, £25.14 TC: £0.00). 4.53 Teddys Sister 7-2 (3-6-5, £18.42, TC: £0.00), 5.12 Glengar Candy 7-2 (6-1-5, £13.39, TC: £34.80), 5.31 Cant Tell Alfie 11-4 (5-3-4, £15.70, TC: £0.00). 5.49 Doug Squirrel 6-5f (1-3-, £9.42, TC: £0.00).

TOP DOG'S BEST

ROMFORD 11.01 Bensourboy (2-3-1) 11.18 Theresas Pet (6-1-2) 11.34 Macash Lightning (2-6-4) 11.52 Annual Light (1-5-4) 12.09 Shipyard Thief (6-5-1) 12.26 Phoenix Prince (Nap) (6-3-5) 12.42 Roberto (6-2-1) 12.59 Blackgirl Shek (5-3-6) 1.17 Young Dotty (4-5-3) 1.33 Droopys Tootsie (2-1-4) 1.51 Icecool Albie (2-1-3) 2.07 Bang On Roger (2-1-3).

SWINDON 11.09 Outback Fido (3-2-5) 11.27 Swift Zelous (3-6-2) 11.43 Zari Mike (1-5-4) 12.01 Sheep Dip Jim (Nap) (4-2-3) 12.18 Ballinabola Phil (1-3-5) 12.34 Tra Bhui (1-5-6) 12.51 Blue Link (5-6-2) 1.08 Knockane Lulu (3-5-2) 1.26 Over Staked (3-6-4) 1.42 Unknown Gino (3-5-2) 1.59 Catunda Cher (6-5-1) 2.14 Unknown Alice

MONMORE 2.23 Mahogany Swift (Nap) (2-6-1) 2.41 Skyfall Jester (2-5-6) 3.01 Vixons Panther (4-1-5) 3.19 Longacres Noah (6-4-5) 3.38 Drombeg Chief (4-2-5) 3.57 Montys Pearl (3-4-1) 4.16 Swift Eaglestone (6-5-1) 4.34 Sovereign Jet (1-2-5) 4.53 Builders Pride (1-3-6) 5.12 Skyfall Effy (5-3-6) 5.31 Ravenswell Zippy (4-1-2) 5.49 Signet Meryl (2-5-6).

SPOTFORM GOINGS

Heavy - H; Soft - S; Good to soft GS; Good - G; Good to firm - GF; Firm - FM; Hard - HD; Yielding - Y; Yielding to soft - YS. A-W: Standard - ST; Slow - SL; Standard to fast - SF, Standard to slow- SS

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GEORGE'S FLYING MISSION



Believing set to bypass Sprint Cup

BY DAVID YATES

BELIEVING, 5-1 favourite with William Hill for next Saturday's Sprint Cup, will swerve Haydock Park for a crack at the Curragh's Flying Five Stakes eight days later.

Fourth in both the King Charles III Stakes and the Queen Elizabeth II Jubilee Stakes at Royal Ascot in June, the George Bougheysaddled daughter of Mehmas came within three-quarters of a length of a first Group 1 triumph when chasing home Bradsell in the Nunthorpe Stakes at York 10 days ago.

Faced with twin Group 1 options over the next two weekends, Believing, who landed the Group 2 Sapphire Stakes over the Curragh's five furlongs under Ryan Moore (above) in July, will stay at the minimum distance rather than return to six.

"The plan is very much Ireland at this

stage," said Harry Herbert, managing director of the four-year-old's owners, Highclere Thoroughbred Racing.

"She's got such speed and she's getting guicker - and that stiff five at the Curragh is absolutely her bag.

"Ryan rode her to win the Group 2 there the other day and said that is her ideal track.

"Hopefully he'd be pretty keen to get on her again. She's an extraordinary filly who bounces out of her races, goes into the paddock for a couple of days and then back into training."

Clifford Lee faces the agonising choice between Karl Burke-trained pair Elite Status and Swingalong for the Sprint

"They have got an easy piece of work to do on Tuesday and then I will have a chat with Cliff and see which way he wants to go," said Burke.

CHEPSTOW

	-0	v	DOWNLOAD THE AK BETS APP HANDICAP (6) 7f Winner E2,983 (10 run)	O	
1	(3)	667231	VAUNTED (7) A Wintle 5 10-0 (C) (SF) R Dawson	@ 63	1
2	(5)	680434	COBH HARBOUR (47) M Loughnane 4 9-9Billy Loughnane	60	5
3	(4)	647472	COMEDIAN LEADER (2) J & S Best 4 9-8 (D) (F) A Brookes (3)	59	5
4	(6)	9545-5	FLAGMAN (7) T Faulkner 6 9-8	60	2
5			STARSHOT (19) (H) P Charalambous & J Clutterbuck 4 9-8 (EW) G Wood		G
6			SAVALAS (47) A Wintle 9 9-6 (C)		
7			DYNAMITE KATIE (18) (H) G Harris 4 9-5 (D) K O'Neill	61	S
8			HAWAJES (11) A Carroll 4 9-5 (D)		
9			PEACHEY CARNEHAN (24) (V) M Mullineaux 10 9-3 (C, D) C Bennett		
	10.79		KENSTONE (38) A Wintle 11 9-3 (C, D) Millie Wonnacott (5)		

2.35 AK BETS HOME OF FREE BETS NURSERY (6) (2-Y-0) 7f

	-	~~	MUUBEL	£2,703 (0 run)		
1	(6)	655473	BOBBY	JONES (18) N Tinkler 9-9 (F)	9 64	GF
2	(7)	248450	ASHEN	GLOW (2) (B) A Watson 9-6 Laura Coughlan (3)	61	ST
3) (83) G Boughey 9-3 (SF)Billy Loughnane		G
4	(5)	0909	FUNAL	THEWAY (21) (H) J S Moore 9-1 Millie Wonnacott (5)	62	H
5	(8)	599560	BRIGHT	ERA (21) J S Moore 8-12L Keniry	57	GF
6	(1)	989	FREAK	ENCOUNTER (65) J Osborne 8-9 S Osborne	63	ST
7	(2)			T SIGHT (27) (8) E Dunlop 8-9 K O'Neill		G
8	(4)			T (25) A Newcombe 8-9 (EW)		G
		NG: 2 B	obby Jon	es, 9-4 Inshad, 6 Freak Encounter, 7 Perfect Sight, 10 Ashen t Era, 25 Liricist.		, 14

3.05 AK BETS WATCH ALL UK RACING NOVICE STAKES (GBB RACE) (5) (2-Y-0) 5f Winner £3,402 (4 run)

(2)	41	LEXINGTON BLITZ (30) R Cowell 9-11 (D) (SF)
(3)	77	18-1 (9-7) Won at Windsor 5f 2yo mdn (5) gf in Aug beating Reservando (9-7) by hd FRANKIES DREAM (31) J Candlish 9-4
100		14-1 (9-5) 7th of 9, 11l behind Oolong Poobong (9-2) at Newcastle 6f nov stks (5) in Aug
(4)	0	SPEED OF MAAJID (34) R Cowell 9-4
(1)	442	80-1 (9-2) 13th of 14, 18I behind Jouncy (9-2) at Goodwood 6f 2yo mdn (2) gf in Jul BRIGHTWALTON (38) R Hannon 8-13 (F)
to	446	7-2 (9-2) 2nd of II, nk behind Raison D'etre (8-13) at Sandown 5f 2yo fill mdn (5) gd in Ju

BETTING: 10-11 Brightwalton, 6-4 Lexington Blitz, 10 Speed Of Maajid, 12 Frankies Dream.

STAT OF THE DAY

Epsom, Surrey-based trainer Jim Boyle and jockey Luke Catton have a 50 per cent strike rate when teaming up at Brighton - three wins from six runners for a level-stake profit of £23.63. So look out for recent course-and-distance winner IREZUMI (3.20).

SINGLE-SHOT STAR

(Top in-form jockey with just one booked ride) Jim Crowley: ARCHIE'S ANGEL (5.30 Windsor).

BEST LONGSHOT

(Today's best each-way bet): GEARING'S POINT (4.30 Windsor)

LONGEST TRAVELLER

By road, trainer Charlie Johnston sends SPECIAL GHAIYYATH (5.30) on a 238-mile tripfrom Middleham Moor, North Yorkshire to Windsor.

1 (f) 00-003 MICHAELA'S BOY (16) R Cowell 4 10-0 (D) (F) 14-1 (9-13) 3rd of 10. All habited Faustus (8-10) at Nawbury 5f bran (3) of in Aug

3.35 AK BETS BIG PRICES BIG LIMITS HANDICAP (4) 5f Winner £4,972 (4 run)

			14 + (2 13) 3rd on htt per berinia raustus (0 10) at membury on hitap (3) yritt Aug
2	(3)	134703	NAVELLO (9) (8) G Boughey 5 9-12 (D) (SF)Billy Loughnane 992 FM
			5-1 (9-5) 3rd of 6, 214 behind Enchanting (8-12) at Goodwood 5f hcp 0-95 (3) sft in Aug
3	(4)	314533	CONNIE'S ROSE (3) G Harris 5 9-0 (BF, CD) K O'Neill 91 G
			6-4fav (9-12) 3rd of 5, 1l behind Level Up (9-1) at Salisbury 5f hcp 0-75 (5) of in Aug
4	(2)	325341	SO SMART (7) 6 Harris 5 8-13 (CD)
	380		5-1 (10-2) Won at Chepstow 5f hcp 0-65 (6) gs in Aug beating My Delilah (9-7) by nk
	****	10. 12 1	N. 4 - 1-1 D - 0 4 H - H - 7 2 0 - 1 1 D - 0 2 5 5 4

BETTING: 13-8 Michaela's Boy, 9-4 Navello, 7-2 Connie's Rose, 9-2 So Smart. AK BETS BEST PRICE PREMIER LEAGUE FILLIES' HANDICAP (5)

7		vv	Im Winner £3,/16 (5 run)
1	(5)		SILVER NIGHTFALL (32) J & S Best 4 9-11 (D) A Brookes (3) 71 ST
			20-1 (9-5) 5th of 8, 21/3 behind Expert Witness (9-9) at Epsom Im 2f app hcp (5) qf
2	(4)	3464-6	DEEP BLUE (27) J Osborne 3 9-8 S Osborne 71 G
			25-1 (9-5) Last of 6, 11l behind Ashariba (9-8) at Chelmsford 1m 2f 3yo hcp 0-75 (5) pol
3	(2)	223532	DELICACY (11) R Hannon 3 9-7 (F)
Ξ.	-		6-4 (8-11) 2nd of 5, hd behind Brazilian Rose (9-2) at Lingfield 7f mdn fils stks (5) pol
4	m	424723	QUESTIONABLE (4) D & C Kubler 3 9-6 (BF) (SF)Billy Loughnane 973 S
Š			Evs fav (9-10) 3rd of 5, 11/4 behind Beau Gars (9-11) at Flos Las 7f hcp 0-65 (6) hvy in Aug
5	(3)	596104	GLENCALVIE (111) A Wintle 4 9-4 (D)Gina Mangan 72 ST
7	*77		11-2 (9-10) 4th of 8, 4) behind Flame Of Kodiac (9-8) at Cheostow Im hco 0-60 (6) sft

BETTING: 15-8 Questionable, 2 Delicacy, 9-2 Glencalvie, 6 Silver Nightfall, 8 Deep Blue. A AAK BETS CHAT TO A TRADER HANDICAP (6) (3-Y-0) 1m

ľ	т.	TV	Winner £2,983 (7 run)		
1	(3)	-47437	IMOLA (26) (B) Darryll Holland 9-10	65	ST
1	2 (5)	696	DESERT FOOTSTEPS (18) M Tregoning 9-7Rossa Ryan	58	GF
			HEY BIG SPENDER (19) Ollie Sangster 9-7 (F)Billy Loughnane		
١,	4 (2)	588110	WESTON COURT (47) R Harris 9-5 (D)S Osborne	65	GF
			MAVERICK STYLE (7) P & O Cole 9-4 S M Levey		
П	6 (1)	220412	FIRST ENCOUNTER (22) J Gallagher 8-13 (D) (SF)	6 67	GF
ľ	7 (6)	0-0409	SNOW EAGLE (20) M Blake 8-11 Ethan Jones (5)	49	ST
1	BETT	NG: 7-4	First Encounter, 10-3 Hey Big Spender, 11-2 Imola, 6 Maverick Style, 7	7 Wes	ton

Court, 15-2 Desert Footsteps, 100 Snow Eagle.

5.10 AK BETS KENNEL CLUB FREE BETS HANDICAP (6) 1m Winner E2.983 (7 run) Winner £2,983 (7 run)

1	(2) 026722	BALLSBRIDGE (4) (B) J Candlish 4 9-11 (SF)	9 72	S
2	(1) 245962	JENSON BENSON (38) S Lycett 6 9-9 (D)Gina Mangan	69	ST
3	(7) 684472	CIOTOG (16) M Loughnane 6 9-8 (D) (F)Billy Loughnane	69	ST
4	(5) 0-6588	MICKS DREAM (18) T Faulkner 6 9-7	68	GF
5	(4) 221343	DAPPLED LIGHT (19) (8) A Wintle 4 9-0 (BF, D)R Dawson	70	GY
		AJRAD (7) B Millman 6 8-9 (BF)		
7	(3) 80880-	BALLET BLANC (J299) R J Price 5 8-9 Ethan Jones (5)	53	ST
	TTING: 11-4 ream, 66 Ba	Ballsbridge, 3 Ajrad, 7-2 Dappled Light, 9-2 Ciotog, 6 Jenson Benson,	12 Mi	cks
l M	edill, oo oo	HTC DIENT.		

TODAY'S FAB 4 TIPS

NORTHERNER'S NAP SPECIAL GHAIYYATH (5.30 Windsor) TOPSPOT

DION BAKER (2.50 Brighton)

5.00 WN

NEWMARKET'S BEST NAVELLO (3.35 Chepstow) SPEEDHORSE BETWEENTHESTICKS (7.30 Windsor)

NEWSBOY 2.05 VAUNTED 2.35 INSHAD 3.05 BRIGHTWALTON 3.35 MICHAELA'S BOY 4.05 QUESTIONABLE 4.40 FIRST ENCOUNTER

5.10 BALLSBRIDGE BOUVERIE 2.05 COBH HARBOUR 2.35 INSHAD

3.05 BRIGHTWALTON 3.35 NAVELLO 4.05 DELICACY 4.40 HEY BIG SPENDER (NAP) 5.10 CIOTOG

GOING: Good to Firm.

COURSE: Left-handed, undulating, oval track of 2m, which joins the straight course 5f from home. All races up to a mile run on the straight course. DRAW: High numbers best in big fields on the straight course. TOP TRAINERS: A Carroll 18-197 (9.1%), A

Watson 17-76 (22.4%), B Millman 16-128 (12.5%), G Harris 12-174 (6.9%), A Wintle 12-100 (12.0%), J Osborne 7-36 (19.4%), G Boughey 7-22 (31.8%), R Hannon 7-100 (7.0%), M Multineaux 6-37 (16.2%), R J Price 5-69 (7.2%), J S Moore 4-57 (7.0%) TOP JOCKEYS: Gina Mangan 29-131 (15.3%). Rossa Ryan 17-92 (18.5%), William Cox 13-119 (10.9%), Saffie Osborne 11-56 (19.6%), B Loughnane 9-38 (23.7%), Ray Diawson 9-41 (22.0%), Kieran O'Neill 6-70 (8.6%), Liam Keniry 6-93 (6.5%), Millie Wonnacott 4-15 (26.7%)

1ST TIME BLINKERS: 2.35 Perfect Sight, 3.35 Navello, 4.40 Imola, 5.10 Dappled Light. CHEEKPIECES: 2.05 Kenstone, Savalas, 2.35 Bobby Jones*, Funalitheway, 3.35 Connie's Rose, So Smart, 4.40 First Encounter, Hey Big Spender*, Snow Eagle, Weston Court, 5.10 Ajrad, Micks Dream TONGUE STRAPS: 3.35 Connie's Rose' Michaela's Boy, Navello, So Smart, 5.10 Ballet Blanc*, Micks Dream*, (*=1st time).

IN FORM

TRAINERS: J Candlish 4-11 (36%), J Tate 3-9 (33%), S Dow 2-6 (33%), R Hughes 6-20 (30%), P Chamings 2-7 (29%), Tom Clover 4-14 (29%), James Owen 6-24 (25%), Ollie Sangster 3-12 (25%), Raphael Freire 1-4 (25%), E Walker 6-26 (23%). JOCKEYS: Molly Gunn 2-5 (40%),

George Bass 4-12 (33%), Luke Catton 2-6 (33%), Kieran Shoemark 10-32 (31%), Aidan Keeley 5-18 (28%), Oisin Murphy 18-76 (24%), S D Bowen 6-25 (24%),

Stinting Sunset

Stopnsearch

3.20 BG | Starshot

7.00 WN

DDAY'S ABC GUIDE TO THREE UK MEETINGS

4.05 CH | Gearing's Point

	TO
6	BRIGHTON CHEPSTOW WINDSOR - Adace
	Addosh Adelaide Ba
s	Agostino Ajrad Alfred Cove Amal
	Amathus Apple's And Archie's An
4	Ario's Suns Artavian Asense
	Ashen Glow Ballet Blan Ballsbridge
_	Batchelor B

W - CH 5.00 2.20 86 7.30 5.10 CH 4.20 6.30 2.50 3.58 5.30 WN 3.50 BG 3.20 BG 2.35 CH 5.30 CH 5.10 CH

Bear To Dream

Beautiful Surprise

Betweenthesticks

| Bright Era Brightwalton Cabeza De Llave Calyxoh WN Caruso Celtic Diligence Chasing Gold Chiedazie Churchill Rose Ciatog Cobh Harbour Comedian Leader Connie Moon Connie's Rose Corporate Raider Cypriot Diaspora 4.20 86 Daisy Roots 4.20 BG Dappled Light 3.50 BG Dashing Harry

7.30 WN Debi From Accounts 3.58 WN Gap Year

Bluesy Moon

Bobacious

CH Desert Footsteps 2.35 CH Devizes 3.05 CH Dion Baker 7.30 WN Downcliffe Flyer 5.30 WN Dynamite Katie 7.00 WN Empowered Queen 5.30 WN Escarpment 1.50 BG Exponista 7.30 WN Facoulty 4.30 WN Faro De San Juan 5.10 CH First Encounter 2.05 CH 2.05 CH Fleetwater 5.30 WN Frankies Dream 3.35 CH Freak Encounter 4.30 WN Fullforward 6.00 WN 6.30 WN Funalitheway 5.10 CH Gallimimus 6.00 WN Gallivanted

1.50 BG | Deep Blue

Delicacy

4.05 CH Gilbert 4.40 CH Glamorous Joy 4.30 Glencalvie 2.50 **Gold Minx** BG 3.58 WN 2.05 CH 3.58 WN Hawajes 4.30 WN Hellavapace 6.00 WN 1.50 BG 4.52 BG Imola 4.40 CH Infantryman Infinity Blue 3.58 WN Inshad 3.05 CH Irezumi 2.35 CH 5.00 WN Juan Cool Dude

5.30 WN Lady Dorchester

Goodwood Vision Guns And Flowers Help From Above Hey Big Spender Jenson Benson 2.35 CH Jungle Run 3.20 BG Kenstone 2.05 CH Mr Zee 5.30 WN Kodiac Brave 6.30 WN Mrembo

7.30 WN Lawn Ranger 4.05 CH 6.30 WN 7.00 WN Liricist 6.30 WN Long Call 2.05 CH 3.50 BG Magna 3.58 WN 4.40 CH 4.40 CH 4.30 WN 6.00 WN 2.35 CH 3.20 BG 5.10 CH Micks Dream

1.50 BG Mujid

Letsbeatsepsis Lexington Slitz Macs Dilemma Marsh Benham Martin Spirit Martin The Saxon Master Technician Maverick Style Metro Dubai Michaela's Boy 6.30 WN Milvus 7.30 WN Miss Nightfall

Last Outlaw

7.00 WN 2.20

8G 3.05 CH 2.35 CH No Release 3.20 BG BG 2.50 3.58 WN Pacific Man 2.50 BG 4.30 WN 2.20 BG 5.30 WN Pink Ticket 2.20 BG Pop Dancer 3.35 CH Pop Noodle 5.10 CH Premiership 7.00 WN Princess Inga 3.58 WN Pure Liberty

7.00 WN Pysanka

5.00 WN Raavi

5.00 WN Questionable

4.30 WN | My Mate Beattle

6.00 WN My Sand Boy 3.50 BG Navarre Special 2.20 BG Navello Nelson Rose Oh So Audacious Pablo Prince Papa Don't Preach Peachey Carnehan Perfect Sight Poetic Force

Revolutionise 3.35 CH Rivas Rob Roy 4.20 BG River Alwen 5.30 WN Roc D'azur 3.50 BG Roundabout Silver 5.00 WN Royal Lir 5.30 WN 7.30 WN Savalas 2.05 CH Sayidah Dariyan 2.35 CH Sea Founder 6.30 WN Seraphic 2.50 BG 4.52 BG | Silver Nightfall 7.00 WN Sir Oliver 3.50 BG Skallywag Bay 5.30 WN Snow Eagle 1.50 BG So Smart

5.00 WN Sorontar

2.20 BG | Speed Of Maajid

Renesmee

2.50 BG 3.50 BG 7.00 WN 3.58 WN 6.30 WN 5.30 WN 3.58 WN 2.05 CH 3.58 WN 5.30 WN 5.00 WN 5.30 WN

Sweet Sonata 3.58 WN Terramindar The Conqueror The Defiant Thecoffeepoddotco Thursday Tiger Tulip Tilsworth Ony Ta Total Lockdown 4.05 CH Villalobos 2.50 BG Vinaka 4.52 BG Virtue Temperance 1.50 BG 4.40 CH Voodoo Ray 3.35 CH Warriors Dream 6.30 WN Watch Blue Point 4.40 CH 4.05 CH | Special Ghaiyyath 5.30 WN | Weston Court 3.05 CH | White Chapel Road 2.20 BG

3.58 WN 4.30 WN 4.52 BG 3.58 WN 4.30 WN 6.00 WN 7.30 WN 5.00 WN 7.00 WN 5.00 WN 2.50 BG 4.20 BG 6.00 WN 1.50 BG

2.05 CH

5.00 WN

7.00 WN

GOING: Good to Firm.

DRAW: Low numbers best in sprints.

(23.4%), R Hannon 15-88 (17.0%), J Boyle 14-101

(13.9%), M Attwater 13-111 (11.7%), J Butler 7-54

13.0%), S & E Cristord 6-18 (33.3%), P Chamings

1ST TIME BLINKERS: 3.50 Beautiful Surprise.

PROFITABLE RACES FOR FAVS: 3.50.

6-63 (9.5%), Harry Eustace 6-19 (31.6%).





CHANCE Michael Wigham saddles Last Outlaw today

Last is

NEWSBOY'S DAILY DOUBLE

LAST OUTLAW looks well treated in the Fuller Smith & Turner Tenants Handicap (6.00) at Windsor today.

The son of Dandy Man didn't make the track for Richard Fahey at two, joining Michael Wigham before a promising debut over six furlongs at Doncaster at the end of June.

And Last Outlaw built on that fifth to **Asimov on Town Moor**

when taking on eight rivals for a fivefurlong novice stakes at

Leicester at the end of July, getting the better of Sioux Warrior by a head.

The British Horseracing Authority number cruncher has given my selection a mark of 73 as he starts out in the handicap sphere - and that's an assessment that could prove

The return to six won't be a problem for a horse who has more to offer on the third outing of his career, and Sean Kirrane's mount can go in again.

lenient.

An hour and a half later on Thameside, BETWEENTHE-STICKS gets the vote to give his rivals weight and a beating in the Tips For Every Race At raceday-ready. com Handicap (7.30).

Jack Channon's (above) sprinter edged out Recon Mission by a nose at Lingfield 11 days ago, showing a game attitude.

And a 2lb nudge up the weights shouldn't prevent another good account here.

BRIGHTON

TOP JOCKEYS: Hollie Doyle 23-85 (27.1%). COURSE: Left-handed horseshoe-shaped course David Probert 22-145 (15.2%), Marco Ghiani 21-100 (21.0%), Darragh Keenan 21-157 (13.4%), Jason of 1m 4f, undulating and sharp, 3 1/2f run-in. Watson 15-76 (19.7%), Tom Queatly 14-70 (20.0%), TOP TRAINERS: A Carroll 56-494 (11.3%) Aidan Keeley 9-71 (12.7%), Rhys Clutterbuck 8-87 (9.2%), Luke Catton 7-22 (31.8%), David Egan 6-42 G & J Moore 26-144 (18.1%), J Gallagher 18-120 (15.0%), G Baker 16-95 (16.8%), S C Williams 15-64

(14.3%), Joe Leavy 5-19 (26.3%).

CHEEKPIECES: 2.50 Amathus, Marsh Benham, Sir Oliver, Vinaka, 3.20 Gallimimus, 4.52 Pop Dancer,

TONGUE STRAPS: 1.50 Chasing Gold*, Lady Dorchester, Pure Liberty, 2,50 Marsh Benham, 4.52 Faro De San Juan, The Defiant. ("=1st time).

1	C	SO	DOWNLOAD THE AT THE RACES APP N (6) (2-Y-O) 5f Winner £2,983 (7 run)	URSERY SPOT	_	
	•		(6) (2-Y-0) 5f Winner £2,983 (7 run)	FORM	O	
1	(3)	088	CHASING GOLD (65) R Cowell 9-11	M Ghiani	63	-
2	(7)	453307	LADY DORCHESTER (55) Raphael Freire 9-9	David Egan	69	5
3	(4)	855	FACOULTY (20) K P De Foy 9-7 (F)	B Sayette	64	
4	(5)	870	WATCH BLUE POINT (18) J Tate 9-7	H Doyle	64	-
5	(6)	647	WATCH BLUE POINT (18) J Tate 9-7 VIRTUE TEMPERANCE (10) A Perrett 9-0	D Probert @	70	
			BLUESY MOON (1) M Attwater 8-8			
7	(1)	60902	PURE LIBERTY (13) (H) S C Williams 8-7 (SF)	S De Sousa	67	
			Pure Liberty, 10-3 Facoulty, 5 Virtue Temp			in
			ld, 15-2 Lady Dorchester, 33 Bluesy Moon.			
20	23: L	008Y 9	11, Saffie Osborne 15-8 (C Hills), drawn (2), 5 ran.			
-	٠.	-	EDEC TIDE DAILY ON ATTUEDACES CO.	H FOR DECEDICATED		

2 O FREE TIPS DAILY ON ATTHERACES.COM EBF RESTRICTED

	a 9 fin		MAIDEN STAKES (5) (2-Y-U) IT WINNER E3,672 (1 run)		
1	(11)	248	WHITE CHAPEL ROAD (10) P & O Cole 9-7 (SF)	984	GF
2	(6)	08	ADELAIDE BAY (88) J Chapple-Hyam 9-5 H Doyle	59	ST
3	(7)		LETSBEATSEPSIS (24) G & J Moore 9-5T P Queally		G
4	(2)		MARTIN THE SAXON DF Davis 9-5David Egan		
5	(3)	295	METRO DUBAI (13) (V) S & E Cristord 9-5 (BF) (F) H Davies	80	G
6	(5)		RAAVI (21) I Mohammed 9-5		
7	(4)	36	NAVARRE SPECIAL (23) Raphael Freire 9-2 0 Lewis (7)	62	SS
14	Adela	: 7-4 ide B	White Chapel Road, 2 Metro Dubai, 5 Letsbeatsepsis, 12 Raavi, Navarre ay, 16 Martin The Saxon.		
20	23: No	corre	sponding race.		

TAIAN CARNABY HANDICAP (5) 7f

4	۲.	วบ	Winner £4,606 (8 run)			
1	(4)	730141	DION BAKER (8) (8) M Wigham 5 9-13 (CD) (SF)	D Keenan	●78	G
2	(6)	546526	MACS DILEMMA (7) (B) J G O'Shea 6 9-11 (C, D) (F)	H Doyle	76	G
3	(5)	033598	SIR OLIVER (37) C Dwyer 7 9-8 (C, D)	S De Sousa	73	ST
4	(2)	024333	MARSH BENHAM (1) G Baker 5 9-6 (CD)	A Keeley (3)	76	GS
			REVOLUTIONISE (13) S C Williams 8 9-6 (D) (EW)			
6	(8)	4-8593	VINAKA (13) D F Davis 4 9-5 (D)	C Hutchinson (3)	74	G
7	(3)	3-8723	AMATHUS (84) P Chamings 7 9-4 (CD)	D Probert	75	G
8			POETIC FORCE (25) A Carroll 10 9-3 (CD)			
Ar	TTI	NG: 11-4	Dion Baker, 9-2 Macs Dilemma, Marsh Benham, 5 Sir Oliver, 14 Poetic Force. SSOR 6 9 9, Darragh Keenan 5-4 Fav (J Gallagher), draw	Revolutionise, 15-2		

NEWSBOY 1.50 PURE LIBERTY 2.20 WHITE CHAPEL ROAD 2.50 DION BAKER

3.20 IREZUMI 3.50 OH SO AUDACIOUS 4.20 BEAR TO DREAM 4.52 SKALLYWAG BAY

BOUVERIE 1.50 FACOULTY 2.20 METRO DUBAI 2.50 AMATHUS 3.20 LONG CALL 3.50 OH SO AUDACIOUS 4.20 BEAR TO DREAM 4.52 THE DEFIANT

20 DOWNLOAD THE RACEDAY READY APP HANDICAP (6) Im 2f

	•		-	Minner EC,703 (3 full)			
	1	(2)	275559	GALLIMIMUS (16) J Gallagher 4 9-9 (CD)	D Keenan	6 67	6
	2			IREZUMI (13) (B) J Boyle 4 9-4 (CD) (SF)			
ì	3	(1)	70-854	RED EVELYN (14) J Butler 6 9-3	F Larson (3)	62	51
ı	4	(4)	045746	ASENSE (31) G & J Moore 5 9-2	R Clutterbuck	62	G
ı	5	(5)	809344	LONG CALL (13) A Carroll 11 9-0 (CD) (F)	Molly Gunn (7)	64	6
ı				11 Irezumi, 5 Red Evelyn, 6 Asense, 13-2 Gallim			
1	202	23: A	NGEL OF	N HIGH 6 9 9, Christian Howarth(5) 3-1 (A Wintle), dr.	awn (10), 9 ran.		

2 En SKY SPORTS RACING SKY 415 HANDICAP (6) 1m

ı	J.JU Winne	r £2,983 (7 run)
ı	1 (5) 341322 OH SC	AUDACIOUS (21) Harry Eustace 5 9-11 (BF, CD) (SF)

١	Kaiya Fraser (5	961	GF
ı	2 (2) 304222 HELLAVAPACE (2) (B) J Portman 6 9-10 (D) (F)		ST
ı	3 (3) 247777 RIVAS ROB ROY (13) (B) J Gallagher 9 9-3 (CD)	53	6
ı	4 (7) 034703 PREMIERSHIP (14) (8) M Wigham 5 9-3 (D)		
١	5 (4) 600007 BEAUTIFUL SURPRISE (28) (8) R Ingram 5 9-3Jason Watso		ST
ı	6 (1) 893045 ARLO'S SUNSHINE (13) J Long 7 9-3 (D)Liam Wright (5) 56	51
ı	7 (6) 543466 MY SAND BOY (62) A Carroll 5 9-3		
	BETTING: 11-8 Oh So Audacious, 5-2 Hellavapace, 6 Premiership, 8 My Sand Boy, 10 Roy, 16 Arlo's Sunshine, 25 Beautiful Surprise.		

2023: OH SO AUDACIOUS 4 9 7, Hayley Turner 7-2 Fav (Harry Eustace), drawn (6), 10 ran.

20 FREE DIGITAL RACECARD AT RACEDAY-READY.COM HANDICAP

1	(3)	111598	VOODOO RAY (11) (B) G & J Moore 5 9-9 (CD)T P Queally	70	G						
2	(2)	164356	BATCHELOR BOY (14) (B) J Gallagher 7 9-9 (BF, CD) D Keenan	64	ST						
3	(1)	942414	NELSON ROSE (15) (H) A West 3 9-8 (CD) (F)Jason Watson	66	G						
			BEAR TO DREAM (24) M Attwater 5 9-5 (CD) (SF) Kaiya Fraser (5)	@71	G						
			ALFRED COVE (1) A Carroll 5 9-4 (BF, CD)								
B	BETTING: 2 Bear To Dream, 11-4 Nelson Rose, 3 Alfred Cove, 6 Batchelor Boy, 8 Voodoo Ray.										

52 ATTHERACES.COM/MARKETMOVERS HANDICAP (5) 5f

winner £4,000 (4 run)			
1 (4) 036616 FARO DE SAN JUAN (11) (B) D Cunha 5 9-11 (D) (SF)	k 84	GS	
2 (3) 4-3634 SKALLYWAG BAY (58) R Hannon 4 9-9 (D) (F)J Leavy (5	6) 086	GF	
3 (2) 269764 POP DANCER (17) A Carroll 7 9-4 (CD)	e 75	ST	
4 (1) 283262 THE DEFIANT (6) L Dace 8 8-7 (BF, D)Jack Dace (7)	85	GF	
BETTING: 13-8 Faro De San Juan, 2 Skallywag Bay, 3 The Defiant, 13-2 Pop Dancer			

2023: POP DANCER 6 9 9, Luke Morris 4-1 (A Carroll), drawn (4), 4 ran.

WINDSOR JACKPOT

NEWSBOY

3.58 SAMUJANA 3.58 MISS NIGHTFALL 4.30 THURSDAY 4.30 THURSDAY 5.00 MREMBO 5.30 ARCHIE'S ANGEL 5.30 ARCHIE'S ANGEL 6.00 LAST OUTLAW (NAP) 6.00 DASHING HARRY

6.30 ADACE 7.00 MILVUS 7.30 BETWEENTHESTICKS (NB)

GOING: Good-Good to Firm in places. COURSE: Figure-of-eight course of 1m 4f, straight final 5f, 6f races start on an extension to

DRAW: Low best up to a mile. TOP TRAINERS: R Hannon 35-253 (13.8%), A Balding 31-167 (18.6%), W Hagges 29-109 (26.6%) E J-Houghton 22-150 (14.7%), C Cox 19-133 (14.3%), B Millman 17-148 (11.5%), A Carroll 14-203 (6.9%), P & O Cole 14-71 (19.7%), M Bell 13-85 (15.3%), J Channon 11-52 (21.2%), E Dunlop 10-75 (13.3%), D Loughnane 10-43 (23.3%), J Portman 9-123 (7.3%), E Walker 9-72 (12.5%), M Attwater

9-76 (11.8%), R Cowell 8-80 (10.0%). 1ST TIME BLINKERS: 7.00 Pop Noodle. 1ST TIME HOODS: 6.00 Dashing Harry. PROFITABLE RACES FOR FAVS: 4.30.

BOUVERIE

5.00 FULLFORWARD (NB) 6.30 ADACE 7.00 UPTON 7.30 BETWEENTHESTICKS

TOP JOCKEYS: Tom Marguand 58-312 (18.6%), Disin Murphy 42-235 (17.9%), Rob Homby 27-255 (10.6%), Kieran Shoemark 23-156 (14.7%) Richard Kingscote 17-171 (9.9%), Hector Crouch 17 104 (16.3%), Jack Mitchell 16-118 (13.6%), Charles Bishop 15-168 (8.9%), Callum Shepherd 13-104 (12.5%), Neil Callan 13-120 (10.8%), Pat Cosgrave 8-85 (9.4%), Nicola Currie 6-87 (6.9%), Jim Crowley 6-18 (33.3%), Trevor Whelan 5-70 (7.1%).

CHEEKPIECES: 4.30 Churchill Rose, The Conqueror, 5.00 Gilbert, Mrembo, Mujid, Pablo Prince, Pysanka, Villalobos, 6.30 Adace, Daisy Roots. Roundabout Silver, 7.30 Agostino, Betweenthesticks. TONGUE STRAPS: 4.30 Martin Spirit, 5.00 Addosh, Gilbert, Seraphic, 5.30 Gallivanted*, 6.00 Dashing Harry, Exponista*, 6.30 Gold Minx, 7.30 Betweenthesticks. (*=1st time).

3.58 DIGITAL RACECARD RACEDAY-READY.COM FILLIES' RESTRICTED NOV STKS (5) (2YO) 6f E3,672 (15)

			time title time time a title fol ferial at male		_	
1	(14)	8614	SWEET SONATA (10) B Millman 9-9 (D)	L Edmunds	75	GF
2	(7)	31	FLEETWATER (42) J S Moore 9-5 (CD) (F)	Taylor Fisher (3)	76	GF
3	(13)		DOWNCLIFFE FLYER (10) Offie Sangster 9-2 (EW)			H
4	(6)	66	EMPOWERED QUEEN (10) Ollie Sangster 9-2	N Currie	69	6
5	(12)	44	HELP FROM ABOVE (25) R Eddery 9-2	S D Bowen (3)	●82	G
6			MY MATE BEATTIE (45) E Dunlop 9-2			
	(4)		SAMUJANA (29) W Haggas 9-2			GF
8	(15)		THECOFFEEPODDOTCO (70) R Hannon 9-2 (BF)			S
9	(1)	Chica	DEBI FROM ACCOUNTS E J-Houghton 9-0			
	(2)	00	MAGNA (9) A Carroll 9-0	W Carson	54	G
11	(10)		MISS NIGHTFALL (20) J Fanshawe 9-0 (BF) (SF)			ST
	(11)	09	ROC D'AZUR (21) J Portman 9-0	R Hornby	55	
	(8)	177	SAYIDAH DARIYAN R Hughes 9-0			
14	(9)	5	TERRAMINDAR (21) P & O Cole 9-0			
	5 (3)		APPLE'S ANGEL 5 Dow 8-12			
	6.48		Aiss Nightfall 5 Fleetwater 6 Theoreffeenoddoton			

BETTING: 3 Miss Nightfall, 5 Fleetwater, 6 Thecoffeepoddotco, Help From Above, 8 Sweet Sonata, 12 Terramindar, Sayidah Dariyan, Empowered Queen. 2023: No corresponding race.

30 HAMISH JOHNSON MEMORIAL HANDICAP (DIV 1) (6) 1m 3f

T. Winner £3,768 (11 run)		
1 (8) 84-350 ARTAVIAN (81) P Chamings 4 9-11	70	ST
2 (1) 152-58 GEARING'S POINT (179) Miss S West 6 9-10 (D)T Whelan		
3 (4) 592120 CORPORATE RAIDER (17) (8) J Feilden 4 9-10 (EW)	67	GF
4 (9) 094215 ESCARPMENT (46) (B) M Appleby 4 9-10 T Marquand	67	G
5 (10) 126713 THURSDAY (7) S Dow 4 9-8 (CD) (SF)	971	6
6 (6) 677154 MARTIN SPIRIT (17) (B) A West 7 9-7	67	ST
7 (3) 446515 CHURCHILL ROSE (34) C Fellowes 4 9-5 (D)		
8 (2) 303383 LARGO BAY (13) M Madgwick 6 9-4	67	ST
9 (7) 317244 THE CONQUEROR (30) J Boyle 6 9-3 P Cosgrave	69	ST
10 (5) 533372 DEVIZES (19) P Phelan 8 9-1 (F) P Bradley	69	21
11 (11) 009 INFANTRYMAN (94) P G Murphy 4 9-0		
BETTING: 5-2 Thursday, 5 Martin Spirit, 6 Devizes, 13-2 Artavian, 10 Largo Bay, 0	Churc	Hid:
Rose, Escarpment, 12 The Conqueror.		
2023: MREMBO 4 9 8, Olivia Tubb(7) 7-4 Fav (J Portman), drawn (4), 12 ran.		

5	.(90	HAMISH JOHNSON MEMORIAL HANDICAP Winner £3,768 (11 run)	(DIV 2) (6) IM	31	
-			PYSANKA (173) M Loughnane 5 9-11			ST
2	(11)	141430	MUJID (16) J Tickle 9 9-10 (CD)	. Taylor Fisher (3)	65	G
3	(2)		ADDOSH (20) James Owen 6 9-10 (BF) (SF)			
4	(9)	0-6245	SERAPHIC (34) S Pearce 4 9-9	J Mitchell	67	ST
5		-65151	VILLALOBOS (19) S Hodgson 5 9-8	A Farragher	64	G
6	(3)	368253	MREMBO (17) J Portman 5 9-7 (CD)	R Kingscote	67	GF
7	(7) 5	533254	STINTINO SUNSET (19) (H) J Feilden 4 9-5 (EW)	Dylan Hogan	68	SS
8 (10)	451835	TOTAL LOCKDOWN (81) Alice Haynes 5 9-4 (D)	C Howarth (3)	66	G
9	(n) (054706	PABLO PRINCE (23) K Jewell 6 9-2	C Bishop	69	SS
10	(4)	485022	FULLFORWARD (20) (V) M Madquick 4 9-1 (CD) (F)	W Carson	68	GS
11	(8)	703074	GILBERT (20) A West 5 8-11 (CD)	S B Kirrane	64	GF
Loc	kdo	wn, 10	fillalobos, 9-2 Mrembo, 6 Fullforward, Addosh, 13- Pysanka, 14 Mujid, Seraphic. sponding race.	2 Stintino Sunset	, 8 T	otal

30 BRITISH STALLION STUDS EBF RESTRICTED NOVICE STAKES (GBB RACE) (2) (2-Y-0) 1m Winner E16,200 (14 run)

1	(4)	1 ARCHIE'S ANGEL (44) C Cox 9-10	J Crowley	83	G
2	(6)		N Callan	991	GF
3	(9)		K Shoemark		
4	(8)				
5	(2)		T Marguand	75	ST
6	(3)		L Edmunds		
7	(1)	2 SHRIMP SHADY (21) A Balding 9-2 (SF)			
8	(1)	6 CELTIC DILIGENCE (13) P Phelan 9-0	P Bradley	37	ST
	(13)				G
	(14)		J Mitchell		ST
	(12)				
12	(5)	9 ROYAL LIR (7) A West 9-0			
13	(10)	9 CONNIE MOON (13) D Coakley 8-13			ST
	(11)				
BE	TTI	NG: 2 Shrimp Shady, 5-2 Calyxoh, 9-2 Archie's Angel, 6 Gap Yo Ilivanted, 20 Master Technician, 25 Sea Founder.			

2023: No corresponding race. OO FULLER SMITH & TURNER TENANTS HANDICAP (5) (3-Y-0) 6f Winner £4,397 (7 run)

1	(4)	-72417	INFINITY BLUE (12) (H) J Camacho 9-8 (D) (F)	Ryan Sexton	86	G
2			EXPONISTA (20) D Loughnane 9-7 (D)			
3	(1)	132147	CYPRIOT DIASPORA (40) B Millman 9-7 (D)	0 Murphy	85	G
4	(3)	695137	WARRIORS DREAM (30) S Woods 9-6	T Marguand	●87	GF
5			TIGER TULIP (115) H Main 9-5 (D)			
6	(5)	51	LAST OUTLAW (40) M Wigham 9-5 (SF)	S B Kirrane	83	GF
7	(2)	41-244	DASHING HARRY (60) (H) C Cox 9-4	R Kingscote	84	GF
BI	ETTI	NG: 7-4	Last Outlaw, 4 Dashing Harry, 5 Warriors Dr	eam, 6 Infinity Blue, 8 Ex	poni	sta,

10 Cypriot Diaspora, 14 Tiger Tulip. 2023: No corresponding race.

30 GET THE INSIDE TRACK WITH RACEDAY-READY.COM HANDICAP (6) Im Winner £3,768 (10 run) (3) 225512 DAISY PROTS (28) A Wort 4 G-13 (0) (SE)

		(3)	223312	DAIST KUUTS (28) A West 4 7 ts (D) (St)	C Snepnera	00	U
ı	2	(4)	572324	ADACE (26) D Ivory 6 9-8 (CD) (F)	Jimmy Quinn	@66	SF
1	3	(9)	9648	SORONTAR (21) H Main 3 9-6	J Mitchell	61	55
ı	4	(1)	-56676	GUNS AND FLOWERS (17) Mrs L Mongan 3 9-4	W Carson	59	GS
ı	5	(5)	867075	ROUNDABOUT SILVER (46) S Dow 5 9-4 (D)	P Bradley	57	FM
ı				PINK TICKET (19) E Walker 3 9-3 (EW)			
1	7	(6)	968	GOLD MINX (19) E J-Houghton 3 9-1	C Bishop	55	GF
ı	8	(10)	095-98	JUAN COOL DUDE (11) S Hodgson 4 9-0	S B Kirrane	31	ST
П	9	(2)	/P08-0	AMAL (14) J R Jenkins 6 9-0	L Edmunds	23	GF
				KODIAC BRAVE (20) (V) Craig Benton 6 9-0			
1	Flo	we	rs, 16 S	B Daisy Roots, 3 Adace, 9-2 Roundabout Silve prontar, 20 Pink Ticket, 33 Kodiac Brave.	er, 8 Gold Minx, 12 G	uns	And

OWNLOAD THE RACEDAY READY APP HANDICAP (6) Im 2f

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3 (8) 592565 AGOSTINO (11) R Cowell 4 9-13 (BF) (F)	972	ST
4 (1) -33473 JUNGLE RUN (14) (8) Tom Clover 5 9-7	70	ST
5 (3) 606234 CHIEDOZIE (6) (B) P McEntee 3 9-7 Josephine Gordon	69	ST
6 (6) 248714 TILSWORTH ONY TA (23) J R Jenkins 5 9-6 (CD) (EW)L Edmunds	68	GF
7 (7) 642716 GLAMOROUS JOY (16) (H) C Mason 3 9-4 (D)	68	GF
8 (4) 157677 CABEZA DE LLAVE (14) M Attwater 5 9-3 (CD)P Bradley	65	ST
BETTING: 11-4 Betweenthesticks, 4 Jungle Run, 6 Agostino, Papa Don't 13-2 Tilsworth Ony Ta, 8 Glamorous Joy, 10 Chiedozie, 12 Cabeza De Llave. 2023: No corresponding race.		ich,

PRO-BET

No bet today

TENNIS US OPEN

SKY



JACK OF CILIBS

BY NEIL MCLEMAN

WITH his big smile and boyband looks, Jack Draper has quickly become a massive fan favourite at the US Open.

But the dashing young Englishman in New York has not been not enjoying a rock-and-roll lifestyle on his way back to the fourth round of the US Open.

Instead, Draper is straight back to his Manhattan hotel every night to drink tea and watch TV. He is not exactly Keith Richards.

SKY

But there is method in his lack of madness as the 22-yearold's vouna career has been dogged by fitness issues.

And with a great chance to reach his first Grand Slam quarter-final against world

No.39 Tomas Machac today, the British No.1 is happy to make sacrifices at night so he is ready for the day job.

"I always was someone who liked to enjoy myself and maybe didn't have a working mindset," he said.

"Since last year, I've definitely put my head down a lot more and just focused on becoming a top player. Now it's more

important for me to go back and watch movies. I can make a cup of tea in the room and then watch a series or something. I watched Gangs of London recently. Just anything to conserve mental and physical energy.

"It's sometimes a bit of a lonely existence being a top tennis player. You have just got to make many sacrifices."

This Grand Slam is a chance for all the hard work to pay off with Carlos Alcaraz and Novak Djokovic already out.

If he beats Machac, he would face the winner of the Aussie derby between Alex de Minaur - who knocked out Dan Evans - and Jordan Thompson in the last eight. Evans claimed

his week at the US Open proved he's "still pretty good at tennis."

The British No.5 arrived in New York on a run of 10 consecutive Tour-level singles defeats stretching back to March. But the Brummie (above) took world No.10 Alex de Minaur to five sets despite a hip injury. "I'm still pretty good, and that's a nice feeling walking off," Evans said.

BY NEIL McLEMAN SERENA WILLIAMS was

back at the US Open to cheer former boyfriend Grigor Dimitrov into the fourth round.

The US superstar watched the Bulgarian beat Andrey Rublev 6-3 7-61-63-66-3.

Dimitrov, the oldest man left in the draw at 33, said: "She gave me a good prep talk. It's amazing to play in front of good friends and family." No.6 seed Rubley

needed a medical time-out in the first set after banging his racquet on his hand in frustration.

No.12 seed Taylor Fritz caused another upset by beating Casper Ruud 3-6 6-46-26-2.

"I just had to stay in it because he definitely outplayed me in the first set," said the American, now a 12-1 chance to win a first Grand Slam title.

It's the second year in a row that Fritz has got to the last eight here.

RUGBY LEAGUE

London 20 Leeds 21 Golden Point FT 20-20

A THUNDERSTORM
warning was in place in
the south of England and
Leeds Rhinos' lightning
struck twice to leave
London Broncos shattered
in their final home game
of the campaign.

Brodie Croft banged over a golden-point drop goal with 66 seconds remaining in extra-time (circle) after London's Oli Leyland hit a post with a

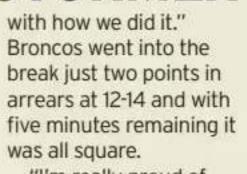
BRODIE KICKS UP A STORMER

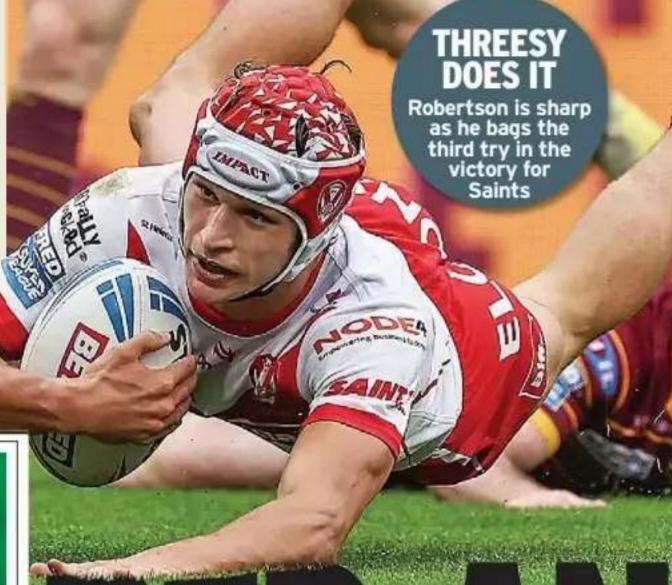
late conversion attempt and Jack Campagnolo struck the crossbar in sudden-death.

The late drama overshadowed a stunning performance from Rhyse Martin, who passed 1,000 points for Rhinos with a hat-trick of tries, three conversions and a penalty. The win keeps Rhinos in

the top-six hunt, but boss
Brad Arthur admitted:
"London didn't deserve to
lose.

"They were the better team, we had a bit of luck we got what we came for, but we're not happy "I'm really proud of them," Broncos coach Mike Eccles said. "It was a brilliant effort from them."





FREE CHAMPIONS LEAGUE SPECIAL



FIXTURES, TEAM ANALYSIS, PREDICTIONS AND MORE

INSIDE TOMORROW'S

Mirror

RED AND BURIEDS

Saints cash in on Fenton's card

Huddersfield 10 St Helens 18

BY NEIL SQUIRES

ST HELENS cashed in on a controversial first-half red card for Huddersfield prop Fenton Rogers to move into fourth in Super League.

The 21-year-old academy product (below) was sent off 38 seconds before the break by referee Aaron Moore for a high hit on Tee Ritson with Saints trailing 10-6.

But with the extra man, they came through with 12 unanswered second-half points at the John Smith's Stadium to record their 11th consecutive victory over the Giants.

Huddersfield's interim head coach Luke Robinson said:
"The players and the people around me thought it was a really harsh decision, the analyst upstairs thought it was a yellow.

"But this is the way rugby league is going. It's the former players and their lawsuits who are influencing the game.

"The refs can only ref the way they are being told to. The kid is heartbroken. He's big, aggressive but unfortunately you have to be a little bit more conservative in your approach now.

"You make contact now and it's a flick of a coin whether you're sent off or sin-binned."

The scruffy win gives Saints a useful buffer in the play-off race with tough away games at Warrington and Leigh

to come for the run-in. Saints head coach Paul Wellens acknowledged he was "surprised" the card was not a yellow – but he was relieved his side made the most of the break.

BETFRED

He said: "It was very hard work but we've probably suffered a bit of an identity crisis over the past few weeks and what we did was reconnect with our identity. Part of that is winning games that are tight and are tough."

Jonny Lomax gave Saints a ninth-

minute lead, but the Giants
were level through Elliot
Wallis, who went over
from a neat Tui Lolohea
pass. And five minutes
later they had the lead
when Jake Bibby went
over after full-back
Harry Robertson had
spilled a high ball.

However, the visitors regained the lead 10 minutes into the second half through makeshift centre Sione Mata'uita and were never behind again. Robertson, with his first try for St Helens, stretched the lead and even with Noah Stephens sin-binned, Wellens' men saw the game out.

SUPER LEAGUE

Hull K R 24 19 0 5 649 286 3 Wigan 24 19 0 5 597 318 Warrington 24 17 0 7 604 317 St Helens 24 14 0 10 542 350 Salford 24 14 0 10 465 467 Leigh 24 13 1 10 514 350 Catalans D 24 13 0 11 426 388 Huddersfield 24 8 0 16 412 568 Castleford 24 7 1 16 399 627 Hull 24 3 0 21 314 744 London B 24 3 0 21 293 828

Perfect pair claim 'cool' gold on great day for GB's rowers

FROM TOM HARLE

at Vaires-sur-Marne

TRAILBLAZER Lauren Rowles and former Commando Gregg Stevenson secured rowing gold in a classic Paralympic finish.

The pair came into the mixed medals in double sculls as favourites having rowing (Rowles won all 11 of their races together and set four world records.

But they were put under the victory, below). pump by China in the final and had to summon a mighty sprint finish better than with 10 strokes to go, claiming making history, victory by just two seconds.

"That's not usually the way we do 26-year-old. it," said debutant Stevenson, who lost both legs when he stepped on an improvised explosive device in Afghanistan in 2009.

and that's our strength, but we have to race until the last stroke because people will bring something you don't expect. When we knew we had the momentum,

there was a little grimace and a little smile, feeling 'we're going, we're going', it was so cool."

Rowles, who became a mum with wheelchair basketballer Jude Hamer in March, is the first Paralympian to win three gold

and Stevenson celebrate their

"What feels right?" said the

"The journey with Gregg has

been incredible and that has been the best part about it. I said to him, "We try to take care of it earlier whatever the result is, when we cross that finish line. I can say I've had the best time in the world."

It was one of three golds and four medals on a magical morning for GB's rowers (below right). The

mixed coxed four won gold to make it 14 years unbeaten and extend the longest winning streak in British sport.

Cox Erin Kennedy, who has beaten breast cancer, guided Ed Fuller, Gierdre Rakauskaite, Josh

O'Brien and Frankie Allen a 25th successive triumph. "Every single

vear we have been pushing ourselves on and we've taken trust from team-mates

before us," said Rakauskaite.

"There has always been an overlap of at least one or two teammates from previous Games and we just drew on everything we could from them, trying to make them proud as well as our friends and family." Few had pinned a gold

medal around Benjamin Pritchard's neck, but he delivered the most emphatic performance.

BRITAIT

GOLDEN

Stevenson and Rowles celebrate

success on the

medal podium

The Welsh single sculler, who finished fifth in Tokyo, overhauled Italian Giacomo Perini to crush the field by 11 seconds.

After a protest from Australia, Perini was eventually disqualified for using a communications device in his boat with two-time reigning champion Roman Polianskyi of Ukraine taking silver.

"He had an open phone in the boat, which isn't allowed," said Pritchard (left). "If you're breaking the rules, you shouldn't be on the podium."

There was also silver for Sam Murray and Annie Caddick in the other mixed double sculls class. ■ National Lottery players raise more than £30million a week for Good Causes including vital funding into sport - from grassroots to elite. To find out more visit: www. lotterygoodcauses.org.uk



Cox (above) combined with Jody Cundy and Jaco van Gass to successfully defend their mixed team sprint title, beating Spain by two seconds.

And after crashing out of the women's 500m time trial on the opening day of competition and contemplating not returning to the start line in Paris, Cox revealed gold tasted all the sweeter this time round.

"After the highs and lows of this week it's nice to come out and win a Paralympic title," she said.

"It took a lot to get me back out here and I had to climb over a big hurdle to get back on to the start line."

James Ball stormed to men's tandem kilo victory alongside pilot Steffan Lloyd - dethroning team-mate Neil Fachie, the gold-medal winner from Tokyo.

"We knew we had our work cut out, but the adrenaline was there," Ball said.



HANNAH IS SO FOUR-MIDABLE

HURRICANE Hannah Cockroft blew her rivals clean away once again to scorch to a record fourth straight Paralympic wheelchair sprint title.

Cockroft dominated the T38 100m to leave British team-mate Kare Adenegan trailing in her slipstream by nearly a second as she clocked a time of 16.30.

This was her eighth gold medal across four races and she will start favourite for the 800m later this week.

Cockroft (above) said: "I'm making my life well hard doing this.

"You know you are the person people are watching but that's what keeps you going, you don't want to let them down and I know I have more in me too.

"I'm 32 now, which everyone keeps telling me is old. I'd love to get another Games in and I can definitely get quicker. I'm going to break 16 seconds before I'm done."

Aldi are proud Official Partners of Team GB & ParalympicsGB, supporting all athletes through to Paris 2024.







NORGAARD: A 'dream win'

Norgaard claims 1st Tour title

NIKLAS NORGAARD said he was so nervous that he almost threw up his breakfast before claiming his first DP World Tour title in the British Masters.

The Dane carded a closing 72 to finish 16 under par, two shots clear of South Africa's Thriston Lawrence, after a nerveracking final round at The Belfry.

"I've been dreaming of this since I was 10 years old," Norgaard said.

"I've had kind of a long career, just moving slowly ahead and every year getting a little bit better.

"I've never won on the Challenge Tour, nothing like that, so to win here for a first win I feel very good.

"I was trying not to think about it but this morning I almost threw up at breakfast, I was so nervous."

Compatriot Rasmus Hojgaard charged through the field with a closing 65 to finish third on 12 under, with France's Jeong-weon Ko another stroke back after a costly double-bogey six on the 18th.

It's Ell of a run, Giles

BRITAIN'S Elliot Giles has set a new world record for the men's road mile.

The 30-year-old clocked 3mins 51.3secs to win the New Balance KO Meile in Dusseldorf, beating Olympic 1500m bronze medallist Yared Nuguse into second place.

Giles was well inside the previous best time of 3mins 56.13secs set by American Hobbs Kessler in 2023.

Giles was initially overlooked for Paris Olympics selection, but then received a Great Britain call-up in the 800m after Jake Wightman withdrew due to a hamstring injury.

CRICKET





ENGLAND V SRI LANKA SECOND TEST, LORD'S

Atkinson joins elite club with a century & five-fer in same Test HEROIC Atkinson celebrates fifth wicket (right, top) bowing de Silva; (right, bottom) celebrating

SCOREBOARD

wicket of

Chandimal

Lord's: England beat Sri Lanka by 190 runs

ENGLAND: FIRST INNINGS 427 (Root 143, Atkinson 118, Fernando 5-102) SRI LANKA: FIRST INNINGS 196

(Mendis 74) **ENGLAND: SECOND INNINGS 251**

(Root 103) SRI LANKA: SECOND INNINGS

(Overnight 50-2) F Karunaratne c Smith b Stone55 N Jayasuriya c Brook b Woakes. A Mathews c Woakes b Bashir.. L Chandimal c Lawrence b Atkinson58 D de Silva b Atkinson. P Mendis c Duckett b Atkinson R Rathnayake c Smith b Atkinson 43

A Fernando not out. B4 lb1... .. 292 Total (86.4 overs). Fall: 19, 43, 60, 115, 174, 192, 273, 288. Bowling: Woakes 19.4-8-46-2, Atkinson 16-4-62-5, Bashir 23-1-78-1,

C Kumara c Stone b Woakes...

Root 4-1-9-0. Potts 11-2-34-0, Stone 12-0-56-2, Lawrence 1-0-2-0. Umpires: P Reiffel & J Wilson.

POPE'S NOW TARGETING SUPER SIX FROM BACK PAGE

"weird" leading his side to a 190-run win - bowling out the tourists for 292 - in front of a miserably small and quiet Lord's crowd. With prices of up to £95 for adult tickets, the famous old

ground was barely a quarter full on the fourth day conclusion.

England can now pull off their first 6-0 Test summer triumph, having already beaten the Windies in three games, if they can defeat Sri Lanka again. And

Pope said: "It would be a pretty cool thing to look back at the summer and see that we have won all six Tests. It will be very special to do that.

"We've played some really good cricket."

BY GARY FITZGERALD GUS ATKINSON was on fire at Lord's again as England's new golden all-rounder helped wrap up a stunning series victory over Sri Lanka.

The 26-year-old bridged a 40-year gap to join an elite club of England players to score a century and take a five-fer in the same Test.

Only Tony Greig and Sir Ian Botham (five times) managed that feat. The last time was Beefy against New Zealand in 1984.

He put the finishing touches to a 190-run victory in the Second Test with 5-62 to bowl the tourists out for 292.

And in doing so he stole the Player of the Match award from Joe Root, who had scored backto-back centuries.

Atkinson said: "We just like to attack and as a bowler that's great not to worry about conceding too many runs.

"I've enjoyed it so much and may long it continue."

While Root is having the time of his life with the bat, Atkinson is doing so with bat and ball. He has now amassed 33 wickets in just five Tests.

Having burst on to the scene with an incredible 12-wicket haul against the West Indies, he has not looked back.

It was just a real pity there was such a paltry fourth day Lord's crowd to see his heroics, and the decision to price adult tickets at £95 certainly did not help.

England's players merely had to go through the motions as the tourists failed to rise to the challenge of reaching their target of 483.

Sri Lanka resumed on 53-2 but were never in with a chance of stopping England from taking a 2-0 series lead.

Dimuth Karunaratne's luck ran out when he gloved a catch off Olly Stone into the grateful hands of Jamie Smith.

Angelo Mathews and Dinesh Chandimal built a decent partnership until spinner Shoaib Bashir struck. He had Mathews caught by Chris Woakes for 36.

Atkinson lured Chandimal to gifting Dan Lawrence a catch close in and followed up with the wicket of the in-form Kamindu Mendis, which was snapped up by Ben Duckett.

Dhananjaya de Silva had no answer to Atkinson's pace and skill, and he then removed Milan Rathnayake - slashing outside the off-stump to Smith behind.

Woakes wrapped up the win when Lahiru Kumara holed out and Sri Lanka were dismissed for 292. Now England will hope to make it a 3-0 whitewash in the final Test which starts at The Oval on Friday.

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Ferrari win as Lando wastes great chance to close gap on Verstappen

BY DANIEL MOXON

and stamped their feet in delight as Charles Leclerc

Lando Norris started on pole and had the chance to take a significant chunk out of Max Verstappen's advantage in the championship standings.

But he lost out to Oscar Piastri on the first lap in Monza and spent the rest of team-mate's gearbox.

by Ferrari, who only pitted Leclerc once.

And the Monegasque (with the Ferrari team, right) had enough juice in his tyres to hold off the charging Piastri and send the Italian fans (far right) ballistic.

Leclerc, who secured Ferrari's last Monza win in 2019, said: "It's an incredible feeling. I thought that the first time would feel like this and the second time wouldn't feel as special.

"But, my God, the emotions in the last few laps, Monaco and Monza are the two races

year. It is so, so special."

With Verstappen starting pulled off a famous victory. seventh and Red Bull struggling for pace, Norris (right) had the chance to press home his advantage from pole.

> But by finishing third, with the Dutchman in sixth, even with the fastest lap Norris only gained eight points.

the race looking at his eight race weekends to go and

FERRARI fans screamed I've managed to win them this so did Charles. Charles drove Lewis Hamilton was the to his Red Bull car, which a good race, that we weren't highest-finishing Mercedes started the season so able to do.

"We struggle with front crossing the line fifth, degradation and we are better 22 seconds down on rear deg tracks, that is why the road from we were fast on other circuits."

George Russell had started third and was hoping to apply pressure on the McLarens.

But he damaged his front his qualifying He remains 62 behind with wing by touching Piastri at the first corner, which dropped could be left to rue this missed him down to eighth, and the McLaren were outsmarted opportunity. Norris said: only place he regained was by

I want to win every year and "Oscar drove a good race and overtaking Sergio Perez. bemoaned what has happened driver as a result.

Leclerc.

The seven-time champion had been furious with performance and

remained glum after eight months?" failing to challenge at the front. He said: "The only positive is

that we had good reliability, but everyone around us had good reliability. I didn't have the pace and I don't know why."

After a similar struggle, Verstappen

dominant. He said: "It's

up to the team to come with a lot of changes with the car because we basically went from a very dominant car to an undriveable car in the space of, what, six to

Kevin Magnussen will miss the next race in Azerbaijan after becoming the first F1 driver to pick up enough penalty points in a season to incur a ban.

Haas have not yet decided who will replace him but are expected to give Briton Oliver Bearman a second F1 race.





RESULTS & FIXTURES

CRICKET

COUNTY CHAMPIONSHIP - DIVI-SION ONE - Essex v Worcestershire (Chelmsford): Worcestershire 266 (75.0 overs; B L D'Oliveira 68, T A I Taylor 62no; J A Porter 5-52) and 321 (86.0 overs; J D Libby 65, A J Hose 64, B L D'Oliveira 51; S J Cook 4-23). Essex 404 (107.4 overs; M K S Pepper 112no, T Westley 68, S Snater 53) and 140 (46.3 overs; L V van Beek 4-26). Worcestershire (20pts) beat Essex (7pts) by 43 runs. Nottinghamshire v Surrey (Trent

Bridge): Surrey 525 (150.4 overs; R J Burns 161, B S Sudharsan 105, R S Patel 77, W G Jacks 59, J Clark 53; F Ahmed 7-140) and 177-9dec. (53.0 overs; R J Burns 71; L A Patterson-White 5-96). Nottinghamshire 405 (114.5 overs; F W McCann 154, J A Haynes 68, Ha-seeb Hameed 68, K Verreynne 50no; W G Jacks 7-129) and 121-0 (33.0 overs; Haseeb Hameed 61no, B T Slater 56no). Nottinghamshire (12pts) drew with Surrey (13pts).

Somerset v Durham (Taunton): Somerset 492 (116.2 overs; T B Abell 124, J E K Rew 103, T Banton 73: C F Parkinson 4-136) and 263-5dec. (52.0 overs; T B Abell 56). Durham 336 (100.1 overs; B A Carse 104no, B A Raine 62, A Z Lees 59; M J Leach 5-124) and 126 (60.3 overs; M J Leach 7-50). Somerset (24pts) beat Durham (4pts) by 293 runs.

Glamorgan v Leicestershire (Sophia Gardens): Leicestershire 251 (68.5 overs; D A Douthwaite 4-49, T van der Gugten 4-45) and 369-6 (117.2 overs; P S P Handscomb 139no, A M Rahane 102). Glamorgan 550-9dec. (147.0 overs; C A Ingram 257no, K S Carlson 85; I G Holland 4-96). Glamorgan (14pts) drew with Leicestershire (11pts).

Sussex v Derbyshire (Hove): Sussex 607-8dec. (140.2 overs; DP Hughes 144, J A Simpson 121, J J Carson 97, T J Haines 72, T P Alsop 70). Derbyshire 290 (83.3 overs; W L Madsen 138; J J Carson 5-90) and 258 (109.5 overs; H R C Came 79, W L Madsen 77; J J Carson 6-67). Sussex (24pts) beat Derbyshire (3pts) by an innings and 59 runs.

Yorkshire v Middlesex (Headingley) Yorkshire 601-6dec. (144.0 overs: G C H Hill 169no, J M Bairstow 160, A Lyth 61, D M Bess 60no; L B K Holiman 4-194) and 150-2 (35.0 overs; A Lyth 62, J H Wharton 50no). Middlesex 522 (174.4 overs; R F Higgins 155, S D Robson 108, J L Davies 61, M D E Holden 51; D M Bess 7-179). Yorkshire (13pts) drew with Middlesex (11pts).

CYCLING

VUELTA A ESPANA — Stage 15 (Inifiesto-Valgrande-Pajares, 143.0km): 1 P Castrillo (Spa) Equipo Kern Pharma 3h 45m 51s, 2 A Vlasov (Rus) Red Bull-BORA-hansgrohe at 12s, 3 P Sivakov (Fra) UAE Team Emirates at 31, 4 E Mas (Spa) Movistar Team at 1m 04s, 5 P Roglic (Slo) Red Bull-BORA-hansgrohe at same time. Overall: 1 B O'Connor (Aus) Decathlon AG2R La Mondiale 60h 19m 22s

UCI WORLD TOUR, RENEWI TOUR -Stage 5 (Menen-Geraardsbergen, 202.5km): 1 A De Lie (Bel) Lotto Dstny 4h 30m 56s, 2 T Wellens (Bel) UAE Team Emirates at 5s, 3 V Madouas (Fra) Groupama-FDJ at 17. Overall: 1 T Wellens (Bel) UAE Team Emirates 16h 3m 28s

FORMULA ONE

ITALIAN GRAND PRIX (Monza) 1 C Leclerc (Mon) Ferrari 1hr 14mins 40.727secs, 2 O Piastri (Aus) McLaren at 2.664, 3 L Norris (Gbr) McLaren at 6.153, 4 C Sainz Jr (Spa) Ferrari at 15.621, 5 L Hamilton (Gbr) Mercedes GP at 22.820

BRITISH MASTERS (The Belfry, Sutton Coldfield) - (Gbr & Irl unless

GOLF

stated, Par 72): 272 N Noergaard Moeller (Den) 70 66 64 72, 274 T Lawrence (Rsa) 68 69 67 70, 276 R Hoejgaard (Den) 73 67 71 65, 277 Jeong-Weon Ko (Fra) 67 68 71 71, 278 J Svensson (Swe) 70 69 70 69, 279 J Campillo (Spa) 68 67 75 69, M Manassero (Ita) 73 68 69 69, 280 M Wallace 76 68 68 68 USPGA TOUR CHAMPIONSHIP (East Lake Golf Club, Georgia) -3rd Round (USA unless stated, Par 72): 197 S Scheffler 65 66 66, 196 C Morikawa 66 63 67, 199 S Theegala 67 66 66. Also 203 S

Lowry (Irl) 69 69 65. 206 R Mcliroy

(Nirl) 69 69 68. 208 T Fleetwood (Eng) 70 67 71. RUGBY LEAGUE Betfred Super League HUDDERSFIELD..... 10 ST HELENS.

Huddersfield—T: Wallis, Bibby. G: Russell. St Helens-T: Lomax, Mata utia, Robertson, G: Bennison (3). LONDON B 20 LEEDS. London Broncos-T: Campagnolo, Waine, Kershaw, Natoli. G: O. Leyland (2) Leeds-T: Martin (3). G: Martin (4). DG: Croft

TODAY'S DIARY

Sky Bet League Two: Salford City v Milton Keynes Dons (8pm) (Live on

DMIST

RATINGS by SIMON BIRD

mirror.co.uk/sport/football

NEV	VCA	SII	E
Pope	******		

rope
Livramento
Krafth
Burn
Kelly BOOKED
Longstaff BOOKED
Guimaraes BOOKED
Joelinton BOOKED
Gordon
Isak
Rarnes

ISak	
Barnes	
SUBS	

Murphy (Barnes 62)...... Hall (Kelly 68) Tonali (Longstaff 68) Almiron (Gordon 90+4)

NEW	CASTLE	TOTT	ENHAN
	POSS		
3	SHOTS O		
3	SHOTS O		
253 7		PASSES	491
2		NERS	12
16		SIDE	
10	-	OF-2	13





TOTTENHAM

Vicario	6
Porro	7
Romero	6
Dragusin	7
Udogie	6
Sarr BOOKED	7
Bissouma BOOKED	7
Maddison BOOKED	7
Kulusevski	6
Son	6
Odobert	6

SUBS Johnson (Sarr 46)... Werner (Odobert 74)
Bergvall (Maddison 82)
Bentancur (Bissouma 83) BOOKED



DAN BURN Part of a Toon defence who can soak up pressure and get blocks in

NEXT THREE...

NEWCAS	STLE	
Sep 15	Wolves (away)	
Sep 17	AFC Wimbledon (away) _	
Sep 21	Fulham (away)	
TOTTEN		
Sep 15	Arsenal (home)	
Sep 17	Coventry (away)	(
Sep 21	Brentford (home)	

mirror.co.uk/sport/football







BY SIMON BIRD

THEY may not have signed a new star during the transfer window but Alexander Isak remains a gem.

Against the odds, and all logic shown by the statistics, Isak struck late to give Newcastle a barelydeserved win.

Spurs had racked up 20 shots on goal, 49 touches in Newcastle's box, and were threatening to run riot and get a winner of their own.

Except Isak, and a resilient, more defensive, soak-up-thepressure Newcastle had other ideas.

Unbeaten Newcastle have Eddie Howe quesbecome grinders, rather than entertainers. Playing in second gear, not dominating the ball, letting rivals impose themselves.

But four games in and they are unbeaten, frustrating a livelier Spurs side, and retaining a ruthlessness on the break that wins games.

They have scored three goals at home this season from four shots on target. No wonder Yves Bissouma

(circle) left the field and shouted "F***" as he was subbed.

The killer moment came after 78 minutes when Joelinton spun his man in his own half and played a visionary through-ball to sprinting sub Jacob Murphy. He sped into the box and squared for Isak (left) to tap

Geordies, with the club failing to land a big signing, namely top target Marc Guehi in deadline week.

The club's transfer strategy has seen the backing for tioned, and the ambition of the Saudi owners, almost three years into their reign, debated.

Saudi PIF chief Yasir Al-Rumayyan turned up to watch for the first time this season, along with key PIF investment decision-makers Asma Rezeeq and Jacobo Solis, who oversee operations at St James' Park.

They will have both enjoyed, and been worried, by what they saw

before making a dressing-room visit after the win.

United took the lead. Harvey Barnes had to battle for a start and Howe moved Anthony Gordon to the right of attack to accomodate him. The former Leicester man has a good goals record and his finish here was expert, opening his body to It has been a troubled week for the guide I loyd Kelly's cutback into the

far corner.

It was against the run of play, with Spurs looking more accomplished and positive on the ball. Newcastle sat deep under pressure and weathered an early storm.

They needed two good saves from Nick Pope, one with his legs, the other a palm around a post, to keep out two shots from Pape Sarr.

Spurs swarmed on Newcastle's goal in the first half, breaking well and stretching the home side.

Isak had the first good chance though, robbing Heung-min Son on the touchline, cutting inside and hitting the bar with his cross. After

the break Spurs upped their game and got level.

They had the home side on the rack. Wilson Odobert kneed over the bar from two yards. Son then ran unchallenged into the Toon box and only a great block-tackle from Dan Burn saved a goal.

Then came the equaliser. James Maddison livened up, skipped down the left and shot. Recalled England keeper Pope pushed away but not into touch.

Sub Brennan Johnson, who changed the tempo of the game and Spurs' threat, pounced to shoot goalward and Burn turned into his own net.

Newcastle struggled to keep possession. Pope's distribution was poor, kicking the ball away at least four times. Sub Murphy was robbed twice in dangerous territory.

Pope did conjure a brilliant topcorner save from Maddison, then from Pedro Porro. Johnson scooped over after neat control in the box.

It was all Spurs. Howe was frustrated and wondering how to stem the tide.

Then came Newcastle's breakaway out of the blue. Game over.



BY DARREN WELLS

NEIL WARNOCK paid tribute to "ray of sunshine" Sol Bamba following his former captain's tragic death aged 39 on Saturday.

Bamba helped Cardiff City earn promotion to the Premier League under Warnock and made more than 100 appearances for the Bluebirds during a memorable spell.

The former centre-back (above) was diagnosed with Non-Hodgkin lymphoma in January 2021 but announced he was cancer-free four months later.

Tributes have poured in since Turkish club Adanaspor, for whom Bamba was head coach, announced his death after he fell ill on Friday.

Warnock (right) said he was "heartbroken" for Bamba's family, writing on X: "I can't believe I

won't see that beaming smile again. "I'm so happy that Sol was part of my life and we had such brilliant

memories together. "Sol was a ray of sunshine and I'll miss him so much."

Cardiff posted their own tribute, reflecting on Bamba's "immeasurable" impact on the club and said: "He was a hero to all of us, a leader in every dressing room and

a true gentleman." The Ivory Coast international also featured for Leicester City, Leeds United and Middlesbrough among a host of top clubs.

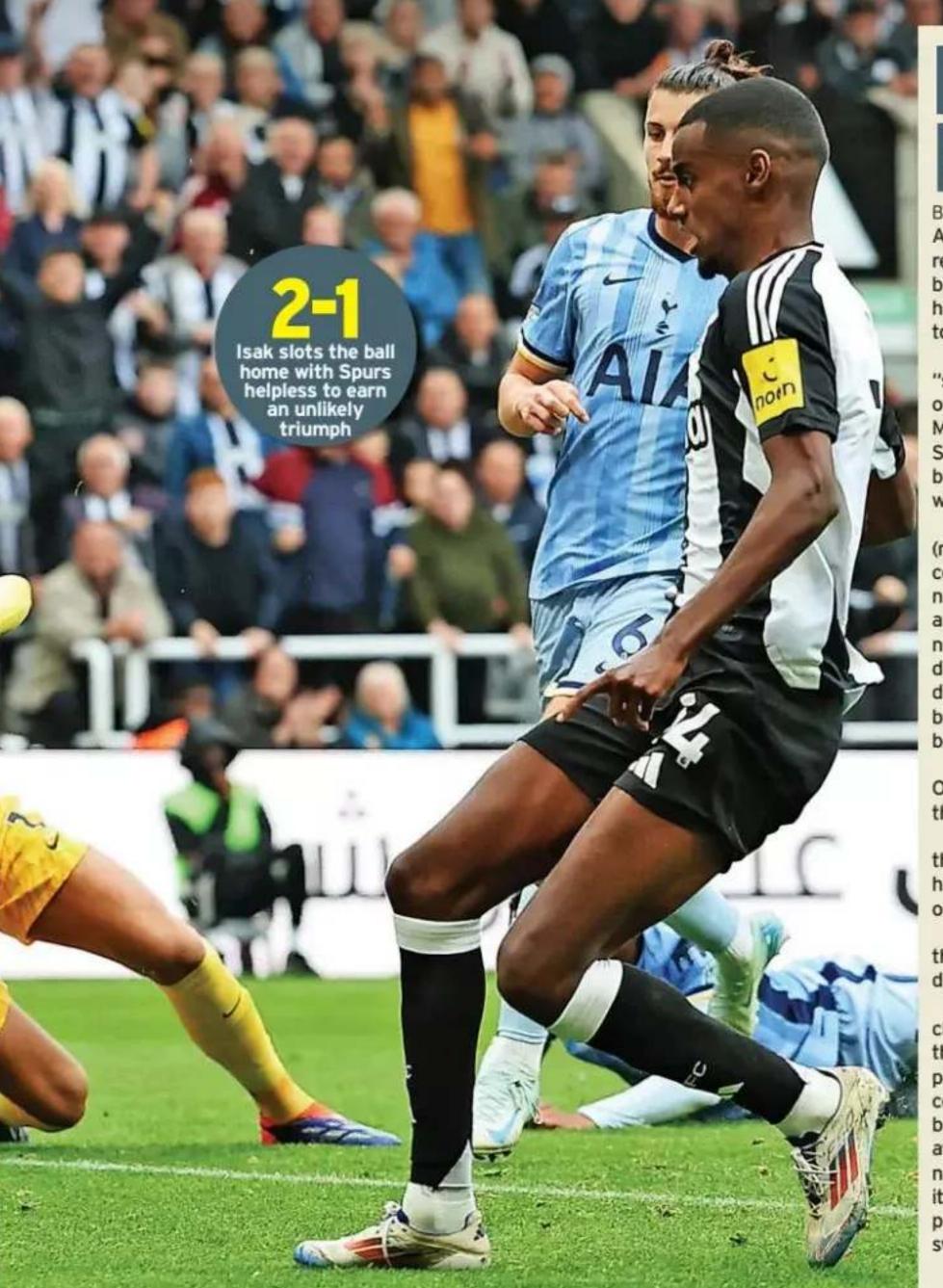
Leeds wrote: "Rest in peace, Sol, you will be forever in our hearts."

His former boss at Elland Road, Steve Evans, said: "He was a warrior for me in my time as head coach... see you at the far post big man."

Ex-Soccer Saturday presenter Jeff Stelling described Bamba as "one of the nicest men I have ever met" who "never had a smile far from his face".

Bamba is survived by his wife Chloe and children Roonea, Lily and Amy.

In a moving tribute on Instagram, Chloe praised her husband's brave battle against cancer, which she said was "never a fair fight", and that being loved by him was an "honour and a "gift".



MORTEM FOR ANGE

BY SIMON BIRD

ANGE POSTECOGLOU revealed defeat was a bitter pill to swallow after his Tottenham side failed to "kill off" Newcastle.

The coach was left "sore" after Spurs "ran over the top" of the Magpies at St James' Park but ended up with nothing.

Postecoglou (right) said: "We controlled it and nullified their threat and got ascendancy and needed to kill it off. We didn't. It was a disappointing second goal but the game should have been over by then.

"It is another sore one. Our results don't reflect three strong performances.

"I felt we would run over the top of them, second half getting the ball to our wide players.

"It worked out that way but we didn't finish it off.

"We had the chances to win the game probably comfortably but we walk away with nothing so it's a bitter pill to swallow."

Newcastle

manager Eddie Howe said the win creates momentum following a challenging transfer window.

Howe (below) said: "It was a tough game, we came under pressure. It was a great response to find a way to win,

> especially not at your best. "Longer term we need to improve. "It is massive

when you need to win, but when there are difficult moments and the transfer window was tough for us, it allows us to move forward with positive momentum.

"The windows are shut and it gives us stability and we can focus on the pitch and the players. This gives us confidence, shows us as a very good team.

> "There is team spirit and togetherness but we have some work to do on fitness. "It was a

challenging window. That is the

same for everyone. "We all want to improve the squad but not spending the sums

expected."

RATINGS by JOHN CROSS mirror.co.uk/sport/football

MANCHESTER UNITED

Onana	6
Mazraoui	6
De Ligt	5
Martinez	6
Dalot	7
Casemiro	
Mainoo	6
Garnacho	6
Fernandes	5
Rashford	5
Zirkzee	5

Collyer (Casemiro 46). Amad (Garnacho 69) Maguire (De Ligt 69) Eriksen (Zirkzee 86)



LIVERPOOL

FITEIN OOF	
Alisson	7
Alexander-Arnold	8
Konate	7
Van Dijk	7
Robertson	8
Gravenberch	8
Mac Allister	7
Salah	8
Diaz	9
Jota	8

SUBS

Gakpo (Diaz 66) Nunez (Jota 75) Bradley (Alexander-Arnold 76) Tsimikas (Robertson 83)



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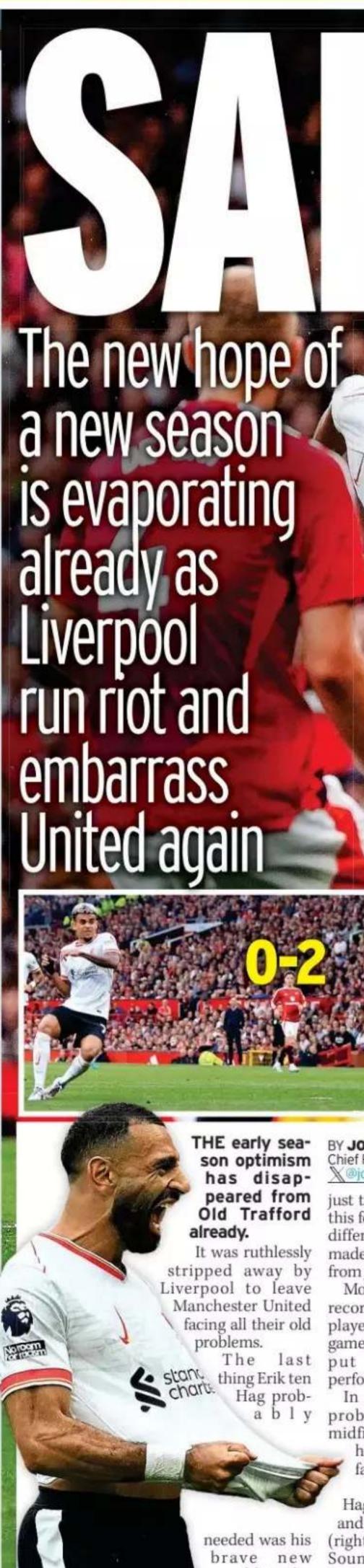
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MANCHESTER LINITED

DOMESTIC CONTROL OF STREET	
Sep 14 Southampton (away)	PL
Sep 17 Barnsley (home)	
Sep 21 Crystal Palace (away)	
LIVERPOOL	
Sep 14 Nottingham Forest (home)_PL
m	-

Sep 17 AC Milan (away) Sep 21 Bournemouth (home)PL

mirror.co.uk/sport/football



Mo Salah (left) carried on setting new records - becoming the first visiting player to score in seven consecutive games at Old Trafford - while Luis Diaz put in another sensational performance.

In contrast, all of United's old problems were there as Brazil midfielder Casemiro was hooked at

half-time after being horribly at fault in both Diaz's first-half goals.

The United fans booed when Ten Hag substituted Alejandro Garnacho and they barracked Marcus Rashford (right) when he failed to track back. Sound familiar? They are already world to be questioning the manager.

tested by It was a bold decision to stick with riot and their per-Liverpool Ten Hag in the summer but, after two fect start might

all too familiar. United appear to be treading water under Ten Hag because there was no cohesion, pride or identity.

Liverpool sliced through United with so much ease and the harsh reality was the visitors could - and probably

should - have won more comfortably.

Slot's men were slick, the new-look midfield purred with Ryan Gravenberch running minutes.

Casemiro lost the ball, Gravenberch led a charge forward and then

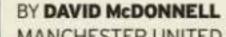
pdr

Salah put over a cross for Diaz to head home at the back post with United's defence AWOL.

Seven minutes later, it was 2-0. Casemiro lost the ball again. Salah then put over a low cross and Diaz, who started the move, slotted into the bottom corner.

> No wonder United subbed Casemiro at the break. United signed Manuel Ugarte late on





MANCHESTER UNITED fans were given a taste of things to come before kick-off against Liverpool.

Manuel Ugarte (below), their new £50million signing from Paris Saint-Germain, was introduced to the home fans on the Old Trafford pitch and given a rapturous welcome.

And after 45 minutes of watching Casemiro toil and single-handedly gift Liverpool two goals, Ugarte's debut cannot come soon enough for United, their fans and boss Erik ten Hag.

Put simply, Casemiro was a liability throughout the first half, conceding possession cheaply and underlining just why United should have cashed in on the 32-year-old Brazilian in the summer.

Having watched Casemiro effectively hand three points to United's arch-rivals, Ten Hag had seen enough and hauled him off at the break, replacing him with 20-year-old Toby Collyer.

Yet Casemiro should not have been anywhere near the United starting line-up this season and would not have been, had the pursuit of Ugarte not gone all the way down to transfer

Ugarte will soon be on the Case

deadline day. That meant United missed the deadline for registering Ugarte in time to face Liverpool, but given his last action was for Uruguay in the Copa America in July, he would not have been ready to play.

Yet it was evident last season, when his form fell off a cliff and made his impressive first campaign for United feel like a trick of the mind, that United had to offload Casemiro.

Yet he stayed, with Scott McTominay joining Napoli for £25.7m, chiefly because that fee counts as pure



when meeting the Premier League's profit and sustainability rules.

After Casemiro's horror show, one thing is certain -Ugarte will partner Kobbie Mainoo in midfield for United's next game, away to Southampton in the league on September 14, barring

expected.

a goal since March 17, was anonymous again, while summer signing Matthijs start and was ultimately replaced.

With two defeats from

Many more afternoons like this and his position will be under serious threat.

profit for an academy player

any injury.

Casmerio was the worst of United's players, but by no means was he alone in falling below the standard

Marcus Rashford, without De Ligt folded after a decent

three games, Ten Hag is already under huge pressure, having clung on to his job in the summer.

deadline day to replace Casemiro and the £50million Uruguay midfielder was presented on the pitch before the game.

United brought on rookie Toby Collyer to replace Casemiro and Ten Hag will only want to be judged when Ugarte is embedded in their midfield. Mind you, the new-look defence did not look very secure.

Liverpool got a third after 56 minutes when Alexis Mac Allister robbed

Kobbie Mainoo – the United malaise was even getting to him - and Dominik 💣 Szoboszlai fed Salah who smashed home.

The Egyptian king has scored 10 goals in nine appearances in all competitions in United's backyard.

Liverpool (captain Virgil van Dijk, below) could have had more as Salah went close and Szoboszlai passed up a big opportunity while trying to pick his spot when he should have just shot.

Alexander-Arnold sulked when he got substituted last week while this time he punched the air before sitting down to the delight of the

away end. They have all bought into Slot's new winning machine. You have to admire United for sticking with Ten Hag and rewarding him for lifting the FA Cup last season.

> But despite another big summer in the transfer market, it is clear they still have so many problems to

FROM BACK PAGE fortunes. United are 14th with three points, but Ten Hag said: "It will take time. It's not like I'm Harry Potter. That's what you have to acknowledge.

"If you see [new signing] Manuel Ugarte, he didn't play so far in the season. Not one minute. So he needs to build his fitness and then we have to build him in the team.

"But that will take a couple of weeks, maybe even months. Joshua Zirkzee has made big steps in the last few weeks and I was very pleased with his performance today."

Salah took his total to talked to me about 10 goals in his last seven contracts. It's not up

TEN HAG: I DO NOT HAVE MAGIC DUTCH

games at United's ground to maintain new manager Arne Slot's 100 percent start to his Liverpool reign.

And Salah said: "This is my last year with the club and I want to enjoy it. I was coming to the game and thinking it could be the last time playing at Old Trafford. No one in the club has

to me, it is up to the club." When asked about Salah's situation, Reds boss Slot (below) said: "At this moment he's

one of ours. I'm really happy with him being one of ours and he played well. But if you

> talk about one player, you just don't do justice to

others."



Toney to bag £84M in Saudi

EXCLUSIVE BY DARREN LEWIS

IVAN TONEY will pick up a staggering deal worth £84million to move to Saudi Pro League's Al-Ahli.

The England striker (top), 28, has signed a four-year contract worth £403,000 a week including bonuses the equivalent of £800,000 a week before tax in the UK to complete his £40m switch from Brentford.

It means Toney will earn more than 13 times the £36,000-a-week wage he picked up at the GTech Stadium where he scored 20 goals in 33 Premier League games for the Bees during the 2022-23 season.

Last season he scored four times in his first five matches following his return from an eight-month ban for breaking FA gambling rules.

In total he netted 72 goals in 141 games since joining Brentford in 2020.

He moved to Saudi Arabia after Brentford refused to lower their £50m price tag, their tough stance scaring off the Premier League's top clubs who were unwilling to overpay for a player out of contract in a year.

At Al-Ahli, Toney will join a squad containing serial Premier League title winner Riyad Mahrez, formerly of Manchester City, ex-Chelsea Champions League-winning keeper Edouard Mendy, and striker Roberto Firmino who lifted two Champions Leagues with Liverpool.

Toney was part of the England squad at Euro 2024, with his three appearances - including the defeat by Spain in the final - all as a late substitute.

He scored a penalty in the shootout victory over Switzerland, when he found the net without looking at the ball as he stared down the keeper.

Toney has six caps and one goal for the Three Lions - and although he was left out of interim England manager Lee Carsley's squad for this month's Nations League games, Toney has not given up on playing for England again.



player loves Old Trafford more than Salah.





OLLIE POPE set his sights on a summer clean sweep after more Gus Atkinson heroics inspired England to a 2-0 series win. And stand-in skipper Pope

expects a much bigger crowd and a far better atmosphere when they do battle with Sri Lanka again at The Oval this week. Pope claimed it was **TURN TO PAGE 46**





KOPPED IT AGAIN

Salah heaped more misery on United and Ten Hag (left) as Liverpool won 3-0

Ten Hag sees United thumped by rivals and says: It will take time. I'm not Harry Potter

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EXCLUSIVE SEE PAGE 51





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FREI & EASY FOR KANE

HARRY KANE bagged his first goal of the season as Bayern Munich beat Freiburg 2-0.

England captain Kane (right) got off the mark from the penalty spot on 38 minutes after Christian Gunter was penalised for handball. Thomas Muller came Bayern's second to mark his 710th match for the club and become Bayern's record all-time appearance holder. **But Vincent**

Kompany's side sit only second behind Heidenheim, who thrashed Augsburg 4-0.

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BAYER LEVERKUSEN (2) 2 RB LEIPZIG E FRANKFURT (2) 3 Larsson 33, Marmoush 56 Arnold 27, Bornauw 3 WERDER BREMEN (0) 0

BAYERH MUNICH (1) 2 Kane 38 (pen), Muller 78 FREIBURG (0) HEIDENHEIM (2) 4 AUGSBURG (0) Beck 69, Breunig 73

Att 14,885

MANTES (Z) 3

Vitinha 34 (pen) Barcola 37, Muani 90

Frankowski 90 (pen)

LENS (8)

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Union Berlin 2	1	1	0	2	1	4
M'gladbach2	1	0	1	4	3	3
VfL Wolfsburg2	1	0	1	4	3	3
B Leverkusen 2	1	0	1	5	5	3
E Frankfurt2	1	0	1	3	3	3
Freiburg2	1	0	1	3	3	3
Hoffenheim 2	1	0	1	4	5	3
Mainz 2	0	2	0	4	4	2
W Bremen2	0	2	0	2	2	2
Stuttgart2	0	1	1	4	6	1
Augsburg2	0	1	1	2	6	1
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VfL Bochum...... 2 0 0 2 0 3 0

FRANCE

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Monaco3	2	1	0	4	1	7
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Le Havre3	2	0	1	6	5	6
Nice3	1	1	1	6	4	4
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Auxerre3	1	0	2	3	6	3
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Angers3	0	0	3	1	7	0

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SPAIN

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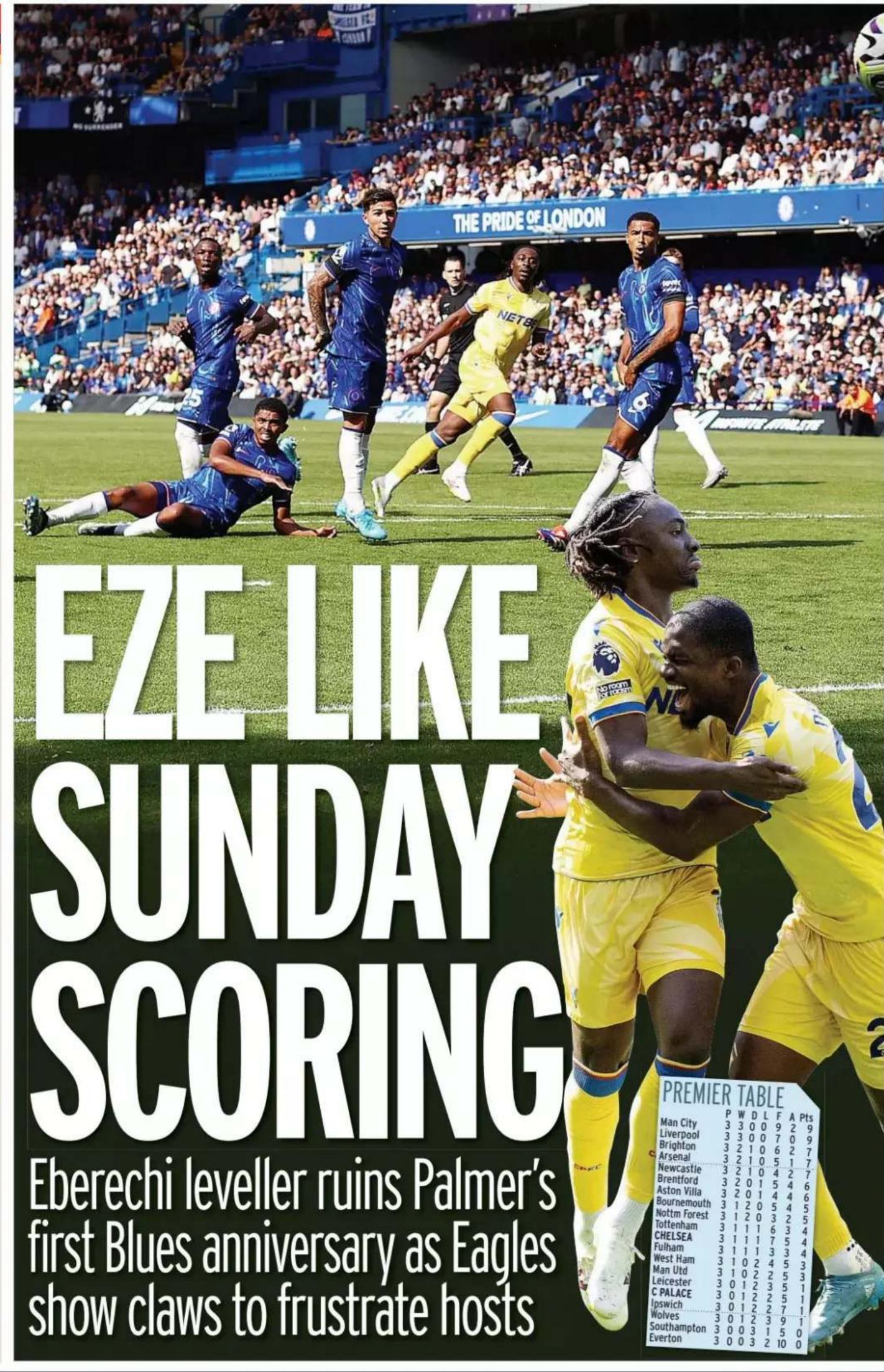
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COMO (0)

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Juventus 3	2	1	0	6	0	7
Torino3	2	1	0	5	3	7
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Monza 3	0	2	1	2	3	2
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Como3	0	1	2	1	5	1



















CHELSEA

BY PAUL BROWN EBERECHI made it look Eze to ruin Cole Palmer's Chelsea anniversary.

It was exactly a year since Palmer joined the Blues from Manchester City in a £42.5million transfer.

And he looked ready to celebrate when he set up Nicolas Jackson's opener with his 15th Premier League assist since that day.

Nobody else across all of Europe's big five leagues has managed so many in that time.

And Palmer also equalled a Chelsea record for most assists in the first three games of a top-flight campaign with his fourth of the season.

But Eagles forward Eze caught fire after half-time and it was Chelsea who got burned as he bagged an equaliser and a well-deserved share of the points.

Chelsea unveiled Jadon Sancho before kick-off, but neither he nor Crystal Palace new boy Trevoh Chalobah were eligible for this

The Blues were as busy in the transfer window as the London Underground was yesterday, with closures meaning packed trains.

And Enzo Maresca's men were just as busy on the pitch at Stamford Bridge too as they looked to build on their 6-2 thrashing of Wolves.

The Eagles dominated West Ham at Selhurst in their previous fixture only to miss all their chances and lose.

But they struggled to peat a relentless Chelsea press at the start of this

game as the home side snapped into tackles. Palmer signalled their intent by whistling a dipping, curling effort from the edge of the box narrowly wide with

end but his shot was comfortably claimed by Robert Sanchez.

the deadlock when Palace failed to deal with a routine long ball, but could not sort his feet out and shot wide.

point-blank range with a brilliant reaction save, tipping his volley over the bar.

Still high on confidence after his hat-trick at Wolves, he was instrumental in Chelsea's opener.

he scampered down the right, fed Palmer, and Jackson was there for the tap-in when the cross came in (below).

Sancho, by that point sitting up in the stand with co-owner Behdad Eghbali, enjoyed it immensely and so did the

the resulting corner as Chelsea pressed for a second. So it was against the run of play when Palace snatched an equaliser from a well-worked free-kick routine that Chelsea could only half clear.

Wharton weaved his way back into the box before teeing up Cheick Doucoure for a shot which deflected to Noni Madueke should have broken Eze in space. The England man (celebrating with Doucoure, left) curled one around Sanchez and in.

> That perked Palace right up and suddenly the game started swinging from end to end as the two teams traded blows looking for a winner.

> Daichi Kamada went close with a shot which squirmed out of the hands of Sanchez and could have gone anywhere.

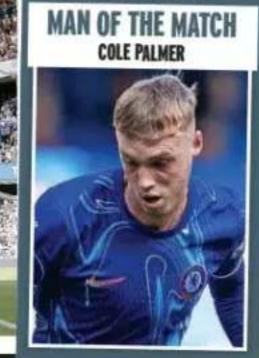
And at times Palace looked the more Skinning Will Hughes on a fast break, likely to nick it although Jackson did have two big chances to seal it for Chelsea in stoppage time, but could not make the most of either

> CHELSEA (4-2-3-1): Sanchez 6; Gusto 6 (Mudryk 74), Colwill 7, Fofana Cucurella 6; Caicedo 6, Fernandez 6; Madueke 8 (Nkunku 86), Palmer 9,

Neto 6 (Felix 58, 6); Jackson 7 CRYSTAL PALACE (3-4-2-1):

of them.

Henderson 8; Clyne 6, Guehi 7, Richards 6; Mitchell 6, Hughes 4 (Doucoure 50, 6), Wharton 7, Munoz 7; Kamada 6, Eze 7; Mateta 5 (Sarr 69, 6)



yellow card. The only one who thought otherwise was the referee.

"We were 1-0 up. It completely changed. The reaction from their bench was quite clear.

the referee did not consider it a vellow card.

changes the game. It was a clear second yellow card but the referee thinks in different ways."

Palace boss Oliver Glasner said: "My assistant said at half-time to take him off but I decided to keep him on longer. I am really happy the referee didn't destroy my Sunday.

"He was a little bit late but it was not a terrible foul."

Maresca also hailed goalscorer Jackson as reports emerged he had signed a new nineyear contract after Chelsea's failure to buy another striker.

He said: "He is signing a new contract. I don't know exactly how many years. I am very happy. He is scoring goals."



BROWNE: TOP CATS ARE NOT

PORTSMOUTH

SUNDERLAND

Championship

ALAN BROWNE says his Sunderland team-mates will keep their feet on the ground despite the club's best start in 99 years.

The Black Cats head into the international break top of the table after a fourth league win left them with maximum points.

But midfielder Browne is adamant there is no risk of Regis Le Bris (below) and his side getting carried away with their perfect opening to the Championship campaign.

He said: "We've put ourselves into a really

good position. "It's all about

winning and if we can continue to do that then that's all that matters. It's important not to get carried away, and we need to make sure our mindset remains firmly on winning

games as soon as we come back from the international break."

Zak Swanson's first-half own-goal set Jobe Bellingham (top) and his team-mates on their way before a quickfire double from Browne and Romaine Mundle after the break.

But a Luke O'Nien own-goal in added time meant they conceded for the first time in the league.

Browne added: "It was quite comfortable in the end and they didn't trouble us too much.

"We limited them to very few opportunities and even their goal came on our behalf."

Pompey skipper Marlon Pack said: "You have to learn on your feet and it's just having that confidence in your own individual ability because last season proved that we deserve to be at this level.

"It will come for us, and after a really tough start maybe that international break can be a good thing."

CRYSTAL PALACE Dean Henderson diving. Adam Wharton answered at the other

Henderson then denied him from

But Madueke would not be denied.

home crowd.

Palmer tested Henderson after the break, winning and then firing in a free-kick from 25 yards which the

> Palace keeper tipped over. And Henderson then tipped away Levi Colwill's goal-bound header from

card for a foul on Cole Palmer. Blues boss Maresca said: "It was clear to all of us it was a second

"But the fourth official told me

"This kind of thing for sure



POSSESSION

SHOTS ON TARGET

SHOTS OFF TARGET

TOTAL PASSES 347



SHOTS ON TARGET

74% PASSING SUCCESS 77%

CORNERS

OFFSIDE

FOULS

CARDS

MAN OF THE MATCH

ANTOINE SEMENYO

REF: Stuart Attwell ATT: 38,805

SHOTS OFF TARGET 5



COVENTRY NORWICH

Championship

ANGUS GUNN says Norwich's first league win is a clear sign things are starting to gel under new boss Johannes Hoff Thorup.

The Canaries have made a slow start under Thorup, who succeeded David Wagner after last season's play-off semi-final defeat.

But keeper Gunn is convinced there is evidence of progress after Borja Sainz (right) scored the

second-half goal to clinch their first three points of the campaign.

The Scotland star said: "It was definitely our best performance of the season so far. It's massive for us.

"The performances have been pretty good. We've been building towards this result and it's great to get a clean sheet and go away with the three points.

"We can build on this and start picking up more points and start moving up the table. Not picking up the wins at the start of the

season has put us a little bit behind. But it's a long season and we are looking forward to it."

Milan van Ewijk admits defeat caught Coventry by surprise.

The Sky Blues defender said: "A game like today just should not happen because we were feeling good.

"I believe in our ability to bounce back. We have shown it the last couple of seasons and already this season. We are able to bounce back, and I know we will be alright."







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EVERTON BOURNEMOUTH

BY MARK JONES

ANDONI IRAOLA made a beeline for Sean Dyche at full-time, later admitting he'd told him Everton had been the better team.

But there were two Toffees on show here.

The one Bournemouth boss Iraola was referring to had dominated for 80 minutes, registering 17 shots and flying into a two-goal lead by the hour when they could have had four.

And then there was the Everton who couldn't get out of their own half in the

final 10 minutes plus stoppage time. Pinned back by PKEMIEK LEAGUE' fear, exhaustion and fearless substitutions from Iraola, they crumbled.

No team in Premier 349 TOTAL PASSES 392 League history had ever led by two goals as late as the 87th minute and somehow lost.

But Antoine Semenyo's finish from a cross from Dango Ouattara, one of Iraola's brilliant changes, spread such panic among the hosts that Bournemouth could have won by more.

"Win your tackles, win your headers, win your races and you win the game," growled an exasperated Dyche after what he admitted was the most frustrating result of his career.

"Part of learning is when you can smell it on the pitch. We're still playing

one-twos and going for overlaps. You 4-3 in March. don't need to."

The Goodison crowd had been enjoying those one-twos and overlaps on an afternoon in which the initial tension had been blown away by Everton's start.

Dominic Calvert-Lewin headed just Harrison went close before Cherries debutant Kepa Arrizabalaga saved well from the lively Iliman Ndiaye.

In ex-Sheffield United star Ndiaye and midfielder Tim Iroegbunam, signed from Aston Villa, there are signs that Dyche has done a good job in the summer window amid obvious financial constraints.

Both were heavily involved in the

heady seven-minute period when the hosts raced into the two-goal lead their play deserved.

Calvert-Lewin, fit and revitalised after another summer of being linked away, chested down for Michael Keane to spear home.

Soon afterwards the forward latched onto Dwight McNeil's pass to clip over Kepa for an excellent second, a fitting moment on a day when Kevin Campbell - another fine player to wear that Everton No.9 shirt - was remembered.

Seamus Coleman somehow didn't score in between the two goals, before Ndiaye went close twice and James Tarkowski hit a post.

Then came the turnaround.

Iraola had made all five of his substi-

tutions before Dyche had made even one, a key factor on such a hot day, and Bournemouth would register 10 shots beyond the 82nd minute.

The spiky Semenyo, who had enraged the home crowd when clashing with Tarkowski, heightened the tension by tapping in Ouattara's cross and suddenly the fear grew.

Luis Sinisterra then took over, crossing for Lewis Cook to head his first Premier League goal at the 139th time of asking, before, four efforts at Jordan Pickford's goal later, Sinisterra was left alone by Vitaliy Mykolenko to head the winner.

"We have the experience from previous comebacks," said Iraola, whose side came from 3-0 down to beat Luton

"You can feel it when you need this first spark of scoring the first one. Everyone started to say, 'Hey, we can do it!""

That Luton defeat was a nail in the Hatters' relegation coffin last season.

It is too early to say Everton, now on wide, while Idrissa Gueye and Jack three defeats from three, will go the same way, but fear can quickly spread.

> EVERTON (4-2-3-1): Pickford 6; Coleman 6, Tarkowski 6, Keane 6, Mykolenko 5; Iroegbunam 7, Gueye 6; Harrison 7, Ndiaye 8 (Doucoure 83), McNeil 7; Calvert-Lewin 8 (Beto 88).

BOURNEMOUTH (4-2-3-1): Kepa 7; Araujo 6 (Smith 77), Zabarnyi 6, Senesi 5 (Huijsen 77), Kerkez 5 (Ouattara 65, 8); Cook 7, Christie 5 (Scott 65, 7); Semenyo 8, Kluivert 7, Tavernier 7; Evanilson 5 (Sinisterra 65, 8).

LEWIS COOK says his first Premier League goal was a case of practice making perfect.

The Bournemouth midfielder headed home Luis Sinisterra's cross for the Cherries' stoppage-time equaliser at Everton, before Sinisterra stunned Goodison Park with the winner moments later.

Cook's header was just his fifth goal in 307 appearances, but all of the previous four had come in

"We'd done some crossing and finishing the day before and I scored guite a good header and everyone was laughing," said the 27-year-old. "When I

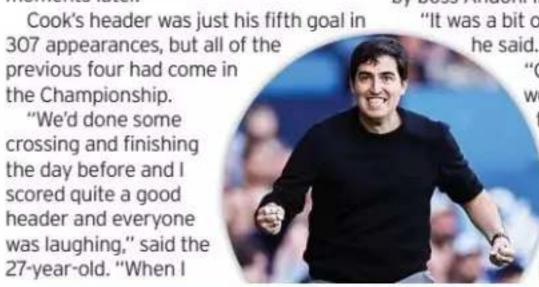
scored the goal, I just thought of my son straight away and got the celebration in for him. Hopefully they've got a good picture of that for me."

The goal and the dramatic nature of the victory capped a huge week for Cook, who was captaining the Cherries for the first time following the deadlineday sale of goalkeeper Neto to Arsenal by boss Andoni Iraola (inset).

"It was a bit of a crazy game for me,"

"Obviously delighted to wear the armband for the first time in the Premier League and score my

first goal in the Premier League, but it was probably one of my worst performances in the Premier League!"







WE'RE FAR-KE FROM READY TO GO UP YET

LEEDS

HULL

Championship

DANIEL FARKE says his Leeds side are not yet ready to be branded promotion favourites.

The Whites boss (below) heads into the rest of the season with a new-look squad after a busy transfer window.

And he says it will take time for his players to gel and get up to speed with the demands of the Championship.

The German said: "What we have is definitely a really good group, a good basement group and an exciting group.

"And right now it's up to me to work with them in order to get the best out of this group.

"We have a chance to play a really good season and then hopefully also a successful season.

"But again, it's a group with not many finished end products.

"Many interesting young players, but much work is needed.

"After back-to-back wins and eight good points out of the opening four games and three key clean sheets, we are on a good path.

"But in this moment we are far away from speaking about having a big brand of being the favourite in this league.

"For that we're lacking a bit of experience and a bit of proven quality on this level, but we have an exciting group, and I'm also excited to work with them."

Mateo Joseph (above) and Joel Piroe scored the second-half goals that clinched Leeds' victory.

Hull midfielder Alfie Jones said: "We didn't really create anything and the chances we did create, the final ball was lacking."



OXFORD PRESTON

Championship

MARK HARRIS is reaping the rewards from Des Buckingham's decision to reshape his Oxford side to get the best out of the striker.

Harris (right) maintained his goal-a-game record in the Championship when he struck the U's opener.

That took his tally to four league goals for the season and demonstrated why Wales boss Craig Bellamy

has included him in his first international squad.

Oxford boss Buckingham said: "When I came in, we felt he was a player who could really complement what we do.

"We know he can finish but we saw him spending a lot of time outside the box.

"So we changed the formation, the way we set up, to try to allow him to stay central and allow others to create for him because we know, if we can get it in the box, the range of finishing he has." Emil

international break will give new Preston boss Paul Heckingbottom the chance to stamp his mark on the side.

North End striker Riis said: "Obviously the manager can work with us a bit more and get us more into what he wants to do.

"It's important for us to learn 100 percent what he wants to do and work on that. He's come in with a lot of positivity and a lot of belief in us and that's what we need."



Rice is often Arsenal's ace in the pack and he says he will learn from red mist... but could he suffer from midfield reshuffle?





ARSENAL BRIGHTON

BY STEVE JUDGE DECLAN RICE vowed to be better after being sent off for the first time in his career.

However, just where on the pitch he will be given the opportunity to improve may be open for debate.

challenging season for Rice. The receiver of the ball while being more of argument about whether the 25-yearold can play the holding midfield role at the highest level has started to turn against him.

a big plus for counter-attacking managers like David Moyes and Gareth Southgate, but are less valued by his current club and country bosses.

If the inclusion of Angel Gomes in Lee 38th-minute opener. Carsley's first England squad is any indicator, then the interim manager prefers players with the ability to play on the half-turn in the No.6 role.

Mikel Arteta took the decision to stop playing Rice there at the turn of the year. with any consistency.

So far this season, the Gunners boss has continued to prefer Thomas Partey as his holding midfielder with Rice in a more advanced role on the left.

Rice struggled to impact the game against Brighton in areas of the pitch which look better suited to summer signing Mikel Merino.

His 49th-minute red card did little to help his case, or that of his team-mates - even if his second yellow for flicking the ball away as Joel Veltman tried to take a free-kick (above) felt harsh.

you, and I was lucky that my teammates really helped me out and we didn't lose the game.

"I'll learn from it, I really appreciate the fans' support as always. It's not in my nature to get red cards, so I'll learn from it, I'll see where I can be better, and I'll be back for sure.

"I'm sure this group of players is only going to strive towards one thing and that's to be successful."

If Rice is to be successful in Arteta's This already looks like being a side, he needs to evolve as a passer and a goal threat or he could find himself missing more than the North London Derby he is now suspended for.

The deadline day arrival of Raheem His trademark bursts from deep were Sterling (right, below) is unlikely to have an impact on the starting roles of Bukayo Saka and Kai Havertz who linked up for the latter to lob Brighton keeper Bart Verbruggen for Arsenal's

> But the left-hand side could face a major overhaul, with Sterling capable of usurping Leandro Trossard who started against his former club and Gabriel Martinelli who both struggle to perform

Rice's red card paved the way for Joao Pedro to level in the 58th minute after David Raya had blocked Yankuba

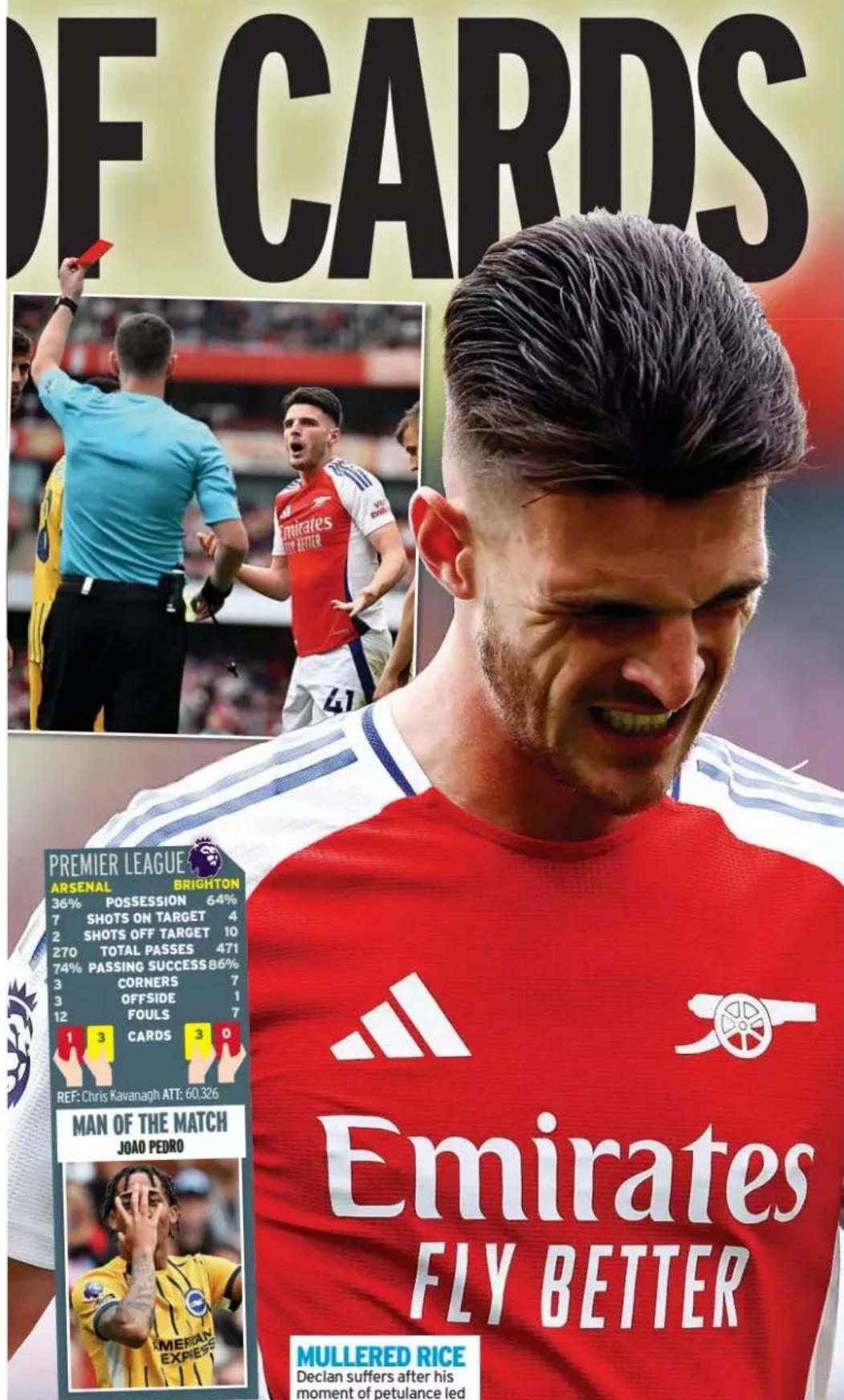






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IN ASSOCIATION WITH SCREWEIX



Minteh's shot. Havertz and Saka went close to getting Rice out of jail but had late efforts well saved by Verbruggen, while Arsenal keeper Raya did well to keep out a Yasin Ayari effort.

Rice added: "A draw is not ideal because we want to win every game. But we had 10 men for 50 minutes so in the end I think it's a really strong point.

"It's only been three weeks since the start of the season, and we're going in the right direction."

ARSENAL (4-1-2-3): Raya 6; White 6, Saliba 6, Gabriel 6, Timber 6 (Zinchenko 80); Partey 6; Rice 5, Odegaard 6 (Martinelli 74); Saka 7, Havertz 7, Trossard 6 (Calafiori 59, 6)

BRIGHTON (4-2-3-1): Verbruggen 7; Veltman 6 (Estupinan 73), Van Hecke 7, Dunk 7, Hinshelwood 7; Milner 5 (Ayari 17, 7), Baleba 7; Minteh 6 (Rutter 73), Pedro 8, Mitoma 7 (Adingra 85); Welbeck 6 (Enciso 85)





BY STEVE JUDGE **BUKAYO SAKA loves the** way his connection with Kai Havertz is blossoming.

The England winger set up Havertz for Arsenal's opening goal after 38 minutes with a cheeky lobbed pass over Brighton defender Jan Paul van Hecke. That was then surpassed by the German's lob over Seagulls keeper Bart Verbruggen (below) to give Saka a third assist of the season.

Saka (with Havertz, above) said: "I really enjoy playing with him. He is a man who has some great movement, always in behind defenders. "He is a big threat in the

box so I try to look for him. He is on fire scoring goals right now, which hopefully he can continue."

Saka held his hands up to the fact that Arsenal scored only once. He was guilty of missing early and late chances, and revealed boss Mikel Arteta had focused on that after the game.

Saka said: "When we have the game we have to finish it off, especially in the first half." The north London derby

is next for Arsenal, and Saka assured Arsenal fans their focus will not be impacted by the international break, adding: "We will be ready for that."

Emirates FLY BETTER



BY STEVE JUDGE PREPARATION and belief were the keys to sub Yasin Ayari answering the early call to replace the injured James Milner.

The Brighton midfielder (battling with Arsenal's Bukayo Saka, right) was thrust into action off the

Milner hobbled off early on.

bench after

He has been involved in all three Premier League games under new manager Fabian Hurzeler, the Swede's best run since joining the Seagulls from AIK in

2022, having spent the past two seasons on loan at Coventry and Blackburn.

Ayari said: "I always believe in myself. I always think that if I get the chance I will show that I'm a the training pitch and train good player. I'm always

ready, I train hard every day to be ready for these chances and I think I took it.

"Every time I'm on the bench I watch the guy I'm playing against, how he's moving. I prepare every time the day before, looking at videos, so I'm always prepared." Ayari's only

disappointment is that he did not help

Brighton win. He had a golden chance to seal it late on after a Jan Paul van Hecke shot fell to him with Arsenal keeper David Raya out of position.

Ayari, 20, added: "I know that if I see that the keeper's on the left side I'll just put it in the right, but in those moments everything goes so quickly. I just need to get back to a bit more."



SPECIAL DAY FOR BAGGIES SCORER JAY

WEST BROM

SWANSEA

Championship

BY IAN WINROW

JAYSON MOLUMBY admits his first goal in 16 months triggered a huge outpouring of relief.

The West Brom midfielder, 25, missed the second half of last season with a foot injury.

His first strike (below) since April 2023 helped draw a line under that frustrating lay-off and provided the perfect boost for the Republic of Ireland international after a positive start to the campaign.

Molumby (above) said: "It's been a long six or seven months for me. Even longer maybe since I've been out.

"I'm back in the team and the team's winning so I'm buzzing, and that's all we want to do as players, just win games."

Molumby's match-winner meant the Baggies lie second in the table after the opening four games. "We're delighted with our start, there's no denying it," he said. "Our unbeaten start is great and we should have probably beaten Leeds as well, but it's credit to the boys.

"We want to make The Hawthorns a tough place to come and we've done that in the first two games so it's about building on that now and keeping going."

Josh Key believes Swansea's second-half display set the standard for the coming months.

The Swans defender said: "If we had come in at half-time 0-0, then I think we would have gone on to win that game, but we have to manage the games better and stay switched on for the whole 45 minutes of each half.

"The second half can sum up what we can do. West Brom will be a team right up there this season and we went head to head with them. We have to do that more consistently."



for his hat-trick goal



NEAR MISS A MINOR ISSUE FOR MORRIS

CARDIFF

RDIFF

MIDDLESBROUGH Championship

BY IAN WINROW

AIDAN MORRIS is still waiting for his first Middlesbrough goal - but is taking Saturday's near miss as a positive sign.

The USA midfielder (above) admitted it would be pushing it to claim Boro's late second when his shot was deflected in off Cardiff captain Aaron Ramsey.

But after making a £3.2m move from MLS side Columbus Crew this summer, the 22-year-old believes it won't be long before he opens his account.

Asked about Ramsey's own goal, Morris said: "I figured it was going a little bit off target but maybe the wind was going to push it back!

"But it means one's coming."
Boro went ahead early in the second half through a header from Matt Clarke (below) and Morris is happy the win means Michael Carrick's side have made a positive start.

"I really do like the place we're in," he added. "We have felt everything already in the few games we've had - losses away, draws we should have won, wins we've managed really well.

"And that's really important at the start of the season, feeling everything, fixing things up, little details we've got to get better at.

"Today put it all on display, everything we have learned so far."

Cardiff are rock bottom of the table going into the season's first break with a solitary point from the opening four games.

Boss Erol Bulut said: "We have to analyse these four games and speak about details.

"There will be changes after the international break. Everybody has to accept it. We will look at the statistics, analyse it, and there will be changes."





KDB awestruck as electric Erling makes it easy as one, two, three

WEST HAM MAN CITY

BY CHARLIE GORDON **ERLING HAALAND is** collecting match balls at a remarkable rate.

The Manchester City striker inspired the champions with his second hattrick in as many games.

City's flawless start to the Premier League season continued and capitalised on Arsenal slipping up

clinical precision.

"In the box, I would say yes (he is the best)," said the Belgian.

"Maybe all-round it would be Kun (Sergio Aguero) but it depends on what you're talking about.

"Erling is the most prolific striker I've played with. I've played with really good strikers, like Kun, (Samuel) Eto'o, Fernando Torres. It's hard to compare but the stats speak for themselves.

"He has started the season on fire - and let's hope he maintains it."

Those stats include the fact that he is scoring at just over a goal per game in the Premier League - 70 in 69 top-flight outings.

And this season, he is out of the gate on record pace. That summer break has made Haaland an even more terrifying prospect, with the 24-year-old sitting on seven goals after only three league games.

However you view the debate on who is the best, the hat-trick field is Haaland's exclusive domain, a fact to which the numbers most certainly attest.

Since signing for City, he has averaged one in every nine league games. To give

scoring legend Aguero.

He had 12 in 275 games, or one every 23 games. The league's all-time leading scorer, Alan Shearer, notched 11 in 441 games, one every 40 games, an average shared with Harry Kane, who had the same number of hat-tricks as Haaland but in 320 games.

Michael Owen also finished their Premier League careers on eight hat-tricks but took 258 and 326 games respectively to get to where Haaland is in 69.

Haaland's masterclass in finishing produced two fabulous examples in the first half hour - one touch to set for a cool strike for Erling doing that, the the opener (inset top left), a magnificent stinging whip for the second (inset bottom left).

A Ruben Dias own goal had briefly put West Ham level but any thoughts of a second comeback were extinguished after the break when Haaland showed poise in a one-on-one to dink the ball over Lukasz Fabianski for another match ball to pack in his bag for the journey home.

Manager Pep Guardiola

at what he does with such that context, take the was close to speechless aforementioned City when asked to sum up Haaland's ability in front of goal, saying that all City have to do is keep offering him opportunities and he does the rest.

> But in a chilling warning to the rest of the league, his response to being asked about a 70-yard run Haaland made to chase back in defence tells you all you Thierry Henry and need to know about the serial winners.

> > "This is the team," said Guardiola. "Of course, I am happy when they do it, but this is the team.

"When they have to go backwards, nobody asks, 'Who has to run?'. Who has to run? Everyone.

"When team-mates see others say, 'Okay, this is what you have to do. And that is fantastic."

WEST HAM (4-2-3-1): Areola 5 (Fabianski 46, 6); Wan-Bissaka 7, Kilman 7, Mavropanos 6, Palmieri 6 (Coufal 71); Alvarez 6 (Soucek 77), Rodriguez 6; Bowen 7 (Summerville 85), Paqueta 5, Kudus 8; Antonio 6 (Fullkrug 71). MANCHESTER CITY (3-2-4-1):

Ederson 7; Akanji 6, Dias 5, Gvardiol 6 (Walker 87); Lewis 7, Kovacic 7; Grealish 8 (Nunes 72), Silva 7, De Bruyne 7 (Ake 87), Doku 6 (Gundogan 68, 6); Haaland 9.

DERBY

BRISTOL CITY Championship

KENZO GOUDMIJN demonstrated perfect timing as he struck his first Derby goal to ensure he has even more to celebrate at this week's family reunion.

The Dutch midfielder has featured in all of the Rams' games this season after making a summer move from AZ Alkmaar, where dad Kenneth is on the coaching staff.

And he picked the one game his father could make to Pride Park to break his duck as he set Paul Warne's side on course for a comfortable win.

And 22-year-old Goudmijn (above) said: "It was the only weekend he could come because AZ Alkmaar played on Friday in the Netherlands.

"So he flew here this morning. I think he's happy about how I performed!

"I didn't see him after the game, but I saw him in the stands, that's good. We'll go home together, so it's nice.

"I should have scored earlier. I'm happy I could make up for it with another one a few minutes later!

"I felt like it was a good strike. I had one thing on my mind as the ball fell to me.

"And it happened, so I'm happy it went in."

Goals from Kayden Jackson and David Ozoh completed the win and Bristol City midfielder Joe Williams said: "It wasn't good enough.

"There's no shying away from it all. We have built up a bit of excitement over the first three games and could have had more points. But today we just weren't there.

"You are not going to go the whole season without facing adversity or disappointment and it's how you come back from that

BY CHARLIE GORDON

WEST HAM manager Julen Lopetegui dismissed the positives from his side's loss to Manchester City.

The two teams were briefly level at the London Stadium and City did not kill the game until Erling Haaland's hat-trick goal in the 83rd minute.

Mohammed Kudus and Crysencio Summerville both hit the post for the Hammers, who gifted City their first goal via a mistake from Lucas Pagueta. And Lopetegui (right)

was left to rue those key moments going against his players.

"When you lose, you can't be happy. Never," said the Spaniard.

"It's true that we did good things but it's not enough. If you want to be able to win these sorts of matches, you need to be more solid.

"Manchester City does not forgive you if you give them gifts.

"I am frustrated for the players because they deserved more from the second half."







PLYMOUTH

STOKE CITY Championship

BY IAN WINROW

MILLION MANHOEF admitted he had to hold his nerve before eventually scoring Stoke's late match-winner.

Manhoef's 83rd-minute strike inflicted a first home defeat on Plymouth boss Wayne Rooney.

But the Netherlands under-21 international (above) was beginning to wonder if it would be his day after failing to take two earlier chances.

The Potters winger, 22, said: "It was relief after two chances.

"You just have to continue. It's in your head a little bit of course and I think that's why I missed the second chance because I was still thinking about the first.

"But eventually you just have to let it slide and believe in your quality and it will come eventually."

Manhoef is part of a young Stoke team whose average age is around 22 - but he says that is no barrier to the ambitions of Steven Schumacher's side.

He said: "It's fun. I'm getting old in this team. We are a young team but you can see the quality in the players and that's why they are starting. But we also have some experience as well.

"We have made a good start. We have a goal in front of us and we are right on schedule.

"It was important that we won here. So the start has been quite OK."

Argyle boss Rooney (below) said: "It's similar to the Hull City game, really, where I felt we were, especially the second half, in control of the game, but were not being clinical and ruthless enough."



Ivan Toney landed in Jeddah after saying farewell to Brentford

No looking back in anger as Toney shoes are filled

BRENTFORD SOUTHAMPTON

BY HECTOR NUNNS BRYAN MBEUMO got a big hug from Ivan Toney as the pair left Brentford's ground - and with it, the passing of the goalscoring baton.

Toney's final act before Bees did not look like leaving the Gtech Community Stadium for the last time was to wish his former strike partner all the best and send Mbeumo out to take the acclaim of the fans.

The 28-year-old's decision to head for the riches on offer in Saudi Arabia may leave some cold but, surprisingly, no top £40million price tag.

Toney's legacy in west London where he scored 72 goals, most of them in just three seasons

above) once here, and an attacking support cast of Kevin and new signing Igor Thiago, the future may offer even more.

farewell speeches in the dressing room afterwards. But the a team worried about where the next goal is coming from. Midfielder Mathias

Jensen (right) said: "Ivan has been brilliant for us but we also have other really good players.

"Ivan came into the dressing room after the game and gave everybody a high five and a English clubs fancied a hug. There was a small speech. double.

"He is a big character and the dressing room.

"But there are plenty of other the ball in from close range. before last term's long ban for big characters in the team and

(celebrating together, circle Bryan getting two goals and Wissa one."

Thomas Frank's team were Schade, Keane Lewis-Potter everything the Saints were not in this game - ruthless, efficient and free of major and There were emotional costly errors.

It is three games and three defeats for Russell Martin's men since promotion, and the commitment to playing out from the back is in the spotlight after bad mistakes led to Mbeumo's two goals.

Kyle Walker-Peters got away with one first and then either side of half-time errors from Taylor Harwood-Bellis and Jan Bednarek handed Mbeumo his

Keeper Aaron Ramsdale, in What cannot be in doubt is everybody knows that so we a miserable debut after his are going to miss him a lot in move from Arsenal, might have done better as Wissa bundled

A stoppage time goal from breaching betting rules. it is going to be exciting to see Yukinari Sugawara was of little However, with Mbeumo how it is going to be in the consequence for Southampton.

scoring twice and Yoane Wissa future. We are very happy with Frank praised Toney for his contribution in getting the Bees into the Premier League and keeping them there.

But he admitted: "In Bryan, Yoane, Kevin, Keane and now Igor we have plenty of attacking options.

"I love talking about Ivan but not when it has been about when he is going to leave, or some kind of ban! But his performances and how he is as a person? I have loved talking about that."

Maybe a small part of the Dane is even a little relieved that the spotlight could be shared around more evenly in the post-Toney era.

BRENTFORD (4-3-3): Flekken 7; Ajer 7 (Roerslev 39, 6), Collins 7, Pinnock 7, Janett 6 (Lewis-Potter 74); Norgaard 6, Jensen 7, Damsgaard 7 (Carvalho 81); Mbeumo 8, Wissa 7, Schade 7 (Van den Berg 74) SOUTHAMPTON (3-5-2): Ramsdale 5; Harwood-Bellis 5 (Dibling 56, 6), Bednarek 5, Stephens 5; Walker-Peters 5, Downes 6,

Smallbone 5 (Fernandes 46, 6), Aribo 5

Armstrong 4 (Archer 46, 6)

(Lallana 82), Sugarawa 7; Brereton Diaz 5,

OFFSIDE FOULS 2 CARDS REF: Josh Smith ATT: 16.955 MAN OF THE MATCH **BRYAN MBEUMO** HOLLYWOOD

SHOTS ON TARGET

SHOTS OFF TARGET

TOTAL PASSES

CORNERS

87% PASSING SUCCESS88%

BY **HECTOR NUNNS**

JACK STEPHENS has urged Southampton to commit fully to their playing style at the higher Premier League level.

Russell Martin led the Saints to promotion from the Championship last season by getting his side to play out confidently from the back.

Defenders Taylor Harwood-Bellis and Jan Bednarek both had their

pockets picked against Brentford to hand Bryan Mbeumo two goals, leaving the visitors - and new keeper Aaron Ramsdale (right) - still seeking a first point.

Martin defiantly insists he will stick with his philosophy. And Stephens (left), the

third of the central defenders, said: "Maybe when you get caught it can dent the confidence. I don't

think we have really committed to it in the three games this season.

"In the first 30 minutes at Newcastle we were excellent, really confident and picked up from where we left off last year. But for some reason we didn't carry that on into the Nottingham Forest game and in this game.

"We have seen when we do it with intensity and the right mentality we are very good at it, and it works.

"Maybe there is a bit of anxiety with how the results have gone so far.

"We have been punished for making mistakes - but we need to push that to one

"I don't think Burnley stuck to their principles last season. For us it is important that we do."





IN ASSOCIATION WITH SCREWFIX

McGinn: I was hard on Jhon in the past but he's found his focus and looks sharp. He is a 'world class' talent

LEICESTER **ASTON VILLA**

BY NEIL MOXLEY JOHN McGINN says the penny may have dropped for Jhon Duran - and Villa are seeing glimpses of his "world-class" talent.

The Scot was so upset with his colleague's lack of focus last season that he called him out in public. But the only shouting out he is doing at the moment is in praise of the precocious 20-year-old forward.

The Colombian made the difference at West Ham on the opening day. And his superb header, just two minutes after leaving the subs' bench, sealed another three-point away day for Unai Emery.

After being linked with He's trained well. He has all the

summer - notably to the Hammers - Duran returned to Villa Park and has knuckled down.

As Villa's skipper McGinn explained: "Last season I was quite hard on him in an intervew after one of the games.

"I spoke about his attitude and how he can improve it, but in all fairness I've been pleasantly surprised. I think the coaching staff and players have been pleasantly surprised too about how he has handled all the speculation and attention surrounding him. He's got his focus back. He doesn't seem to have let anything that went on in the summer affect him. Maybe the penny has dropped.

"If you come and watch training now, he's focused and he's sharp and ready to go.

"He's an Aston Villa player.

several moves during the attributes to be a world-class qualities to play there and to do striker and we're seeing it now. well. He played well."

> "We don't want to see him lose his character, his sense of fun, but it's about doing it at the right times and hopefully he's realised that."

> youngster who took his bow in the Premier League. Dutch defender Lamare Bogarde has been on loan at Bristol Rovers but Emery clearly sees something in him.

> Matty Cash pulled a hamstring last week and the usual tactic has been to deploy Ezri Konsa as an emergency rightback. But, with Diego Carlos unfit, Bogarde was chosen to make his debut.

> Emery said: "He played comfortably. We played him in preseason and, when we use young players, it is because they have the potential. Bogarde has the

It's now six points from nine for Villa and McGinn said: "I think it's been a really good start. If we compare it to last season, which wasn't great, It was a big day for another look where we ended up. I don't think we have hit top form yet."

Amadou Onana put Villa in front from close range and Duran doubled the lead withing two minutes of coming on.

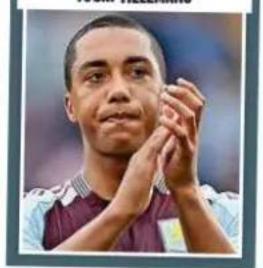
Facundo Buonanotte pulled one back for Leicester.

LEICESTER: (4-3-3) Hermansen 5, Justin 6, Okoli 6, (McAteer 90) Faes 6, Kristiansen 6; Ndidi 7, (De Cordova-Reid 89) Winks 6, Skipp 5, (El Khannouss 68, 5); Ayew 5, (Mavididi 68, 6) Fatawu 5, (Buenanotte 68, 6) Vardy 5

ASTON VILLA: (4-4-1-1) Martinez 6, Bogarde 6 (Nedeljkovic 78), Konsa 7, Torres 7, Digne 6; Onana 6, (Barkley 61, 6) McGinn 6, Tielemans 8, Rogers 5; Bailey 5; (Ramsey 16, 6, Maatsen 78) Watkins 5 (Duran 61, 7)

PREMIER LEAGUE LEICESTER SOUTHAMPTON 58% POSSESSION 42% SHOTS ON TARGET SHOTS OFF TARGET TOTAL PASSES 383 89% PASSING SUCCESS 83% CORNERS OFFSIDE FOULS 5 CARDS REF: David Coote ATT: 31.725

MAN OF THE MATCH **YOURI TIELEMANS**





IS SWEETER THAN HONEY

MILLWALL SHEFF WED

Championship

BY IAN WINROW

GEORGE HONEYMAN says it was crucial Millwall brought their run of hard luck stories to an end.

Lions boss Neil Harris (below) has been clear he believes his side should have had more to show for their early-season performances.

And they finally registered a first league win of the season thanks to second-half goals from Josh Coburn, Duncan Watmore and Jake Cooper.

Midfielder Honeyman (above) said: "There's no better feeling than winning at the Den, especially with a performance like that.

"The manager was very vocal to us about how well we've played in the league and not got what we deserved.

"But that can be a slippery slope in football where you think you are doing well but you are not getting the points.

"So it was important the lads stood up here, everyone as a squad, the new lads and the staff and put on a performance we could be proud of. It's great to get back to winning ways at the Den."

Sheffield Wednesday boss Danny Rohl admitted the heavy defeat was a wake-up call.

He said: "It's a big signal for me that it's the wrong direction and for this I need to find a solution in the next two weeks."

And added: "At the moment we have a lot of individual players, but now it's about finding the right team.

"This is the biggest challenge for me, the new players' expectations and all those things, but you have to find the best team and not trust the best players."



THREE goals in two seasons at Everton for Amadou Onana - and now two in three matches for Aston Villa.

The £50million midfielder (right) finished off a free-kick that was honed on the training ground to give Unai Emery's side first-half breathing space in the right place once again after

his powerful header from a corner at West Ham on the opening day got Villa's campaign up and running.

Emery said: "His adaptation is very good understanding. He's hungry to grow up and has lots of potential.

"He definitely has potential from set-pieces. He scored against West Ham and then enough, and I see enough every day. again today."

Foxes boss Steve Cooper their all. We will only get better."

side "will be all right" this season.

He said: "It's a tough start from the first three games but I'll happily go on record to say that I've seen more than

"Those supporters saw a team giving

TRAORE USES THE FORCE

ADAMA TRAORE can't wait for a repeat of the Return of the Jedi.

The Spain winger (inset) netted his third Fulham goal since joining from Wolves last summer.

He despatched a cross MUNIZ delivered by left-back Antonee Robinson - the man his team-mates call 'Jedi' because he is such a big Star Wars fan.

Traore revealed it had been the result of a previous conversation, and that sequels are planned.

He said: "Jedi has been talking to

me about these balls. He knows I can arrive there with my strength and speed, and he said I have to enjoy more of the balls he

pushes in.

"This season I know the players better, he knows me, so we are growing better."

Traore was a constant menace on the right with his pace and power. He was not afraid to get stuck in either, with an early confrontation leaving Ipswich left-back Leif Davis in a heap.

He also clashed with Kalvin Phillips in the first half.





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TOTAL PASSES 418

86% PASSING SUCCESS 86%

CORNERS

OFFSIDE

FOULS

MAN OF THE MATCH

LIAM DELAP

2

FULHAM

BY JON WEST LUKE WOOLFENDEN reckons it is easier to defend in the Premier League than League One.

Centre-back Woolfenden had Mo Salah and Erling Haaland coming at him in his first two top-flight games.

In this one it was Rodrigo Muniz, with PREMIER Emile Smith Rowe IPSWICH floating behind and Alex Iwobi and Adama Traore on the flanks.

Traore scored, as had Salah on the opening day for Liverpool, while Haaland bagged a hattrick for Manchester City in between.

Easy? Hardly. But being REF: Lewis Smith ATT: 29,517 surrounded by superstars two seasons after playing in the third tier has left Woolfenden no option but to be on full alert for 90 minutes

He said: "It's a bit surreal. We got promoted so quickly, back to back, and it's almost a 'pinch yourself moment' every time you go out there. It's what you dream of as a kid.

"I'm really enjoying it. In a way it is easier at the back now because we are spending a lot of the game defending and you have to be switched on all the time.

"In some ways it is easier but obviously the quality is higher."

The quality was certainly high when Liam Delap smashed home a 15thminute opener.

"When he hits it, it stays hit," Iwobi 6 (Wilson 86); Muniz 6 (Jimenez 79).

Woolfenden added. "I have never seen a kid hit the ball that hard."

Traore hit back in the 31st minute, first time after Antonee Robinson's delivery from the left had evaded Muniz and the whole Ipswich defence.

That quietened a crowd that had provided raucous support from the off - but not for long.

A packed Portman Road offered noisy backing when Kieran McKenna's LEAGUE Sub Took of side needed it most and it was Town

Sub Jack Clarke, the new recruit from Sunderland, curled wide before Bernd Leno denied Omari Hutchinson in stoppage time.

Fan power is going to be crucial if the Tractor Boys can stay up and no one knows that more than local lad Woolfenden, who joined Town as an 11-year-old.

He said: "The fans, it is so good they are with us the whole way.

"They are recognising what we have done and how far we have come. The only way we are going to succeed in this league is if everyone is together. No matter what.

"A fair few of my mates have been here through the 13,000 attendances and stuff like that, so I am buzzing for them that they are experiencing this."

IPSWICH (4-2-3-1): Muric 7; Tuanzebe 6, Woolfenden 7, Greaves 7, Davis 7; Morsy 7, Phillip 7 (Cajuste 71); Ogbene 6 (Chaplin 87), Szmodics 6 (Clarke 81), Hutchinson 7; Delap 7 (Al-Hamadi 81). FULHAM (4-2-3-1): Leno 6; Tete 7, Diop 7, Bassey 7, Robinson 7; Lukic 6 (Reed 86), Pereira 6 (Cairney 87); Traore 7, Smith Rowe 7 (Berge 72),

LEAGUE ONE ROUND-UP

NOTTINGHAM FOREST WOLVES

BY GRAHAM THOMAS

NECO WILLIAMS always believed it was a matter of when and not if Morgan Gibbs-White would get the call from England.

Now, Wales regular Williams reckons his Nottingham Forest team-mate can put form and consistency on the table to trump England selection rivals with bigger reputations.

Williams was 19 when he made his international debut four years ago, but Gibbs-White, 24, has had to be more patient.

He may have long been the hub around which Forest turn - and was again against Wolves - but it needed the wheel to turn from Gareth Southgate to caretaker Lee Carsley for his senior call-up.

"I'm surprised it's taken this long," said Williams of Gibbs-White's inclusion in the squad for the Nations League openers.

"He's been our best player since he's joined the club.

"He is so important for us. He creates stuff, he gets goals and assists, so it was only a matter of time before he got the call."

There will be tough competition for an England starting place, with Gibbs-White up against the likes of Cole Palmer, Phil Foden and new boy Angel Gomes.

But Williams added: "At the moment it's going on how you are doing for your club. That's what it seems players are being picked on now - not just from their names.

"Morgan is consistent and he's getting goals and assists.

Yes, it will be hard to shift them, but hopefully he can put a good stamp on it when he gets there."

Gibbs-White's popularity within the Forest squad can be gauged by the players' reaction to his Three Lions stamp of approval.

"We have televisions in the changing rooms at training and when we saw it everyone was just screaming and shouting," added Williams.

"It was a good moment and we were all so happy for him. I know Morgs has been aiming for this call-up for a long time now.

"We're all buzzing for him."

Gibbs-White used to strut his stuff for Wolves, who have never quite replaced his energy, if not his creative flair.

They struggled to quell his influence at times, although this was a match which neither side seemed able to grip completely.

It veered from dim to dazzling and back again, but Wolves seemed happier with their first point of the season than Forest did with their fifth.

For former Liverpool wing-back Williams, Forest's unbeaten start to the campaign reflects a more front-foot, assertive approach.

"We are at the stage now where we are disappointed to only get a point.

"Our aim now is to go into games hoping to get three points."

Chris Wood headed Forest in front, but the lead was given up quickly when Jean-Ricner Bellegarde struck a swerving stunner.

Wood had a late effort ruled out for offside, while he might have given away a penalty when the ball struck his arm in his own box.

Elliot Anderson's arrival from Newcastle means not everything has to revolve around Gibbs-White, a sharing of that strain Forest will be relieved by if England duties drain some of their talisman's reserves.

NOTTINGHAM FOREST (4-2-3-1): Sels 7; Williams 7, Milenkovic 7, Murillo 6, Aina 6; Sangare 6 (Yates 58, 6), Anderson 7 (Awoniyi 90); Elanga 6 (Jota 90), Gibbs-White 7, Hudson-Odoi 6 (Sosa 80); Wood 7.

WOLVES (3-4-2-1): Johnstone 7; Semedo 6 (Doherty 75), Mosquera 6, Dawson 8; Toti 7, Gomes 6 (Hwang 61, 6), Lemina 7, Bellegarde 7 (Guedes 75); Cunha 7, Ait-Nouri 6 (Doyle 61, 6); Larsen 6 (Andre 87).



IN ASSOCIATION WITH

Gibbs-White will roar for Lions says Neco

BY GRAHAM THOMAS

SAM JOHNSTONE insists he is happy to share Wolves' goalkeeping duties with Jose Sa - although Arab cash may yet spoil that arrangement.

Johnstone (inset) made his debut after his £10m move from Crystal Palace and proved his worth with a brilliant save to deny Chris Wood a winner.

He would be content to fight it out with Sa for the No.1 spot but several Saudi Pro League clubs are keen

to tempt the Portuguese with a gold-plated move. "It's a good goalie group," said

Johnstone, 33. "They all welcomed me into the group and we're all going to compete to play. "That's healthy. You need competition and we'll

take it from there. "We have to get along and train with each other every day and work it out."

Johnstone, who won the last of his four England caps three years ago, had one of the best seats in the house for Wolves' first goal from outside the box for 47 matches from Jean-Ricner Bellegarde.

He added: "It was a great strike. I was right behind it and it moved quite a bit."



PARKY'S BOYS HAVE THE WREX FACTOR

WREXHAM boss Phil Parkinson is confident his "outstanding" side can hold their own in League One after a 2-0 victory at PETERBOROUGH moved them level on points with leaders STOCKPORT.

Jack Marriott scored against his old club to put the promoted Welsh side in front (above) before a header from Max Cleworth doubled their lead.

"We have to show we are serious contenders at this level," said Parkinson.

"We knew what we had to do against a very good Peterborough side and the shape of the team out of possession was outstanding."

Stockport saw their 100 per cent record ended with a 1-1 draw at MANSFIELD, where Kyle Wootton's header cancelled out Hiram Boateng's opener for the Stags.

Stockport boss Dave Challinor (inset) said: "It was a pretty even game, so we will happily take a point and move on."

BIRMINGHAM also have 10 points after Scott Wright's stoppage-time goal snatched a 2-1 home win over WIGAN.

"We are never going to have easy games. They are all going to be hard," said Blues boss Chris Davies.

HUDDERSFIELD'S 100 per cent start was brought to a halt with a 2-1 defeat at ROTHERHAM.

The Millers - also relegated last season came from behind with a stoppage-time goal from Mallik Wilks (right) after Huddersfield substitute Danny Ward had been sent

Terriers boss Michael Duff was shown a red card after the final whistle, while goalkeeper coach Andy Quy had also been dismissed from the dugout by referee Sebastian Stockbridge for timewasting.

"We are disappointed with the decisions that went against us," said Town No.2 Martin Paterson.

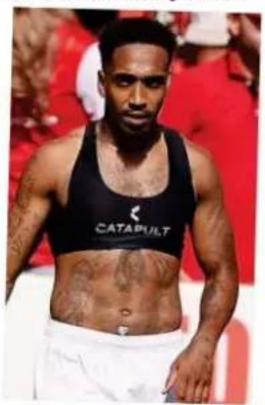
Jack Moylan hit a late penalty to give LINCOLN a 1-0 win at STEVENAGE, where Imps defender Paudie O'Connor was sent off deep into stoppage time for a second yellow.

CHARLTON'S perfect start ended with a 2-0 defeat at READING and

Adam Phillips grabbed a brace as BARNSLEY closed in on the top six after a 3-0 win at CRAWLEY.

Tom Bloxham scored twice late on as SHREWSBURY picked up their first league win of the season after beating LEYTON ORIENT, which leaves the O's pointless at the bottom.

BRISTOL ROVERS beat strugglers CAMBRIDGE 2-0 with a double from Promise Omochere, BLACKPOOL drew 2-2 with WYCOMBE thanks to a late equaliser from Jake Beesley, EXETER won 2-0 at BOLTON and NORTHAMPTON against BURTON finished goalless.



LEAGUE TWO ROUND-UP



BONNER GIVES HIS GILLS A PERFECT TEN

GILLINGHAM boss Mark Bonner hailed the "huge character" of his team after they dug in with 10 men to beat CHESTERFIELD 1-0 and stay top of League Two.

Robbie McKenzie crashed in an early header seemingly to set the Gills on their way to victory, only for skipper Max Ehmer to be dismissed on the hour for a second yellow card.

Chesterfield pushed for an equaliser, but Bonner's men held out, with Spireites defender Chey Dunkley

also sent off in stoppage-time.

"It is a massive result," Bonner (right) said. "To take 10 points from the first four games, and three clean sheets on the bounce with the circumstances, it shows huge character."

WALSALL are in second after a 2-1 win over CHELTENHAM at the Bescot Stadium.

Teenager Nathan Lowe put the Saddlers ahead early in the second half, before Jamille Matt flicked in another just after the hour.

Cheltenham pulled a goal back with five minutes left through substitute George Miller, but Walsall saw the game out to sit just a point behind Gillingham.

"It was a proper team performance and I'm really proud of the lads," Walsall

boss Mat Sadler said. Neo Eccleston's late header gave BARROW a 1-0 win at HARROGATE, which puts them third, one of five teams on nine points.

An early goal from Aaron Wildig kept NEWPORT up with the leaders after a 1-0 victory at MORECAMBE.

Luke Molyneux's brace helped DONCASTER win 3-2 at PORT VALE (Molyneux celebrating, bottom) while AFC WIMBLEDON followed up their Carabao Cup penalty

> Premier League lpswich by beating FLEETWOOD 1-0 to also sit just a point off top spot. NOTTS COUNTY

shoot-out victory over

came from behind to win as David McGoldrick scored twice in a 2-1 victory at strugglers SWINDON.

TRANMERE maintained their unbeaten league start as Omari Patrick's brace helped secure a 2-1 win at CARLISLE, who later parted company with manager Paul Simpson.

Chris Long's header in stoppage-time saw CREWE fight back to defeat BROMLEY 2-1 after the EFL new boys had taken a second-minute lead through Lewis Leigh.

COLCHESTER substitute Ben Goodliffe scored a late equaliser to snatch a 1-1 draw at ACCRINGTON and GRIMSBY beat BRADFORD 2-1.





IN ASSOCIATION WITH SCREWEIX

SHEFF UTD WATFORD

BY ROSS HEPPENSTALL TURBULENT barely begins to describe Sheffield United's summer, but a bizarre firsthalf winner maintained their unbeaten start and wrecked Watford's winning run.

The Blades were relegated in pitiful fashion last season, sparking a mass exodus and a huge raft of new arrivals.

After four games of the Championship campaign, Chris

Wilder's men have yet to lose and slaying the Hornets underlined their promotion pedigree.

Callum O'Hare, signed from Coventry as part of the summer rebuild, forced the crucial goal in the second minute to settle a fractious encounter.

O'Hare (celebrating with Oliver Arblaster, circle) reached the - when we had to fight - we got right-hand byline and his cut-back hit Hornets goalkeeper Daniel Bachmann before finding the net (below).

Bachmann (with Wilder, above) redeemed himself with a penalty save from Kieffer Moore in the 17th minute but the Blades held on for a potentially priceless victory.

Wilder, who had an 11-game spell in charge of the Hornets last year, said: "I met some good people at Watford but this is my club and it was there to be won today. In possession we controlled the game and out of possession

the balance spot on.

"It set alight our supporters and, when I talk about a proper Sheffield United performance, this had that feel to it, which I love against good opposition.

"Sometimes you've got to grind it out. The supporters recognised that we needed them just as much as they needed us. They pushed us over the line."

As a proposed takeover by a US-based consortium continues to drag on, Wilder is patiently writing a new chapter at his goals in five games. home-town club.

Seven of his 10 new signings

the post in the second half through Ryan Andrews' longrange strike.

But the Hornets created little else and rookie boss Tom Cleverley admitted: "It was a fair result. Credit to them, they kept possession well and knocked us out of our rhythm. I'm disappointed that we went out with a little bit of a whimper.

"We couldn't find that killer instinct and we need to address why we couldn't break them down because we had scored 15

"I want the inquests to be thorough, but let's not forget where we've come from."

The second half grew increasingly tense and tensions boiled over on more than one occasion - including an ugly melee at the final whistle.

Blades boss Wilder added: "It isn't about stepping over the line, but we're here and we're ready to fight."

Cleverley agreed, adding: "It was an entertaining game that probably boiled over a bit but nothing that was too much."



ARSENAL (1) 1

BRENTFORD (1) 3

Mbeumo 43, 65

EVERTON (0) 2

Calvert-Lewin 57

IPSWICH (1) 1

LEICESTER (0) 1

WEST HAM (1) 1

NOTTM FOREST (1) 1

Buonanotte 73

Wissa 69

Keane 50

Delap 15

Wood 10

Havertz 38

BRIGHTON (0) 1

SOUTHAMPTON (0) 1

BOURNEMOUTH (0) 3

Cook 90, Sinisterra 90

Joan Pedro 58

Sugawara 90

Semenyo 87

ATT: 16,955

ATT: 38,805

FULHAM (1) 1

ATT: 29,517

ATT: 31,725

WOLVES (1) 1

Bellegarde 12

Leigh 2

ATT: 29,918

MAN CITY (2) 3

ASTON VILLA (1) 2

Onana 28. Duran 63

Traore 32

ATT: 60,326

BIRMINGHAM (1) 2 WIGAN (0) 1 May 18, Wright 90 Aasgaard 66; ATT: 26,136 Birmingham: Peacock-Farrell, Laird (Sampsted 51), Klarer, Bielik, Cochrane, Paik, Gardner-Hickman (Leonard 61), Harris (Wright 52), Willumsson, Hansson (Yokoyama 74), May (Dykes

Wigan: Tickle, Carragher (Sessegnon 46), Kerr, Aimson, Chambers, Adeeko (Weir 61), M Smith (S Smith 70), Thomas, Aasgaard, Rankine (McManaman 70), Hugill (Taylor 60). Booked: Tickle 69, Kerr 82, McManaman 90, Ref: Sunny Gill. BLACKPOOL (1) 2 WYCOMBE (1) 2

McCleary 10. Udoh 78 Joseph 32, Beesley 84 ATT 9,143 Blackpool: O'Donnell, Lawrence-Gabriel, Pennington, Husband, Apter (Beesley 79), Evans, Norburn (Carey 79), Hamilton (Ashworth 66), Fletcher (Embleton 66), Joseph, Ballard

(Rhodes 66). Booked: Norburn 21, Evans 44. Wycombe: Ravizzoli, Grimmer (Skura 65), Low, Hartridge, Harvie, Morley, McCleary (Kodua 88), Scowen, Humphreys (Kone 65), Sadlier (Kodua 54), Udoh (Bakinson 88). Booked: Udoh 13. Ref: Darren Drysdale.

BOLTON (0) 0 EXETER (1) 2 Dovle 34, Alli 49 ATT: 22.086 Bolton: Baxter, Forino Joseph, Santos, Johnston, Dacres-Cogley, Dempsey (Collins 65), Thomason, Sheehan (Matete 55), Schon (Osei-Tutu 54), McAtee (Adeboyejo 54), Charles, **Booked:** Santos 23, Johnston 66, Dacres Cogley 90. Exeter: Whitworth, Sweeney, Crama, Yfeko, McMillan, Doyle (Cole 60), Woods, Niskanen, Aitchison (Purrington 73), Magennis (Richards 73), Alli (Cox 87), Booked: Sweeney 10, Niskanen

BRISTOL ROVERS (1) 2 CAMBRIDGE UTD (0) 0 Omochere 30, 48 ATT: 7,893 Bristol Rovers: Griffiths, Moore (Sousa 82), Wilson, Mola, Thomas, Conteh. Garrett, Ward (Sinclair 81), Akono Bilongo (Taylor 81), Sotiriou (McCormick 64), Omochere (O'Donkor 77), Booked: Moore 29. Cambridge Utd: Reyes, O'Riordan, Morrison (Brophy 58), Ibsen Rossi, Gibbons (Njoku 73), Smith, Digby, Andrew (Longelo 73), Stokes, KaiKai (Barton 57), Lavery. Booked: Andrew 55. Ref: Craig Hicks.

53, Whitworth 69, Cole 81, Yfeko 90. Ref: Ben Toner.

CRAWLEY TOWN (0) 0 BARNSLEY (3) 3 Pines 12, Phillips 23, 45 (pen)

Crawley Tn: Wollacott, Mullarkey, Mukena, Flint, Camara, Bragg (Forster 46), Williams, Kelly, Anderson (Swan 46), Darcy, Hepburn-Murphy (Adeyemo 73). Booked: Forster 65, Hepburn-Murphy 65.

Barnsley: Slonina, Durand de Gevigney, Pines (Roberts 80), Earl, Cotter, Craig, Connell, O'Keeffe, Phillips, Watters (Marsh 9), Lofthouse (Yoganathan 68). Booked: Pines 13, Connell 84. Ref: Lee Swabey.

MANSFIELD (1) 1 STOCKPORT COUNTY (1) 1 Wootton 37; ATT: 8,293 Mansfield: Pym, Akins, Hewitt (Bowery 66), Oshilaja, Cargill, McLaughlin (MacDonald 77), Boateng, Reed, S Quinn (Lewis

77), Gregory, Evans (Waine 87). Stockport C: Addai, Onyango, Horsfall, Pye, Touray, Camps, Norwood, Fevrier, Collar, Barry (Olaofe 77), Wootton. Booked: Camps 11. Ref: Scott Oldham

	P	W	D	L	F	A	Pts
Stockport Cty	4	3	1	0	8	1	10
Wrexham	4	3	1	0	8	2	10
Birmingham	4	3	1	0	8	5	10
Lincoln City	4	3	0	1	9	5	9
Huddersfield	4	3	0	1	6	3	9
Charlton	_4_	_ 3 _	0_	_1_	4	2	9
Barnsley	4	2	1	1	8	5	7
Reading	4	2	1	1	5	4	7
Bristol Rovers	4	2	1	1	3	2	7
Exeter	4	2	0	2	5	4	6
Peterborough	4	2	0	2	6	6	6
Crawley Town	4	2	0	2	3	5	6
Northampton	4	1	2	1	4	4	5
Mansfield	4	1	2	1	7	9	5
Wycombe	4	1	1	2	8	8	4
Stevenage	4	1	1	2	2	3	4
Rotherham	4	1	1	2	2	4	4
Bolton	4	1	1	2	2	5	4
Burton Albion	4	0	3	1	5	6	3
Shrewsbury	4	1	0	3	4	6	3
Wigan	4	1	0	3	2	5	3
Blackpool	4	0	2	2	7	11	2
Cambridge Utd	4	0	1	3	4	9	1

Leyton Orient 4 0 0 4 2 8 NORTHAMPTON (0) 0 **BURTON ALBION (0) 0** ATT: 4,505 Northampton: Burge, McGowan (Odimayo 83), Baldwin, Guthrie

Koiki (Brough 74), Hondermarck (Dibley-Dias 76), Chouchane (Sowerby 74), Pinnock, McGeehan, Hoskins, Morton (Wilson 83). Booked: Hondermarck 26, McGeehan 34, Chouchane 54. Burton Albion: Crocombe, Vancooten, Sweeney, Armer, Kalinauskas (Williams 80), Chauke, Watt, Godwin-Malife (Akoto 80), Whitfield, Orsi-Dadomo, Bodin (Cooper Love 24). Booked: Kalinauskas 33, Watt 34, Orsi-Dadomo 43. Ref: Ben Atkinson. PETERBOROUGH (0) 0 WREXHAM (2) 2

Marriott 28, Cleworth 39 ATT 12,104 Peterboro': Steer, Curtis (Nevett 80), Fernandez, Wallin, Sparkes (Hayes 68), Kyprianou, Collins, Poku, Randall (Conn-Clarke 46), Odoh, Mothersille (Jade-Jones 67). Booked: Sparkes 47. Wrexham: Okonkwo, Barnett (Revan 84), Cleworth, O'Connell, O'Connor, McClean, Cannon (Rathbone 62), Dobson, Lee, Palmer (Fletcher 70), Marriott (Mullin 69). Booked: Palmer 45, Mullin 88. Ref: Carl Brook.

READING (0) 2 CHARLTON (0) 0 Savage 66, Smith 76 ATT: 14,778 Reading: Pereira, Craig, Mbengue, Bindon (Dean 73), Dorsett (Abrefa 63), Elliott, Wing, Savage, Akande (Tuma 87), Smith, Ehib-hatiomhan. Booked: Mbengue 33, Smith 77, Dean 85, Abrefa 90. Charlton: Mannion, Mitchell, Jones, Gillesphey, Ramsay, Docherty, Coventry, Berry (Anderson 46), Small (Kanu 78) Ahadme (Aneke 68), T Campbell (Godden 68). Booked: Berry 20, Godden 77, Jones 88. Ref: Thomas Kirk.

ROTHERHAM (0) 2 HUDDERSFIELD (0) 1 C-Harris 77 (pen), Wilks 90 Hodge 74; ATT: 10,404 Rotherham: Phillips, Odofin, Humphreys, McCart, James, Tiehi (McWilliams 90), Kelly, Powell, Wilks, Nombe (Esapa Osong 90), Clarke-Harris (Hugill 86). Booked: Tiehi 45, Wilks 90. Huddersfield: Nicholls, Lees, Helik, Lonwijk (Ruffels 86), Hogg. Sorensen, Evans (Hodge 67), Wiles, Miller, Koroma (Turton 86). Marshall (Ward 67), Booked: Lonwijk 9, Evans 47, Sorensen 68. Sent-off: Ward 72, Ref: Sebastian Stockbridge

SHREWSBURY (1) 3 LEYTON ORIENT (0) 0 Castledine 22, Bloxham 82, 90 Shrewsbury: Savin, Hoole, Feeney, Nsiala, Benning, Gilliead (Nurse 90), Perry, O'Reilly (Bloxham 61), Castledine (Marquis 79), Shipley, Lloyd. Booked: O'Reilly 36, Benning 64. Leyton 0: Hemming, Clare, Cooper, Happe (Beckles 49), Sweeney (Perkins 80), Brown (Pratley 52), Galbraith, Agyei, Donley, O'Neill (Jaiyesimi 52), Kelman. Booked: Sweeney 62. Ref: Martin Cov.

STEVENAGE (0) 0 LINCOLN CITY (0) 1 ATT: 4,017 Moylan 72 (pen) Stevenage: Cooper, Smith, Sweeney (Goode 21), Piergianni, Butler, Phillips (Freeman 78), Thompson (King 78), Roberts, Kemp, List (White 70), Simpson (Aboh 69). Booked: Smith 48.

Aboh 84, Piergianni 90. Lincoln City: Wickens, Jackson, O'Connor, Roughan, Erhahon, Barikwa, Moylan, Bayliss (McKiernan 59), Jefferies (Hamer 80), House (Cadamarteri 69), Makama (Draper 59), Booked: House 32, Erhahon 44, O'Connor 66, Draper 90, Sent-off: O'Connor 90. Ref: David Rock.

PREMIER LEAGUE

IN ASSOCIATION WITH SCREWFIX

Ť		T	HOME										
		P	W	D	L	F	Α	W	D	L	F	A	Pts
1	Man City	3	1	0	0	4	1	2	0	0	5	1	9
2	Liverpool	3	1	0	0	2	0	2	0	0	5	0	9
3	Brighton	3	1	0	0	2	1	1	1	0	4	1	7
4	Arsenal	3	1	1	0	3	1	1	0	0	2	0	7
5	Newcastle	3	2	0	0	3	1	0	1	0	1	1	7
6	Brentford	3	2	0	0	5	2	0	0	1	0	2	6
7	Aston Villa	3	0	0	1	0	2	2	0	0	4	2	6
8	Bournemouth	3	0	1	0	1	1	1	1	0	4	3	5
9	Nottm Forest	3	0	2	0	2	2	1	0	0	1	0	5
10	Tottenham	3	1	0	0	4	0	0	1	1	2	3	4
11	Chelsea	3	0	1	1	1	3	1	0	0	6	2	4
12	Fulham	3	1	0	0	2	1	0	1	1	1	2	4
13	West Ham	3	0	0	2	2	5	1	0	0	2	0	3
14	Man Utd	3	1	0	1	1	3	0	0	1	1	2	3
15	Leicester	3	0	1	1	2	3	0	0	1	1	2	1
16	Crystal Palace	3	0	0	1	0	2	0	1	1	2	3	1
17	lpswich	3	0	1	1	1	3	0	0	1	1	4	1
18	Wolves	3	0	0	1	2	6	0	1	1	1	3	1
19	Southampton	3	0	0	1	0	1	0	0	2	1	4	0
20	Everton	3	0	0	2	2	6	0	0	1	0	4	0

Watmore (Millwall)

Maja (West Brom)

Harris (Oxford Utd

Kayembe (Watford

3 Weimann (Blackbu)

1 0 0 0	0 0 0	0 1 1 1	1 1 2	0 2 2 3	3 1	Dias 19 (og) CHELSEA (1) 1 Jackson 25	Haaland 10, 30, 83 CRYSTAL PALACE (0) 1 Eze 53 ATT: 39,298
0	0	1	1	4	1	MAN UTD (0) 0	LIVERPOOL (2) 3 Diaz 35, 42 Salah 56
0	0	1	0	4	0	NEWCASTLE (1) 2 Barnes 37 Isak 78	ATT: 73,738 TOTTENHAM (0) 1 Burn 56 (og) ATT: 52,211
)	4	Ma Ph Bo Wo	ay (B nillips odin (ootto	s (Barn: Burton on (Stoc	nam) 4 sley) 3 (Albion) 3 (kport C) 3	LEAGUE TWO Molyneux (Doncaster)	Habib Gueye (Aberdeen).3 Sidibeh (St Johnstone)2

CHAMPIONSHIP

PREMIER LEAGUE

Diaz (Liverpool).

Salah (Liverpool).

Madueke (Chelsea).

E Haaland (Man City)......7

Mbeumo (Brentford)......3

LUTON (1) 1 OPR (0) 2 Dunne 18 (og); ATT: 11,798 Madsen 59, Frey 62 BURNLEY (1) 1 BLACKBURN (1) 1 Foster 10 Weimann 23; ATT: 21,042 Burnley: Trafford, Roberts, Worrall, Esteve (Egan-Riley 83),

Lucas Pires, Laurent (Rodriguez 80), Brownhill, Koleosho (Benson 80), Mejbri (Sarmiento 71), Anthony, Foster. Booked: Meibri 42, Koleosho 67, Foster 76, Egan-Riley 90. Blackburn: Pears, Brittain (Duru 89), Carter, Hyam, Beck, Travis, Tronstad, Weimann (Ohashi 65), Dolan, Hedges (Baker 73), Gueye. Booked: Gueye 31, Travis 34, Brittain 49, Carter 53. Sent-off: Gueye 57, Booked: Hedges 66, Pears 90.

Ref: Tony Harrington. CARDIFF (0) 0 MIDDLESBROUGH (0) 2 ATT: 18,000 Clarke 55, Ramsey 82 (og) Cardiff: Horvath, Ng, Chambers, Daland (Goutas 43), O'Dowda. Siopis, Robertson (Colwill 62), Meite (Tanner 46), Ramsey, Willock (El Ghazi 62), Kanga (Robinson 73). Booked: Siopis 5, Daland 39. Middlesbrough: Dieng, Dijksteel, Ayling, Clarke, Borges, Mor-

ris, Hackney, Jones (Simpson 90), Conway (Gilbert 70), Azaz

(Hamilton 90), Burgzorg (Latte Lath 70). Booked: Morris 69. NORWICH (0) 1 COVENTRY (0) 0 ATT: 27,353 Sainz 49

Coventry: Dovin, van Ewijk, Latibeaudiere, Binks, Bidwell (Dasilva 69), Eccles, Overgaard (Allen 78), Sakamoto (Mason-Clark 46), Rudoni, Wright (Thomas-Asante 78), Simms (Bassette 58). Booked: Latibeaudiere 45, Binks 64, Bassette 70, Eccles 82. Norwich: Gunn, Stacey, Duffy, Doyle, Chrisene (Cordoba 87), Nunez (Gibbs 84), McLean, Crnac (Schwartau 46), Forson (Ben Slimane 46), Sainz (Hernandez 90), Sargent. Booked: Sainz 64, Ben Slimane 90, Gunn 90. Ref: Andy Davies.

DERBY (1) 3 BRISTOL CITY (0) 0 ATT: 29,270 Goudmijn 28, Jackson 60, Ozoh 89 Derby: Zetterstrom, Nyambe (Ward 90), Nelson, Cashin, Elder, Ozoh, Adams, Jackson (Brown 90), Goudmijn (Thompson 86), Mendez-Laing (Barkhuizen 74), Yates (Forsyth 86). Booked:

Bristol City: O'Leary, Tanner, Vyner, Naismith, Pring, Williams, Knight, Sykes (Hirakawa 83), Bird (Mehmeti 64), Twine (Wells 83), Armstrong (Mayulu 64). Ref: Tom Nield. **LEEDS** (0) 2 HULL (0) 0

Fernandez 63, Piroe 82 ATT: 36,517 Leeds: Meslier, Bogle (Byram 83), Rodon, Struijk, Firpo, Gruev (Tanaka 86), Ampadu, Gnonto (Ramazani 74), Aaronson, Solomon (Piroe 74), Fernandez (Rothwell 86). Booked: Rodon 29, Gruev 79. Hull: Pandur, Coyle, Jones, McLoughlin, Giles (Drameh 85), Zambrano (Simons 79), Omur (Palmer 78), Slater (Jarvis 60), Mehlem,

(7.45 unless stated)

Sky Bet League Two

Northern Group A

Salford City v MK Dons (8)

Bristol Street Motors Trophy

Port Vale v Wolverhampton U21

Carlisle v Nottm Forest U21 (7)

Fleetwood Tn v A Villa U21 (7)

Harrogate Town v Liverp'l U21

Doncaster v Huddersfield (7)

Lincoln City v Chesterfield (7)

Bradford v Newcastle U21 (7.30)

Wigan v Morecambe (7)

Blackpool v Crewe (7)

Southern Group A

Birmingham v Walsall

Shrewsbury v Fulham U21

Bromley v Cambridge Utd

TODAY

Group B

Group C

Group D

Group E

Group F

Group G

Group H

Group C

Group D

Barrow v Bolton

TOMORROW

Millar, Bedia (Burstow 84). Booked: Millar 57. Ref: Gavin Ward. MILLWALL (0) 3 SHEFF WED (0) 0 Coburn 58, Watmore 71, Cooper 88 ATT: 14,905

Millwall: Jensen, Leonard, Tanganga, Cooper, Bryan, De Norre, Saville, Esse (Azeez 85), Honeyman (Emakhu 90), Watmore (Wintle Coburn (Langstaff 78). Booked: Tanganga 43, Esse 82. Sheff Wed: Beadle, Valery, Ihiekwe, Bernard, M Lowe, Bannan, S Charles (Ingelsson 83), Gassama (Kobacki 62), J Lowe (Windass 62), Musaba (Valentin 83), Ugbo (Smith 62). Booked:

Bannan 61. Ref: Leigh Doughty. OXFORD UTD (1) 3 PRESTON (1) 1 Harris 20, Goodrham 54 Jakobsen 3 ATT: 11,403

	P	W	Ð	L.	- F	- (4)	Pts
Sunderland	4	4	0	0	10	1	12
West Brom	4	3	1	0	6	2	10
Watford	4	3	0	1	8	4	9
Leeds	4	2	2	0	7	3	8
Blackburn	4	2	2	0	9	6	8
Burnley	4	2	1_	_1_	10	3	7
Middlesbrough	4	2	1	1	5	3	7
Sheff Utd	4	2	2	0	6	3	6
Oxford Utd	4	2	0	2	8	6	6
Derby	4	2	0	2	7	6	6
Stoke	4	2	0	2	3	5	6
OPR	4	1	2	1	6	7	5
Norwich	4	1	2	1	4	5	5
Bristol City	4	1	2	1	6	8	5
Millwall	4	1	1	2	8	7	4
Swansea	4	1	1	2	4	3	4
Coventry	4	1	1	2	4	5	4
Portsmouth	4	0	3	1	6	8	3
Hull	4	0	3	1	2	4	3
Sheff Wed	4	1	0	3	4	9	3
Preston	4	1	0	3	2	8	3
Plymouth	4	0	2	2	2	7	2
Luton	4	0	1	3	2	7	- 1
Cardiff	4	0	1	3	1	10	1

*Sheff Utd deducted 2pts

France v Italy

Oxford Utd: Cumming, Kioso, Long, Brown, Bennett (Leigh 45). McEachran (El Mizouni 77), Phillips (Dembele 35), Rodrigues (Vaulks 76), Brannagan, Goodrham, Harris. Booked: Rodrigues 45. Preston: Woodman, Storey, Lindsay, Hughes, Whiteman, Potts, Thordarson (McCann 72), Greenwood (Holmes 72), Kesler-Hayden (Brady 59), Keane (Okkels 81), Jakobsen (Osmajic 72). Booked: Greenwood 22, Lindsay 52. Sent-off: Lindsay 70, Booked: Brady 76, McCann 90. Ref: Keith Stroud.

PLYMOUTH (0) 0 ATT: 16,934 Manhoef 83 Plymouth: Hazard, Edwards, Szucs, Gibson, Mumba, Houghton

sky bet CHAMPIONSHIP EFL

(Forshaw 77), Randell, Whittaker, Gyabi (Obafemi 62), Cissoko (Bundu 77), Hardie (Tijani 62). Booked: Forshaw 90. Stoke: Johansson, Tchamadeu, Phillips (Gibson 74), Wilmot Bocat, Moran (Dixon 88), Burger, Bae (Gooch 84), Manhoef, Mmaee (Sidibe 74), Koumas (Ennis 74). Booked: Bocat 14, Burger 32, Wilmot 67. Ref: Oliver Langford.

PORTSMOUTH (0) 1 SUNDERLAND (1) 3 Swanson 31 (og), Browne 51 O'Nien 90 (og) Mundle 56; ATT: 20,231

Portsmouth: Norris, Swanson, Williams, Towler, Odilvie, Pack, Dozzell (Yengi 60), Ritchie (O'Mahony 60), Lang (Blair 79). Silvera (Kamara 60), Saydee (Lane 60). Booked: Kamara 78. Swanson 88, Yengi 90.

Sunderland: Patterson, Hume, Ballard, O'Nien, Cirkin, Bellingham, Roberts (Isidor 73), Rigg, Browne, Mundle (Poveda-Ocampo 73), Mayenda (Rusyn 87). Booked: Rigg 44. Ref: Sam Allison. WEST BROM (1) 1 SWANSEA (0) 0

Molumby 45 ATT: 24,175 West Brom: Palmer, Furlong, Ajayi, Bartley, Heggem (Frabotta 82), Molumby (Racic 66), Mowatt, Fellows (Wallace 74), Swift, Ahearne-Grant (Styles 82), Maja (Dobbin 74). Booked:

Molumby 10, Ajayi 20, Heggem 36. Swansea: Vigouroux, Key, Cabango, Darling, Tymon, Goncalo Franco, Grimes, Ronald, Cooper, Eom (Peart-Harris 73), Vipotnik (Bianchini 62). Booked: Tymon 87, Ref: Anthony Backhouse.

SHEFF UTD (1) 1 Bachmann 2 (og)

ATT: 26,914

WATFORD (0) 0

Sheff Utd: Cooper, Gilchrist (Shackleton 60), Souttar, Ahmedhodzic, Burrows, Rak-Sakyi (McCallum 65), Vinicius Souza, Arbiaster, Hamer, O'Hare (Peck 87), Moore (Brewster 87). Booked: O'Hare 83, Ahmedhodzic 86, Cooper 90, Hamer 90, Souttar 90.

Watford: Bachmann, Pollock, Sierralta, Morris (Baah 69), Andrews, Sissoko, Dele-Bashiru, Larouci (Sema 53), Kayembe, Chakvetadze (Ince 77), Bayo (Jebbison 69). Booked: Larouci 49, Sierralta 52, Jebbison 90. Ref: Andrew Kitchen.

Group E Leyton O v Arsenal U21 (7) Group G Exeter v Swindon (7) Accrington v Stockport County

> Newport C v Cheitenham (7) SPFL Trust Trophy Third Rnd Hamilton v Dundee Utd U21

Group 1 Portugal v Croatia Scotland v Poland League A - Group 4

Denmark v Switzerland Serbia v Spain League C - Group 1 Azerbaijan v Sweden (5) Estonia v Slovakia League C - Group 3 Belarus v Bulgaria N Ireland v Luxembourg League D - Group 1

UEFA Nations League A -Group 2 Gillingham v Peterborough (7) Belgium v Israel

League B - Group 3 Kazakhstan v Norway (3) Slovenia v Austria League B - Group 4 Iceland v Montenegro Wales v Turkey League C - Group 2 Kosovo v Romania Lithuania v Cyprus (5) UEFA European Under-21 Ch'ship Qualifying Group One Turkey v Rep of Ireland (5.45) Group Two Scotland v Spain (7) UEFA European Under-21 Championship Qualifying Group Six

(3 unless stated) SATURDAY UEFA Nations League A -Group 3 Germany v Hungary (7.45) League B - Group 1

Greece v Finland (7.45) Rep of Ireland v England (5) League C - Group 4 Armenia v Latvia (5) Faroe Islands v N Macedonia (2) League D - Group 2 Moldova v Malta (5) Sky Bet League One Barnsley v Bristol Rovers Charlton v Rotherham Wrexham v Shrewsbury Sky Bet League Two Barrow v Swindon Bradford v Carlisle Cheltenham v Harrogate Town SPFL Trust Trophy Third Rnd

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League B - Group 2

Inverness CT v Stirling Kelty Hearts v Elgin Partick v Alloa Peterhead v Dumbarton Queen of S v Airdrieonians Rangers U21 v Fraserburgh Spartans v Livingston Stenhousemuir v Falkirk Stranraer v Annan Athletic SUNDAY

UEFA Nations League A -Group 1

Croatia v Poland (7.45) Portugal v Scotland (7.45) League A - Group 4 Denmark v Serbia (5) Switzerland v Spain (7.45) League C - Group 1 Slovakia v Azerbaijan (5) Sweden v Estonia (5.45)

League C - Group 3 Bulgaria v Northern Ireland (5) Luxembourg v Belarus (2) League D - Group 1 Gibraltar v Liechtenstein (5)

SPFL Trust Trophy Third Rnd Ayr v Raith (1) Queen's Park v Edinburgh City #

0 0 0

Demetriou 83, Long 90

AFC WIMBLEDON (1) 1 FLEETWOOD TOWN (0) 0 Neufville 28 ATT: 7,162

AFC Wimbledon: Goodman, Harbottle, Lewis, Johnson

(Ogundere 18), Neufville, Smith, Reeves, Hippolyte (Maycock 88), Furlong, Pigott (Stevens 71), Bugiel. Booked: Harbottle 47, Lewis 48, Bugiel 90. Fleetwood Town: Harrington, Wiredu, Holgate, Hughes

(Bennett 75), Bonds, Johnston, Virtue (Harratt 46), Mayor, Hunt (Patterson 75), Helm (Broom 64), Coughlan (Odubeko 64). Booked: Broom 70, Hunt 73. Ref: James Durkin. ACCRINGTON STANLEY (1) 1 COLCHESTER (0) 1

Goodliffe 85, ATT 1,956 Mooney 25 Accrington Stanley: Kelly, O'Brien, Rawson, Awe, Quirk, Conneely (Woods 69), Love, Whalley, Knowles (Khumbeni 63), Walton (Costelloe 86), Mooney (Batty 86). Booked: Awe 2, Conneely 2, Love 45, Rawson 75, Walton 84, Woods 87. Colchester: Macey, Hunt (Anderson 65), Flanagan, landolo, Woodyard (Read 55), Egbo, Payne, Bishop (Goodliffe 75), Gordon (Edwards 55), Hopper (Taylor 46), Tovide. Ref: Tom Reeves. BROMLEY (1) 1 CREWE (0) 2

ATT 3,322 Bromley: Smith, Grant, Webster, Reynolds, Imray (Sowunmi 83), Arthurs, Leigh (Thompson 74), Congreve (Dennis 61), Odutavo, Cheek, Whitely. Booked: Thompson 78, Reynolds 81, Crewe: Marschall, Knight-Lebel, Demetriou, Williams, Billington (Tabiner 56), Holicek (Long 64), Thomas, Sanders, Conway (Cooney 82), Tracey (Bogle 82), Hemmings. Booked: Tracey 45, Sanders 90. Ref: Scott Jackson.

CARLISLE (1) 1 TRANMERE (2) 2 Patrick 7, 37; ATT: 8,003 Davies 7 Carlisle: Lewis, Davies, Hayden (Barclay 67), Thomas, Mellish, Williams (Ellis 78), Vela (Sadi 60), Jones (Armstrong 78), Neal,

Wyke, Adu-Adjei. Booked: Jones 45, Ellis 85. Tranmere: McGee, Norman, Davies, Turnbull, Wood, Patrick, O'Connor, Merrie, Bradshaw, Jennings, Davison (Saunders 60). Ref: Simon Mather.

GILLINGHAM (1) 1 CHESTERFIELD (0) 0 McKenzie 8 ATT: 6,954

Gillingham: Morris, Hutton, Ehmer, Ogie, Clark, McKenzie, Little, Nolan, Lapslie (Williams 83), Rowe (Clarke 20), Wyllie (Andrews 83). Booked: Ogie 1, Clark 37, Ehmer 56. Sent-off: Ehmer 60. Chesterfield: Boot, Daley-Campbell (Jacobs 76), Naylor, Dunkley, Gordon, Banks (Williams 90), Oldaker, Markanday (Metcaffe 81), Dobra, Berry-McNally, Grigg (Drummond 81). Booked: Dunkley 90. Sent-off: Dunkley 90, Booked: Metcalfe 90, Naylor 90. Ref: Charles Breakspear.

BRADFORD (0) 1 GRIMSBY (1) 2 Rose 28, Svanthorsson 47 Sanderson 78; ATT: 7,004 Grimsby: Wright, Warren, Rodgers, McJannett, Hume, McEachran (Carson 88), Svanthorsson (Barrington 88), Green, Khouri (Ainley 83), Vernam (Cass 82), Rose. Booked: Rose 10, Warren 45, McJannett 62, Rodgers 68.

Bradford: S Walker, Baldwin (Shepherd 9), Byrne, Kelly, Halliday, Pattison (J Walker 65), Smallwood, Pointon (Oduor 66), Wright, Cook, Kavanagh (Sanderson 46), Booked: Pattison 35, Shepherd 52, Wright 72, J Walker 90. Ref: Stephen Martin.

	- P	W	D	- 1		A	Pts
Gillingham	4	3	1	0	6	1	10
Walsall	4	3	0	1	7	2	9
Barrow	4	3	0	1	6	1	9
Newport County	4	3	0	1	9	5	9
Doncaster	4	3	0	1	9	6	9
AFC Wimbledon	4	3	0	1	6	4	9
Notts County	4	- 2 -	2_	0	8	4	8
Tranmere	4	2	2	0	3	1	8
Bradford	4	2	1	1	6	4	7
Bromley	4	2	0	2	6	5	6
Grimsby	4	2	0	2	6	8	6
Chesterfield	4	1	2	1	7	3	5
Fleetwood Town	4	1	2	1	3	3	5
Colchester	4	1	1	2	5	6	4
Harrogate Town	4	1	1	2	4	6	4
Port Vale	4	1	1	2	4	7	4
Crewe	4	1	1	2	2	7	4
MK Dons	3	1	0	2	4	4	3
Cheltenham	4	1	0	3	6	8	3
Carlisle	4	1	0	3	3	9	3
Salford City	3	0	2	1	1	3	2
Accrington Stanley	4	0	2	2	6	11	
Swindon	4	0	2	2	2	7	2
	4	0	0	4	0	4	0
Morecambe	4	0	0	4	0	4	

Eccleston 74 ATT: 2,270 Harrogate Town: Belshaw, Sims, O'Connor, Foulds (Gibson 77). Asare (Dooley 77), Burrell, Sutton (Cornelius 63), Taylor, M Daly (Muldoon 72), Folarin, J Daly (Duke-Mckenna 62). Booked: J Daly 54, Asare 59, Duke-Mckenna 70, Foulds 73.

HARROGATE TOWN (0) 0

BARROW (0) 1

Barrow: Farman, Eccleston, Vassell, Canavan, Jackson, Campbell, Gotts, Popov (Tiensia 90), Spence, Kouyate (E Acquah 62 (Dallas 90)), Garner (Worrall 78). Booked: Gotts 85. Ref: Scott Simpson.

NEWPORT COUNTY (1) 1 MORECAMBE (0) 0 ATT: 2,724 Wildig 9

Morecambe: Moore, Hendrie, Williams, Stott, Tutonda (A Lewis 75), Songo'o (White 90), Jones, Edwards, Macadam (P Lewis 65), Slew (Tollitt 65), Hope (Angol 65). Booked: Tutonda 20, Edwards 32, P Lewis 74, Songo'o 89. Newport County: Townsend, McLoughlin, Baker, Jameson,

Brennan, Driscoll-Glennon, Antwi, Morris (Mawene 60), Wildig (C Evans 90), Kamwa (K Evans 76), Baker-Richardson, Booked: Baker-Richardson 32, Mawene 65, Kamwa 72, Townsend 80. Ref: Declan Bourne.

DONCASTER (1) 3 PORT VALE (1) 2 Croasdale 30 Molyneux 16, 58 Sharp 46; ATT: 5,454 Chislett 87 (pen) Port Vale: Ripley, John, Heneghan, Hall, Cover (Byers 76),

Croasdale, Garrity, Hart (Sang 60), Tolaj (Chislett 61), Paton (Stockley 61), Curtis (Baker-Boaitey 46). Doncaster: Sharman-Lowe, Sterry, Anderson, McGrath,

Fleming, Bailey, Westbrooke (Broadbent 78), Molyneux (Olowu 90), Clifton (Kelly 78), Gibson (Yeboah 70), Sharp (Ironside 70). Booked: Yeboah 90. Ref: Adam Herczeg.

SWINDON (1) 1 NOTTS COUNTY (1) 2 McGoldrick 30, 80; ATT: 7,326

Swindon: Bycroft, Wright, Hall, Freckleton, Sobowale, Clarke (Butterworth 72), Kilkenny, Cotterill, King (Cain 89), Glatzel (Drinan 64), Smith (Tshimanga 64).

Notts C: Bass, Macari, Platt, Bedeau, Tsaroulla (Gordon 57),

Hinchy (Palmer 57), Jones, Crowley (Abbott 82), Edwards (Scott 71), Grant, McGoldrick. Booked: McGoldrick 69. Ref: Dale Baines. WALSALL (0) 2 CHELTENHAM (0) 1 Lowe 48, Matt 66 Miller 85; ATT: 5,760

Walsall: Simkin, McEntee (Williams 26), Okagbue, Allen, Barrett, Jellis, Stirk, Lakin, L Gordon (Earing 48), Matt, J Gordon (Lowe 18). Booked: L Gordon 39, Jellis 76, Lakin 86, Okagbue 89.

Cheltenham: Evans, Bakare (Miller 56), Stubbs, Bennett, Haynes (Willcox 74), Jude-Boyd, Colwill, Young, Archer (Thomas 56), Bowman (Pett 73), Dulson, Booked: Stubbs 12, Jude-Boyd 73. Ref: Paul Marsden.

THE WEEK AHEAD

Group H

THURSDAY **UEFA Nations League A -**

San Marino v Liechtenstein FRIDAY

N Ireland v England

Netherlands v Bosnia-H (7.45) Georgia v Czech Republic (5) Ukraine v Albania (7.45)

Chesterfield v Grimsby Colchester v Bromley Crewe v Morecambe Doncaster v Gillingham MK Dons v Walsall Newport County v Port Vale Notts County v Accrington Arbroath v Montrose Cowdenbeath v Morton East Fife v Dunfermline

East Kilbride v Cove Rangers



Andi looks a volley good signing

BURNLEY BLACKBURN

BY LINDSAY SUTTON ANDI WEIMANN couldn't stop grinning after his wonder goal for Blackburn - saying: "I think it was one over the bar. of the best in my career."

The Austrian international, 33, admitted that a header by teammate Makhtar Gueye "bounced perfectly in front of me and

His powerful and beautifully-placed volley bulleted into the far top corner of the Burnley goal, giving James Trafford no chance.

that's why I just hit it".

And to prove it wasn't a fluke, Weimann, who signed for Rovers this summer on a free from Bristol City, had sent out a warning of his deadly long-range capability just 30 seconds into the game.

The 21,000 crammed into Turf Moor for this derby showdown watched in awe at his early effort.

From a miskicked clearance by Trafford, Weimann shot from distance with the keeper well off his goal line. Fortunately for Burnley, the ball zipped just

Weimann, who played for Aston Villa, Watford, Wolves and Derby before his long spell at Ashton Gate, added: "I was just

stretching too far to get total accuracy.

"I really wanted to score, but him off the ball. my best chance came later."

His super strike rubbed out Burnley's well-taken opener that came just 10 minutes in.

Jaidon Anthony, on loan from Bournemouth, was fed by a superb back-heeled pass from Josh Brownhill, who then delivered a precision cross that was headed home powerfully by South Africa striker Lyle Foster

> (celebrating inset). The Clarets then bossed much of the play until Weimann shook the foundations with his super strike.

Even so, it looked as though Burnley would go on to win when Rovers went down to 10 men with 33 minutes to go.

Senegalese-born striker Gueye was given a second yellow and sent off for his intimidating gesture to

the ref after Burnley's Maxime Esteve had physically wrestled

Gueye's boss John Eustace had to back the decision by Tony Harrington, adding: "Makhtar has got to learn the rules.

"But we stuck together and that's what I want. We came away with a point."

Burnley boss Scott Parker is just glad the transfer window has shut after it caused tension and "challenges", with no fewer than 20 players leaving this summer.

Of his newcomers, Josh Laurent, signed from Stoke, and Anthony shone throughout, with the former saying: "This is one of the happiest times in my life.

"The gaffer showed he trusted me and I want to repay him."

Anthony added: "We knew it would be intense, a big battle, so we worked our socks off. "We will train during the inter-

national break and after that we'll be ready for our game against Leeds."

SCOTLAND



HOOPS TAKE

BRENDAN RODGERS praised CELTIC'S mentality after his side beat RANGERS 3-0 to open up a five-point gap between the Old Firm rivals.

Daizen Maeda and Kyogo Furuhashi gave Rodgers' team a two-goal half-time lead before Callum McGregor wrapped up the win after the break.

Hoops boss Rodgers

SCOTTISH PREMIERSHIP DUNDEE (1) 2 ST MIRREN (2) 2 Main 30 Olusanya 26 Larkeche 54 Mandron 36 Att: 5,779 ROSS COUNTY (0) 0 ABERDEEN (0) 1 Nisbet 90 ST JOHNSTONE (0) 1 MOTHERWELL (1) 2 Mbunga-Kimpioka 64 Casey II Ebiye 90 CELTIC (2) 3 RANGERS (0) 0 Maeda 17 Furuhashi 40

HEARTS (0) 8 DUNDEE UTD (0) 1 Graham 76 KILMARNOCK (0) 1 HIBERNIAN (0) 1 Anderson 90 (pen) Newell 50

McGregor 75

Att: 59,612

Celtic Aberdeen Dundee Utd Rangers

(above) said: "In a lot of attacking moments we were so exciting to watch.

"I'm pleased with the mentality of the squad."

Rangers manager Philippe Clement said: "We should have made it 3-2 or 3-3 by being more efficient."

Ross Graham scored in DUNDEE UNITED'S 1-0 win at HEARTS.

AYR (1) 1

AIRDRIEGNIANS (0) 2

SCOTTISH CHAMPIONSHIP

DUNFERMLINE (1) 1

HAMILTON (0) 2

MORTON (2) 2 PARTICK (1) 3 RAITH (0) 0			01		FALL I'S P		(0)
	P	W	D	L	F	Α	Pt
Ayr	5	4	1	0	13	3	- 1
Falkirk	4	4	0	0	9	4	- 1
Livingston	4	2	2	0	5	2	
Hamilton	5	1	2	2	5	7	
Partick	4	1	1	2	4	3	7
Queen's Park	4	1	1	2	4	6	
Airdrieonians	4	1	1	2	3	9	
Morton	4	0	3	1	3	4	
Raith	4	1	0	3	1	4	
Dunfermline	4	0	.1	3	1	6	
SCOTTISH LE	AGI	UE	ON	E			

BROATH (0) 0	ALLOA (0)
VE RANGERS (0) 1	MONTROSE (0)
MBARTON (1) 2	KELTY HEARTS (1)
ERNESS CT (1) 1	QUEEN OF SOUTH (0)
ENHOUSEMUIR (2) 5	ANNAN ATHLETIC (1
OTTISH LEAGUE	TWO
HUNDIAG BOOK ING B	CTRANSPORTS (A)

EAST FIFE (3) 5 CLYDE (1) I EDINBURGH CITY (0) 0 PETERHEAD (4) 4 ELGIN (0) 1 SPARTANS (0) 0 STIRLING (1) 1



ZAK BRUNT is on target to meet the goal target set by boss Dean Brennan after a hat-trick in BARNET'S 7-0 thrashing of TAMWORTH.

The midfielder (above) has now struck four league goals and he said: "The gaffer has backed me to get double figures.

"His target for me this year is 15, so I've started on the right path." Louis

VANARAMA NATIONAL LEAGUE P W D L F A Pts

Gateshead	6	4	2	0	14	5	14
Eastleigh	6	4	1	1	11	6	13
Barnet	6	4	0	2	14	7	12
Rochdale	6	3	2	1	8	2	11
Forest Green	6	3	2	1	n	6	11
York	6	3	2	1	8	5 12	11
Aldershot	666	-3	2221333	- Z.	15 11 8	12	10 9 9
Sutton Utd	6	2	3	Ť.	11	6	9
Oldham	6	2	3	1	ŏ	7	9
Hartlepool Yeovil	6	2	3	1	5	4	9
Woking	66	3	0	3	8	8	9
Solihull Moors	6	2	2	2	g	8	g
FC Halifax	6	33,22233322	2	5	8 5	5	8
Altrincham		2	ĩ	3	4	ğ	7
Southend	65	ī	3	ĭ	4	5	7
Dag & Red	6	1	3	2	6	8	6
Braintree Town		1	3	2	3		6
AFC Fylde	5	1	2	2	3	6	5
Wealdstone	6	1	3 3 3 2 2 2	22312223	5	6	65 55
Tamworth	6	-1	2		5	14	
Maidenhead Utd	6	-1	-1	4	7	10	4
Boston Utd	6	1	1		4	13	- 4
Ebbsfleet Utd	6	0	1	5	4	14	1
AFC FYLDE P					20	JTHE	ND P
ALDERSHOT (I) 4			MAI	DEN		UTD	
Henry 3				Ab	raha	ims 1	1, 60
Scott 57						Lokk	0 78
Corbett 62, Ghando	ur 7	12					
CONTRACTOR OF THE PARTY OF THE							A 411

ALTRINCHAM (0) I

Linney 68

OLDHAM (1)1

Norwood 23

Att: 3,561

Storey scored in injury time to give 10-man GATESHEAD a 2-1 victory in a top-of-thetable clash with EASTLEIGH.

Midfielder Regan Booty said: "The character we showed was outstanding and we deserved to get the reward at the end.

"We would have taken being top of the league after six games at the start of the season."

BARNET (3) 7 Brunt 7, 33, 49 (pen)	TAMWORTH (0)0
Glover 27, Shelton 60 Stead 62, Chapman 76	Att: 1,372
BOSTON UTD (I) 1	YEOVIL (2)3
Osborne 14	McGavin 7, 37
Att: 1,956	Young 75
DAG & RED (0) 0	YORK (0)2
	ohn-Lewis 80, Pearce 90
EBBSFLEET UNITED (0) 0 Att: 1,379	
GATESHEAD (1) 2 Oseni 45, Storey 90	EASTLEIGH (0)1 S Quigley 62 (pen)
HARTLEPOOL (0) 0	BRAINTREE TOWN (0)0
ROCHDALE (1) 3	WOKING (0)0
Mitchell 5, 87, Henry 60	
SOLIHULL MOORS (1) 1	WEALDSTONE (0)1
Cale 42	Roldswijn 56

King's Lynn Town 2, Rushall Olympic 1 Curzon Ashton 2, Scarborough Athletic 1 South Shields 2, Southport 3 Buxton 2, Warrington Town I Needhan Market 2. South: Boreham Wood I Maidstone Utd 1 Chippenham 3 Enfield Town 2, Eastbourne Borough 2 Dorking Wanderers 2, Farnborough 1 St Albans 0, Hampton & Richmond 2 Worthing 3, Hemel Hempstead 4 Bath City 2, Slough 1 Weymouth 0, Tonbridge Angels 1 Salisbury FC O. Torquay 1 Aveley 1, Truro City 2 Cheimsford 1, Welling 1 Chesham Utd

Weston-S-Mare 3 Hornchurch 2.

Take a break

Quizword & Crossword

Two sets of clues, two different answers - all on the same grid. Choose one or the other.

Quizword

ACROSS

- 1 Ballroom dance in triple time (5)
- 4 Capital of Jordan (5) 10 Japanese verse form in
- 17 syllables (5) 11 South American rodent with a white-tipped tail
- agouti (7) 12 See 17 Across

related to the

- 13 Fabric of matted, compressed wool or fur (4)
- 15 and 23 1946 Grand National winner ridden by Bobby Petre (6,7)
- 17 and 12 1952 Olympic women's long jump gold medallist (6,8)
- 19 Paul Gustave -, 19th-century French illustrator of works by Rabelais (4)
- 20 Thomas -, doctor who established a home for destitute children in the East End of London in 1870 (8)
- 23 See 15 Across
- 24 1995-2002 American boy band featuring Justin Timberlake (5)
- 25 1973 novel by J G Ballard (5)
- 26 Earl of -, English soldier and favourite of Queen Elizabeth I executed in 1601 (5)

DOWN

- 2 Airy spirit in William Shakespeare play The Tempest (5)
- 3 University city in La Libertad, NW Peru, founded in 1534 (8)
- 5 See 18 Down 6 and 14
- 1983 novel by Norman Mailer (7,8)
- 7 1884 stage play by Henrik Ibsen first performed the following year (3,4,4)
- 8 Port in SW Sweden on the Sound opposite Copenhagen (5)
- 9 1998 comedy-drama film featuring Jane Horrocks in the title role (6,5)
- 14 See 6 Down
- 16 Balthazar Johannes prime minister of South Africa from 1966-78 (7)
- 18 and 5
 - 1973 comedy-drama film starring Ryan and Tatum O'Neal (5.4)
- 21 Joe -, Ipswich Town FC manager from 2002-06 (5)
- 22 Bill -, US golfer; 2011 FedEx Cup winner (4)

12 13 14 15 16 17 18 19 20 21 22 23 24 25 26

Crossword

ACROSS

- 1 Wiccan (5)
- 4 Slant (5)
- 10 Arrive at or get to (5)
- 11 Extreme greed (7)
- 12 Place for holidaymakers to pitch tents (8)
- 13 Very dry (4)
- 15 Period of instruction (6)
- 17 Fame (6)
- 19 Intimation (4)
- 20 Person held captive (8) 23 Attack by enemy planes (3,4)
- 24 Truncheon (5)
- 25 Emblem (5)

CHECK THE SOLUTIONS NOW! Call 0903 659 6060 (80p/min) to hear FULL SOLUTIONS to CROSSWORD and QUIZWORD,

and to hear 5 EXTRA CLUES for CROSSWORD and QUIZWORD too! Or text CROSSCLUE or QUIZCLUE to 61011 (£1/text) for 5 clues.

26 Kingdom (5)

DOWN

- 2 Sudden fright (5)
- 3 Condition of sticking together (8)
- **5** Jump (4)
- 6 Before (5.2)
- 7 Itchy inflammation of the skin (7,4)
- 8 Flavour (5) 9 Married person's
- item (7,4) 14 Down-to-earth (8)
- 16 Spanish drink (7)
- 18 Vulgar (5)
- 21 Of birth (5)
- 22 Suspend (4)

Solutions in tomorrow's Daily Mirror

Solutions in tomorrow's

Daily Mirror

Two-speed coffeebreak

Two sets of clues - but the answers are the same.

- child (5)
- 4 Yoga position for many in America (5)

- 11 Reasonable

- 15 A race to ride away,
- 18 Parking behind copper
- 19 Late ordering duck (4)
- 23 Mound of distortions (3)
- 24 Drive back to see film about
- 25 Yemen upset foe (5)
- trifle (5,6)
- 2 Select new top (3)
- 5 Quality of bird captivates
- 6 Celebration that's in the
- 8 Not far from one
- argument (4) 10 Draw digit, say (3)
- 13 For every experience has
- 14 Also among pandas (3)
- quietly (5)
- 17 Point a set out (4)
- pressure (3)
- Solutions in tomorrow's Daily Mirror

Cryptic clues

ACROSS

- 1 Craftsman's mother and
- 7 Hoping to include fastener (3)
- 9 Let net tangle, to irritate (6)
- entertainment (4)
- 12 Growling about argument (3)
- 13 Talk of quiet baby's toy (7)
- dressed (7)
- trophy (3)
- 20 Proust ran off in a daze (6)
- parking (5)

DOWN

- 1 Child gets stuff like
- 3 See nothing in Manila (3)
- artist (5)
- way (6,5)
- it (3)
- 16 Walk onto transport

- 18 Lawman takes firm
- 21 Lowest digit? (3)
- 22 Run off to get receptacle (3)

10 12 13 14 15 17 20 21 22 23 24 25

Quick clues

ACROSS

- 1 Artisan (5) 4 Flowering aguatic
- plant (5)
- 7 Credit card code (3) 9 Stinging weed (6)
- 11 Blonde (4)
- 12 Quarrel (3) **13** Gossip (7)
- 15 Clothed (7)
- 18 Drinking vessel (3) 19 Greenish-blue (4)
- 20 Nearinsensibility (6)
- 23 Craggy hill (3)
- 24 Disgust (5)
 - **25** Opponent (5)
- 17 Compass direction (4) 18 Police officer (3)

16 Vagrant (5)

DOWN

1 Unimportant

issue (5,6)

5 Characteristic (5)

6 Neighbourhood

knees-up (6,5)

14 Common word (3)

2 Choose (3)

3 Zero (3)

8 Close (4)

13 For each (3)

10 Pull (3)

- 21 Digit (3)
- 22 Vase (3)

Solutions in tomorrow's Daily Mirror

CHECK THE SOLUTIONS NOW!

TWO-SPEED COFFEEBREAK 0903 659 6060 (80p/min)

TERMS & CONDITIONS: Calls cost 80p/min plus your phone company's access charge. Texts cost £1 + 1 standard network rate message. SP Mi Telecom Ltd. Helpdesk 0330 880 6060. Min age 18+. All lines close midnight tonight except where stated. Std Trinity Mirror Rules apply, see www.mirror.co.uk/rules.

The name game

Solutions in tomorrow's Daily Mirror

Hidden in the grid is the name of a film. Answer the questions, then rearrange the



BOX1: What type of garment is a bolero? A three-cornered

A decorative garter (Z)

hat (Y)

and shawl?

A short jacket (U) BOX2: Which of Beatrix Potter's animal characters wore a poke bonnet

Mrs Rabbit (L) Mrs Tiggy-Winkle (Y) Jemima Puddle-Duck (A) BOX3: Which actor

and model is the voungest son of the actor Clint Eastwood? Simon Eastwood (M) Steve Eastwood (Q) Scott Eastwood (S)

BOX4: Farsi is a language most commonly spoken on which continent? Asia (B) Africa (W) Europe (Z)

BOX5: According to

the proverb. revenge is a dish best served? Cold (I) Deep-fried (O) With wine (S)

from which animated Disney film? Sleeping Beauty (A) Pinocchio (T)

Cinderella (X)

BOX6: The Blue

Fairy is a character

BOX7: What, in geography, is the line of lowest elevation within a valley or watercourse? A meander (V) A levee (R)

A thalweg (S)

BOX8: Which author of adventure fiction also served as the governor general of Canada? Harold Lamb (R) John Buchan (I) Eric Ambler (S)

most widely spoken language in which African country? Liberia (A) Cape Verde (K) Senegal (C)

BOX9: Wolof is the

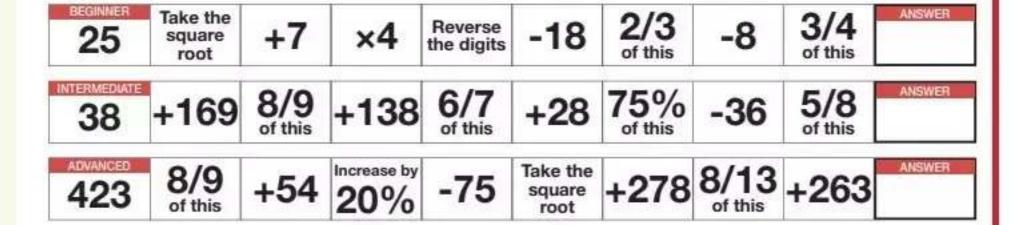
BOX10: John Krasinski (pictured) directed and starred in which hit 2018 horror film about an alien invasion? High Life (R) Bird Box (T) A Quiet Place (E)



30-sec brain teaser

Boost your brain power with our 30-second test. Start with the number on the left and follow the instructions. Beginners should aim to complete the puzzle in 30 seconds. Intermediates should finish their own puzzle and the Beginner's Challenge. Genius players have 30 seconds to complete their own plus the Intermediate. Good luck!

Solutions in tomorrow's Daily Mirror



Mirrorgram

Solve our ten-letter anagram

Solutions in

tomorrow's

Daily Mirror





Target time: 24:04 mins

Test your codecracking skills against us! We took 24 minutes and 4 seconds to complete this puzzle – can you do better? We've taken a completed crossword puzzle and replaced each letter in the grid with the same number throughout. The completed grid will include all letters of the alphabet. If you find it hard to get going, call the Extra Letter line where you will also find a little bit of extra help. Remember, none of the answers are proper nouns.

Solutions in Wednesday's Daily Mirror

AB@DEFGH/JKLMNOPQRS/UVWXYZ

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19 	20	²¹ C	22	23	24	25	26 _T

£75 to be won!

Which letter is represented by the number '1' in today's Speedbreaker? Call 0903 681 3000 (£2/call) or text SPEED and your answer, name and postcode to 61011 (£2/text)

Last Monday's winner: Alan Wroe, Barnsley

Calls to solutions line cost 80p/min + network access charge and texts cost £1 + 1 standard network rate message. Calls to the Speedbreaker competition line cost £2/call + network access charge and texts cost £2 + 1 standard network rate message. You may receive free promotional messages, to opt out end message with NO INFO. Competition lines close midnight tonight. Min age 18+. SP: MI Telecom Ltd. Helpdesk 0330 880 6060. Full T&C's at www.mirror.co.uk/rules.

	17		12			1		14	20	19	2	26
10	12	18	²⁶ T	11	7	2		20			15	
	24		19			26		11	23	12	10	11
17	15	11	²¹ C	8	5	11	21	8			,	10
	2				11			2		5	ii)	22
22	23	12	13	2	23	17		23	11	19	15	3
		17			No.	12				18		
7	23	2	2	6		11	1	1	19	4	2	6
15		16		19			2				20	
20				7	23	19	25	25	15	19	18	7
2	13	11	6	2		26			19		20	
	2			3		21	12	24	15	19	21	8
2	4	20	15	26		9			16		9	

Just a bit of fun

Which one of our three definitions is correct?

PYRALIS

- 1 Insect said to live or breed in
- 2 Hawthorn-like shrub
- 3 Guiding flame at an airport

Solutions in tomorrow's Daily Mirror

Scribble pad 🖾

Wordsearch

Can you find all the listed famous Olivias in the grid?
Solutions in tomorrow's Daily Mirror

F O G Y Q P W E D Z B S Q K N A G K L S M A I L L I W J C S N I I W K O B D K H V L N Y M E R B O V E E P J P D T M B U W D L T T J K F E D L I W Y N O O C D O N H O J N O T W E N B R L N Y N C T O S Z K A S P Y L G S A V O H I C S T G S X M E A X O N S S O M T Q N U S O Z G D L N I L I W S E I H A T B V P N X M L O R S D A K W S L A N E A W O L D R Z L X R R M J D N F D Y W A A A Y O C J G D M L O N G O K H P H S G D E H A V I L L A N D J S E Z

ATTWOOD HARRISON
BOWEN HUSSEY
COLMAN LAING
COOKE MUNN

D'ABO NEWTON-JOHN

DE HAVILLAND OLSON
DEJONGE RODRIGO
GOLDSMITH WILDE
HALLINAN WILLIAMS

Niner

93621

Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters.

gives a body part

8259 gives a body part 3274 gives slang for a body part 1 2 3 4 5 6 7 8 9

Arrow Word

Call 0903 659 6060 (80p/min) for

5 extra letters or the full solution,

or text SPEEDCLUE to 61011 (£1/

text) for 5 extra letters. Deduct one minute from the target time

for each extra letter used.

SOLUTIONS

Arrow Words are like crosswords, but the clues are printed inside squares on the grid. Write your answers in the blank squares in the direction indicated by the arrows. Solutions in tomorrow's **Daily Mirror**

Settee Hawn, pictured	7	Revise	_	Striped mammals	•	The self		Salad item Tennis shot	'	Protect	•	A			
1						Hand covering	-	٧				19			
Horse's gait		Religious sister		Long- handled brush	•					Alleviation			_	1	
		•				Vapour from hot water	Unclothed	-		· ·		16	7	7	ľ
Be composed of	Spanish cry		Snow runner	Egyptian cobra	-	•		Number Touch	-				1		
	•		_				Sheep enclosure	- 1				,		À	
TV, news- papers, etc.		These Take That song		Mountain rowan	Stretch	-			Jeremy _, pictured		Viewing organ Wide- spread	7	Strange	Inert gas	7
-		•		•	At once		Each person Mine	-	'		Y		٧		
Regular beat	Grant, English actor		Made easier Try out	•	•		•							2003 Christmas comedy film	
_	'		•			Fuss		Musical instrument		Allude		Lair Straight- forward	-	V	
Employ	-			Was important	•	•		'		V		•	Mesh		Possess
chat, talk in- formally		Went fast	•				Sudden large increase		Betrayal of one's country		Data	•	'		•
_				Mrs _, Robin Williams film	-		V		'					Vehement protest	
	7.6			The Red Planet		Peel	-				Boarding school Small island	^		•	
				_				_ Clapton, guitarist	-		•		Assert		Gaelic
	200			Perceive sounds		Thurman, actress	-			Condition	•		V		'
1	Z	7		-				Campbell, retired footballer	-			Video cassette recorder (abbr.)	-		
	1	1		River in NE England		Sticky substance	-			Water jugs	•				
The state of the s			68	-				And _, nor	-			Whisky grain	-		

corner Su-doku

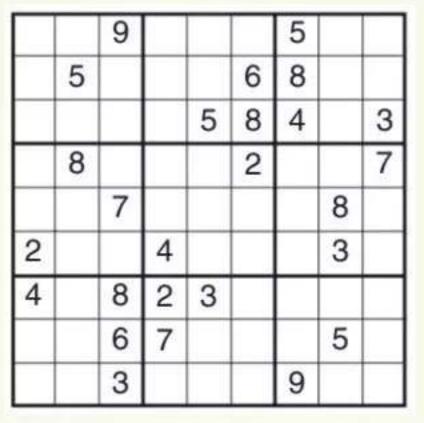
EASY SU-DOKU

8 5 6 2 3 5 8 2 5 2 4 3 2 7 9 6 4 8 3 6 6 5 2 4

The rules for Su-doku couldn't be easier. All you have to do is fill the empty squares so that each row, column and 3x3 block contains all the numbers 1 to 9.

Solutions in tomorrow's Daily Mirror

SU-DOKU TOUGHIE

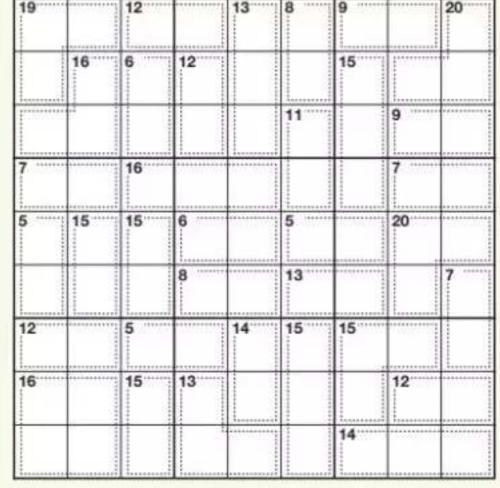


The rules for Su-doku are easy, but this one's a toughie! Each number from 1 to 9 must appear only once in each horizontal and vertical line, and only once in each 3x3 grid.

Solutions in tomorrow's Daily Mirror

CHECK THE SOLUTIONS NOW! Call 0903 659 6060 (80p/min) to hear SU-DOKU 5 NUMBER CLUES or FULL SOLUTIONS to the easy and toughie su-dokus. Or text EASYCLUE or TOUGHCLUE to 61011 (£1/text) for 5 CLUES.

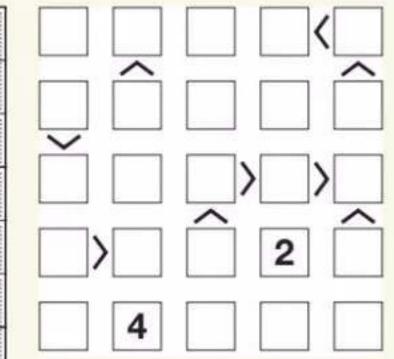
KILLER SU-DOKU



Killer Su-doku is based on the traditional grid and every column, every row and every 3x3 box must contain the digits 1 to 9. But the dotted squares must be filled with numbers that add up to that in the left corner.

Solutions in tomorrow's Daily Mirror

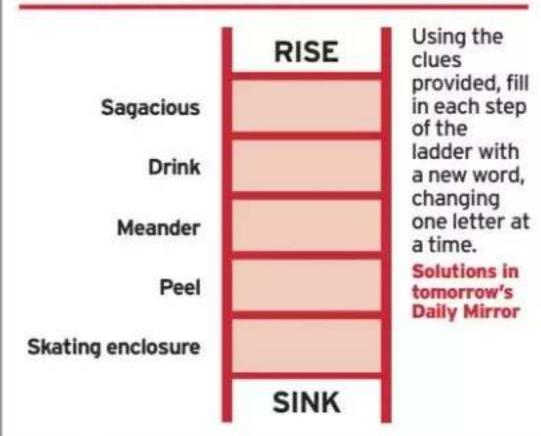
FUTOSHIKI



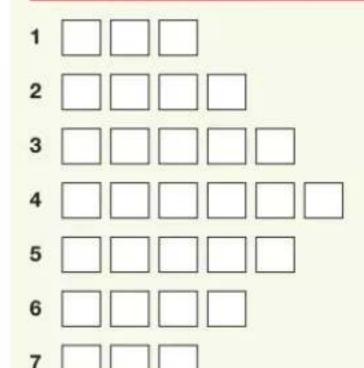
Insert the numbers one to five in each row and each column, making sure that no number is repeated. The only symbols to guide you are the "greater than" (>) and "less than" (<) signs.

Solutions in tomorrow's Daily Mirror

Word Ladder



Brickwork



Solutions in tomorrow's Daily Mirror

GOGEN

(C)(O)

(H)(E)

Enter the solutions to the

layers of the wall. Each word must be an anagram of its neighbours, plus or minus one letter.

clues in their numbered

- Honorific title
- 2 Oil platforms
- 3 Shoot
- 4 Leap
- Smiles broadly
- Circular band

W)-(R)-(Y)-(K)-(Q)

B)(0)(T)(U)(S

(D)(P)(V)(I)(J

(X)(C)(N

(H)(E)(G

7 Alcoholic drink

Bingo

Mon Sep 2 2024 Game 34 Day 1







HERE are the numbers for Day 1 of Game 34 on your Bingo card.

TO WIN a full house £100 prize, all 15 numbers on the Game 34 grid must be correctly crossed off with the Daily Mirror numbers. If you're still short, buy the Sunday Mirror and the Sunday People for more numbers and another chance to win a £100 prize. TO CLAIM call 01420 525501

from 10am to 3pm on Mondays only. No responsibility is accepted for failure to claim in the stated hours. Calls charged at national rate. Standard Reach PLC rules apply, see mirror.co.uk/2024bingorules.

Full terms as previously published.

FILL IN

EASY SU-DOKU



FUTOSHIKI

S

SATURD



COLOSSAL CROSSWORD

ACROSS: 13 Thumbs down, 14 Terrier, 15 Pillar, 16 Roused, 17 Garbage, 18 Total, 19 Will, 20 Snail, 21 Holds, 22 Strays, 23 Reach, 28 Flagged, 30 In store, 33 Lemon sole, 36 Source, 38 Ravel, 39 Still, 40 Strain, 42 Leave, 43 Well now, 44 Reason, 46 Nags, 49 Boar, 51 Opener, 53 Whatnot, 55 Board, 59 Reveal, 60 Three, 61 Piped, 62 Rancid, 63 Is good for, 65 Intends, 66 Passage, 70 Lever, 71 Snatch, 73 Light, 75 Watch, 80 Char, 82 Het up, 83 Went for, 84 Rattle, 85 Glower, 86 Clement, 87 Rattling on.

7 6 4 5 1 3 9 8 2

SU-DOKU TOUGHIE

4 5 2 9 7 6 8 1 3

8 3 7 4 5 1 2 9 6

1 9 6 2 3 8 4 7 5

6 4 3 1 9 5 7 2 8

2 1 5 8 4 7 3 6 9

9 7 8 3 6 2 5 4 1

3 8 9 6 2 4 1 5 7

5 2 1 7 8 9 6 3 4



DOWN: 1 Thrown,

2 Smashing, 3 Aside,

4 For good, 5 Inured,

8 Picture, 9 Pretty well,

6 At bay, 7 Orders,

10 Spell, 11 Flawless,

25 Peter, 26 Stilton,

12 Fall, 24 Calling,

31 Novel, 32 Rose,

down, 45 Shoddy,









KILLER SU-DOKU

7 8 5 6 4 9 1 2 3

6 1 2 5 8 3 9 4 7

3 4 9 1 7 2 5 8 6

4 9 7 8 1 5 3 6 2

1 2 3 7 9 6 8 5 4

5 6 8 2 3 4 7 9 1

2 7 6 9 5 1 4 3 8

8 5 4 3 2 7 6 1 9

9 3 1 4 6 8 2 7 5



Eagle, Peacock,

Hummingbird, Heron,

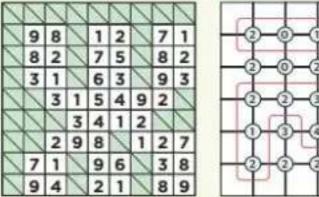
Flamingo, Stork, Duck,

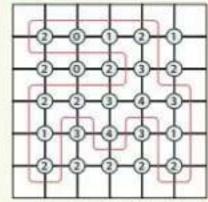
Arctic Tern, Puffin,

Gannet, Parrot,

Chaffinch, Woodpecker,







G

(A)

U

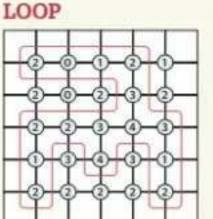
(I)-(W)

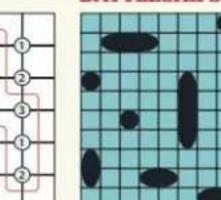
Q

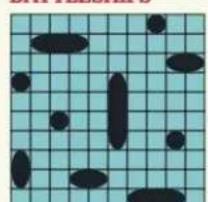
R

F

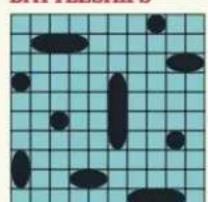
(X)(V)(D)(S)







BATTLESHIPS





CELLS

3

3

DOUBLE JIGWORD

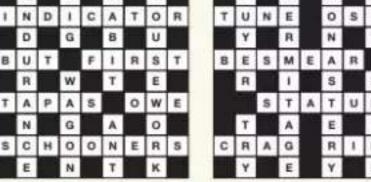






5 2

6 2



3 Humboldt, 4 Cole, 5 Sufi, 6 Yapp, 9 Doone, 10 Proserpina, 12 Ypres, 13 Bardolph, 18 Neon, 19 Iona, 20 Baku.

DOWN: 2 Lorenzetti,

CROSSWORD

1 Jester, 2 Orator, 15 Kiss, 16 Score, 3 Hangar, 4 Number, 10 More or less,

QUIZWORD

ACROSS: 1 Elphick, 7 Susan, 8 Bramble,

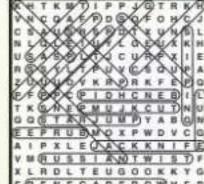
The letter represented by the question mark is ACROSS: 1 Comfort,

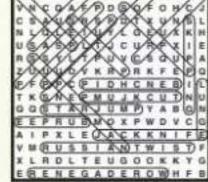
13 Parr, 14 Unaware, 17 Animal, 21 Panacea, 22 Altar, 23 Protest. DOWN: 2 Occupation, 3 Fabulous, 4 Rare, 5 Loaf, 6 Diva, 9 Ahead, 12 Navel, 13 Penchant, 18 Idle, 19 Afar, 20 Fair.

TWO-SPEED COFFEEBREAK

ACROSS: 1 Trade, 11 Apace, 12 Den, 18 Entire, 21 Erse,

WORDSEARCH





M E O S L O

RIND

N Y

R I S B

23 Edge, 26 Weekly,

34 Rag, 36 Agave,

37 Agent, 38 Men,

DOWN: 1 Trance,

2 Ripe, 3 Agates,

39 Homer, 40 Sport.

4 Event, 5 Order, 6 Use,

7 Tent, 8 Ruin, 15 Eider,

KNOWLEDGE QUIZ

17 Egg, 19 New, 20 Eel,

22 Roe, 24 Dynamo,

25 Extent, 27 Eager,

28 Keats, 29 Rush,

30 Dram, 33 Over,

29 Red, 3.1 Are, 32 Not,

STATURE



Hawking, 14 37 degrees, 15 Matriarch, 16 TNT, 17 Bee hummingbird, 18 Squid, 19 Ethiopia, 20 Red, 21 Cricket, 22 Cobra, 23 French, 24 Owen Farrell, 25 Pakistan, 26 Danube, 27 Greece, 28 Honduras,

NAME GAME

PORTISHEAD 1H, 2P, 3T, 4D, 5R, 6S, 7E, 80, 9A,

WORD WHEEL

JUST A BIT OF FUN 1 Swimming on the back

UNASSISTED

FRIDAY'S SPEEDBREAKER

1=X, 2=M, 3=D, 4=R, 5=P, 6=Z, 7=A, 8=J, 9=N, 10=U, 11=S, 12=G, 13=I, 14=H, 15=W, 16=Y, 17=F, 18=B, 19=C, 20=E, 21=K, 22=O, 23=V, 24=T, 25=L, 26=Q.

29 Manhattan, 30 Finland.

HILARIOUS

MIRRORGRAM

SUMTHING 8x3=24, 2x6=12, 4x9=36.

78 Knits, 79 Drill, 81 Hole.

PATHFINDER Swan, Blackbird, Hyacinth Macaw, Swift, Cuckoo, Robin, Bald

68 Stopped, 69 Charity,

72 Howled, 74 Inform,

76 Callow, 77 Short,

27 Consent, 29 Loose, 34 Breeze, 35 Vice, 37 Reverse, 41 Ran 47 Collide, 48 Shopped, 50 Oversee, 52 Earn, 30-SEC BRAIN 54 Taped, 56 Ruing, TEASER 57 Mean, 58 Break, 60 Took notice, 64 One or two, 67 Shantung,

Kingfisher, Pigeon, Pelican, Albatross, Cormorant, Turtle Dove, Little Owl, Emperor Penguin, Toucan, Swallow.

Beginner 34; Intermediate 39; Advanced 142.

HONEYCOMB

1 Former, 2 Rotund, 3 Nodded, 4 Denied, 5 Either, 6 Handle, 7 Derail, 8 Armour,

9 Rubber, 10 Bundle,

11 Detail, 12 Treats.

ANAGRAM CROSSWORD

ACROSS: 1 Rarebit, 5 Ochre, 8 Hydrate, 9 Tubes, 10 Banal, 11 Enclave, 12 Sucked, 14 Ocelot, 17 On paper, 19 Emmet, 22 Truce, 23 Erupted, 24 Needs, 25 Drawers.

DOWN: 1 Rehab, 2 Radon, 3 Braille, 4 Theses, 5 Optic, 6 Hobnail, 7 Easiest, 12 Shorten, 13 Capsule, 15 Caesura, 16 Friend,

BRICKWORK Car, Race, Crane, France, Farce, Café,

18 Piers, 20 Mitre,

21 Tides.

Ace.

WORD SPIRAL 1 Coat; 2 Tuna; 3 Amen;

4 Norm; 5 Mark; 6 Knee; 7 Epic; 8 Cold; 9 Deep; 10 Puma;

Millais, Matisse, Picasso, all artists. CLOCKWORD

11 Ayes; 12 Saga;

13 Ache; 14 Exit;

Keyword: Chilean

CIRCLEGRAM

15 Tent; 16 Toil.

5 Velour, 6 Arbour, 7 Neuter, 8 Butter, 9 Repair, 10 Unfair, 11 Gander, 12 Hammer. Hidden name: John Vanbrugh

9 Dieppe, 11 Anton, 13 Boon, 14 Daphnia, 15 Stet, 16 Adere, 17 Hingis, 21 Saglain, 22 Lorna, 23 Mushtaq.

7 Comic, 8 Iceberg, 9 Aflame, 11 Spell,

5 Outer, 9 Rig, 10 Verse, 13 Net, 14 Nee, 16 Ten,

1 King James II, 2 1920s, 3 19th century, 4 1959, 5 Fitzgerald, 6 The Tower of London,

GENERAL

35 Age.

7 Empire of the Sun, 8 Wales, 9 The Carpenters, 10 Girl with a Pearl Earring, 11 The Macarena, 12 Cole Porter, 13 Stephen

RUSSELL GRANT mirror.co.uk/

M Aries March 21-April 20 Working towards a special objective will keep you feeling inspired and motivated. There is no need to feel guilty about accepting an opportunity that someone else declines. You can trust your intuition when you feel drawn to go off in a different direction.

For more call 0905 789 4171 (80p/min + network access charge)

Taurus April 21 - May 21 Your ability to handle difficulties in a calm and efficient way is highly respected by those around you. This is also why friends and colleagues frequently seek your advice. You're hoping to help make a difference in your community. Volunteering is worth

For more call **0905 789 4172** (80p/min + network access charge)

considering.

scepticism.

Gemini May 22 - June 21 The future of a close relationship will be put to the test by an emotionally charged event. You could be taken by surprise to realise just how quickly your partner believes rumours that are untrue. You are more likely to approach a scandalous tale with

For more call 0905 789 4173 (80p/min + network access charge)

Cancer June 22 - July 23 You aren't dismissing ideas your partner puts forward even though they may accuse you of this. You just need more time to consider the suggestions they are making. You will also want to talk about them further and delve into the details before you can make a decision.

For more call **0905 789 4174** (80p/min + network access charge)

July 24 - August 23 Someone who has played a big part in getting a group venture underway now seems to be acting strangely. If they're feeling upset, cautious or anxious about something, they may withdraw from a joint arrangement. Having back-up plans in place will help alleviate any problems.

For more call 0905 789 4175 (80p/min + network access charge)

Virgo Aug 24 - Sept 23 You will shine as a creative initiative opens up an unexpected and exciting opportunity for you. Your energy and determination will ensure that everything keeps moving forward at a fast pace. The progress that is currently being made is certain to bring some wonderful long-term results.

For more call 0905 789 4176 (80p/min + network access charge)

1 Libra Sept 24-Oct 23

Be cautious so you don't get deceived into taking on more than your fair share. People who exploit your kindness do not deserve your friendship. If you keep on going without a break you will eventually become angry and resentful. A loved one really wants to spoil you if you will let them.

For more call 0905 789 4177 (80p/min + network access charge)

Scorpio Oct 24 - Nov 22

Consider the implications before accepting an impromptu proposal. Have you pondered the potential outcomes? The rapid pace of events may cause you to overlook information. If others depend on you, do not disappoint them. You don't want to be perceived as being unreliable.

For more call 0905 789 4178 (80p/min + network access charge)

Sagittarius Nov 23-Dec 21

There is only so much you can do in a day. If you're unable to fit anything else into your busy schedule, it is advisable to politely decline further responsibility. If you are having to constantly update your partner about your friendships it may be necessary to reassess this relationship.

For more call 0905 789 4179 (80p/min + network access charge)

Capricorn Dec 22 - Jan 20 You've put a lot of thought into it before deciding to take a financial or business risk. Due to you having considered all implications, you feel you are making a good choice. Even so, someone will accuse you of being reckless. Ignore them. Trust your own judgement.

For more call 0905 789 4180 (80p/min + network access charge)

Aquarius Jan 21 - Feb 19

If you keep putting off booking a holiday or planning a get-together with friends, don't be surprised when you become irritable and restless. It's always good to have something to anticipate and look forward to. If you have nothing planned, make some fun arrangements.

For more call 0905 789 4181 (80p/min + network

Pisces

your own well-being.

Feb 20 - Mar 20 Having a caring personality comes with its pros and cons, as you well know. Friends rely on you because you have a knack for understanding their emotions. You can also sense when overdemanding colleagues want more from you. Remember to prioritise

For more call 0905 789 4182 (80p/min + network

Calls cost 80p per minute plus your telephone company's network access charge - maximum of 5 minutes duration. You must be over 18 and have the bill payer's permission. Service provider Spoke. Helpline 0333 202 3390

Mirror OFFERS



SOUP CHEF PRO

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CARTONS



DMIST













Speedy dishes Good Food daily recipe to collect

One-pan piri piri chicken dinner



Try this one-pan piri piri chicken for a family dinner and adjust the chilli levels to suit your family's tolerance. You can use a whole chicken instead, if you like

1kg bone-in chicken thighs and drumsticks (equal quantities of each saves any arguments)

500g baby potatoes, thickly sliced 2 peppers (1 red, 1 yellow), thickly sliced

200g cherry tomatoes Handful of coriander leaves, chopped Buttered corn on the cob, to serve

FOR THE MARINADE

11/2 tsp smoked paprika 25g light brown soft sugar 1 lime, zested and juiced

1tsp dried chilli flakes (use less if you prefer less heat) 2 garlic cloves, chopped

4tbsp olive oil

1/2 bunch of fresh oregano, leaves picked or 1tbsp dried oregano 1 red chilli (optional), deseeded and chopped

1tbsp red wine or port (optional)

Pound all the marinade ingredients together with 1tsp salt using a large pestle and mortar, or blitz in a mini chopper to create a loose paste. Slash each chicken piece a few times, then tip into a bowl and coat in the marinade. Cover and chill for at least one hour or up to 24 hours.

Heat the oven to 220C/200C fan/ gas 7. Tip the chicken along with the marinade and potatoes into a

roasting tin. Toss together, then arrange chicken on top of the potatoes, thighs skin-side up. Roast for 35-40 minutes until the chicken has browned.

Remove the tin from the oven and mix the peppers in with the potatoes, baste the chicken in some of the juices in the tin and turn the drumsticks. Nestle the cherry tomatoes in among the chicken and roast for another 20-25 minutes until the chicken is cooked through, the skin is crisp and the vegetables are nicely roasted. Scatter with the coriander and some flaky sea salt, if you like, and serve straight from the tin with the buttered corn on the side. goodFoo

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TOMORROW'S RECIPE: CREAMY COURGETTE LASAGNE



PUZZLES

WORDSEARCH

Can you find all the listed Scottish towns and cities in the grid? Words may read forwards or backwards, horizontally, vertically or diagonally.

SCOTTISH TOWNS AND CITIES

E A S T K I L B R I D E E H N A C W A D X W O W V T F D R E N U P K J E K X K L K T D V U A X U I M N B D R C B V P A I S L E Y L H V N Y L G F O J I L J C B V I B P K R O T F I N N R B D T L L A P I N J I M O T H E R W E L L E A Y T F X N E R P N U R A R U L Y L D B D H K F I G K L L L M H Y M N F F U E E G S F I W S I M L T K B O L W Z N R B A W N O H M T I E C Q T S H I I D D A T R G Z G G K O O E L E L E S N E E N E S S Q U M Z N N I I T W D H V E E K A F S D P A E T M R B D Y I A E F N L Z E D U E E U A F P I J E N W R X G B D P L Z R N H M Y E E O G B N N M P E R T H G I Y U Z A A H L M U F E C C O A T B R I D G E A Y I H R R G S Z J A F W U X Y N T A F R I Z T G K S A A I R D R I E S T I R L I N G H O Z X

ABERDEEN
AIRDRIE
AYR
BATHGATE
BEARSDEN
CLYDEBANK
COATBRIDGE

DUMFRIES
DUNDEE
DUNFERMLINE
EAST KILBRIDE
EDINBURGH
ELGIN

FALKIRK

ILINE HAMILTON
BRIDE INVERNESS
GH IRVINE
KILMARNOCK
LIVINGSTON

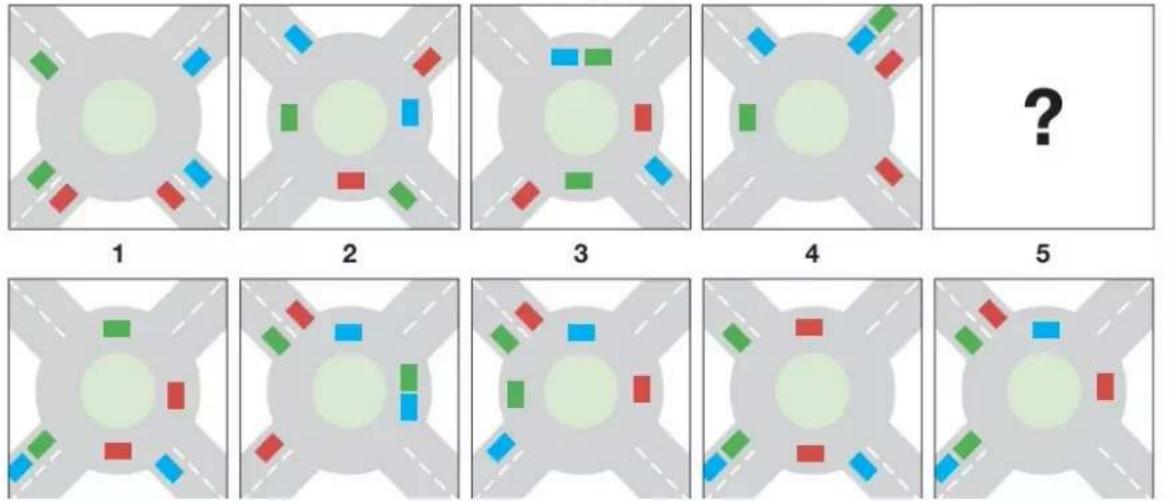
GLASGOW

GREENOCK

MOTHERWELL
PAISLEY
PERTH
RENFREW
STIRLING
WISHAW

PATTERN MAKER

Which one of the number squares should replace the question mark to follow the logical pattern in this sequence?



CODEWORD

This puzzle has no clues. Instead, every number printed in the grid represents a letter. Use your knowledge of words to solve the puzzle. Two letters are given to start you off.

	7		4		26	23	19	11	21	9	4	25
13	26	26	11	-8	***	17		26		25		5
	4		11	26	24	7	9	21		8	4	18
26	12	6	26					4		26		4
			4		24	26	11	12	4	2	26	1
16	26	26	12	6		15	10 20	6		21		4
26		20		de .	3	17	24			26		19
4	-	11		14		4		16	9	1	26	6
22	4	12	17	4	14	12	26		21			
9		5		7			200		6	4	13	26
26	25	1	1	14 B	24	26	26	10	26		9	
6		26		⁵ O		19	-		12	9	25	13
21	4	1	11	5	12	26	6	i i	3		23	

ABCDEFGHIJKLMNOPQRSTUVWXYZ

1	2	3	4	⁵ O	6	7	8	9	10	11	12	13
14 B	15	16	17	18	19	20	21	22	23	24	25	26

HONEYCOMB

All the solutions read clockwise around their numbers. The solution to clue number 1 starts from the given letter.

- 1 Guard 2 Lifted
- 3 Clergy member
- 4 Inhabit
- 5 Meagre
- 6 Bemoan
- 7 Closer
- 8 Withdraw
- 9 Hazarded
- 10 Cauldron
- 11 Fringe 12 Backbones



12

W

BATTLESHIPS

In Battleships, you have to find where the fleet of ships shown are hidden in the ten by ten grid. The numbers to the right of and below the grid indicate how many of the squares in that row are filled in with ships or parts of ships. The ships do not touch each other, even diagonally. Some squares have been filled in to start you off.

THE FLEET

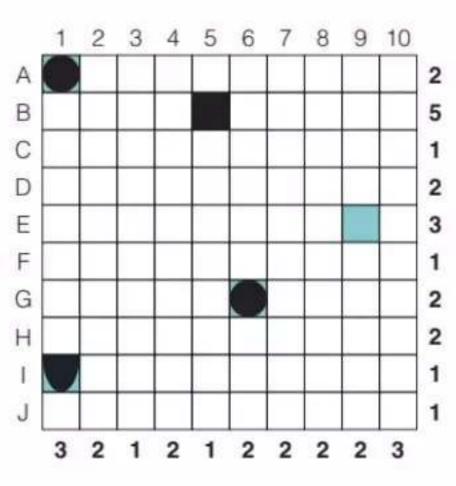
1 x Battleship

2 x Cruiser

3 x Destroyer

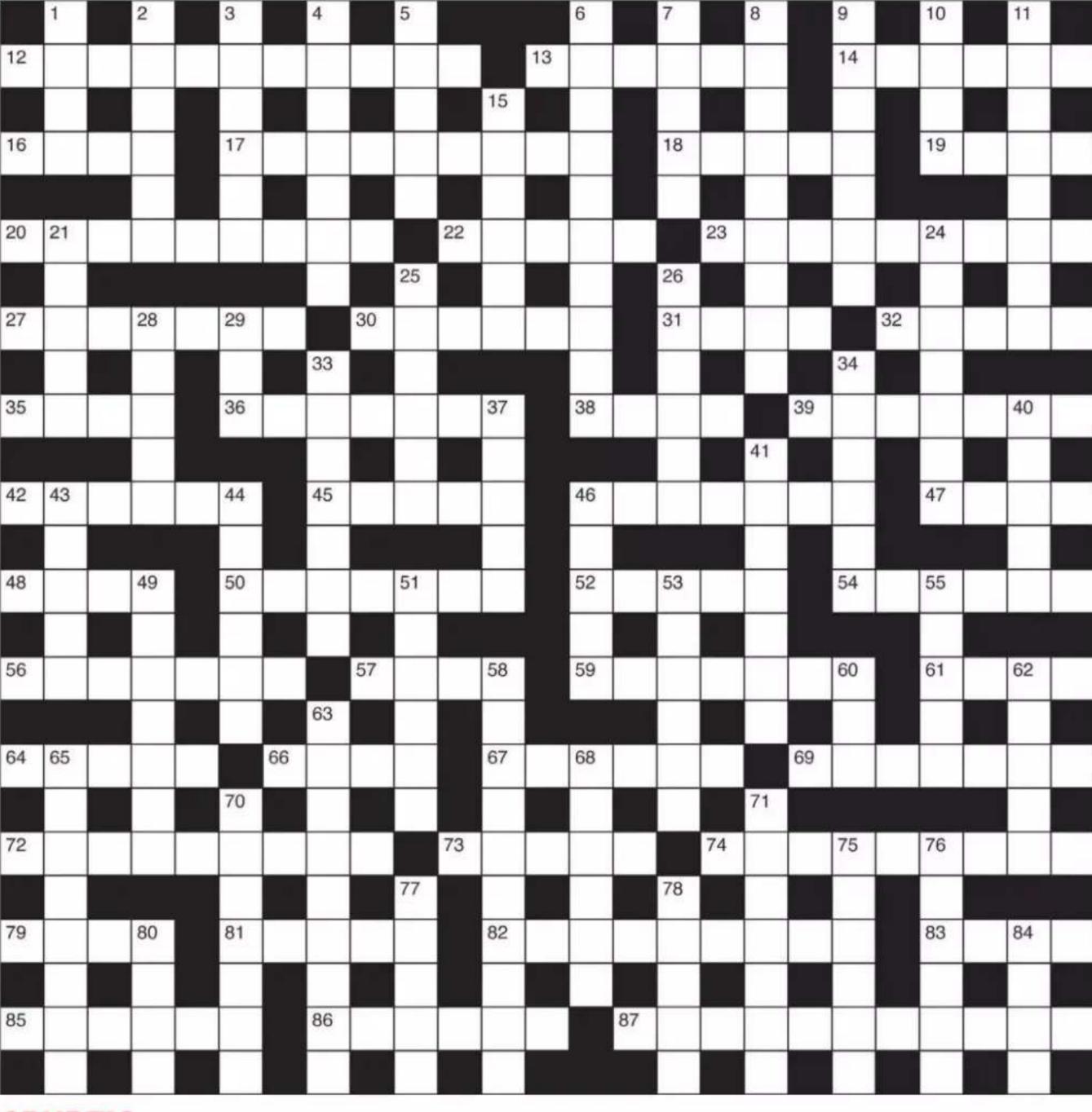
4 x Submarine

• • • •



GIANT TWO-SPEED CROSSWORD

Choose between straight and cryptic clues in this giant crossword - both sets lead to the same answers.



STRAIGHT

ACROSS

12 Very

quickly (4,3,4) 13 Complain (6)

14 Thorough (3-3)

16 Location (4) 17 Famous (4-5)

18 Are important (5)

19 Work (4) 20 Pantry (5,4)

22 Portrays (5)

23 Surprising (9)

27 Chirp (7) 30 Client (6)

31 Run (4)

32 Tag (5)

35 Astonish (4)

36 Stopped speaking (5,2)

38 Pinnacle (4)

39 Maybe (7)

42 Supports (6)

45 Saturate (5) 46 Pupil (7)

47 Spoil (4) 48 Prevent from (4)

50 Strike (4,3)

52 Impossible (3,2) 54 Said sadly (6)

56 Pretended (7)

57 Is due to (4)

59 Communist (7)

61 Failure (4) 64 Prop (5)

66 Number (4)

67 Admits (4,2) 69 Rage (7)

72 Ape (5-4)

73 Coach (5)

74 Lying (9)

79 Back (4) 81 Forced (5)

82 Help (2,4,3)

83 Too (4)

85 Succeed (6) 86 Idea (6)

87 Spilling out (7,4)

DOWN

1 Bank (4)

2 Sell (6)

3 Rain (6)

4 Engulf (7)

5 Reptile (5)

6 Biscuit (6,4)

7 Quantity (5) 8 Inference (9)

9 Beating up (7)

10 Home (4)

11 Watchers (8)

15 Wave (6)

21 That is to say (2,3)

24 Beat (7) 25 Deal with (6)

26 Try hard (6)

28 Singer (5)

29 Conclude (3) 33 Charming (7)

34 Gems (6)

37 Bird (5)

40 First-class (5) 41 Double (5-2)

43 Tie up (5)

44 Fool (6)

46 Note (5)

49 Vegetable (7)

51 Ahead (6)

53 Arrive (4,2) 55 Diversions (5)

58 Dessert (7,3)

60 Drink (3)

62 Wear (5)

63 Coaxed (3,6)

65 Excited (6,2) 68 Useless (2,4)

70 Suppress (3,4)

71 Examining (7)

75 Satisfying (6)

76 Work out (6)

77 Irritable (5)

78 Hesitate (5)

80 Bread (4)

84 Spotted (4)

CRYPTIC

ACROSS

- 12 Very quickly showing you favour open car windows (4,3,4)
- 14 Thorough, leaving nobody in it (3-3)

13 Complain when you get the bird (6)

- 16 After a time, back on location (4) 17 "Famous" is trite (4-5)
- 18 Are important, you reckon (5)
- 19 Until I left for work (4)
- 20 There is, even now, space for a pantry (5,4)
- 22 Takes the role of the gambler? (5) 23 The opening number in it is surprising (9)
- 27 Will do bird imitations? He's kidding! (7)
- 30 Two names for "client" (6) 31 Turning right back to, run (4)
- 32 Tag with a number and name on it (5)
- 35 Rock like crazy coming back (4) 36 Was mum on the stage? (5,2)
- 38 Said you see as the pinnacle (4) 39 Maybe hard to wrap papers round (7)
- 42 Keeps up with the galloping horses (6) 45 Saturate in - and it's expensive (5)
- **46** The pupil is a fool to tie up outside (7) 47 I manage to hide in what remains of the
- building (4) 48 Prevent from giving back the trophies (4)
- 50 Are revealed to have gone on strike (4,3) 52 Reading from right to left also is impossible (3.2)

- 54 Said "swagger", and said it unhappily (6) 56 Many abashed about having faked it (7)
- 57 In the letters, said one is indebted to (4) 59 Definitely left to return the vehicle round
- about six (7) 61 She's a failure (4)
- 64 Bet on a stayer (5)
- 66 Figure it sounds like a warning (4)
- 67 Have taken to drink, one admits (4,2) 69 Love - and it's the rage (7)
- 72 Called out "An enclosure for the ape" (5-4) 73 Gets, to travel round, a coach (5) 74 Writing about the tart ingredients, is
- lying (9)
- 79 Stand back (4) 81 Forced to take the day off over (5)
- 82 Help by taking Lorna's part (2,4,3)
- 83 Running at a loss, almost, too (4) 85 Understand you must comply with (6)
- 86 No getting into trouble? The very idea! (6) 87 On taking a quick look at, finding it's too full (7,4)

DOWN

- 1 He fixes things with the bank (4)
- 2 Sell up later, when I come into (6)
- 3 A pathetic lot, as he reveals! (6)

down by it (5)

- 4 Does an insect gulp when he sees one? (7) 5 Having climbed up a ladder, one may come
- 6 Showing spirit, bark for a biscuit (6,4) 7 From a quantity, giving a cake to a child (5)
- 8 The inference is, it's a discount (9)
- 9 Treat unfairly by imprisoning for attacking (7)
- 10 Pad, to create an obese figure in (4)
- 11 Nude I streak, grabbed by one of those watching (8) 15 Towel bought in a hairdressing equipment
- shop (6) 21 Namely, don't drive the car to the garage for repairs (2,3)

26 Endeavour to get a star to perform in (6)

- 24 Beat the number, a three, anyhow (7)
- 28 He sings a wrong note right after (5)

25 Feel, when you deal with (6)

29 The objective, you conclude (3) 33 Order in various wines, Delightful (7)

34 In addition, switching the real gems (6)

- 37 Beat it, little birdie! (5) 40 Really good from the first (5)
- 41 And on entering isn't ordering a double (5-2)

- 43 What went wrong with the lift? (5)
- 44 Fool unpopular with the gardener (6) 46 Note to be upset, too (5)
- 49 Vegetable source of water and possibly ink (7)
- 51 Travelling now on a road ahead (6)
- 53 Shorten to "arrive" (4,2) 55 Talk me into providing diversions (5)
- 58 Saw, to follow, there is dessert (7,3)
- 60 Leaves China, perhaps (3) 62 It's only a game, chum! (5)
- 63 Was no longer a secret that one had coaxed into (3,6) 65 Excited, flipped the switch (6,2)
- 68 Do follow back the silly goon but it's useless (2,4)
- 70 Either suppress or allow to get out of hand (3,4)
- 71 Seeking to get, as paying guest, a man 75 Giving one more than enough to get a
- smart cover (6) 76 Are working the numbers up, you deduce (6)
- 77 An irritable "Try a ponytail" (5)
- 78 Hesitate to go back with a strange man (5) 80 Wrap up the bread (4)
- 84 Had spotted being escorted to (4)

PUZZLES

SUDOKU

Fill the grid so that every column, row and 3x3 square includes all the digits from 1 to 9

	2	7				9	4	
4			2		9			5
1			4		7			6
	5	8		9		1	3	
			3		5			
	7	4		2		5	6	
6			9		8			1
7			1		2			4
	8	1				6	9	
		_		_		_		_
	2						7	
5	2						7	3
5			7	1	6		7	3
5		9	7	1	6	1	7	3
5		9	7		6	1 2	7	3
5					(20)	1 2 3	7	3
5		1		6	(20)		7	3
5		1	8	9	4		9	8

DOUBLE JIGWORD

Arrange these crossword fragments to create two completed symmetrical crosswords.

	,	30 0103		agine				npieted			C. 033111				12		
G		s		R			Е			0		В		В	L	U	М
1		М	U	S	Т	E	Х	Р	Α	R	K	E	D	1		S	
В		U		Ε			Т			E		G		D			Т
	В			С	Е		Е		D	Е	s	Т	R	Υ	0		
F	Е	E	D		Т	Е	L	Α		G			Е	Ť.		٧	
	Е		E	D		<i>**</i>	Υ		0	R	E	E	М	В	L	Е	Υ
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Е	N	Т	s		R	Α	Т	Е	Е	SAME	G	В	0	R	K	ı	w
	Т		н		s		Υ		R	0	L	Υ		N		N	
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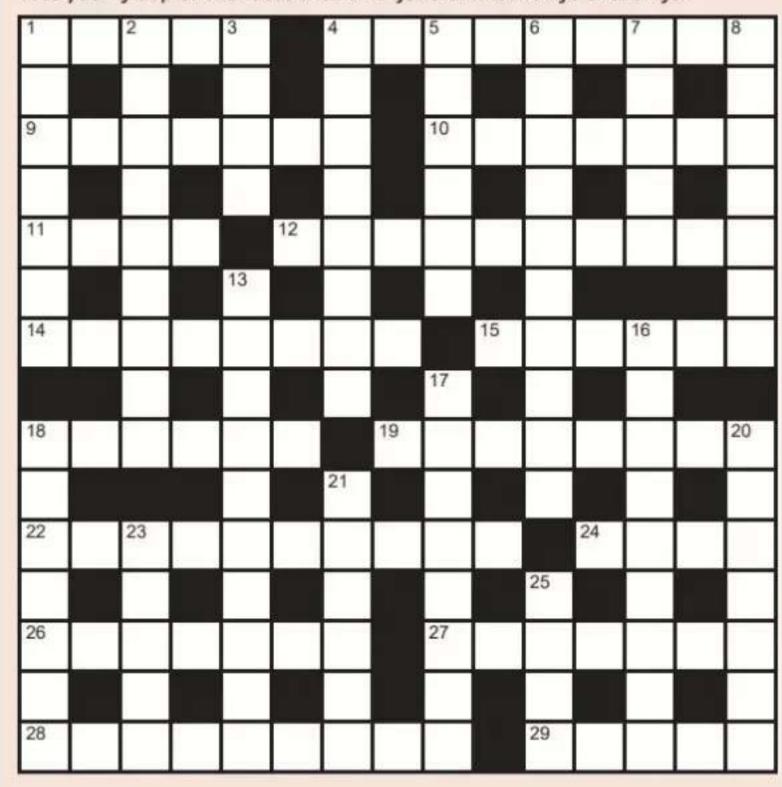
ARROW WORD

The arrows show the direction in which the answer to each clue should be placed.

Clog, e.g.	•	Strong	•	Loan	V	Stupefy	•	Chewed	•	Cab	•	Striped	•	Stopper	•	Metal	•
Least tall		impulse		Shaft		Otupery		Onewou		out		animal		Оторрог		Wicker	
•				V				Tourist									
								Begun									
lanting on		Weapon	-			Employ		_		Ohaania		Unit of		Cunton		Make	
Resting on		Allow				Newt				Observe		weight		Spoken		possible	
-		•							Con			•		V		_	
									Gas								
John	Overtee		Lacabba		Thunes		In the	>			Paddle	-			Conne		Sleeping
-, film director	Queries		Long tube		Throat		Past Relieve				Caustic				Space		places
-			•		_				Shade of		V		Horse breed	•			•
									brown				Drill hall				
Grin						Count						Cakasa	V				
Miss out						Garret						Sphere					
•				D					Glasgow,								
				Box					e.g.					Aged			
Cut of						Edward						Acts					
beef						Fringed						without words					

GENERAL KNOWLEDGE CROSSWORD

Test your grasp of the facts with this general knowledge challenge.



ACROSS

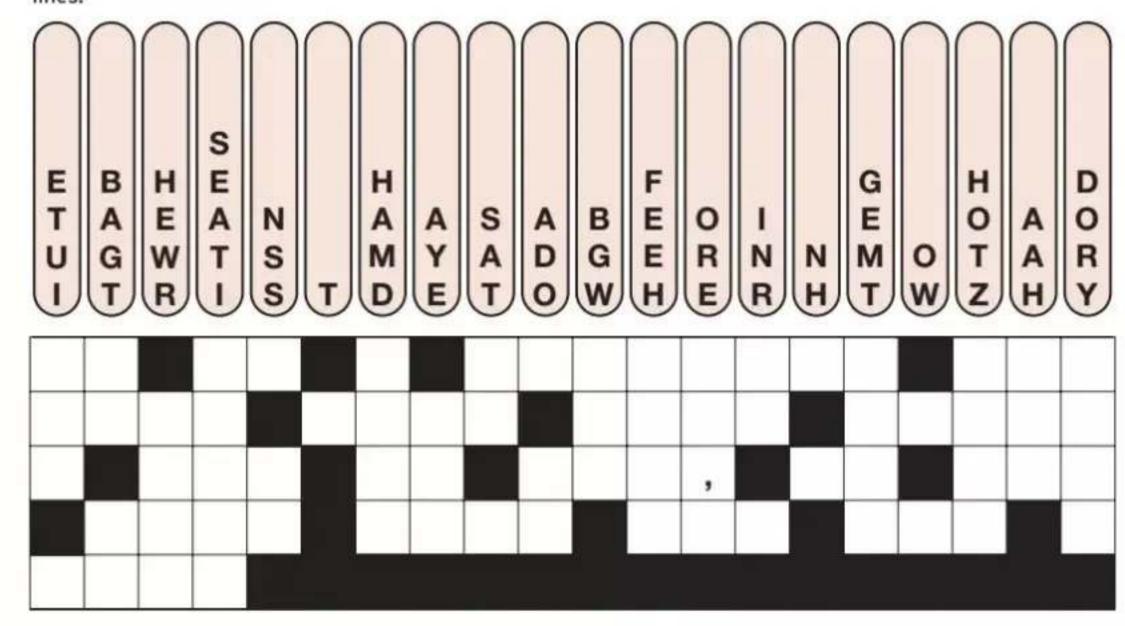
- 1 Jane ---, Best Actress in a Leading Role Oscar winner for Johnny Belinda (5)
- 4 Small settlement on Thurso Bay, Caithness, NE Scotland, associated with the fishing industry (9)
- 9 Seaside resort in the Vale of Glamorgan south of Cardiff (7) 10 Surgical instrument used in the
- delivery of babies (7) 11 Large colourful deep-sea
- creature also called a moonfish (4)
- 12 Eggheads presenter (6,4) 14 Body of water overlooked by
- Cape Town (5,3) 15 One of the 10 units of between
- 300 and 600 men in an Ancient Roman Legion (6)
- 18 1994 film comedy starring Arnold Schwarzenegger and Danny DeVito (6)
- 19 The ---, 1935 Cecil B. DeMille adventure film starring Loretta Young and Henry Wilcoxon (8)
- 22 1977 stage play by Howard Brenton (5,5)
- 24 Steve ---, 1986 Commonwealth 800m gold medallist (4)
- 26 Narrow-minded or provincial (7) 27 Peter ---, Best Actor in a Supporting Role Oscar winner for Topkapi (7)
- 28 Technique of grey monochrome painting used in imitation of sculpture (9)
- 29 River of SW France that enters the Bay of Biscay below Bayonne (5)

DOWN

- 1 Destroy completely (4,3)
- 2 Ricardo ---, actor who starred as Mr Roarke in US television series Fantasy Island (9)
- 3 Emperor Claudius' stepson (4) 4 Port in South Holland, Netherlands, noted for its gin
- distilleries (8) 5 Monique ---, author of the novels Archipelago and House of
- Ashes (6) 6 Actor who played Lt Philip Gerard in 1960s US television
- series The Fugitive (5,5)
- 7 Fountain in Rome (5)
- 8 2014 novel by Mandasue Heller (7)
- 13 The ---, drama in blank verse by Christopher Marlowe whose first recorded performance was in 1592 (3,2,5)
- 16 1989 film drama starring Jane Fonda and Gregory Peck (3,6)
- 17 The ---, 1934 biopic starring George Arliss as the Duke of Wellington (4,4)
- 18 Character played by Larry Hagman in US television series Dallas (1,1,5)
- 20 Tea urn (7)
- 21 Concentrated beef extract used for flavouring (6)
- 23 Japanese dish of cold cakes of rice with a topping of raw fish (5)
- 25 Sicilian volcano (4)

QUOTE DOWN

Drop the letters in each column to reconstruct a quote by Tom Lehrer. Words may be split across two lines.



LOGIC

Can you match each of the volcanoes to its height, location and eruption date?

Juanita has been assigned a project for her geography coursework. She needs to analyse data relating to five volcanoes across the globe. She is comparing the data sets to determine if there is a connection between the height, location and last eruption date.

Mount Ignis was the most recent of the five to erupt. and is shorter than both of the Asian volcanoes.

The Icelandic volcano last erupted ten years after the volcano that has a height of 1800 metres.

Mount St Hildas, which is located in Indonesia, is 500 metres shorter than the volcano that last erupted in 1934.

Mount Hephaestus is higher than the mountain located in the Philippines.

The New Zealand volcano

Juanita is studying is either Mount Baji or the volcano that last erupted in 1895.

The volcano that last erupted in 1944 is not the tallest of the five, nor is it Mount Ettie.

From the descriptions of the volcanoes, can you help Juanita finish her project by matching each volcano to its data?



	1895	1905	1934	1944	2012	Indonesia	Iceland	New Zealand	USA	Philippines	1300m	1800m	2300m	3100m	3350m	
Mt Hephaestus																
Mt Ettie																
Mt St Hildas																
Mt Baji																
Mt Ignis																
1300m																
1800m																
2300m																
3100m														1		
3350m												8	1		1	1
Indonesia												7	1	J	-	
Iceland											1	TAL	1			
New Zealand											B	1	M			
USA										1						
Philippines								4				1			-	

"The chief function of the body is to carry the brain around" - Thomas Edison

Give your brain a proper workout with this fine selection of mini puzzles, designed to stimulate those little grey cells in five key areas - Words, Visualisation Numbers, Memory and Logic.

WORDS

WORD LADDER

Change just one letter to go from the top word to the bottom word in the ladder. There may be more than one solution.

FAST

ANAGRAMS

Unscramble each of the phrases below to reveal the names of five spring flowers.

ANY HITCH

RUNIC SASS

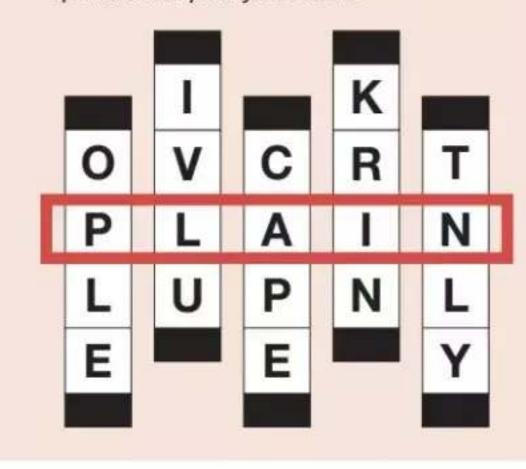
SO RIPE, MR

LOVE IT

FOOD NAME ONE

WORD SLIDE

How many regular English words can be spelled out using all the sliders? One word is spelled already. Target score: 10



NINER

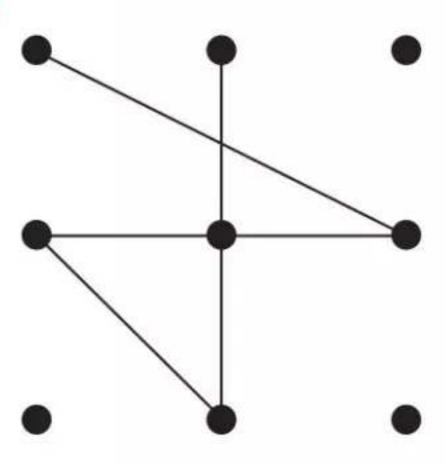
Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters.

1	3	8	9	5	7	8	= a bire	d		
3	2	8	3	=	a seco	nd bird				
3	6	5	4	=	birds					
1	2	3		4	5	6	7	8	9	

VISUALISATION

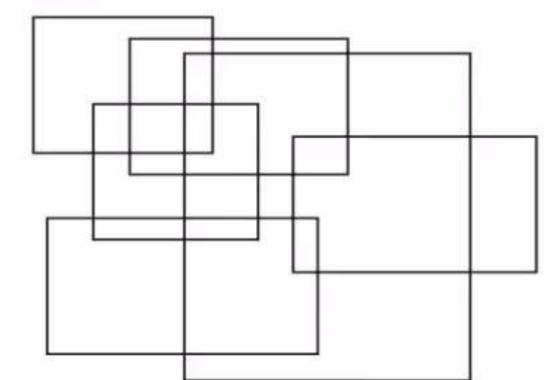
TRIANGLE

Draw 2 straight lines to make 6 triangles. Lines must be drawn from dot to dot, either passing through one dot or none at all. Triangles must not contain lines running through them, and every line segment must form part of a triangle.



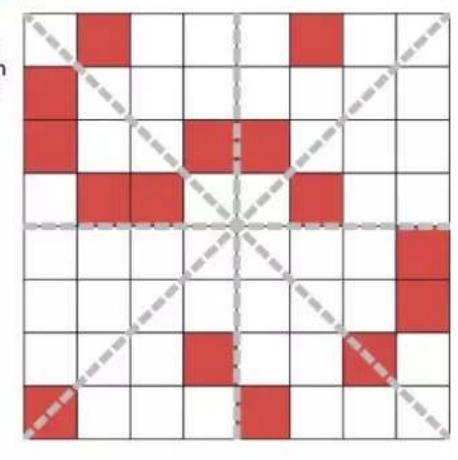
SHAPES

How many rectangles are there in the illustration below?



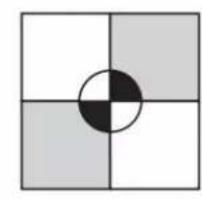
SYMMETRY

Shade in eight of the blank squares so that the pattern shows reflectional symmetry along one of the four axes shown.



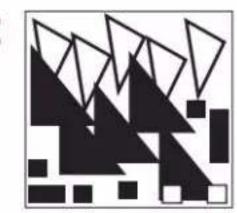
SEKI

Using the blank grid, rotate some of the circles shown in the start grid and then shade in the corresponding squares (as shown right), so that shaded squares contain only black quarter-circles.



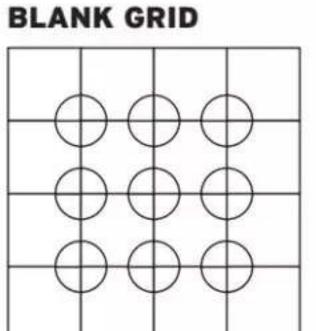
MIRROR IMAGE

Which of the four images below is the mirror image of the one to the right?

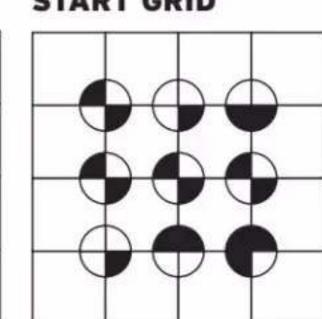


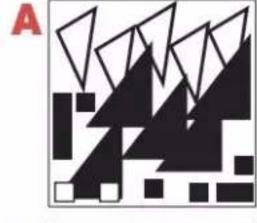
NETS

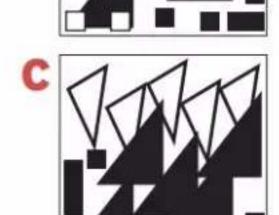
Which of these nets can be constructed to make a cube in which all opposite faces add up to an even number?

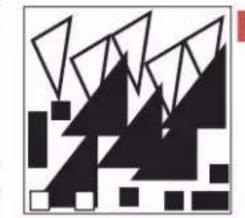


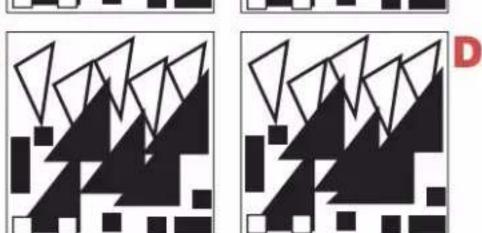
START GRID

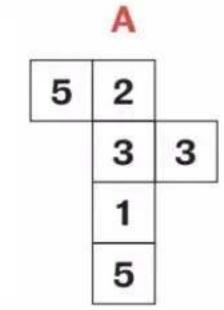


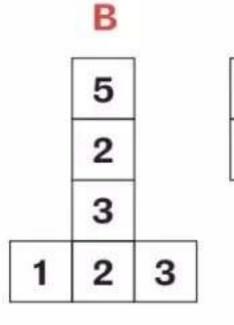


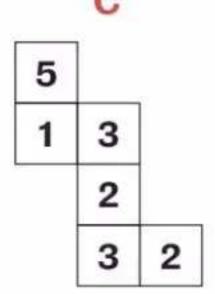








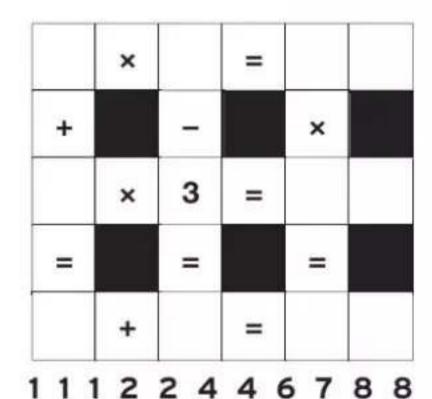




NUMBERS

SUMTHING

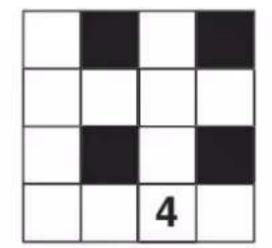
Place the listed numbers into the grid so that all sums are correct, reading left to right and top to bottom.



NUMBER JIG

Which one of the listed numbers won't fit in this mini grid?

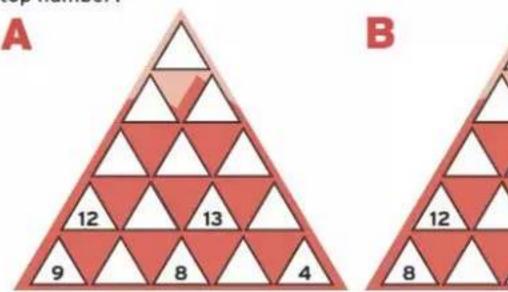
4668	8466
4844	8664
6864	



DMIST

SUMMIT UP

If the number in each triangle is the sum of the two below, what is the top number?



MEMORY

DICE GAME

Cover the bottom group of dice, and look closely at the top group for ten seconds. Then cover the top group and show the bottom group. Which dice are missing?



LOGIC

CELLS

Divide the grid into square or rectangular blocks, each containing one digit only. Every block must contain the number of cells indicated by the digit inside it.

			5			
	3			2		
5						8
	4					
	3		2	3		
2		0				4
		4			4	

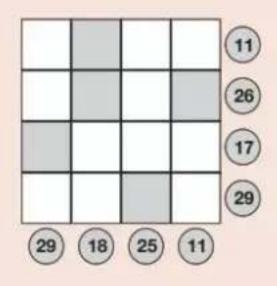
REASONING

In the face-painting contest, first place sported the tiger, and the child with the shark placed above Jeff. Josh didn't sport the lion, and neither Jenny nor James sported the shark. Josh didn't come second, and the butterfly was worn by a boy but not by Jeff. What did each child wear and where did they place?

2 The bowling alley have given everyone the wrong shoes. 'I've got sandals which are too big for me', said Sam. 'I've been given size 8 shoes, which aren't the trainers', said Sue. 'I've got Sue's shoes', said Sky. 'I've not been given the size 6 or 9 shoes, I have shoes one size smaller than my own', said Sara. If Sky wasn't given the boots, and the pumps are size 7, which shoes belong to each friend?

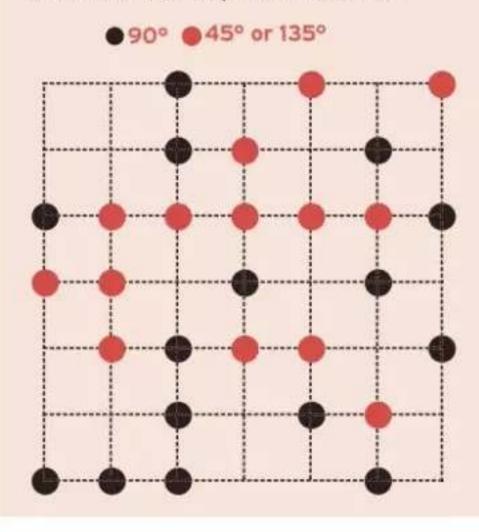
EVENS

Insert any digit from 1 to 9 in the squares, so that the numbers in each row and column add up to the given totals. No digits may be repeated within a row or column, and even numbers must be placed in shaded squares.



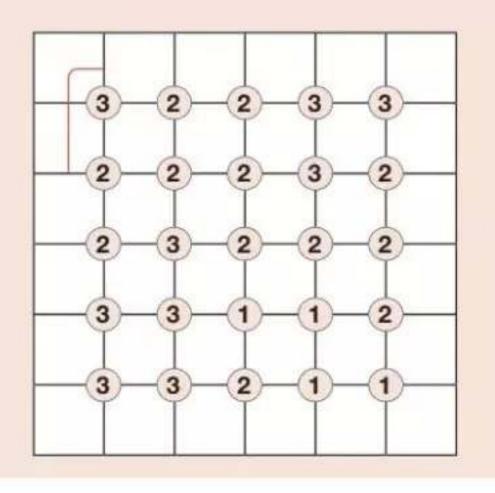
DANGO

Draw lines between the dots to create four shapes in the grid. No shape may touch another and you must use all the dots. When a line reaches a dot, it turns as shown:



LOOP

Draw a continuous loop in the grid so that the number in each circle corresponds to the number of adjacent squares containing turns in the loop. Part of the loop has been drawn to get you started.



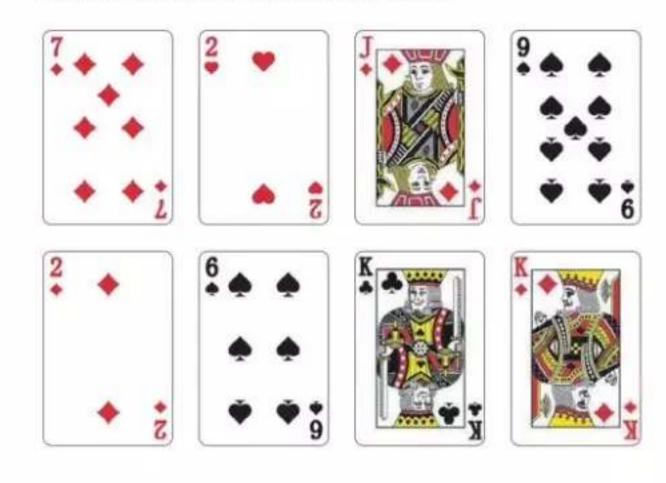
MISSING WORDS

Cover the group of words on the right, then study the group on the left for two minutes. Then cover the group on the left and show the group on the right. Which words are missing?

BLOOD	PAPER
CHARD	
	POINTS
CHEESE	BLOOD
CHIVES	ROOK
CUMIN	ELECTRIC
ELECTRIC	
JUNCTION	MARJORAM
KNIGHT	PLATYPUS
MARJORAM	WATERCRES
MICROWAVE	SPATULA
NUMBAT	CHIVES
OREGANO	
PAPER	CHEESE
PLATYPUS	CHARD
POINTS	OREGANO
ROOK	CUMIN
SHARK	YONDER
SIEVE	
SPATULA	SIEVE
ATERCRESS	MICROWAVE
YONDER	JUNCTION

CONCENTRATION

Study this set of playing cards for thirty seconds, then cover them up and answer the questions below.



1 How many pairs are there? 2 How many cards are diamonds? 3 What is the total value of all the spades?

30-SECOND BRAIN TEASER

Boost your brain power with our 30-second test. Start with the number on the left and follow the instructions. Beginners should aim to complete the puzzle in 30 seconds. Intermediates should finish their own puzzle and the Beginner's puzzle. Advanced players have 30 seconds to complete their own plus the Intermediate. Good luck!

BEGINNER 17	×3	-35	Take the square root	+59	6/9 of this	×2	-65	×2	ANSWER
INTERMEDIATE 9	+15	×12	-52	3/4 of this	+48	2/3 of this	+19	Take the square root	ANSWER
523	-278	Increase by	-124	25%	+267	÷43	Square it	+47	ANSWER

WORD WHEEL

You have 10 mins to find as many words as possible using the letters in the wheel. Each must use the hub letter and at least 3

AZU

New Zealand

Indonesia

Philippines

Iceland

Country

D

A

9

A

CASE

C N N R E

S

C E D

1 0

OI

0

NAT

others. Letters may be used only once. You cannot use plurals, foreign words or proper nouns. There is at least one 9-letter word to be found.

1300m

3100m

m008f

M008S

3320m

неідпі

M E

70

8 A A A

C C O B E

Я

AO

NITROGE

U 8 X

TRAVELLER

How you rate 15 average 25 good 35 very good 40 excellent



2012

b\$61

5681

1934

5061

Last eruption

SIUDI 1W

Mt Baji

Mt St Hildas

Mt Ettie

Mt Hephaestus

Volcano

STEA

d

SWILLE

CARPENTER

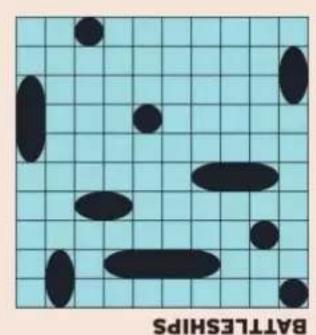
DEPENDENT

SHORTEST

LOGIC

SKI

SOLUTIONS*





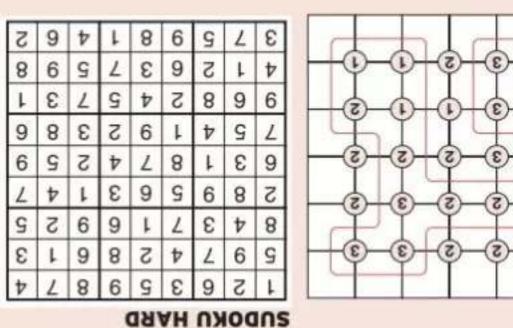
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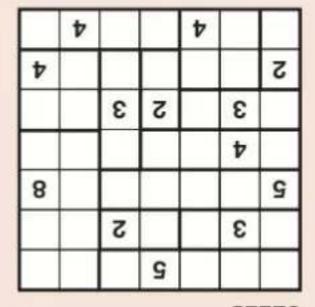
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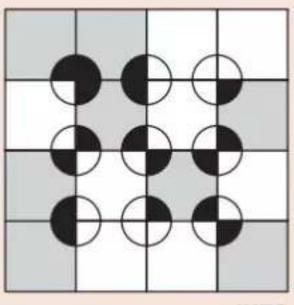
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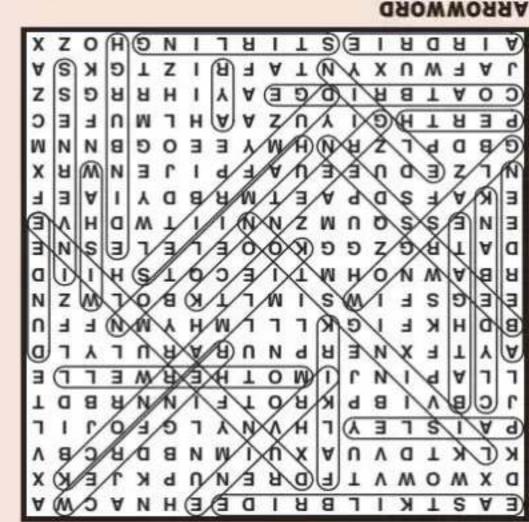












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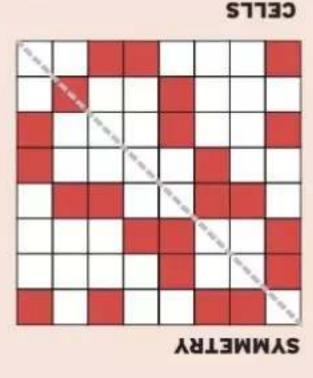
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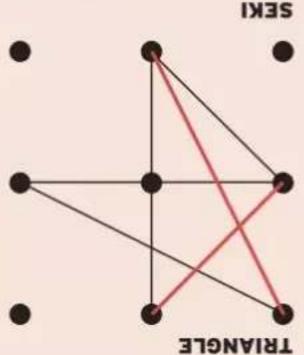
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Advanced 243. Beginner 38, Intermediate 13, иливевсилисн

SUDOKU EASY

withing. wing, wining, with, withe, within, whitening, whiting, wight, wine, whinge, whining, whit, white, whiten, twining, weigh, weight, whin, whine, tinge, twig, twin, twine, twinge, ninth, thin, thine, thing, tine, ting, neigh, nigh, night, nightie, nine, hieing, hinge, hint, hinting, ignite, **MORDWHEEL** eight, hewing,

1:2,2:4,3:15

CONCENTRATION

Knight, Numbat, Shark MISSING WORDS

> 9 bns S DICE GAME

sandals, Sara boots. 2 Sue trainers, Sam pumps, Sky butterfly, Josh 3rd shark, Jeff 4th I Jenny 1st tiger, James 2nd REASONING

LOOP

B 73 £6 A *90 TIMMUS*

8997 NUMBER JIG

Zx7=14, 6x3=18, 8+4=12 SUMTHING

NETS

MIRROR IMAGE

43 SHAPES

PRESUMING NINEB

plant, pupil ovary, overt, picky, pipit, plain, plait, event, evert, every, licit, lucky, lupin, MORD SLIDE

> Violet, Anemone Hyacinth, Narcissus, Primrose, ANAGRAMS

Fort, Foot, Food answer is: Fast, Past, Post, Port, WORD LADDER One possible

age, he had been dead for two years thought that when Mozart was my QUOTE DOWN It is a sobering

25 Etna. 20 Samovar, 21 Bovril, 23 Sushi, 17 Iron Duke, 18 J.R. Ewing, 13 Jew of Malta, 16 Old Gringo, 6 Barry Morse, 7 Trevi, 8 Respect, 3 Nero, 4 Schiedam, 5 Roffey, Down: 1 Wipe out, 2 Montalban, 29 Adour. 26 Insular, 27 Ustinov, 28 Grisaille, 22 Epsom Downs, 24 Cram, 15 Cohort, 18 Junior, 19 Crusades,

12 Jeremy Vine, 14 Table Bay,

9 Penarth, 10 Forceps, 11 Opah,

Across: 1 Wyman, 4 Scrabster, CK CKOSSMOKD

78 Demur; 80 Roll; 84 Seen. 75 Sating; 76 Reason; 77 Testy; good; 70 Put down; 71 Probing; 63 Got around; 65 Turned on; 68 No 58 Spotted dog; 60 Tea; 62 Sport; 51 Onward; 53 Turn up; 55 Games; 44 Sucker; 46 Minim; 49 Pumpkin; 40 Prime; 41 Stand-in; 43 Hitch; 33 Winsome; 34 Pearls; 37 Pipit; 26 Strain; 28 Tenor; 29 End; 21 To wit; 24 Leather; 25 Handle; 10 Flat; 11 Audience; 15 Roller; 7 Bunch; 8 Deduction; 9 Battery; 4 Swallow; 5 Snake; 6 Brandy snap; DOWN: 1 Tier; 2 Retail; 3 Shower; 86 Notion; 87 Running over. 82 Do one's bit; 83 Also; 85 Follow; 74 Prostrate; 79 Rear; 81 Drove; 72 Orang-utan; 73 Stage; 66 Four; 67 Owns up; 69 Passion; 59 Marxist; 61 Miss; 64 Stake; 54 Sighed; 56 Shammed; 57 Owes; 48 Stop; 50 Come out; 52 Not on; 45 Steep; 46 Monitor; 47 Ruin; 38 Peak; 39 Perhaps; 42 Shores; 32 Label; 35 Stun; 36 Dried up;

27 Twitter; 30 Patron; 31 Trot;

20 Still room; 22 Plays; 23 Startling; 17 Well-known; 18 Count; 19 Toil; 13 Grouse; 14 All-out; 16 Area; ACROSS: 12 Like the wind;

WORDSEARCH

GIANT TWO-SPEED CROSSWORD

already on it. roundabout gives way to a car the next square. A car joining the it re-joins on the opposite side in When a car exits the roundabout, green cars leave at the second exit. roundabout at the first exit, while cars and blue cars always leave the time, and drive on the left. Red clockwise, moving one step at a On this roundabout, cars travel PATTERN MAKER SQUARE 5.

12 Spines. 9 Risked, 10 Kettle, 11 Tassel. 6 Lament, 7 Nearer, 8 Retire, 3 Deacon. 4 Occupy, 5 Paltry. HONEYCOMB 1 Warden, 2 Raised.

24=R, 25=N, 26=E 18=W, 19=Y, 20=X, 21=T, 22=V, 23=G, 12=L, 13=K, 14=B, 15=Q, 16=H, 17=U, 'd=11 'Z=01 '1=6 'C=8 'W=L 'S=9 '0=S CODEMORD J=D' S=C' 3=E' d=V'